

CLONTARF NEWSLETTER



BEAUMONT CARE

Warm-Hearted Care, Your Way



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July 2026

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BEAUMONT CARE CLONTARF

Service Manager:

Katie Morgan

(07) 3284 6638

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Clontarf Qld 4019



www.beaumontcare.com.au/Clontarf



FROM OUR SERVICE MANAGER

As we welcome the month of July, I want to take a moment to acknowledge the wonderful sense of community that continues to shine throughout our home. Winter is well and truly here, and while the cooler weather encourages us all to slow down a little, our team has remained active, attentive, and committed to ensuring every resident feels supported, comfortable, and connected. I also wish to thank all our residents and families while we have been navigating our Rhinovirus outbreak on site.

All residents have now recovered, and normalcy has returned to Clontarf again.

With the colder weather upon us, our focus remains on keeping everyone warm, healthy, and engaged. Please remember:

- Extra blankets and warm clothing are available upon request
- Hydration is just as important in winter as in summer
- Our clinical team is monitoring seasonal illnesses closely

Families are encouraged to reach out if they have any concerns about their loved one's comfort or wellbeing.

I want to extend heartfelt thanks to our dedicated staff. Their teamwork during the Rhinovirus period, combined with their ongoing commitment to resident care, has been exceptional. Whether it's a warm smile, a shared laugh, or a quiet moment of support, these everyday acts make our home the caring environment it is.

As renovations progress and we move into the second half of the year, our focus remains on continuous improvement, open communication, and ensuring every resident feels safe, valued, and at home. If you have any concerns, questions or suggestions, please do not hesitate to come and see me or get in touch.

All feedback is greatly welcomed and appreciated.

Thank you for being part of our community.
Wishing everyone a warm, safe, and joyful July.

Warm regards,

Katie

FROM OUR CLINICAL NURSE

July brings an opportunity to focus on both winter wellness and cultural connection. As we move through the colder months, our clinical team continues to support residents' health through infection prevention, nutrition and hydration, and person-centred care.



This month we also acknowledge **NAIDOC Week (5-12 July)**, celebrating the history, culture, and achievements of Aboriginal and Torres Strait Islander peoples. The 2026 theme, *"50 Years of Deadly"*, recognises five decades of strength, resilience, and cultural pride.



We encourage residents, families, and staff to stay connected, participate in activities, maintain good hand hygiene, and support one another in creating a warm and inclusive community.



Thank you to our residents, families, and dedicated staff for your ongoing support and commitment to maintaining a caring and welcoming environment for all.

A quick reminder to every one of the importance of hand hygiene and staying up to date with recommended vaccinations. To help protect our residents and staff, we kindly ask visitors to refrain from visiting the facility if they are feeling unwell.

If you develop symptoms of illness within 72 hours after visiting, please notify the facility as soon as possible so that appropriate precautions can be taken



Many thanks,

Monique CN

BABY SHOWER - CRYSTAL



A special baby shower was held for Crystal, one of our RNs. Staff and residents came together for a joyful morning tea, and residents lovingly created a nappy cake for her. We're all eagerly awaiting cuddles with the new baby boy when he arrives



FROM OUR LIFESTYLE TEAM

As the days have grown a little cooler, we've been keeping warm by rugging up for our activities and enjoying time in the sunshine whenever we can.

We were fortunate to have a lovely student, Helen, join us for a few weeks. She spent time with residents, encouraging and supporting knitting activities, which everyone thoroughly enjoyed.

We also celebrated with an African-themed day before our Lifestyle Leader, Lou, departed on her dream holiday to Africa to see elephants, lions, rhinos, giraffes, and many more amazing animals.

Residents marked International Vegemite Day, celebrating its 100th birthday with Vegemite and cheese on toasted muffins, along with some fun themed colouring activities.

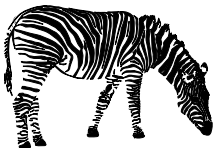
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On the third Friday of each month, Father Ted visits to conduct a church service and spend time with residents, which is always warmly welcomed.

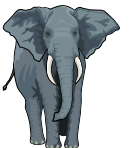
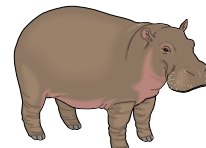
Some residents also enjoyed a visit to Green Leaves Kindy, where there were plenty of smiles and conversations shared between the young and the young at heart.

This month's fundraiser was our "Lucky Number Board." Congratulations to our winners—resident Lorraine and staff member Sui T and thank you to everyone who participated. It's hard to believe that half the year has already gone!

Looking ahead to July, we have plenty of exciting activities planned, including a visiting singer, bus trips, Pyjama Day, carpet bowls, church with Father Ted, quizzes, happy hour, and much more.



The Lifestyle Team



STAFF MEMBER PROFILE - HOLLY



Holly has been a valued member of the Beaumont Care Clontarf team for 2.5 years, having started her journey at just 15 years old. Since joining, Holly has developed a strong passion for aged care and finds the most joy in caring for residents and building meaningful connections through daily interactions.

Known for her warm and engaging nature, Holly enjoys spending time getting to know residents and making a positive difference in their day.

♥ A Little More About Holly

Favourite colour: Sage green

Favourite drink: Pepsi Max

Favourite food: Mexican cuisine

🐾 Outside of Work

Holly is an active and adventurous individual. She enjoys going to the gym and rollerblading in her spare time. Holly also has a love for learning new languages and exploring different foods.

At home, Holly is a proud pet owner of two dogs—a boxer/mastiff cross (who she describes as weighing “a ton”) and an English Staffy.

✈️ Travel & Aspirations

Holly loves to travel and has already visited Fiji and Japan. She would love to return to Japan and hopes to visit Holland one day, as it is where her great-grandmother is from. Upcoming travel plans include trips to New Zealand and England to visit family.

🎓 Looking Ahead

Holly is excited to begin studying to become a Registered Nurse (RN) in July, continuing her commitment to a career in healthcare.

Holly also just celebrated her 18th Birthday!

HAPPY BIRTHDAY!



*happiest
BIRTHDAY*

RESIDENT PROFILE - EDDIE



live
laugh
love

**Come and
say hello
to Eddie!**



Eddie has lived at Beaumont Care Clontarf for 9 months and has quickly made an impression with Eddie's sense of humour and lively personality. Eddie says one of the things enjoyed most about living here is "stirring the nursing staff and lifestyle team," and keeping everyone on their toes!



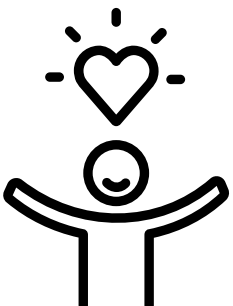
Eddie likes being part of the active group activities, especially carpet bowls, golf, floor darts and word games, which keep the days interesting and engaging.



Eddie's favourite colour is **blue**, and when it comes to food and drink, Eddie shares a love for "XXXX cold beer" and adds, "I just love all food."



Over the years, Eddie has had many pets, including birds, cats and dogs. While hobbies are kept simple these days, Eddie has enjoyed travelling, including a memorable holiday to New Zealand to visit a sister.



Eddie also reflects on life with honesty, sharing, "I never married by choice, I enjoyed being on my own and working."

Thank you, Eddie, for bringing humour and individuality to our Beaumont community. We are so happy to have you with us!

July

BIRTHDAYS



BioExplorer
July Birth Flowers

HAPPY BIRTHDAY

Rex Marshall **8th**
Marjorie Hayes **17th**
Lillian Zammit **24th**
Daphne Simpson **27th**

July Birthstone

• Ruby •



A **ruby** provides strength, vigor, and nobility, helping protect its wearer from the evils of the world. It signifies love and passion while attracting good luck.

In Memoriam

On behalf of all the Beaumont Care family,
we farewell



*Daniel
Engelbrecht*



*Elaine
Marshall*

along with their family
and friends.



LIFE AT BEAUMONT CARE

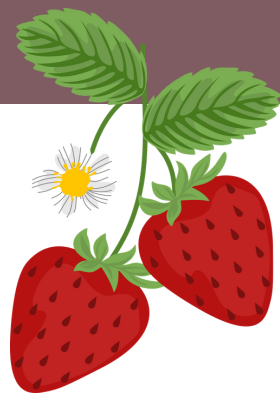


Living with vision impairment has made many things more challenging, but with time, patience, and someone beside her, she picked up her knitting needles once again. And slowly, her hands remembered.

With gentle encouragement from a student who took the time to sit with her, she was able to reconnect with a skill that holds familiarity, and comfort.

Out and About

This month, our ladies enjoyed a delightful bus trip to the strawberry farm, where they indulged in delicious ice cream and tasty treats.



LIFE AT BEAUMONT CARE

Our kitchen activities were a hit, with residents baking fresh scones and sharing them together for afternoon tea.



COOKING SESSION



RESIDENT CORNER JULY

I TOLD MY GRANDKIDS I WAS READING A BOOK ON ANTI-GRAVITY. THEY ASKED IF IT WAS ANY GOOD. I SAID, "IT'S IMPOSSIBLE TO PUT DOWN!"



"Adventure is worthwhile in itself."
~Amelia Earhart,
born July 24, 1897

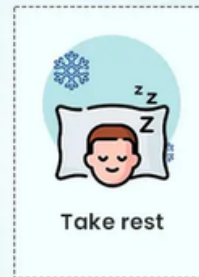


What has 13 hearts
but no other organs?
A deck of cards.

You're not
getting old;
you're becoming
a classic.



Safety Measures to Prevent Winter Health Hazards



What kind of band never plays music?

A rubber band.

RESIDENT CORNER JULY



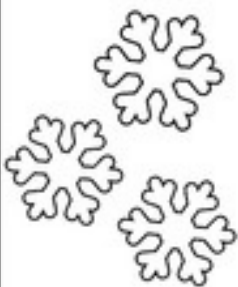
WINTER

— WORD SEARCH —



M	S	S	W	K	N	I	T	T	E	D	H	A	T	P
E	N	N	W	N	N	K	P	T	C	D	I	I	D	I
S	O	G	O	E	S	G	F	N	X	L	J	G	T	N
N	W	F	T	W	A	S	C	A	R	F	Y	L	X	E
O	F	W	V	S	M	T	M	C	I	S	M	O	P	S
W	L	Y	I	H	H	A	E	T	T	N	I	O	O	D
V	A	I	U	N	O	O	N	R	D	O	T	Q	L	X
N	K	S	J	B	T	T	V	G	K	W	T	A	A	G
Y	E	K	W	H	O	E	T	E	P	B	E	Z	R	S
U	R	A	W	Z	U	O	R	L	L	A	N	X	B	L
R	C	T	P	M	D	N	T	B	A	L	S	N	E	E
U	M	I	N	Y	X	N	I	S	Q	L	L	P	A	D
G	I	N	G	E	R	B	R	E	A	D	C	Z	R	G
N	P	G	W	P	Q	I	R	G	L	O	V	E	S	E
J	X	G	Z	N	R	F	I	R	E	P	L	A	C	E

WORD LIST



BOOTS

IGLOO

SCARF

SNOWBALL

FIREPLACE

KNITTED HAT

SHOVEL

SNOWFLAKE

GINGERBREAD

MITTENS

SKATING

SNOWMAN

GLOVES

PINE

SLEDGE

SWEATER

HOT COCOA

POLAR BEAR

SNOW

WINTER



VOLUNTEER OPPORTUNITIES & SUPPORT AT HOME



Make a Difference
Through Connection



Be part of moments
that truly matter



Support residents to keep
doing what they love

Volunteer With Us!



BEAUMONT CARE

Warm-Hearted Care, Your Way

www.beaumontcare.com.au

1300 217 336

volunteers@beaumontcare.com.au

 **BEAUMONT CARE**
INDEPENDENT LIVING

SUPPORT AT HOME

*Our Warm Hearted Care,
in your Own Home*

CONTACT US:

 **0407 978 250**

 sah@beaumontcare.com.au



Helping you live safely and independently at home



LIFE AT BEAUMONT CARE

Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?

Please forward to
clontarf@beaumontcare.com.au

Updated or changed your email address, phone number or postal address recently?

Please forward to
clontarf@beaumontcare.com.au

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.

Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

CHURCH SERVICES

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

HAVE YOUR SAY

We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

FEEDBACK FORMS

There are suggestion boxes located at the facility.
Feedback forms can be found alongside.



QR CODE

Scan the QR code to
share what is important
to you

SURVEYS

Residents and their representatives are also encouraged to participate in satisfaction surveys released bi-annually.

EMAIL

Service Manager: katiemorgan@beaumontcare.com.au

Clinical Nurse: cn-clontarf@beaumontcare.com.au

Executive Team: exec@beaumontcare.com.au

PHONE

Facility: (07) 3284 6638

Service Manager: 0412 839 440

WEBSITE

www.beaumontcare.com.au

OR CONNECT WITH US ONLINE



NEW CARD? A friendly reminder to residents and family members to bring all new Medicare cards, Pension cards etc to the Administration office when you receive them so they can be photocopied and records updated accordingly on your file.

UNNAMED & LOST CLOTHING? We seem to be continuing to have a large amount of unlabeled clothing. Residents and Families please ensure all clothing items are labelled and if you are missing any clothing items could you please ask staff for assistance who would be more than happy to help.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culturaldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care 08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au

Dementia Support Australia 02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

CLONTARF Activity Program ~ July 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1st	2nd Bus trip			
		9am Walking group 0930 exercises 1030 hangman 1200 lunch time 1.001-1 room visits 2.00 Darrin Mason 4.00 Tipping point	9.00 walking group 9.30 exercises 10.30 bus outing/ table games Midday Lunch time 2.00 Movie 4.00 Tipping point	9am walking group 0930 exercises 1030 Balloon tennis Midday lunch time 1.00 1-1 room visits 2.30 Bingo	No PlannedActivities Rest Day 	No PlannedActivities Rest Day 
6th NAIDOC WEEK	7th	8th State of Origin	9th Bus trip	10th	11th	12th
9am walking group 9.30am Exercises 10.30am Foor Darts 1pm Documentary 2.00pm HOY 4pm The Chase – News	9am 1-1 room visits 9.30am Exercises 10.30am Word Building 13.00pm quilts 2.30pm Cooking 4.00 the chase	9am 1-1 visits 9.30am Exercises 10.30am Quiz Midday - Lunch 1.30 -330pm Carpet bowls 4.00 tipping point	9am Walking group 9.30am Exercises 10.30am Hokey Midday – Lunch/Bus outing 1.30 Movie and ice cream run 4pm Ch 7 News	9am Walking Group 9.30am Exercises 10.30am Golf putting Midday - Lunch 2.30pm HAPPY HOUR 4pm The Chase – News	No Planned Activities Rest Day 	No Planned Activities Rest Day 
13th	14th	15th	16th Bus Trip National hot dog day	17th	18th	19th
9am walking group 9.30amExercises 10.30am Trivia Midday-Lunch 1.00pm Documentary 2.30pmHOY	9am morning chats. 9.30am Exercises 11.00am Table games Midday –Lunch 1.00 1-1 room visits 2.30pmCraft 4.00 tipping point	9am Morning Chats 9.30 Chair yoga 10.30 Quiz 1200 Lunch time 1.30 Carpet Bowls 4.00pmTipping point chn 9	9am Walking Group 9.30am Exercises 10.30am Skittles Men's shed Midday – Lunch 1pm Nails/Pampering 3.00-word games 4.00 tipping point	9am Walking Group 9.30am Exercises 10.30FrTedAnglanservice 1.00pm 1 to 1 visits 2.30pm Bingo	No PlannedActivities Rest Day 	No PlannedActivities Rest Day 
20^h	21st	22nd Pyjama Day	23rd Bus Trip	24th	25th	26th
9am 1-1visits 9.30am Exercises 10.30Residents meeting 1.00pm1-1 room visits 2.30pm hoy 4pm – News	9am 1-1 room visits 9.30am Exercises 10.30am word games 1.00pm Documentary 2.30pm painting	9am Chair yoga 9.30am Exercises 10.30am Songs of Praise 1.30 carpet bowls 3.30 the chase	9.00 1-1 room visits 9.30 exercises 10.30. Floor darts Midday lunch 2.pm Movie and ice cream	9am 1-1roomvisits 9.30 exercise 1030 Ten pin bowls 1200 lunch time 2.30 Happy Hour	No PlannedActivities Rest Day 	No PlannedActivities Rest Day 
27th	28th	29th	30th Bus trip	31st		
9.00walking group 9.30 Exercises 1030.q u iz 1.30 Ekka Prep 4.00 The chase	9am 1-1room visits 9.30am Ex erc i s es 10.30am Sh ufflebo ard Midday - Lunch 1.30p m Han g man 2.30pmcraft	9am 1-1room visits 9.30am Ex erc i s es 10.30amGolf putting Midday –Lunch 1.30pmCarpet Bowls 3.00pmTipping point	9.00 walking group 9.30 exercise 10.30 Tabletop games or scenic drive 1.30 Shopping bus/ movie and Ice Cream 3.30pm Tipping point	9am Walking Group 9.30amExercises 10.30amFloor darts 1.00pm 1 to1room visits 2.00Bingo		