

WAMURAN NEWSLETTER



BEAUMONT CARE

Warm-Hearted Care, Your Way



INSIDE THIS ISSUE:

August 2026

- From Our Clinical Nurse
- From the Lifestyle team
- Welcome, Birthdays and Condolences
- Resident of the Month
- Staff Profile
- Expression of Interest
- Life at Beaumont Care
- Helpful Links and Resources
- Calendar

BEAUMONT CARE WAMURAN

Service Manager:

Gail King

(07) 5328 1299

60 Ziviani Road,
Wamuran Qld 4512



www.beaumontcare.com.au/Wamuran



FROM THE CLINICAL NURSE

Winter Safety Reminder: Snakes Still Active During Colder Weather

As the cooler weather continues, many people assume that snakes are no longer active. However, even during winter, snakes can still be found outdoors as they seek warm, sheltered areas to escape the cold. This means they may occasionally be seen around gardens, pathways, buildings, or other sunny locations within our community. For the safety of our residents, visitors, and staff, we ask everyone to remain vigilant when moving around the grounds.

If you see a snake:

Stay calm and keep a safe distance.

Do not approach, attempt to catch, or disturb the snake.

Move away slowly and ensure others nearby are aware of its presence.

Alert a staff member immediately so appropriate action can be taken.

Keep residents and visitors away from the area until it has been assessed and declared safe.



Remember, snakes are generally not aggressive and will often move away if left undisturbed. The safest response is to avoid the snake and notify staff as soon as possible.

Thank you for helping us maintain a safe environment for everyone in our aged care community. Your vigilance plays an important role in protecting our residents, visitors, and team members. 🐍 ❄️

Denai CN

COMMUNITY NOTICE – VISITING ANIMALS

A friendly reminder to all residents and visitors:

🐾 All visiting dogs must be kept on a lead at all times while in the village.

🐾 Please pick up after your animal and dispose of waste responsibly to help keep our community clean, safe, and enjoyable for everyone.

Thank you for your cooperation and consideration of fellow residents and visitors.

Wamuran Community
Management 🐶 🐾



FROM THE LIFESTYLE TEAM

Thursday 6 August – ADA Australia Advocacy Information Session

A representative from Aged and Disability Advocacy Australia (ADA Australia) will be visiting to provide an information session for residents and their representatives. The session will explain the scope of ADA Australia's advocacy services, including support to understand consumer rights and responsibilities when receiving aged care. This session is designed to assist residents and representatives to navigate care services, raise concerns constructively, and better understand where to seek help. It may also help reduce the number of questions and issues brought directly to staff by providing clear information about advocacy options and problem-solving pathways.



EKKA Week Fun!

Get ready for some EKKA-inspired fun at Beaumont! Our very own Side Show Alley will be up and running on Tuesday afternoon, 11 August, and all day Wednesday, 12 August. Residents can enjoy the colour, excitement and classic show-day atmosphere right here at Beaumont. To finish off the week, the farm animals will be visiting from 1.30 pm on Thursday, 13 August, bringing plenty of opportunities for cuddles, petting and smiles.

There will be plenty of classic show treats for everyone to enjoy, including popcorn, fairy floss and strawberry ice creams. Everyone's a winner at our games and show bags will be handed out to all residents who attend.

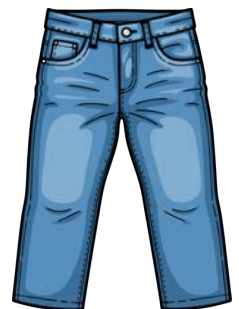
Come along and join in the EKKA Week celebrations — there will be something for everyone to enjoy, so don't miss the fun!



Staff Free Dress Days

Friday 7th for Jeans for Genes Day

Staff are invited to take part in a free dress day on Friday, 7 August, to acknowledge Jeans for Genes Day and show support for the Children's Medical Research Institute. This is a meaningful opportunity to help raise awareness for vital research into childhood genetic diseases, birth defects and other serious conditions affecting children.



Thursday 20th – Daffodil Day

Daffodil Day is an annual fundraising event organised by the Cancer Council to raise vital funds for cancer research, prevention programs, and support services for people affected by cancer.

To show our support, staff are encouraged to wear yellow on the day. Let's come together to brighten the day for our residents and help raise awareness for this important cause.



In Memoriam

On behalf of all the Beaumont Care family,
we farewell

*Ben
Hutson*



along with their family
and friends.



WELCOME



**JUDITH GRAY
IRENE FLEMING
GLORIA FAY**

August

BIRTHDAYS

HAPPY BIRTHDAY

1st Alan McKnaught
1st Arend Beekhoven
11th Helen Haumann
12th Geoffrey Lyall
7th Margaret Mayor
12th Eddie Parker
14th Marjorie Stumer
19th Anthony Nikulin
20th Rudy Janek
23rd Halina Tibiec
27th Doreen Yardley



RESIDENT OF THE MONTH

Margaret Hankel

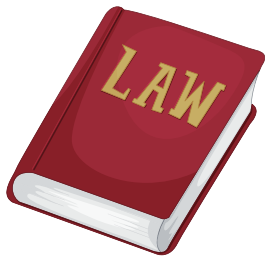


Margaret was born in Sydney before her family moved to Lithgow, where she spent her school years until the age of sixteen. Later, the family relocated to Casino, beginning a new chapter in her life.

In 1958, Margaret married her husband Rodger, whom she met at a country dance. Together they built a loving family and are proud parents to a son and a daughter, as well as grandparents to six grandchildren.



Throughout her life, Margaret has enjoyed many creative and active hobbies. She was an avid reader and loved patchwork, creating countless quilts. She was also a talented seamstress and made all of her children's clothes when they were growing up. As a young woman in Lithgow, Margaret enjoyed hiking and attended cooking classes, developing a lifelong appreciation for good food and homemaking.



Education and hard work were important to Margaret. After school, she attended Business College in Lithgow for eight months before beginning a career working for a solicitor, a profession she remained in throughout her working life.



Margaret also enjoyed playing hockey and spending time outdoors. She and Rodger shared a passion for gardening, and many happy days were spent tending to their garden together.



Today, Margaret enjoys relaxing in her room, watching television, and spending time with family and friends. She treasures catching up with longtime friends and has also made many new friendships here at Beaumont.



One of her favourite outings is going out for lunch with her daughter. She says she enjoys living here and appreciates the friendships and connections she has made.

COOKING GROUP



Expression of Interest: Join Our Community Advisory Board (CAB)

We are seeking expressions of interest from residents, community members, family representatives and carers who would like to join our Community Advisory Board (CAB)

The CAB plays an important role in shaping our services by sharing lived experience, providing feedback, and helping us improve the care and support we deliver. Members attend regular meetings to discuss key topics, contribute ideas, and represent the views of our wider community.

No formal experience is required—just a willingness to share your perspective and work collaboratively with others.

If you're interested in becoming a CAB member or would like more information, please contact our Lifestyle/Admin Team or submit an expression of interest by email to wamuran@beaumontcare.com.au.

LIFE AT BEAUMONT CARE

Our Christmas in July high tea was a lovely afternoon enjoyed by all. Catering was provided by Lagoon Creek Café, with a delicious selection of ginger slice, caramel slice, cheese and chive scrolls, cranberry and herb sausage rolls, fruit cake, and almond and chocolate biscuits. The tables looked beautiful, decorated with special resident-made decorations that added a festive and personal touch to the celebration.



EXERCISES

Our morning exercise groups are a wonderful way for residents to stay active and engaged. Residents participate in a variety of movement activities that support balance, strength, coordination, and overall wellbeing. These sessions are also a great opportunity to enjoy gentle activity together in a supportive and encouraging group environment.



LIFE AT BEAUMONT CARE



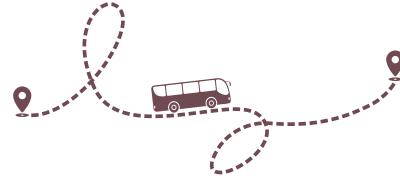
Gardening



Our garden group has been busy potting succulents in preparation for our upcoming resident craft stall. The stall will soon be located in the café, where a lovely range of handmade crafts will be on display. An honesty box will be available, allowing visitors to support the residents' beautiful creations and enjoy the wonderful work made by our talented residents.



Out and About



Gantry



We enjoyed a couple of lovely bus outings with beautiful views and plenty of good company. One trip took us to The Gantry for afternoon tea, where everyone relaxed and enjoyed the peaceful surroundings. We also travelled up to Maleny and visited the Mountain View Café, taking in the lovely scenery along the way. Residents enjoyed a picture walk, capturing special moments and appreciating the fresh air, views, and time spent together.

Maleny



BEAUMONT *Community Connections*

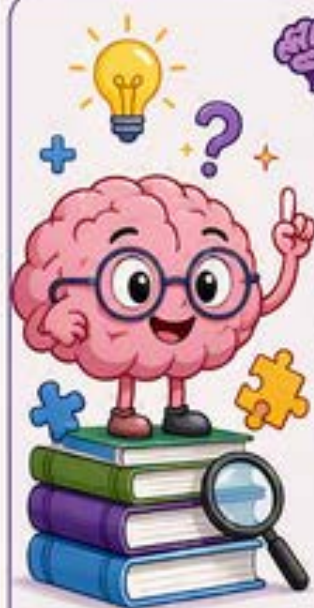


**WE HAVE
SOME REALLY
EXCITING
NEWS
STORIES
COMING
SOON!!**



RESIDENT CORNER

August



DID YOU KNOW?

- 1 Honey never spoils. Archaeologists have found pots of honey in ancient Egyptian tombs that are still safe to eat.
- 2 An octopus has three hearts!
- 3 Bananas are technically berries, but strawberries are not.
- 4 Laughing is good for your health—it can help reduce stress and boost your mood.
- 5 The world's oldest known living tree is over 4,800 years old.

JOKE

Dogs can't operate an MRI machine but **CAT**-scan.



THOUGHT FOR THE DAY

*"Every day may not be good,
but there is something good
in every day."*



JOKE

Why did the Dalmatian go to the eye doctor?
.....

He kept seeing spots.



THIS MONTH'S RIDDLE

I have keys but no locks. I have space but no room.
You can enter but you can't go outside.
What am I?

Answer: A keyboard!



SELF-CARE CORNER

Taking a few moments each day for yourself can make a big difference.

THIS MONTH'S SELF-CARE IDEAS:

- 1 ☀️ Spend some time outdoors and enjoy the fresh air.
- 2 📞 Call a friend or family member for a chat.
- 3 🎵 Listen to your favourite music and sing along.
- 4 📖 Read a chapter of a favourite book or magazine.
- 5 🚶 Take a gentle walk or join an activity session.
- 6 💧 Remember to drink plenty of water throughout the day.
- 7 😊 Share a smile—it can brighten both your day and someone else's.



AUGUST

FUN FACTS

The Month of Sunshine, Stars & Sandwiches!

AUGUST AT A GLANCE

- August is the 8th month of the year.
- It has 31 days.

WHERE DID AUGUST GET ITS NAME?

August was named after Augustus Caesar, the first Roman Emperor. The month was originally called Sextilis before being renamed in his honour.



MEANING OF THE NAME

August comes from the Latin word Augustus, meaning:

MAJESTIC GREAT HONOURED VENERABLE

AUGUST ZODIAC SIGNS



LEO

July 23 – August 22

- ★ Confident
- ★ Creative
- ★ Loyal
- ★ Generous
- ★ Natural Leaders



VIRGO

August 23 – September 22

- ★ Practical
- ★ Organised
- ★ Intelligent
- ★ Reliable
- ★ Hard-working



AUGUST BIRTH FLOWERS

GLADIOLUS

Symbolises:

- ★ Strength
- ★ Sincerity
- ★ Integrity
- ★ Remembrance



POPPY

Symbolises:

- ★ Imagination
- ★ Remembrance
- ★ Peace
- ★ Inspiration



The birth flowers for August are the Gladiolus and the Poppy, symbolizing strength, honor, remembrance, and imagination.

AUGUST BIRTHSTONES

PERIDOT



Known as the "Gem of the Sun" and admired for its bright green colour. Symbolises prosperity, strength and good fortune.

SPINEL



Represents inspiration, revitalisation and energy.

SARDONYX



The traditional August birthstone associated with courage and protection.

FAMOUS AUGUST BIRTHDAYS

- ★ Barack Obama – August 4
- ★ Meghan Markle – August 4
- ★ Neil Armstrong – August 5
- ★ Lucille Ball – August 6
- ★ Whitney Houston – August 9
- ★ Chris Hemsworth – August 11
- ★ Jennifer Lawrence – August 15
- ★ Madonna – August 16
- ★ Usain Bolt – August 21
- ★ Kobe Bryant – August 23



DID YOU KNOW?

The Earl of Sandwich

John Montagu, the 4th Earl of Sandwich, is famous for inspiring the modern sandwich.

Legend says he asked for meat between two slices of bread so he could continue playing cards without stopping for a meal.

People started ordering "the same as Sandwich" and the name stuck!



A WORLDWIDE FAVOURITE FOOD WAS BORN!

AMAZING AUGUST FACTS

- August has 31 days.
- The spectacular Perseid Meteor Shower peaks during August.
- August is often one of the warmest months in the Northern Hemisphere.
- In Australia, August signals the end of winter and the beginning of spring blooms.
- 8 August is the eighth month of the year.
- Babies born in August have either the Leo or Virgo zodiac sign.



HELLO AUGUST!

Be bright like a sunflower, shine like the stars, and make every day amazing!



Beaumont's Coffee Bar

June, 2026

A JOURNEY OF GROWTH:



From Coffee Corner to Community Hub

What started as a simple setup, with just a coffee machine and a sandwich press, has transformed into a thriving café, offering a wide variety of fresh and delicious options cooked onsite.

Today, residents, families, and staff can enjoy everything from fresh salads, yoghurts, fruit, and hot meals to sweet treats and specialty menu days that bring something new and exciting for everyone.

A big part of this growth has been the reinvestment of all café earnings back into the space. This has enabled continual improvements, including upgraded equipment, an enhanced environment, and an expanded menu that caters to a wide range of tastes.



More than just a place to eat, the café has become a central hub for connection and celebration. It hosts birthday and anniversary parties, staff breakfasts and lunches, and special gatherings, helping bring people together and strengthen the sense of community.

Meet Tracey



Behind the success of the café is Tracey, who this year celebrates three years with Beaumont Care.

Tracey's journey has been one of growth and versatility, having worked across the café, administration, and as part of the care team. Each role has helped shape her skills and deepen her connection to the community.

Starting in the café during its early days, Tracey has been part of its transformation every step of the way. She has played a key role in its development, continually finding ways to improve the space and expand what's on offer. Seeing the café evolve into such an important part of daily life has been incredibly rewarding for her.

What Tracey values most are the relationships she has built along the way. She has formed strong connections with residents and their families, making her work both meaningful and enjoyable.

A particularly special part of Tracey's journey is sharing it with her two boys, who often come in on Sundays to lend a hand. For Tracey, it means a lot that they can experience the warmth of the community, interact with residents, and be part of something so positive.

Tracey is proud of how far the café has come, and she looks forward to continuing to contribute to this thriving and connected community.



MENU

Open Hours:

MONDAY - 9am till 1pm
THURSDAY - 9am till 1pm
SUNDAY - 9am till 12.30pm

COFFEE



	Small	Med	Large	
Latte/Cappacino	\$ 3.50	\$ 4.50	\$ 5.50	Flavour Shot
Flat White	\$ 3.50	\$ 4.50	\$ 5.50	\$ 0.80
Iced Coffee		\$ 5.50		Whipped Cream
				\$ 0.50

COFFEE/TEA & CAKE

Small	Med	Large
\$ 6.00	\$ 7.00	\$ 8.00

OTHER DRINKS



Hot Chocolate	\$ 5.00
Milkshake - MEDIUM	\$ 5.00
Milkshake - LARGE	\$ 6.00
Soft Drinks	\$ 2.50
Add ice cup	\$ 0.50

TEA & WATER

English Breakfast Bag	\$ 3.50
English Breakfast Pot	\$ 4.50
WATER	\$ 2.00

FOOD



Yoghurts	\$ 4.50
Fruit	\$ 4.50
Salad - SMALL	\$ 5.00
Salad - LARGE	\$ 7.00
Salad - Add Meat	\$ 1.50
Sweet Treats	\$ 2.00-\$3.00



Assorted Sandwiches	\$ 5.00-\$7.50 (varies)
Assorted Toasted Sandwiches	\$ 6.00 each
Toastie with Hot Drink	\$ 9.00 each
Toastie with Soft Drink	\$ 8.00 each

Visit Us Today

60 Ziviani Road, Wamuran Qld 4512

VOLUNTEER OPPORTUNITIES & SUPPORT AT HOME



Make a Difference
Through Connection



Be part of moments
that truly matter



Support residents to keep
doing what they love

Volunteer With Us!



BEAUMONT CARE

Warm-Hearted Care, Your Way

www.beaumontcare.com.au

1300 217 336

volunteers@beaumontcare.com.au

 **BEAUMONT CARE**
INDEPENDENT LIVING

SUPPORT AT HOME

*Our Warm Hearted Care,
in your Own Home*

CONTACT US:

 **0407 978 250**

 sah@beaumontcare.com.au



Helping you live safely and independently at home



HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services. We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

FEEDBACK FORMS

There are suggestion boxes located at the facility.
Feedback forms can be found alongside.



QR CODE

Scan the QR code to share what is important to you

SURVEYS

Residents and their representatives are encouraged to participate in satisfaction surveys released bi-annually.

EMAIL

Service Manager: TBC

Clinical Nurse: cn-wamuran@beaumontcare.com.au

Executive Team: exec@beaumontcare.com.au

PHONE

Facility: (07) 5328 1299

WEBSITE

www.beaumontcare.com.au

OR CONNECT WITH US ONLINE



GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges, these items need to be labelled with the resident's name. Please ask staff who can assist you in completing the required form to document expiry date etc.

Please remember to let Admin office know if any of your details have changed so we have current information.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care 08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au

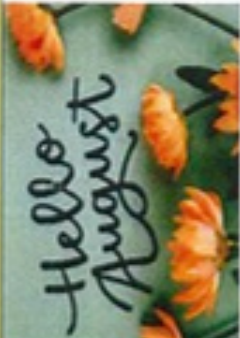
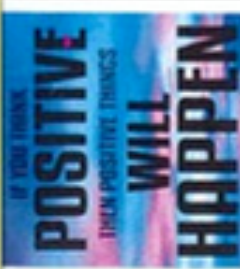
Dementia Support Australia 02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancedcareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

Waimuru Activity Program – August 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
3rd 9.15am Bocce 9.30am Scenic Bus Trip 10.30am Game of Darts 10.30am Word Game 1.30pm Picnic Bus Trip 2.00pm Table Bowls 3.30pm Sensory Activity	4th Coles Personal Shopping 9.15am Strength Exercise 10.30am Bingo 2.00pm Garden Group 2.00pm Father's Day Craft 3.30pm Singing with Sarah	5th 9.15am Sensory/Grey Matter Stimulation 10.30am Cooking with Lea 10.30am Board Games 2.00pm Coffee Club in the Café 3.30pm 1-1 Social visits	6th Jeans 4 Genes Day 9.15am Balance Exercise 10.30am ADA Information Group 2.00pm Happy Hour with Entertainment Steve & Heather 3.30pm Sensory Group	7th 9.15am Guided Meditation 10.30am Hoy 10.30am Father's Day Craft 2.00pm Knit/Crochet Group 2.00pm Virtual Quiz 3.30pm 1-1 Social visits	8th / 9th Saturday 10.30am Bingo Sunday Café Open
10th EKKA Public Holiday 	11th Side Show Alley 9.15am Strength Exercise Group 10.30am Bingo 2.00pm Side Show Alley Games 	12th Side Show Alley 9.15am Sensory/Grey Matter Stimulation 10.00am Side Show Alley 2.00pm Coffee Club in the Café 3.30pm 1-1 Social visits	13th EKKA Farm Animals 9.15am Balance Group 10.30am Entertainer's Judy & Owen 1.30pm Farm Animal Visit  3.30pm 1-1 Social visits	14th 9.15am Fun Fitness 10.30am Hoy 11.30am Bus Lunch to Lagoon Café 2.00pm Armchair Travel to Iceland 2.00pm Paint and Sip	15th/16th Saturday 10.30am Hoy Sunday Café Open
17th 9.15am Bocce 9.30am Scenic Bus Trip 10.30am Game of Darts 10.30am Word Game 1.30pm Picnic Bus Trip 2.00pm Table Bowls 4.00pm Sensory Activity	18th Coles Personal Shopping 9.15am Strength Exercise Group 10.30am Bingo 2.00pm Father's Day Craft 2.00pm Trivia 4.00pm Singing with Sarah	19th 9.15am Sensory/Grey Matter Stimulation 10.30am Cooking with Lea 10.30am Courtyard Conversations 2.00pm Coffee Club in the Café 4.00pm 1-1 Social visits	20th Daffodil Day 9.15am Balance Exercise Group 10.30am Prayer Group 10.30am Card Making 2.00pm Happy Hour with "Dj" 4.00pm Sensory Group	21st 9.15am Movement to Music 10.30am Hoy 10.30am Octopus Craft 2.00pm Knit/Crochet Group 3.30pm 1-1 Social visits	22nd / 23rd Saturday 10.30am Hoy Sunday 10.30am Bingo 2.00pm Craft with Georgie
24th 9.15am Bocce 9.30am Scenic Bus Trip 10.30am Pool comp 10.30am Word Game 1.30pm Picnic Bus Trip 2.00pm Ten Pin Bowls 3.30pm 1-1 Social visits	25th 9.15am Strength Exercise 10.00am Residents Meeting in Dining Room 10.30am Bingo 2.00pm Garden Group 2.00pm Themed Art/craft 4.00pm Singing with Sarah	26th World Dog Day 9.15am Sensory/Grey Matter Stimulation 10.30am Cooking with Lea 10.30am Board Games 2.00pm Coffee Club in the Café 3.30pm 1-1 Social visits	27th 9.15am Balance Exercise Group 10.30am Clay Craft 10.30am Button Craft 2.00pm Happy Hour with "Chris" 3.30pm Sensory Group	28th 9.15am Guided Meditation 10.30am Hoy 10.30am Father's Day Craft 11.30am Bus Lunch to Burpengary Tavern 1.30pm Singer "Kimi" 2.00pm Bead Group	29th / 30th Saturday 10.30am Hoy Sunday 10.30am Bingo 2.00pm Monthly Movie Matinee
31st 9.15am Bocce 9.00am Bus Op Shopping Trip 10.30am Game of Darts 10.30am Word Game 1.30pm Picnic Bus Trip 2.00pm Bonus Virtual Quiz 4.00pm 1-1 Social visits					

Activity Program subject to change due to resident's needs.