BEAUMONT CARE

Warm-Hearted Care, Your Way



Monthly Newsletter

Keeping Residents, Families & Staff Connected

PEOPLE | COMPASSION | CHOICE | COMMUNITY

CLONTARF

NOVEMBER 2026

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BEAUMONT CARE CLONTARF

Service Manager:
Katie Morgan

(07) 3284 6638
39 Baringa Street,
Clontarf Qld 4019

FROM OUR SERVICE MANAGER



KATIE

Dear Residents, Families and Friends,

As we welcome November and the warmer weather that comes with it, I would like to take a moment to thank our residents, families, volunteers, and dedicated staff for helping make our community such a caring and vibrant place to call home.

The past month has been filled with wonderful moments, from social activities and celebrations to the everyday interactions that bring joy and connection. It is always heartwarming to see residents engaging with one another, participating in activities, and enjoying quality time with loved ones.

At our facility, we remain committed to providing high-quality care in an environment where residents feel safe, respected, and supported. Our team continues to work hard to ensure every resident has the opportunity to maintain their independence, pursue their interests, and enjoy a meaningful quality of life.

Family involvement plays an important role in the wellbeing of our residents, and we thank you for your ongoing support and engagement. Whether through visits, phone calls, participation in events, or sharing feedback, your connection helps create a strong sense of community and belonging.

As we begin preparing for the festive season, there is plenty to look forward to in the coming weeks. We are excited to offer a range of activities, celebrations, and opportunities for residents and families to come together and create special memories.

Thank you for your continued trust and support. It is a privilege to be part of our residents' lives, and we remain dedicated to ensuring our facility is a place where everyone feels valued, cared for, and at home.

I wish you all a happy and enjoyable
November and look forward to sharing the
upcoming holiday season with you.

Warmest Regards,
Katie

FROM OUR CLINICAL NURSE



Dear Residents and Families, Welcome to November! 🌸

Can you believe we are just one month away from the end of the year? Christmas is right around the corner! 🎄 We look forward to sharing the festive season with our residents and families and creating special moments together.

As the weather warms up, we continue to focus on keeping our residents hydrated, happy, healthy and comfortable. As we continue to focus on resident safety, infection prevention, falls prevention, hydration, nutrition and skin integrity.

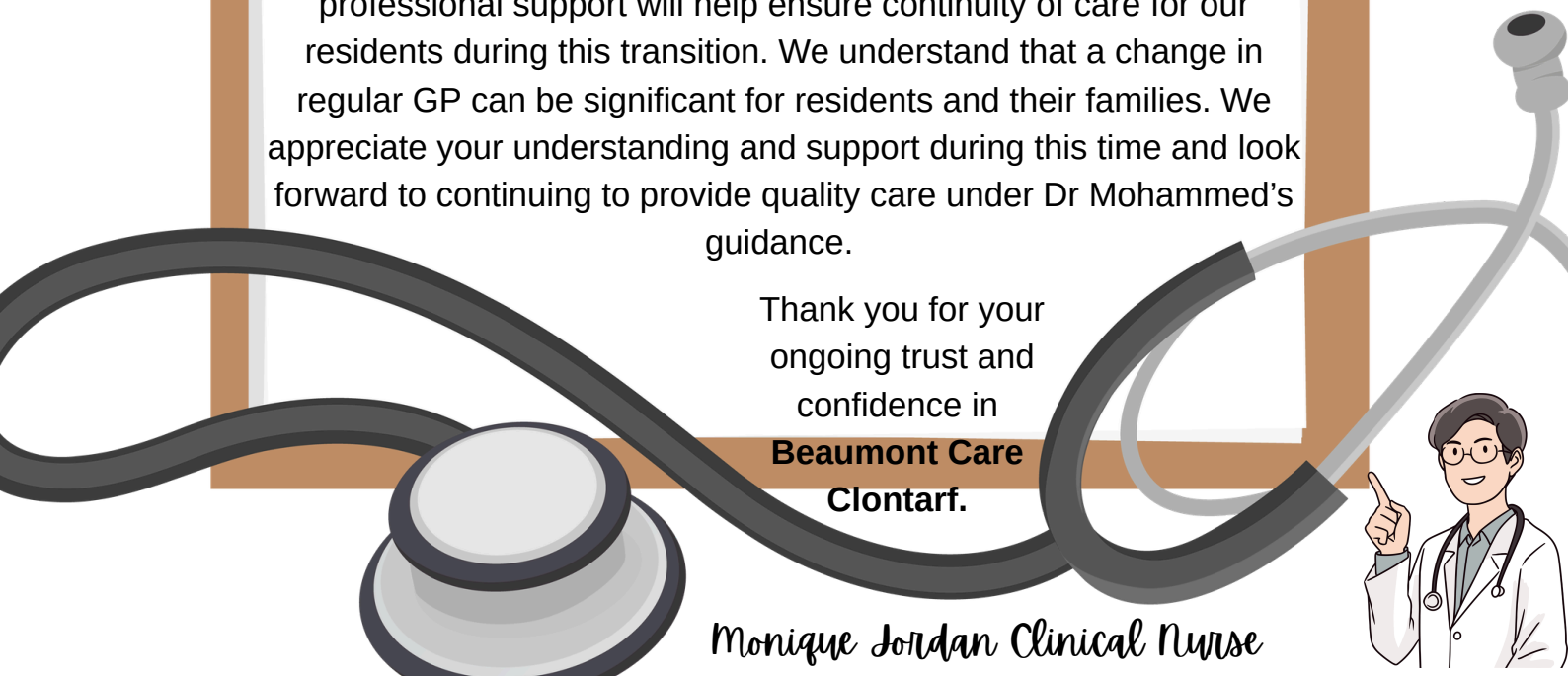
GP update:

It is with great sadness that we announce that Dr Brookes will no longer be our regular General Practitioner at Beaumont Care Clontarf. We would like to take this opportunity to sincerely thank Dr Brookes for his dedication, care and commitment to our residents. He has been a valued part of our home, and he will be greatly missed in his regular role.

However, it is with great pleasure that we welcome Dr Safi Mohammed as our new regular GP. Dr Mohammed has worked alongside Dr Brookes for some time and is already familiar with our home, our team and the needs of some of our residents through his assistance with our after-hours medical services. We are confident that Dr Mohammed will continue to provide the high standard of care, compassion and support that our residents and families have come to expect from Beaumont Care Clontarf.

We are also pleased to share that Dr Brookes remains available to aid and support Dr Mohammed whenever needed. This ongoing professional support will help ensure continuity of care for our residents during this transition. We understand that a change in regular GP can be significant for residents and their families. We appreciate your understanding and support during this time and look forward to continuing to provide quality care under Dr Mohammed's guidance.

Thank you for your ongoing trust and confidence in **Beaumont Care Clontarf.**



Monique Jordan Clinical Nurse

FROM OUR LIFESTYLE TEAM

Another month has come and gone, bringing us one step closer to Christmas! October was a busy and enjoyable month, with residents taking part in a wide range of activities and celebrations.



A highlight of the month was the conclusion of our NRL Footy Tipping competition. Congratulations to Eddie, who claimed the top prize, while Morann proudly took home the wooden spoon award. Sixteen residents participated throughout the entire season, making it a fun and friendly competition from start to finish. We are already looking forward to an even bigger and better tipping season in 2027.

We also farewelled Helen from the Lifestyle Team and thank her for her contribution and dedication to our residents. At the same time, we are delighted to welcome Jackie, who has joined us as Lifestyle Coordinator. We are excited to have Jackie on board and look forward to the ideas and enthusiasm she will bring to the role.



As we move into November, there is plenty to look forward to, including Melbourne Cup celebrations, Remembrance Day commemorations, and preparations for the festive season. With Christmas just around the corner, the Lifestyle Team is busy planning activities and events to make this a special and memorable time for everyone.



A friendly reminder to support our Lucky Number Club and raffle draws. Funds raised through these activities help us continue to bring wonderful entertainers and special experiences to our residents throughout the year. We greatly appreciate everyone's support, and any additional donations are always warmly welcomed.



As the year draws closer to an end, we thank our residents, families, volunteers and team members for helping create such a vibrant and caring community. We look forward to sharing many more laughs, celebrations and special moments together as we head into the festive season. Wishing everyone a joyful lead-up to Christmas filled with friendship, happiness and plenty of Christmas cheer! 🎄✨



Rach - The Lifestyle Team



Katrina does shopping for residents on a Tuesdays.
If residents could advise the office before **8.30am** on **Tuesday's** any items they require keeping in mind shopping is done at Kippa Ring shops. Katrina can also assist with online shopping provided residents have their own credit card.

STAFF MEMBER PROFILE - CAITY



Name: Caity

❤️ What do you enjoy most about working in aged care?

Providing personal care to those who need it is such a rewarding job. I love listening to residents' stories, having conversations, and making them feel valued and cared for. Being able to bring comfort, kindness and a smile to someone's day is why I love my job.

🧗 Hobbies & Interests

When I'm not at work, I love staying active. You'll often find me indoor bouldering, at the gym, or enjoying time at the beach. I'm also a big rugby league fan (**Go Phins!** 🐬) and enjoy rugby union too. On top of that, I love comedy and live music.

🦎 Pets

I have a blue-tongue lizard named Zilla.

🌮 Favourite Food & Drink



Tacos or pesto chicken (Taco Tuesday is a weekly tradition!)
McDonald's Coffee Frappe



💚 Favourite Colour
Green

Time at Beaumont Care:



😊 Anything Else to Share?

I'm loving being part of the team at Beaumont Care. Everyone has been so welcoming and supportive, and I'm excited to be one of the new carers!

✈️ Dream Holiday

Greece!
I'd love to explore the beautiful Greek islands. My favourite musical is Mamma Mia!, so visiting some of the filming locations would be a dream come true.



WELCOME, BIRTHDAYS, CONDOLENCES





November BIRTHDAYS

Yvonne Jacobsen
1st
Lisa Elliot
2nd
Stevie Craig
7th
Thelma Agnew
20th



In Memoriam

On behalf of all the Beaumont Care family, we farewell

Deryck Thomas

Alan Reece

along with their family and friends.

RESIDENT PROFILE - TED



🎨 **Favourite Colour:**
Blue and Light Blue

🦀 **Favourite Food:**
Fresh Mud Crab

🍺 **Favourite Drinks:**
XXXX Gold, Coffee & Ginger Beer

🚛 **Career:**
Engineer, Truck Industry & Farm Work

🎣 **Hobbies:**
Fishing local creeks in his tinny

🎯 **Sports:**
Clay Target Shooting

🏝️ **Favourite Holiday Spot:**
Moreton Island

🐴 **Favourite Pet:**
Darkie the horse

📍 **Local Connection:**
Redcliffe & Rothwell

PIANO



Footy Tipping









Out and About

Norths Kallangur













Out and About

Dolphins















Burpengary Tavern

Out and About













RESIDENT CORNER



COOKING TERMS



G	O	H	V	T	N	E	K	C	I	H	T	B	Y	L
K	T	L	I	O	R	B	U	J	A	K	F	P	S	E
B	E	N	E	S	E	A	S	O	N	T	I	C	O	S
O	N	S	K	L	X	M	T	E	A	F	R	D	Y	I
F	D	P	C	I	Z	O	I	V	D	A	K	A	V	A
R	E	B	O	D	F	Z	Q	X	M	L	R	T	U	R
Y	R	Y	P	U	M	T	I	B	P	U	R	E	E	B
M	I	U	T	A	R	R	L	R	A	H	C	N	I	P
A	Z	M	O	L	D	E	J	V	D	K	M	E	L	T
S	E	I	C	A	S	R	E	Y	A	L	R	O	U	X

SEASONEDTIMES.COM

Look for the following words associated with cooking. They may be spelled forward, backward, downward, upward, or diagonally.

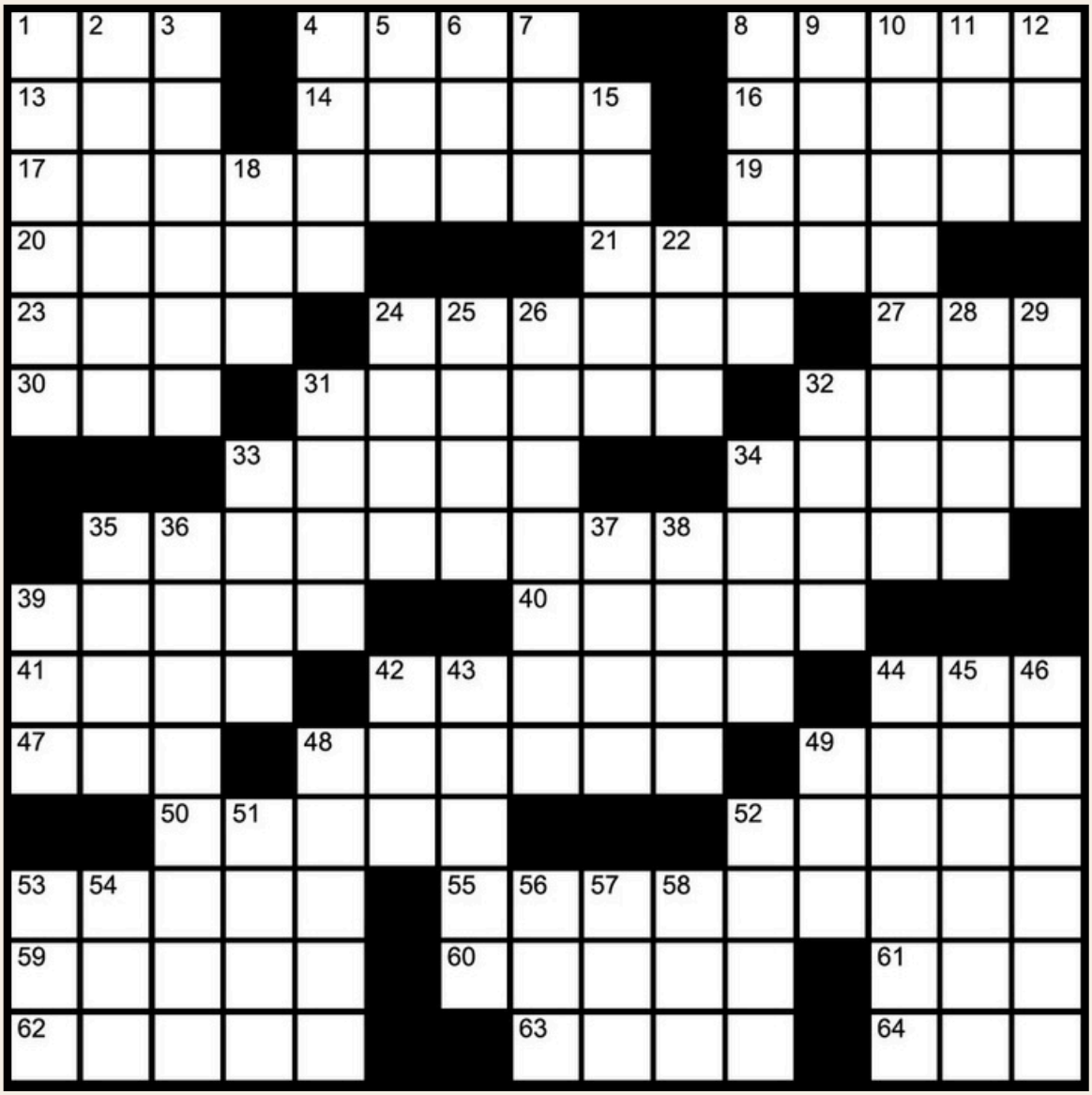
SCRAMBLE
MELT
TENDERIZE
THICKEN
BRAISE
SEASON
POUR
MIX
MOLD
LAYER
BROIL
PUREE
FRY
DRIZZLE
PINCH



RESIDENT CORNER

Across

1 Cow chow
4 Exchange
8 Moe of country music
13 Reveal, in poetry
14 Bridge fees
16 Combat zone
17 Pierce Brosnan 007 flick
19 Disguise
20 Luminous
21 Scouting group
23 Sign gas
24 Make stout
27 Sombrero, e.g.
30 Stitch up
31 Overseer
32 Combustible heap
33 Pago Pago's place
34 Couric of "Today"
35 Small wavy-haired dog
39 Daphnis's love
40 Pay tribute to
41 Flab reducer
42 Spotted wildcat
44 Fla. neighbor
47 Health resort
48 Malmö locale
49 Turkish river
50 Jotted down
52 Blatant
53 Press
55 Degree place
59 Broker
60 Smells bad
61 Author LeShan
62 Bobbers
63 Aleutian island
64 Tofu base



Down

1 Indian lodges
2 Orbital high point
3 Chicken
4 Goulash
5 Triumphed
6 Drink in a mug
7 Thickness
8 Breakfast sizzler
9 Folk singer Guthrie
10 Tyro
11 Genetic stuff
12 Beast of burden
15 Melee
18 An Everly brother
22 Inflamed
24 Renown
25 Roman love god
26 Junked
28 Seed cover
29 Golf bag item
31 Yard tool
32 Couple
33 Highlander
34 Stomach problem
35 Dale's partner
36 Poisonous shrub
37 Fishing need
38 Any day now
39 D.J.'s stack
42 Be in debt
43 Fragrant wood
44 Ridgelines
45 Rio Grande city
46 Off the mark
48 Sports figures
49 Gardner of film
51 Sty sound
52 Trans-Siberian Railroad city
53 Brit's raincoat
54 Conceit
56 Meadow
57 Club ___ (resort)
58 Alias inits.

VOLUNTEER OPPORTUNITIES & SUPPORT AT HOME







Make a Difference Through Connection

Be part of moments that truly matter

Support residents to keep doing what they love

Volunteer With Us!

BEAUMONT CARE

Warm-Hearted Care, Your Way

www.beaumontcare.com.au ▪ 1300 217 336 ▪ volunteers@beaumontcare.com.au

BEAUMONT CARE

INDEPENDENT LIVING

SUPPORT AT HOME

Our Warm-Hearted Care, in your Own Home



CONTACT US:

0407 978 250

sah@beaumontcare.com.au



Helping you live safely and independently at home

LIFE AT BEAUMONT CARE

Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?
Please forward to
clontarf@beaumontcare.com.au

Updated or changed your email address, phone number or postal address recently?

Please forward to
clontarf@beaumontcare.com.au

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.
Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.



CHURCH SERVICES

Services are held every 3rd Friday at 10.30am in lounge with Father Ted from Angican Church

HAVE YOUR SAY

We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

FEEDBACK FORMS

There are suggestion boxes located at the facility. Feedback forms can be found alongside.



QR CODE

Scan the QR code to share what is important to you

SURVEYS

Residents and their representatives are also encouraged to participate in satisfaction surveys released bi-annually.

EMAIL

Service Manager: katiemorgan@beaumontcare.com.au
Clinical Nurse: cn-clontarf@beaumontcare.com.au
Executive Team: exec@beaumontcare.com.au

PHONE

Facility: (07) 3284 6638
Service Manager: 0412 839 440

WEBSITE

www.beaumountcare.com.au

OR CONNECT WITH US ONLINE

NEW CARD? A friendly reminder to residents and family members to bring all new Medicare cards, Pension cards etc to the Administration office when you receive them so they can be photocopied and records updated accordingly on your file.

UNNAMED & LOST CLOTHING? We seem to be continuing to have a large amount of unlabeled clothing. Residents and Families please ensure all clothing items are labelled and if you are missing any clothing items could you please ask staff for assistance who would be more than happy to help.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care 08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au

Dementia Support Australia 02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

CLONTARF Activity Program ~ November 2026

Monday	Tuesday	Wednesday	T hurs da y	Friday	Saturday	Sunday
2nd	**3rd Melbourne Cup**	**4th**	**5th Bus trip**	**6th**	**7th**	**8th**
9am Walking group 9.30am Exercises 10.30am Melbourne Cup Craft *Midday — Lunch* 1pm Documentary 2.00pm HOY 3.30 pm Tipping point	9.00 amWalking Groups 9.30am Exercises 10.30am Melbourne Cup Games/Bingo *Midday — Lunch* 1 pm Fashion Parade 1.30 pm Happy Hour/Melbourne Race 3.30pm Tipping point	9am Walking group 9.30am chair Yoga 1030 am scrabble & TABLE BOARD GAMES *Midday — Lunch* 1.30pm Carpet Bowls 3.30 pm Tipping point	9am Walking group 9.30am Exercises 10.30 Balloon Tennis 10.30 Bus Trip *Midday — Lunch* 2.00 Movie/ice cream 3.30pm Tipping point	9am Walking group 9.30am Exercises 1030 Putt Putt Golf *Midday — Lunch* 1.00 1-1 room visits 2.30 Bingo 3.30pm tipping point	No Planned Activities *Rest Day*	No Planned Activities *Rest Day*
9th	**10th**	**11th Remembrance Day**	**12th Bus trip**	**13th**	**14th**	**15th**
9am Walking group 9.30am Exercises 10.30am Remembrance Day Craft *Midday — Lunch* 1pm Documentary 2.00pm HOY 4pm TheChase– News	9am 1-1 room visits 9.30am Exercises 10.30am Floor Darts *Midday — Lunch* 1.00pm Residents choice 2.00pm Ariana Roving 3.30pm tipping point	9am 1-1 visits 9.30am Exercises 1030 amRemembrance Day *Midday— Lunch* 1.30pm Carpet bowl 3.30pm Tipping point	9am Walking group 9.30am Exercises 10.30am Hookey *Midday— Lunch* /Bus outing 1.00pm documentary 2.30pm Word building game 3.30pm Tippingpoint	9am Walking group 9.30am Exercises 10.30am table games *Midday — Lunch* *1.00pm triviaquizz* 2.30pm Bingo 3.30pmtippingPoint	No Planned Activities *Rest Day*	No Planned Activities *Rest Day*
16th	**17th**	**18th**	**19th Bus Trip**	**20th**	**21st**	**22nd**
9am Walkinggroup 9.30am Exercises 10.30am Christmas Craft *Midday — Lunch* 1.00pm Documentary 2.00pm HOY 3.30pm Tipping point	9am Exercises 9.30am set up for High Tea 10am High Tea with Music *Midday — Lunch* 1.00 1-1 room visits 2.30pm Hookey 3.30 pm tipping point	9am Morning Chats 9.30 Chair yoga 10.30 Quiz *Midday — Lunch* 1.30 Carpet Bowls 3.30pm Tipping point	9am Walking group 9.30am Exercises 10.30am Qiots *Midday — Lunch* 1pm Nails/Pampering 230pm -Residents choice 3.30 pmtipping point	9am Walkinggroup 9.30am Exercises 10.30 Fr Ted Angilan service *Midday — Lunch* 2pm Stephen Hynman-entertainer with Happy Hour 3.30pm TippingPoint	No Planned Activities *Rest Day*	No Planned Activities *Rest Day*
23rd	**24th**	**25th**	**26th Bus Trip**	**27th**	**28th**	**29th**
9am 1-1 visits 9.30am Exercises 10.30 Ten Pin bowling *Midday — Lunch* 1.00pm residents Meeting & Food focus meeting 2.30pm Hoy 3.30pmTipping Point	9am 1-1 room visits 9.30am Exercises 10.30am Floor Darts *Midday — Lunch* 1.00pm Documentary 2.30pm Hangman/word games 3.30pm Tipping Point	9am Chair yoga 9.30am Exercises 10.30am Songs of Praise *Midday — Lunch* 1.30 carpet bowls 3.30 pm Tipping Point	9.001-1 room visits 9.30am Exercises 10am Greenleaves Kindy Trip 10.30am cooking with Halina *Midday — Lunch* *1pm scenic bus drive* 2.pm Movie and ice cream 3.30 Tipping point	9am 1-1 room visits 9.30am Exercises 1030am Christmas Craft *Midday — Lunch* 1pm Documentany 230 pm Bingo 3.30 Tipping point	No Planned Activities *Rest Day*	No Planned Activities *Rest Day*
30th						
9am Walkinggroup 9.30 Exercises 1030 pm Christmas Craft *Midday — Lunch* 2pm Sophisticated Folk Group – entertainers 3:30pm tipping point						

Please be advised that daily activities are subject to change due to resident preferences and choices

BEAUMONT CARE
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