



BEAUMONT CARE

Warm-Hearted Care, Your Way



Monthly Newsletter

Keeping Residents, Families & Staff Connected



PEOPLE



COMPASSION



CHOICE



COMMUNITY

*People at the heart
of what we do*

WAMURAN

OCTOBER 2026

INSIDE THIS ISSUE:

- From the Service Manager
- From Our Clinical Nurse
- From the Lifestyle team
- Welcome, Birthdays and Condolences
- CAB Committee
- Resident of the Month
- Life at Beaumont Care
- Helpful Links and Resources
- Calendar



BEAUMONT CARE WAMURAN

Service Manager:
Gail King

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60 Ziviani Road,
Wamuran Qld 4512



www.beaumontcare.com.au/Wamuran

FROM THE SERVICE MANAGER



GAIL

As we welcome the beautiful season of spring, it is wonderful to see our gardens coming to life with fresh blooms and vibrant colours. Spring is often a time for renewal, whether it be tending to our gardens, enjoying the warmer weather, or even taking the opportunity for a spring clean around the home. Across Beaumont Care Wamuran, there is a wonderful sense of energy and activity as residents and staff embrace the changing season.

September has been a busy and enjoyable month throughout our community. Residents have been enthusiastically participating in a variety of arts and crafts activities, with many creative projects already underway in preparation for upcoming celebrations such as Halloween and the Melbourne Cup. It has been fantastic to see everyone's creativity and enthusiasm on display.

We were also delighted to host our Father's Day Morning Tea in the Café, providing a special opportunity to celebrate and honour all the fathers who call Beaumont Care Wamuran home. It was a lovely occasion filled with laughter, connection and appreciation.

Our home continues to look bright, welcoming and cheerful thanks to the beautiful artwork painted and generously donated by the Artisans Guild. These wonderful pieces have added colour and character to our living spaces and are greatly appreciated by residents, families and staff alike.

During the month, we also acknowledged nationally recognised events including RUOK? Day, reminding us all of the importance of checking in with one another, starting conversations and supporting the wellbeing of those around us.

With October upon us, we are excited to introduce our Employee of the Month Award program. This initiative will recognise staff members who consistently demonstrate dedication, compassion and excellence in their roles.

We invite residents, families, visitors and staff to participate by submitting nominations. Residents, families and visitors can nominate a staff member by completing a Feedback - Compliments Form and placing it in the feedback box located in the foyer. Staff members can submit nominations using the existing forms and nomination box located in the staff room.

Each month, one staff member will be selected as the Employee of the Month, and at the end of the year, one of the monthly winners will be awarded the prestigious title of Beaumont Care Wamuran Employee of the Year. We encourage everyone to get involved and help us recognise the outstanding contributions made by our team members each day.

Thank you to our residents, families, visitors and staff for helping make Beaumont Care Wamuran such a vibrant and caring community. As we embrace the warmer months ahead, we look forward to sharing more activities, celebrations and special moments together. We appreciate your ongoing support and participation and encourage everyone to continue making the most of all that our wonderful home has to offer.

*Warmest Regards,
Gail*

FROM THE CLINICAL NURSE

🌻 Enjoying Spring Safely Together 🌻

As we welcome October, we can all appreciate the beautiful signs of spring around us.

The warmer weather, colourful gardens, singing birds, and longer days provide wonderful opportunities for residents to enjoy time outdoors, participate in activities, and spend quality time with family and friends. ☀️🌻

While spring brings many enjoyable moments, it is also a timely reminder for us all to be prepared for Queensland's storm and fire season. At Wamuran Aged Care, the safety, comfort, and wellbeing of our residents remain our highest priority.

💧 Keeping Well in the Warmer Weather

- 💙 Drinking water regularly throughout the day
- 💙 Enjoying refreshing drinks offered by staff
- 💙 Wearing light and comfortable clothing
- 💙 Taking breaks in shaded or air-conditioned areas
- 💙 Letting staff know if they feel dizzy, tired, or unwell

🔥 Bushfire and Fire Season Awareness

- ✅ Following staff instructions during emergency drills or alerts
- ✅ Keeping walkways and exits clear
- ✅ Reporting any safety concerns to staff
- ✅ Staying informed about local weather and fire warnings when travelling

☁️ Storm Season is Here

- ✅ Monitor weather warnings
- ✅ Allow extra travel time when visiting during stormy conditions
- ✅ Check in with loved ones before or after severe weather

🌸 Making the Most of Spring

Spring is a wonderful time to enjoy the outdoors, participate in activities, and create special memories together. Whether it is a stroll through the garden, enjoying morning tea outside, joining a lifestyle activity, or spending time with family and friends, these moments contribute greatly to wellbeing and happiness. 🌸☕😊

Thank you to our residents, families, volunteers, and dedicated staff for helping create such a caring and supportive community. Your kindness and ongoing support make Wamuran Aged Care a wonderful place to call home.

Wishing everyone a safe, healthy, and enjoyable October.

Denai CN

FROM THE LIFESTYLE TEAM

Residents will be treated to a taste of Oktoberfest on Thursday 1 October with a themed Happy Hour featuring refreshments inspired by Germany's famous festival. The fun will continue with an armchair travel experience to Munich, allowing residents to explore the sights, culture and traditions of this vibrant city from the comfort of home.

As part of Seniors Week, residents will enjoy a bus outing to Woodford, where they will join in the festivities hosted by the Woodford Lions Club. We will also be having an early start for our second bus outing this month, travelling to the Brisbane Motor Museum. Residents interested in attending either of these bus outings are asked to please let the Lifestyle team know so their place can be reserved. We look forward to another wonderful month of outings, social connection and new experiences.

We will finish off the month with a spooky Halloween-themed High Tea. Residents have been busy with art and craft activities, creating decorations that will help bring the tables to life for this special event. Staff will also be taking part in the fun with a free dress day. We can't wait to see what characters and costumes appear on the day!



October BIRTHDAYS

**1st Elamh Elamh
1st Ronald Taylor
2nd Gloria Parsons
6th Laurel Hannant
7th Norma Rawlins
9th Robert Clarke
11th Neville Watts
13th Judy Watts
14th Vivienne Turnbull
16th Susan Kennedy
26th Keith Heather**

In Memoriam

*Ben
Simonsen*



On behalf of all the
Beaumont Care family,
we farewell

along with their family and friends.

CAB COMMITTEE



Meet our Community Advisory Board (CAB) Committee Members

The CAB plays an important role in shaping our services by sharing lived experience, providing feedback, and helping us improve the care and support we deliver. Members attend regular meetings to discuss key topics, contribute ideas, and represent the views of our wider community.

Geoff - Chairman



Members:



*Meetings are held 3 monthly and notes from the meeting will be
available to all residents*

RESIDENT OF THE MONTH



Gloria was born in Wellington, New Zealand, and moved to Australia in 2006. Before relocating, she worked in New Zealand within an adult adoption unit, a role she found both meaningful and rewarding.

Family has always been at the centre of Gloria's life. She was married to her beloved husband, Liam, for 41 wonderful years before his passing 18 months ago. Together they enjoyed many happy times, especially their shared passion for line dancing, which they participated in for many years.

Gloria is proud of her large and loving family.

She has five children, while Liam had six children, creating a wonderfully blended family.

She is also the proud grandmother of eight grandchildren and great-grandmother to three great-grandchildren.



Over the years, Gloria has enjoyed a variety of hobbies and interests. She was a keen machine knitter and completed many knitting orders for others. She was also a member of the Mudgeeraba Knitting Club, where she shared her skills and passion with fellow knitters. In her younger years, she enjoyed playing hockey and table tennis.

Today, Gloria enjoys spending her time reading and has recently taken up hand knitting again, rediscovering a hobby that has brought her much enjoyment throughout her life.

Since moving to Wamuran Aged Care, Gloria says she has loved the warm atmosphere and the friendliness of everyone around her. She particularly appreciates the welcoming environment and the sense of community that makes the residence feel like home.



LIFE AT BEAUMONT CARE



Happy
Father's
Day

Our Father's Day High Tea, held on the Friday before Father's Day, was enjoyed by all who attended. Residents were treated to a wonderful selection of refreshments and delicious finger foods, creating a relaxed and enjoyable atmosphere for celebrating the special men in our community. Adding a fun touch to the occasion were the table decorations, featuring charming M&M bow ties, which brought plenty of smiles and conversation. Residents also received gifts during Sunday morning tea in the café, making the day even more memorable.



LIFE AT BEAUMONT CARE

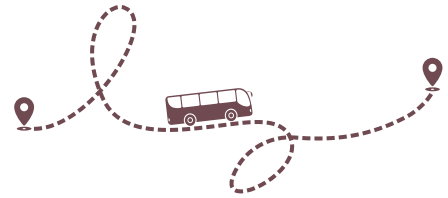


After several months of teamwork, the "Gone With The Wind" jigsaw puzzle in the Glasshouse Room has finally been completed. Pictured is Mary, the main contributor, with the finished puzzle, which was completed with assistance from fellow residents and staff. "People kept putting pieces in the wrong place!" joked Mary.

Congratulations to everyone involved for their patience, persistence, and teamwork in completing this impressive challenge.



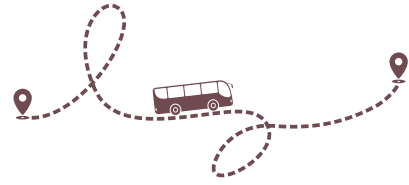
Out and About



This month's bus outing took residents to Toorbul for a relaxing afternoon enjoying the beautiful scenery. The weather was perfect, with the sun shining and plenty of fresh air to enjoy. Residents were delighted to spot black swans on the water and take in the peaceful riverside views. It was a wonderful afternoon out, with everyone enjoying the chance to relax and appreciate the beauty of the local area.



Out and About



Residents enjoyed this month's lunch bus trips to the Bribie Island Bowls Club and the Burpengary Community Club. The outings provided a wonderful opportunity to enjoy good food, great company, and a welcoming atmosphere. A special highlight was having a couple of family members join their loved ones for lunch at Burpengary, making the occasion even more enjoyable. These outings continue to be a favourite, offering residents the chance to socialise, relax, and spend quality time together.

BEAUMONT *Community Connections*

Please accept these quilts etc
made with love and care by the
Glades Quilters.

We trust that they will bring comfort to
their recipients.

Acknowledgement to encourage our
members would be appreciated.



We would like to extend our sincere appreciation to Glade Quilters for their generous donation of beautifully handcrafted quilts and fiddle mats for our residents. The quilts and fiddle mats have been warmly received and are already bringing comfort, colour, and enjoyment to many of our residents. Each item reflects the care, creativity, and dedication that went into its creation, making them truly special gifts. On behalf of our residents, families, and staff, thank you for your kindness and generosity. Your thoughtful contribution has made a meaningful difference and is greatly appreciated by everyone at Wamuran Aged Care.



BEAUMONT CARE

Community Connections

SPRING
2026



Many residents and families may have noticed the beautiful fresh flowers displayed at reception at Beaumont Care Wamuran.

These blooms are generously donated by Sarah and Daniel from **Five x Five Experiment**, a local flower farm in Elimbah, simply to bring a little joy to our community.



Five x Five Experiment began in 2020 when Sarah and Daniel built a series of 5m x 5m garden beds at home as an "experiment" to grow food for their young family.

Along the way, they planted dahlias and zinnias, discovered a love for growing flowers, and soon began selling small bouquets from the end of their street. Today, while the farm has grown well beyond its original size, the name has remained.



ABOUT THE TEAM

Sarah and Daniel are passionate about creating spaces where people can slow down, connect with nature and enjoy the beauty of seasonal flowers.

Visitors can enjoy flower-picking experiences and workshops, with painting, pottery and bouquet-making proving especially popular.



SPRING IS HERE

Currently, the farm is bursting with spring blooms including poppies, sweet peas and snapdragons.

Sarah particularly loves cottage garden-style flowers that look as though they have been picked straight from Grandma's garden.



When asked why they donate flowers to Beaumont Care Wamuran?

Sarah explained that after hearing local people were purchasing their flowers to bring to loved ones living at Beaumont Care, they wanted to find a way to give back. She loves hearing how the flowers spark memories of residents' own gardens and brighten their day.

WHATS NEXT?

As a career change for both Sarah and Daniel, the journey continues to be one of learning and growth.

Each year they refine their growing methods, improve soil health, and discover which flower varieties thrive best in the local area. Looking ahead, visitors can expect more flower-picking experiences and a growing range of creative workshops, including painting, pottery and bouquet-making sessions.



Sunrise or sunset picking session?

Sunrise! "It's a great way to start the day."

Favourite flower scent?

Sweet Pea.



Most underrated flower?

Zinnia. "They come in every colour and we love them."

Best flower for beginners?

Zinnias or Cosmos.

They're easy to grow and keep producing flowers for months.



Dream flower to grow?

"Something that doesn't attract pests would be good!"

"Seeing the joy on people's faces when they come for a picking session and providing a space for people to slow down, be amongst the beauty of flowers and nature is so rewarding for us." – Sarah, Five x Five Experiment.

We sincerely thank Sarah and Daniel for their kindness, generosity and commitment to supporting the Wamuran community.

Their flowers bring colour, conversation and joy to residents, families and team members each week.

Interested in visiting the flower farm or attending a workshop with family?



Five x Five Experiment



254 Rutters Road, Elimbah QLD



www.5x5experiment.com



BEAUMONT CARE

Warm-Hearted Care, Your Way



OCTOBER FUN FACTS

The Month of Sunshine, Blossoms & Outdoor Adventures!

OCTOBER AT A GLANCE



- October is the **10th** month of the year.
- It has **31** days.
- The name October comes from the Latin word "**octo**", meaning **eight**, because it was originally the eighth month in the ancient Roman calendar.

OCTOBER ZODIAC SIGNS



LIBRA

Sept 23 – Oct 22



- ★ Diplomatic
- ★ Fair-minded
- ★ Social
- ★ Charming
- ★ Cooperative



SCORPIO

Oct 23 – Nov 21



- ★ Determined
- ★ Courageous
- ★ Loyal
- ★ Passionate
- ★ Resourceful

OCTOBER BIRTH FLOWERS

MARIGOLD



Symbolises:

- ♥ Creativity
- ♥ Warmth
- ♥ Happiness
- ♥ Positive energy

COSMOS



Symbolises:

- ♥ Peace
- ♥ Harmony
- ♥ Balance
- ♥ Beauty

OCTOBER BIRTHSTONES

OPAL



Australia produces around 90–95% of the world's precious opal and is famous for its stunning colours.

Symbolises:

- ♥ Hope
- ♥ Creativity
- ♥ Love
- ♥ Good fortune

TOURMALINE



Symbolises:

- ♥ Compassion
- ♥ Friendship
- ♥ Joy
- ♥ Protection

FAMOUS OCTOBER BIRTHDAYS

- ★ Julie Andrews – October 1
- ★ Sting – October 2
- ★ Simon Cowell – October 7
- ★ Matt Damon – October 8
- ★ John Lennon – October 9
- ★ Hugh Jackman – October 12
- ★ Sacha Baron Cohen – October 13
- ★ Kim Kardashian – October 21
- ★ Jeff Goldblum – October 22
- ★ Julia Roberts – October 28



DID YOU KNOW?

AMAZING KANGAROO FACTS!

- ✓ Kangaroos can leap up to 9 metres in a single bound.
- ✓ They can hop at speeds over 50 km/h.
- ✓ A baby kangaroo is called a joey.
- ✓ Joeys are only about the size of a jellybean when they are born.
- ✓ Kangaroos cannot walk backwards easily.
- ✓ Australia is home to more than 60 species of kangaroos and wallabies.



AMAZING OCTOBER FACTS



October is the middle month of Australian spring.



Jacaranda trees begin to burst into purple blooms across Queensland.



Bees, butterflies and pollinators are very active.



Days become warmer and longer.



Many gardens are at their most colourful during October.



People born in October are either Libra or Scorpio.

Hello October!

Enjoy the sunshine, blooming flowers, purple jacarandas and beautiful spring days!

HALLOWEEN WORD SEARCH



G R A V E W T Q M A
 A P A K Q S L K V O G G
 N V M F V M P W P Y H O H G
 Z C P O P E Q O C E O Y B O R S
 P A A H O U F M O N G Z X L S A M J
 T A B T D N Z K M K R S E S I T V Q B B
 H A L L O W E E N Y L S T N N S E S Y A
 A O C T O B E R Y G V C K E H C Y C Z N
 U X E B E K Z G X Q A A P E R A A R Y I
 N T A W L D H I E W M N M C L R R E O E
 T L P U M P K I N S P D M K K E D A N G
 E H X C H G C E W N I Y B D W U T M I R
 D X P B O N E S F H R K E R E S F O P W
 E V N D C O S T U M E L Q A R P E T N N
 D N S T N Y W T I R Z Q O C E I Q K O R
 F I O I T I R I G O M P U W D B O W
 W G G R T I L X M Y A L O E B I
 U H E C C B M B P X A L R I
 T A H K P Y I V M S F D
 T K G Y Y E G K E K

Word list:

BONE	GOBLIN	NIGHT	SPIDER
BOO	GRAVE	OCTOBER	SPOOKY
CANDY	GRAVEYARD	PUMPKINS	TREAT
CAT	HALLOWEEN	TRICK	VAMPIRE
COSTUME	HAUNTED	SCARE	WEREWOLF
DRACULA	MONSTER	SCREAM	WITCH
GHOST	MOON	SKELETON	ZOMBIE





Halloween



Word Scramble

1. paimerv
2. mpunikp
3. oksoyp
4. hwcit
5. bmoiez
6. eklsoetn
7. thgso
8. ntduaeh
9. acydn
10. trsnmose
11. ymumm
12. abyelel



Word List:

pumpkin	zombie	vampire	haunted
ghost	candy	monsters	eyeball
witch	mummy	skeleton	spooky





MENU

Open Hours:

MONDAY - 9am till 1pm
THURSDAY - 9am till 1pm
SUNDAY - 9am till 12.30pm

COFFEE



	Small	Med	Large	
Latte/Cappacino	\$ 3.50	\$ 4.50	\$ 5.50	Flavour Shot
Flat White	\$ 3.50	\$ 4.50	\$ 5.50	\$ 0.80
Iced Coffee		\$ 5.50		Whipped Cream
				\$ 0.50

COFFEE/TEA & CAKE

Small	Med	Large
\$ 6.00	\$ 7.00	\$ 8.00

OTHER DRINKS



Hot Chocolate	\$ 5.00
Milkshake - MEDIUM	\$ 5.00
Milkshake - LARGE	\$ 6.00
Soft Drinks	\$ 2.50
Add ice cup	\$ 0.50

TEA & WATER

English Breakfast Bag	\$ 3.50
English Breakfast Pot	\$ 4.50
WATER	\$ 2.00

FOOD



Yoghurts	\$ 4.50
Fruit	\$ 4.50
Salad - SMALL	\$ 5.00
Salad - LARGE	\$ 7.00
Salad - Add Meat	\$ 1.50
Sweet Treats	\$ 2.00-\$3.00



Assorted Sandwiches	\$ 5.00-\$7.50 (varies)
Assorted Toasted Sandwiches	\$ 6.00 each
Toastie with Hot Drink	\$ 9.00 each
Toastie with Soft Drink	\$ 8.00 each

Visit Us Today

60 Ziviani Road, Wamuran Qld 4512

VOLUNTEER OPPORTUNITIES & SUPPORT AT HOME



Make a Difference
Through Connection



Be part of moments
that truly matter



Support residents to keep
doing what they love

Volunteer With Us!



BEAUMONT CARE

Warm-Hearted Care, Your Way

www.beaumontcare.com.au

1300 217 336

volunteers@beaumontcare.com.au

 **BEAUMONT CARE**
INDEPENDENT LIVING

SUPPORT AT HOME

*Our Warm Hearted Care,
in your Own Home*

CONTACT US:

 **0407 978 250**

 sah@beaumontcare.com.au



Helping you live safely and independently at home



HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services. We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

FEEDBACK FORMS

There are suggestion boxes located at the facility.
Feedback forms can be found alongside.



QR CODE

Scan the QR code to share what is important to you

SURVEYS

Residents and their representatives are encouraged to participate in satisfaction surveys released bi-annually.

EMAIL

Service Manager: gail.king
Clinical Nurse: cn-wamuran@beaumontcare.com.au
Executive Team: exec@beaumontcare.com.au

PHONE

Facility: (07) 5328 1299

WEBSITE

www.beaumontcare.com.au

OR CONNECT WITH US ONLINE



GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges, these items need to be labelled with the resident's name. Please ask staff who can assist you in completing the required form to document expiry date etc.

Please remember to let Admin office know if any of your details have changed so we have current information.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care 08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au

Dementia Support Australia 02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

Wamuran Activity Program – October 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
 5th 9.15am Bocce 9.30am Scenic Bus Trip 10.30am Word Game 10.30am Floor Darts 1.30pm Picnic Bus Trip 2.00pm Virtual Quiz 3.30pm 1-1 Social Visit	 6th 9.15am Strength Exercise Group 10.30am Bingo 10.30am Garden Group 2.00pm Melbourne Cup Fascinator Craft 3.30pm 1-1 Social Visit	 7th KYM Nail Technician 9.15am Sensory/Grey Matter Stimulation 10.30am Cooking with Georgie 2.00pm Coffee Club in the Café 3.30pm 1-1 Social Visits	1st 9.15am Balance Exercise Group 10.30am Trivia with Morning Tea 10.30am Floor Darts 2.00pm Oktoberfest Theme Happy Hour 4.00pm 1-1 Social Visits	2nd 9.15am Fun Fitness 10.30am Hoy 10.30am Halloween Craft 2.00pm Game of Pool 2.00pm Armchair Travel to Germany 3.30pm 1-1 Social Visits	3rd / 4th Saturday 10.30am Bingo Sunday 10.30am Hoy 2.00pm Bead Craft with Michelle
12th 9.15am Bocce 9.30am Scenic Bus Trip 10.30am Game of Darts 10.30am Word Game 1.30pm Picnic Bus Trip 2.00pm Table Bowls 4.00pm 1-1 Social Visit	13th Coles Personal Shopping 9.15am Strength Exercise Group 10.30am Keno 2.00pm Octopus Craft 2.00pm Trivia 3.30pm Singing with Sarah	14th 9.15am Sensory/Grey Matter Stimulation 10.30am Cooking with Lea 10.30am Courtyard Conversations 2.00pm Coffee Club in the Café 4.00pm 1-1 Social Visits	15th 9.15am Balance Exercise Group 10.30am Prayer Group 10.30am Card Making 2.00pm Happy Hour with "Di" 4.00pm 1-1 Social Visits	16th 9.15am Guided Meditation 10.30am Hoy 10.30am Halloween Craft 2.00pm Knit/Crochet Group 2.00pm Armchair Travel To Sweden 3.30pm 1-1 Social Visits	17th / 18th Saturday 10.30am Bingo Sunday 10.30am Hoy 2.00pm Craft with Georgie
19th 9.15am Bocce 9.30am Scenic Bus Trip 10.30am Pool Comp 10.30am Word Game 1.30pm Picnic Bus Trip 2.00pm Ten Pin Bowls 3.30pm 1-1 Social visits	20th 9.15am Strength Exercise 10.30am Bingo 2.00pm Garden Group 2.00pm Themed Art/craft 3.30pm Singing with Sarah	21st 9.15am Sensory/Grey Matter Stimulation 10.30am Cooking Group 10.30am Board Games 2.00pm Coffee Club in the Café 3.30pm 1-1 Social visits	22nd 9.15am Balance Exercise Group 10.30am Clay Craft 10.30am Button Craft 2.00pm Happy Hour with "Stephen" 3.30pm Sensory Group	23rd 9.00am Bus to Brisbane Motor Museum 9.15am Fun Fitness 10.30am Hoy 10.30am Melbourne Cup Craft 1.30pm Singer "Kimi" 2.00pm Bead Craft	24th / 25th Saturday 10.30am Bingo Sunday 10.30am Hoy 2.00pm Craft with Georgie
26th 9.15am Bocce 9.00am Bus Shopping Trip 10.30am Game of Darts 10.30am Word Game 1.30pm Picnic Bus Trip 2.00pm Bonus Virtual Quiz 4.00pm 1-1 Social visits	27th Coles Personal Shopping 9.15am Strength Exercise 10.00am Food Focus followed by Residents Meeting in Dining Room 10.30am Bingo 2.00pm Garden Group 2.00pm Themed Art/craft 3.30pm Singing with Sarah	28th 9.15am Sensory/Grey Matter Stimulation 10.30am Cooking with Lea 10.30am Courtyard Conversations 2.00pm Coffee Club in the Café 4.00pm 1-1 Social visits	29th 9.15am Balance Group 10.30am Superstition Trivia 10.30am Balloon Volleyball 2.00pm Happy Hour with "No Alibi" 3.30pm 1-1 Social Visit	30th 9.15am Fun Fitness 10.30am Hoy 10.30am Melbourne Cup Craft 2.00pm Halloween Themed High Tea 4.00pm 1-1 Social Visits	31st Saturday 10.30am Bingo Sunday 9.00am Café Open

Activity Program subject to change due to resident's needs.