

MOUNT TAMBORINE NEWSLETTER



BEAUMONT CARE

Warm-Hearted Care, Your Way



INSIDE THIS ISSUE:

September 2026

- From the Service Manager
- News from the Lifestyle Team
- Welcome, Birthdays and Condolences
- Resident of the Month
- Staff Profile
- Life at Beaumont Care
- Helpful Links and Resources
- Calendar

BEAUMONT CARE MOUNT TAMBORINE

Service Manager:
Genevieve Verhoeff
(07) 5545 7822
24 Main Western Road,
North Tamborine Qld 4272



www.beaumontcare.com.au/MountTamborine



FROM THE SERVICE MANAGER



GENEVIEVE



Dear Families,

I would like to take this opportunity to acknowledge Jesse Warwick-Barnier, Registered Nurse, for stepping into the Acting Clinical Nurse role over the past four weeks. Jesse has demonstrated professionalism, dedication, and a proactive approach in ensuring our residents continue to receive a high standard of clinical care. We thank him for his valuable contribution during this period.

I am also pleased to share that Colette Sweeney, Registered Nurse, has been appointed to the Acting Clinical Nurse position for the duration of Mani Kaur's maternity leave. I look forward to working in partnership with Colette to ensure we continue to deliver exceptional care and services to our residents.

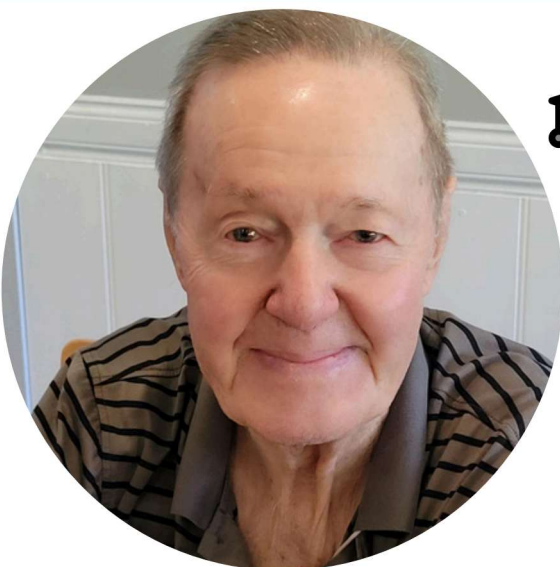
In addition, Sue Watson has returned to her role as our facility's Safety Representative. Sue makes a significant contribution to the safety and wellbeing of our residents, staff, and visitors, and we are grateful for her ongoing commitment and support.

Please remember that my door is always open should you have any questions, concerns, or feedback. Your input is highly valued, and I welcome the opportunity to hear from you.

As we move into the coming months, we remain committed to providing a caring, safe, and welcoming environment for all who call Beaumont Care Mt Tamborine home. Thank you for being such an important part of our community. Together, we continue to create a place where residents feel valued, supported, and cared for every day.

*Warmest Regards,
Gen*

RESIDENT OF THE MONTH - NEVILLE



*Come and say hello
to Neville*



Neville was born and raised in Brisbane. He gained his Bachelor degree in Dental Science; gaining recognition with the Royal College of Surgeons (RCS) Australia and London. Neville worked as an Orthodontist where he gained FRACS title.



Neville originally wanted to study architecture after high school as he loves drawing and painting.



Neville enjoys spending time reading science and non-fiction books.

STAFF PROFILE - CY



**NAME: CY DE
FREITAS**
ROLE/POSITION:
DIRECT CARER

How long have you worked at Beaumont Care?

10 Months

What does your role entail?

Caring for residents, ADL's, establishing relationships

What do you enjoy most about your role?

Being able to help people and listen to their stories

What do you enjoy most about working at Beaumont Care?

The local community and scenic environment

Do you have any pets? If so, then tell us a bit about them.

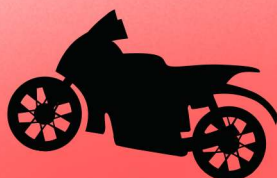
I have 2 cats – Ellie and Tiger



**DREAM
HOLIDAY?**

HOBBIES?

Hiking,
motorcycle
rides, reading,
football, going
to the gym



RED



**FAVOURITE
COLOUR?**

**FAVOURITE
FOOD?**

Bacalhau
(pronounced bah-
kah-LYOW) is the
Portuguese word for
salted and dried
codfish.



LIFE AT BEAUMONT CARE

In Memoriam

On behalf of all the Beaumont Care family,
we farewell

*Ria
Montauban*

along with their family
and friends.

September

BIRTHDAYS



Happy Birthday

6th Nikki T
10th Margaret A
13th Alison L
15th Pam G
28th Richie W

FROM THE LIFESTYLE TEAM

Hi everybody,

Spring has Sprung! We can already see some of our beautiful grevilleas and flowers coming out of winter dormancy. We're looking forward to getting back into the gardening and rejuvenating our raised garden beds in preparation for the warmer months. We are looking for any donations of garden soil, pots, fruit and vege seedlings, herbs and flowers, and seeds to help our gardening group. If you have any cuttings these would also be greatly appreciated.

Happy Father's Day to all the Dads, Step-dads, Grand Dads, and Father figures in our lives. Thank you for all the guidance and love you have shown us.

We look forward to seeing you at the next activity!



Mel & Nadia

LIFE AT BEAUMONT CARE



BEAUMONT *Birthdays - Peter*

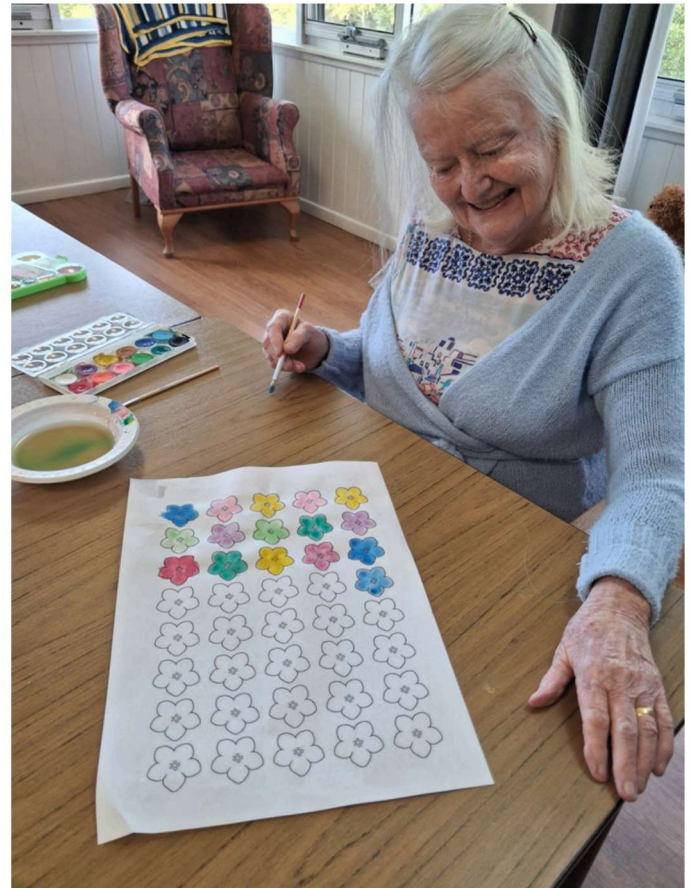


LIFE AT BEAUMONT CARE

COLOURING IN



**DIAMOND DOT
PROJECTS**



GARDEN CHATS



Our wonderful Nurses and Carers Kelly P, Kelli M, and Bernadette, have generously donated two record players (1 for the main lounge and 1 for the Memory Support Unit) and numerous vintage records, for the enjoyment of residents, families, and staff.

A big **THANK YOU** for your thoughtful donations



LIFE AT BEAUMONT CARE

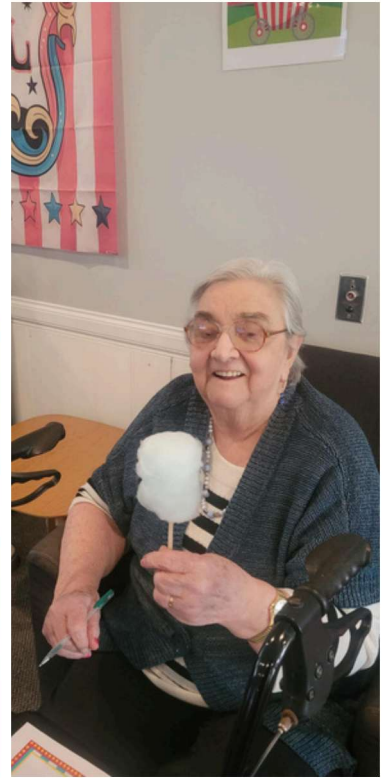
SHOPPING TROLLEY



SUE, EDITH AND DRAGON CLEOPATRA



LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE



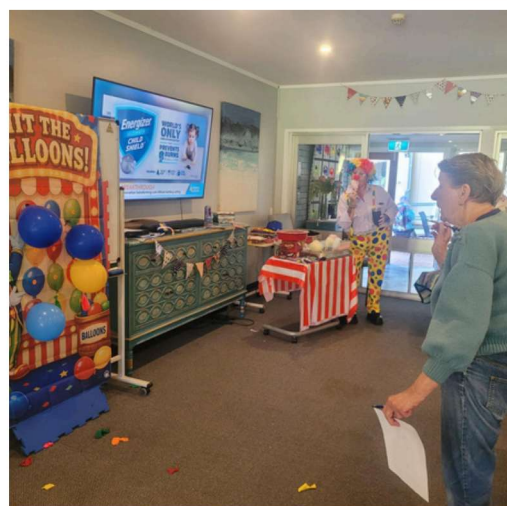
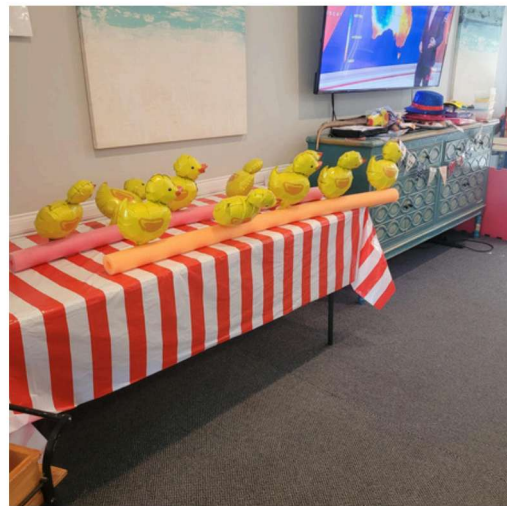
SO MUCH FUN! **EKKKA**



FOOD & DRNKS



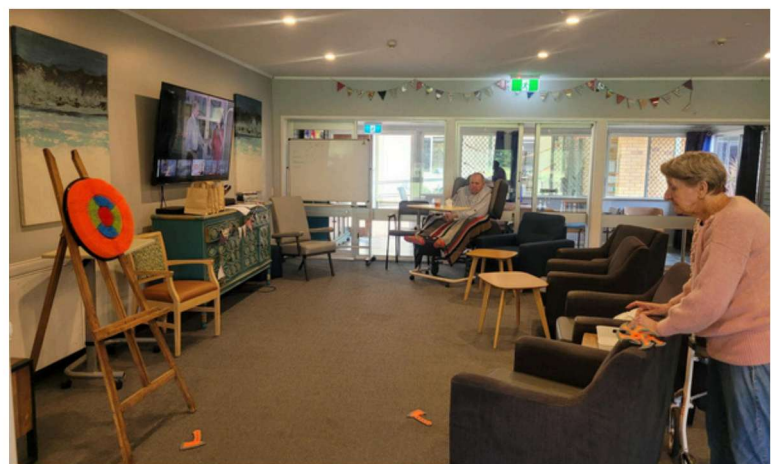
LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE



Out and About

Boardwalk Tavern



Jacobs Well



LIFE AT BEAUMONT CARE

Out and About

Outpost Café



LIFE AT BEAUMONT CARE

Out and About

Outpost Café

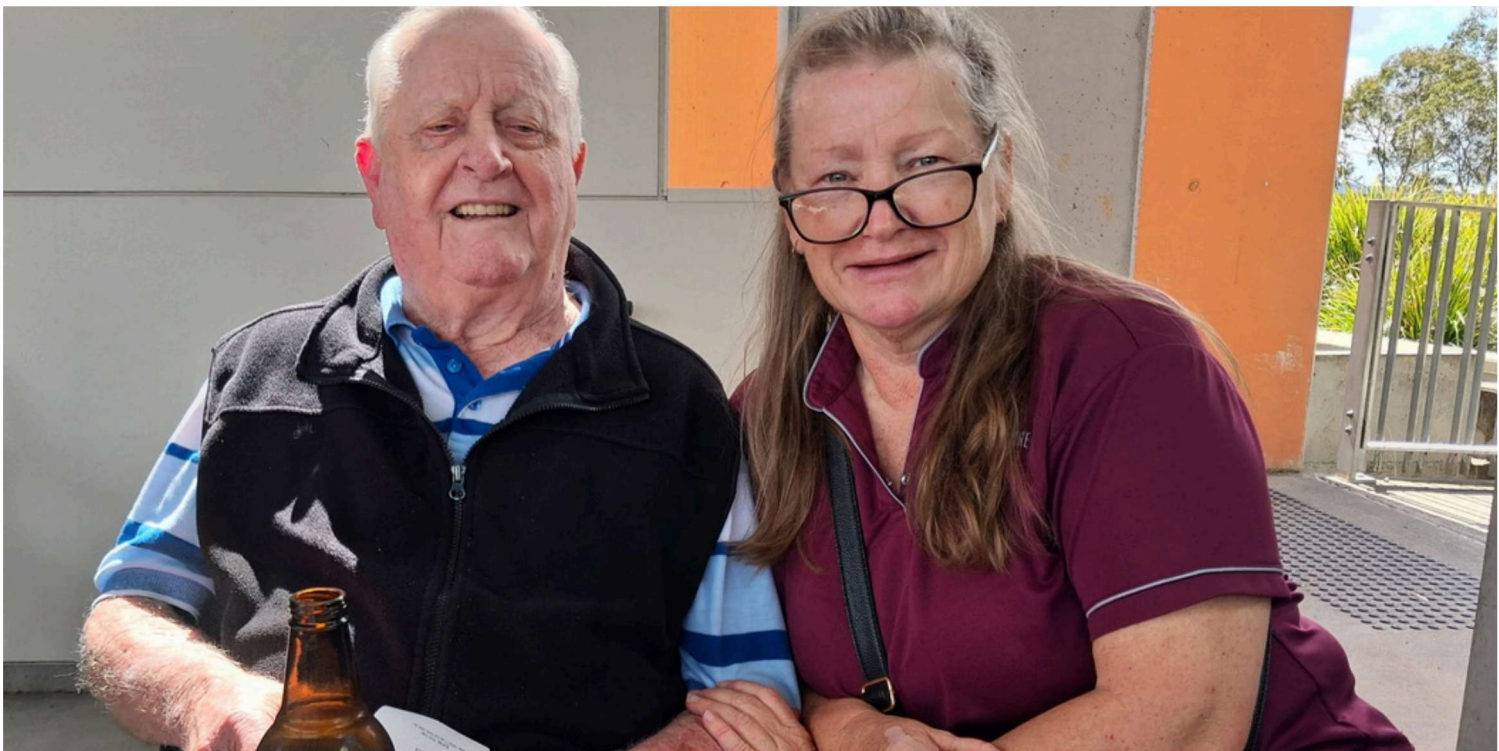


LIFE AT BEAUMONT CARE

***Out
and
About***



*Hinze Dam
View Cafe*



Resident Corner

SEPTEMBER

Sharing smiles, stories and a little fun! ♥

1



DID YOU KNOW?

- Learning something new, no matter your age, helps create new connections in the brain.
- A single bee can visit up to 5,000 flowers in one day.
- Australia is home to more than 10,000 beaches. If you visited one every day, it would take over 27 years to see them all.
- Owls can rotate their heads up to 270 degrees.
- The world's oldest working postal service began more than 500 years ago.



2

JOKE OF THE MONTH

Why are horses in such great shape?

They're on a stable diet!

Haha! 😄



3



THOUGHT FOR THE DAY

"Every flower blooms in its own time."



4



THIS MONTH'S RIDDLE

I can be hot,
I can be cold,
I can run and I can be still,
I can be hard and I can be soft.
WHAT AM I?

ANSWER: *Water*



5



SELF-CARE CORNER *tips*



Get some sunshine – even a few minutes outside can boost your mood.



Drink plenty of water to stay refreshed.



Take time to relax – read, listen to music or enjoy a hobby.



Stay connected – a chat, a smile or a call can make someone's day (including yours!).

Let's enjoy this beautiful September and all the little moments that bring joy.



Thank you for being such an important part of our community. ♥

SEPTEMBER

FUN FACTS

The Month of Change, Colour & New Beginnings!

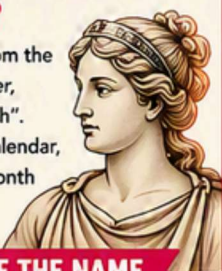


SEPTEMBER AT A GLANCE

- September is the **9th** month of the year.
- It has **30** days.

WHERE DID SEPTEMBER GET ITS NAME?

September comes from the Latin word *September*, which means "seventh". In the early Roman calendar, it was the seventh month of the year.



MEANING OF THE NAME

September comes from the Latin word *September*, meaning "seventh".

WISE

RESPECTED

HONOURABLE

DIGNIFIED

STRONG

★ SEPTEMBER ZODIAC SIGNS ★



VIRGO

August 23 – September 22

- ★ Practical
- ★ Organised
- ★ Intelligent
- ★ Reliable
- ★ Hard-working



LIBRA

September 23 – October 22

- ★ Diplomatic
- ★ Charming
- ★ Fair-minded
- ★ Social
- ★ Peacemaker



★ SEPTEMBER BIRTH FLOWERS ★

ASTER

Symbolises:

- ♥ Love
- ★ Wisdom
- ★ Faith
- ★ Patience



MORNING GLORY

Symbolises:

- ★ Affection
- ★ New Beginnings
- ★ Hope
- ♥ Remembrance



SEPTEMBER BIRTHSTONES

SAPPHIRE



Symbolises wisdom, loyalty, nobility and truth. Often associated with protection and good fortune.

LAPIS LAZULI



Encourages honesty, inner peace and self-awareness. Promotes harmony and friendship.

BLUE TOPAZ



Represents clarity, communication and calm. Helps with focus and confidence.

FAMOUS SEPTEMBER BIRTHDAYS

- | | |
|-------------------|----------------|
| ★ Beyoncé | – September 4 |
| ★ Keanu Reeves | – September 2 |
| ★ P!nk | – September 8 |
| ★ Michael Jackson | – September 29 |
| ★ Adam Sandler | – September 9 |
| ★ Prince Harry | – September 15 |
| ★ Maggie Smith | – September 28 |
| ★ Will Smith | – September 28 |
| ★ Salma Hayek | – September 2 |
| ★ Gwyneth Paltrow | – September 27 |



✿ DID YOU KNOW? ✿

SPRING HAS ARRIVED IN AUSTRALIA!

- September marks the beginning of Spring in Australia.
- Bees become busier as flowers begin to bloom.
- Butterflies and other pollinators become more active.
- Jacaranda buds begin appearing in Queensland, a sign that warmer days are on the way.
- Many native birds start nesting and raising their young during spring.
- Gardens burst into colour with wildflowers, daisies, and fresh new growth.
- Days become longer, temperatures begin to rise, and more people enjoy time outdoors.

Fun Spring Challenge!

- | | |
|--|--------------------------------------|
| ✓ Spot a bee on a flower | ✓ Listen for birdsong in the morning |
| ✓ Find a flowering plant in your neighbourhood | ✓ Go on a spring nature walk |

Spring is nature's way of saying, "Let's grow!"

★ AMAZING SEPTEMBER FACTS ★



September has 30 days.



It marks the beginning of spring in Australia and autumn in the Northern Hemisphere.



Many schools begin a new school term in September.



The Autumn Equinox (around 22–23 September) welcomes the new season.



In the Southern Hemisphere, September is a wonderful time for outdoor adventures and garden blooms.



Babies born in September have either the Virgo or Libra zodiac sign.



HELLO SEPTEMBER!

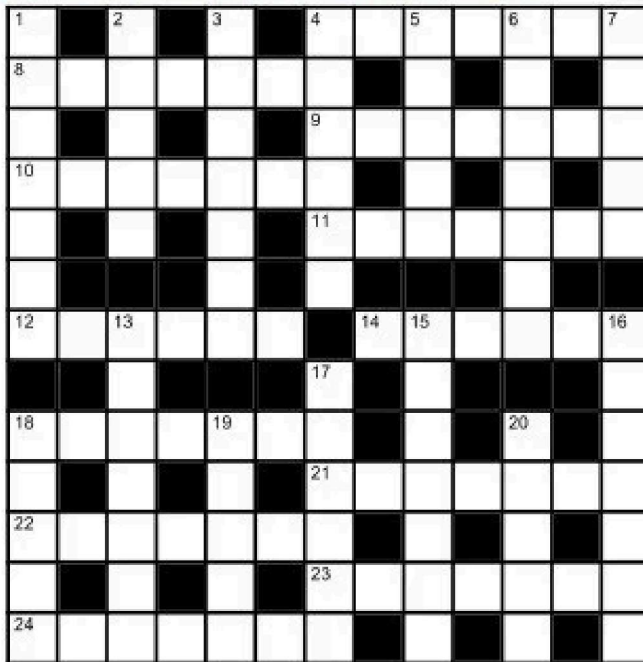
Welcome Spring! Enjoy the sunshine, blooming flowers, and fresh new beginnings.

GENERAL KNOWLEDGE CROSSWORD

700

ACROSS

- 4 What, in wartime, are flights over enemy territories (7)
- 8 Name the title of ancient Egyptian kings (7)
- 9 What do we call one who gives a professional opinion (7)
- 10 Which elementary particle is a constituent of all atomic nuclei, except normal hydrogen (7)
- 11 What is a more common term for the patella (7)
- 12 Name the cavity at the upper end of the human windpipe (6)
- 14 In Alexandre Dumas' novel, Edmond Dantes was the Count of Monte ... (6)
- 18 What is another name for an hereditary sovereign (7)
- 21 Which term describes personal property (7)
- 22 Name a tube that enables a person swimming face downwards to breathe (7)
- 23 What do we call that which is put forward to conceal a true purpose (7)
- 24 What are people who experience morbid enjoyment from inflicting pain (7)



- 4 Which parts of human legs lie between the knees and ankles (6)
- 5 In which form of theatrical entertainment are recent events, etc, parodied (5)
- 6 What are spiders, ticks, centipedes etc, called (7)
- 7 Name the piece of leather used for sharpening razors (5)
- 13 Name an Australian long-distance swimmer, Des ... (7)
- 15 Who founded Singapore in 1819, Sir Thomas Stamford ... (7)
- 16 What is another term for corpulence (7)
- 17 What do we call the young of dogs, wolves, and such (6)
- 18 Who were the nine sister goddesses of classical mythology (5)
- 19 Which term describes profligate or dissolute men (5)
- 20 What is a company of eight singers (5)

DOWN

- 1 Name a dog with a long, silky coat, and drooping ears (7)
- 2 What is an item of information (5)
- 3 What do buzzards and their like eat (7)

MINI WORD FIND

001

A C O I N E
S E N D X C
K N I P S R
S H O E I A
S R I A H C
T T X E T S

Find the following words in the grid. They may read in any direction, even diagonally. Some letters are used more than once.

Asks	Pink	Text
Coin	Scarce	This
Export	Send	Ties
Hairs	Shoe	

CURIO

001

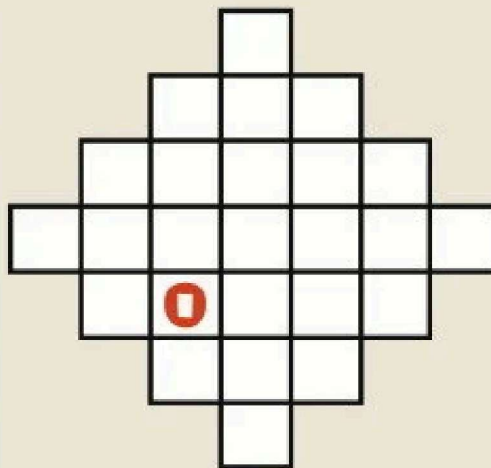
Albert Einstein (1879-1955), known for his genius in theoretical physics, believed the true sign of intelligence is not knowledge but imagination: "If you want your children to be intelligent, read them fairy tales. If you want them to be more intelligent, read them more fairy tales."

E-EQUATIONS

011

Letters A to Z have a number value. Some are shown in the right-hand cells. Create remaining values using clues in centre cells.

A	H÷B	5
B	C×C	
C	I÷P	
E	C+A	
H	A×B	20
I	P×C	
P	E+C	



BIY WORD

001

Build it yourself using the clues and each of the twenty-four letters once only to form ten words: five across and five down. A key word (bold clue) builds on the letter set in the grid.

CLUES:

- Bench-top (7)
- Cosmetic injection (5)
- Crazy people (coll) (7)
- Curtsy (3)
- Dead on arrival (3)
- Enclose animals (3)
- Main force (5)
- Negative ion (5)
- Unit: linear fibre density (3)
- Wilt (5)

A E O R
B I O S
B L O T
C N O T
D N P U
E N R X

SUDOKU

001

			7			5		
1	2					9		
			5	8				1
				2			3	
5								
		9	8					6
			3	6			2	
9								4
8	7		2	5				

QUICK THINK

001

Solve the crossword. Each answer has four letters.

ACROSS

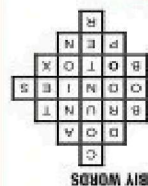
- 1 Moved towards
- 5 Employed
- 6 Echo
- 7 Move gently

DOWN

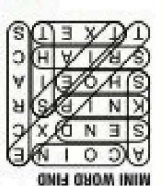
- 1 Preserve
- 2 Continent
- 3 Belonging to the males
- 4 Boundary

1	2	3	4
5			
6			
7			

SOLUTIONS



QUICK THINK
Solve the crossword. Each answer has four letters.
ACROSS
1 Moved towards
5 Employed
6 Echo
7 Move gently
DOWN
1 Preserve
2 Continent
3 Belonging to the males
4 Boundary



1	2	3	4
5			
6			
7			

1	2	3	4
5			
6			
7			

1	2	3	4
5			
6			
7			

VOLUNTEER OPPORTUNITIES & SUPPORT AT HOME



Make a Difference
Through Connection



Be part of moments
that truly matter



Support residents to keep
doing what they love

Volunteer With Us!



BEAUMONT CARE

Warm-Hearted Care, Your Way

www.beaumontcare.com.au

1300 217 336

volunteers@beaumontcare.com.au

 **BEAUMONT CARE**
INDEPENDENT LIVING

SUPPORT AT HOME

*Our Warm Hearted Care,
in your Own Home*

CONTACT US:

 **0407 978 250**

 sah@beaumontcare.com.au



Helping you live safely and independently at home



Families and Friends are welcome to order and enjoy a meal through our main kitchen to have with their loved ones.

Please let the kitchen or administration know you would like a meal organised approx. 2 hours before scheduled mealtimes.

Next of Kin or relevant persons please alert staff if you; change your address, phone number, or contact details. We can then update your details.



HAIRDRESSER APPOINTMENTS

We have a new hairdresser!

Kristi will be starting on Monday 10th August, and will visit every 6 weeks. A hairdresser book will be available at front reception for residents to make bookings as required. A price list will be available on the communication board in the coming weeks.

Residents are welcome to use their own hairdresser at any time or go out to a private hair salon with family.

SHOPPING TROLLEY



We have a shopping trolley service that visits residents room-to-room on Thursday mornings (Weekly). The trolley has a number of snacks and treats available for purchase. Residents can also place orders with Lifestyle Coordinator Mel, for any other small items not stocked on the trolley.

GOING OUT?



Please let the staff know and sign in and out of the Resident Leave Record book located in the Main Foyer.

MAINTENANCE ISSUES?

Do you have a light that needs replacing? Tap that is leaky? Residents now have access to a Maintenance request book, located near the lounge area. All families, staff, and residents can now log any issues that they would like Maintenance to have a look at. Logbooks will be checked daily by our maintenance officer, Roo.



CLOTHING LABELS

Please ensure that any new clothing items are placed in a named bag and handed in to reception to be labelled BEFORE giving them to residents or placing them in wardrobes. Unfortunately, many items of unlabelled and unidentified clothing are ending up in our lost property box in the laundry. Unlabelled and unidentified clothing will be donated to local OP shops at the end of each month. To avoid disappointment, please ensure all new clothing items are adequately labelled

HAVE YOUR SAY

We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

FEEDBACK FORMS

There are suggestion boxes located at the facility.
Feedback forms can be found alongside.



QR CODE

Scan the QR code to
share what is important
to you

SURVEYS

Residents and their representatives are also encouraged to participate in satisfaction surveys released bi-annually.

EMAIL

Service Manager:

genevieveverhoeff@beaumontcare.com.au

Clinical Nurse: cnroslyn@beaumontcare.com.au

Executive Team: exec@beaumontcare.com.au

PHONE

Facility: (07) 5545 7822

Service Manager: 0409 572 138

WEBSITE

www.beaumontcare.com.au

OR CONNECT WITH US ONLINE



NEW CARD? A friendly reminder to residents and family members to bring all new Medicare cards, Pension cards etc to the Administration office when you receive them so they can be photocopied and records updated accordingly on your file.

UNNAMED & LOST CLOTHING? We seem to be continuing to have a large amount of unlabeled clothing. Residents and Families please ensure all clothing items are labelled and if you are missing any clothing items could you please ask staff for assistance who would be more than happy to help.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care 08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au

Dementia Support Australia 02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

Mt. Tamborine Activity Program ~ September 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1st 9.00 Shopping bus to IGA 9.30 Scenic bus drive 10.00 DSU Games 10.30 Lunch outing to Rivermill Cafe	2nd AM Catholic 1:1 visit 9.30 Armchair Yoga 10.00 Father's Day M/Tea Concert with Ian Smeed 1.00 Diamond Dots & Personal projects	3rd Shopping Trolley 9.00 Morning visits & shopping orders 10.30 Presbyterian Church Service 2.00 Happy Hour & Sing along	4th 9.30 Seated group exercise 10.00 Anglican Service 10.30 Hand pampering and nail care 1.00 Gardening Group - Courtyard	5th 2.00 Games with Rita in the Multi-purpose room	6th Happy Fathers Day! 2.00 Games with Rita in the Multi-purpose room
7th 9.00 Morning visits & 1:1 activity packs 9.30 Seated group exercise 10.30 Mega Scrabble – Main Lounge 1.30 Craft Club with Alison	8th 9.00 Shopping bus to IGA 9.30 Scenic bus drive 10.00 DSU Games 10.30 Lunch outing to Club Beaudessert	9th AM Catholic 1:1 visit 9.30 Armchair Yoga 10.30 Tea Exploration Sensory morning 2.00 Craft with Rita & Sandra	10th Shopping Trolley 9.00 Morning visits & shopping orders 10.30 Presbyterian Church Service 2.00 Happy Hour & Sing along	11th 9.30 Seated group exercise 10.00 Anglican Service 10.30 Knitting and Crochet Group 1.00 Word Games – In main lounge	12th 2.00 Games with Rita in the Multi-purpose room	13th 2.00 Games with Rita in the Multi-purpose room
14th 8.30 Morning visits 9.30 Exercise Group 10.30 Anglican Service 10.30 Armchair Travel to Turkey 1.30 Craft Club with Alison	15th 9.00 Shopping bus to IGA 9.30 Scenic bus drive 10.00 DSU Games 10.30 Benowa Botanical Gardens Mini-Bus Tour & Lunch at Benowa Tavern	16th AM Catholic 1:1 visit 9.30 Armchair Yoga 9.30 Residents' meeting 1.00 Cooking Class with Donna	17th Shopping Trolley 9.00 Morning visits & shopping orders 10.30 Presbyterian Church Service 2.00 Happy Hour & Sing along	18th 9.30 Seated group exercise 10.00 Anglican Service 10.30 Hand pampering and nail care 1.00 Gardening Group - Courtyard	19th Oktoberfest 2.00 Games with Rita in the Multi-purpose room	20th 2.00 Games with Rita in the Multi-purpose room
21st Hairdresser International Peace Day 🕊️ 9.30 Seated group exercise 10.00 TM Line Dancing Boot Scooters performance 1.30 Craft Club with Alison	22nd 9.00 Shopping bus to IGA 9.30 Scenic bus drive 10.00 DSU Games 10.30 Lunch outing to Helensvale Bowls Club	23rd AM Catholic 1:1 visit 9.30 Armchair Yoga 10.30 Putt Putt Golf 1.00 Scarecrow Festival Craft Project	24th Shopping Trolley 9.00 Morning visits & shopping orders 10.30 Presbyterian Church Service 2.00 Happy Hour & Sing along	25th 9.30 Seated group exercise 10.00 Anglican Service 10.30 Knitting and Crochet Group 1.00 Watercolour painting	26th AFL Grand Final 2.00 Games with Rita in the Multi-purpose room	27th 2.00 Games with Rita in the Multi-purpose room
28th 9.00 Morning visits & 1:1 activity packs 9.30 Seated group exercise 10.30 Drumming Class – Main Lounge 1.30 Craft Club with Alison	29th 9.00 Shopping bus to IGA 9.30 Scenic bus drive 10.00 DSU Games 10.30 Lunch outing to Windaroo Tavern	30th AM Catholic 1:1 visit 9.30 Armchair Yoga 10.30 Duck Hunting 1.00 Scarecrow Festival Craft Project	 BEAUMONT CARE <i>Warm-Hearted Care, Your Way</i>			

Please be advised that daily activities are subject to change due to resident preferences and choices