



BEAUMONT CARE

Warm-Hearted Care, Your Way

Newsletter
CLONTARF



INSIDE THIS ISSUE:

April 2026

- From the Service Manager
- News from the Lifestyle Team
- Staff Profile
- Welcome, Birthdays and Condolences
- Resident of the Month
- Life at Beaumont Care
- Helpful Links and Resources
- Calendar

BEAUMONT CARE CLONTARF

Service Manager:
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www.beaumontcare.com.au/clontarf

FROM OUR SERVICE MANAGER

Hi all, and welcome to April.

April brings with it a wonderful mix of special days, including April Fool's Day, International Fun at Work Day, World Health Day, and of course, ANZAC Day. As the weather cools, we're also welcoming fresh energy and a lovely sense of renewal throughout our community. It's a month filled with celebration, connection, reflection, and exciting progress around the home.

Easter is always a highlight, and this year we're looking forward to sharing the joy with our residents and families. Bring on the chocolate!

We will also be holding our ANZAC Day service on the 25th of April, led by our amazing volunteer, retired serviceman John Woolnough. Thank you, John, for your time and dedication.

Our renovations continue to progress smoothly. We have now completed the first three refurbished resident rooms, and they look absolutely fantastic. The bedrooms feel warm and inviting, and the bathrooms have come up beautifully. Resident feedback has been overwhelmingly positive.

You may have noticed a little extra noise and a few more trades onsite recently as we begin the second stage of room renovations. Thank you to everyone for your patience. The improvements are already making our home brighter and more comfortable.

A heartfelt thank you to our dedicated staff and supportive families. Your kindness and commitment help make Beaumont Care a warm and welcoming home for all. As always, your feedback, good, bad, or otherwise, is most welcome. Residents and their representatives play a vital role in how we run the facility, and your thoughts and suggestions help us continue to improve. Please feel free to share them at any time.

My door is always open.

Warm regards,

Katie



Welcome to April

As we step into April, we continue our commitment to providing compassionate, resident-centred care. The seasonal change reminds us to remain attentive to our residents' comfort, wellbeing, and evolving health needs. Thank you to everyone for your ongoing dedication to creating a safe, respectful, and supportive environment.

April is also **Stress Awareness Month**, highlighting the importance of recognising and managing stress, for both our residents and ourselves. Taking time to support mental wellbeing is essential in maintaining a healthy and positive care environment. Please don't hesitate to reach out for support, the team at Beaumont care Clontarf are always here.

April Focus Areas:

Monitoring residents for seasonal changes impacting respiratory health and mobility. Encouraging adequate hydration and balanced nutrition. Supporting emotional wellbeing through meaningful engagement and social interaction. Promoting stress awareness and supporting mental wellbeing among residents and staff. Upholding dignity, respect, and individualized care in all aspects of practice.

Warm regards,
Monique

Monique CN



FROM OUR LIFESTYLE TEAM

Beaumont Care Clontarf took part in the
World's Greatest Shave on
Tuesday 24th of March 2026.



**WELL DONE TO EVERYONE WHO TOOK PART AND THANK YOU ALL
FOR YOUR KIND DONATIONS!**

From Louise and the Beaumont Babes



FROM OUR LIFESTYLE TEAM

Well it's a big hello from us at Beaumont Clontarf! What a month we have had with St Patrick's Day, concerts and High Teas, and of course The World's Greatest Shave. That event took place in our courtyard with Happy Hour and wonderful music - thanks everyone for your enthusiasm and support. We have also started our bus trip to the local kindergarten Green Leaves taking six residents to meet the children and enjoy time with them.

So now April is upon us, and we have another busy month ahead with Easter and a visit from the Easter bunny on the 1st of April at 1.30pm. Anzac Day will then be celebrated on the 25th in our courtyard with Volunteer John to lead the service and Katrina here to assist residents on the day. Concerts with Adriana, the Ukulele group, and the Harpist are also all visiting this month. We will once again organising some bus trips out for lunches, morning tea and visiting our kindergarten friends as well as some scenic drives.

We have recently introduced some new activities - Table Tennis and shuffleboard - which residents have enjoyed taking part in with lots of laughs along the way.

Thanks everyone !
Lou and Rach

The Lifestyle Team



STAFF MEMBER PROFILE - COLLEEN

Introducing Colleen, lovingly known as “Speedy”, who has been a dedicated member of the Beaumont family for an incredible 28 years. Over her time here, she has formed deep connections with residents, and what she treasures most are their stories from the past —precious memories that may now be fading, but are never forgotten by her.



Favourite Things

- Colours: Orange and blue — bright, bold, and full of life
- Food & Drink: A comforting roast chicken with crunchy potatoes, white sauce, and an iced tea
- Pets: None

Hobbies & Interests

- Reading
- Bushwalking
- Going to the movies

Dream Holiday Destination

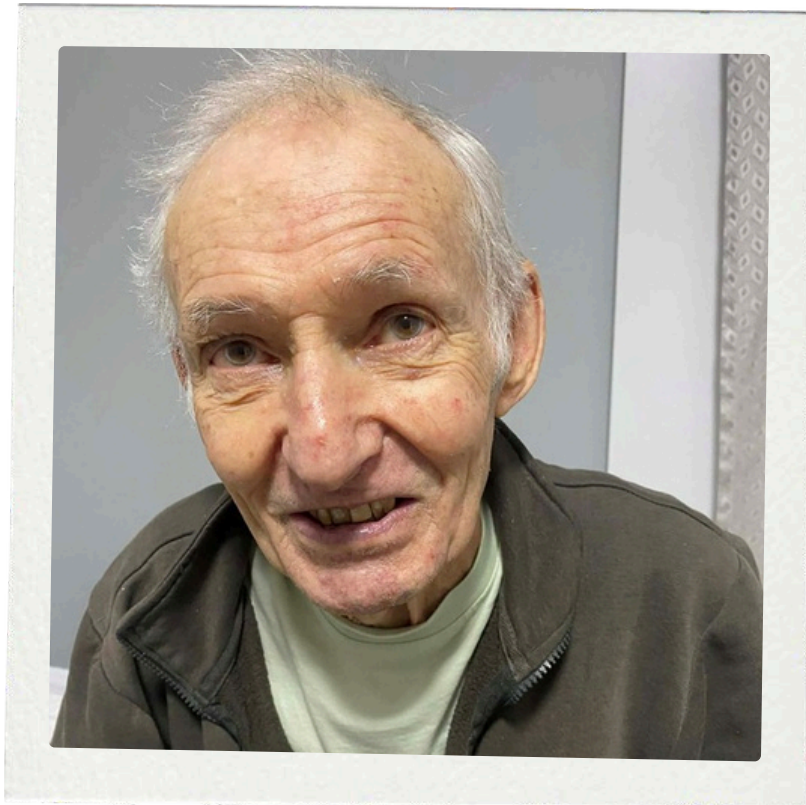
Colleen’s idea of paradise is O’Reilly’s in the mountains — a peaceful retreat she describes simply as “heaven.”

Family

Colleen is a proud mum of two daughters and an equally proud grandmother to four amazing grandchildren:

Henry + Elliott + Anthea + Leo

RESIDENT PROFILE - MAURICE

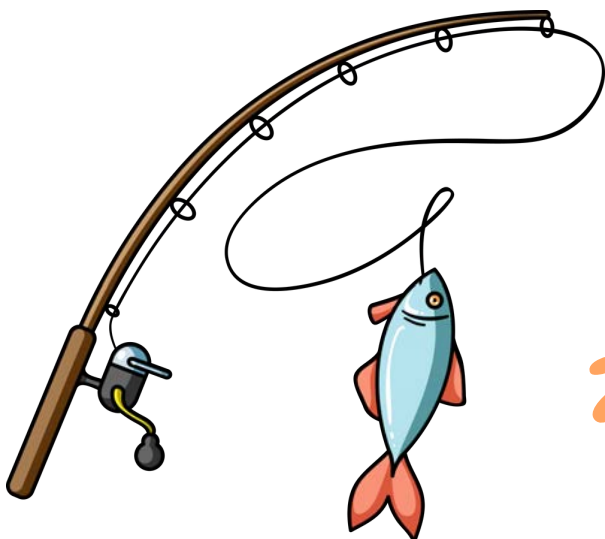


Maurice joined our community eight weeks ago and has quickly become a friendly and familiar face around the home. He says he loves living here because “the staff really take good care of me,” and we’re delighted to hear it.

A man with a laid-back spirit and a good sense of humour, Maurice enjoys the simple pleasures in life — a cold beer, a tasty Chinese meal, and the chance to wet a line whenever fishing opportunities arise.

Before retirement, Maurice spent around 25–30 years working as a sparky’s TA, a role that took him all over Australia and even overseas. Of all the places he’s travelled, Britain remains his favourite.

Maurice sometimes finds speaking a little challenging, but that never stops him from connecting with people. His warm smile and easygoing nature say plenty on their own.



We’re so pleased to have Maurice as part of our community.





April

BIRTHDAYS



John Schuttloffel 8th

Elizabeth Symons 11th

Corinne Underwood 13th

Beryl (Kay) Lewis 19th

Ian Gray 21st

Elaine Marshall 21st

LIFE AT BEAUMONT CARE

Resident shopping is done on a Thursday once a fortnight. Please let Katrina know if you wish to purchase anything from the shops. Shopping is done at the Kippa Ring shops. If you wish to do online orders and don't have access to be able to do this Katrina can help with this also. You will need a credit card for online shopping.



LIFE AT BEAUMONT CARE

ST PATRICK'S DAY



LIFE AT BEAUMONT CARE

LUNCH



TIME
FOR
LUNCH



VOLUNTEER OPPORTUNITIES & SUPPORT AT HOME



Make a Difference Through Connection



Be part of moments that truly matter



Support residents to keep doing what they love

Volunteer With Us!



BEAUMONT CARE

Warm-Hearted Care, Your Way

www.beaumontcare.com.au

1300 217 336

volunteers@beaumontcare.com.au



EXCITING NEWS

Beaumont Care are now an official provider of **Support at Home** aged care services!



Access our trusted support, in the comfort of your own home

Call today on 0475 075 686 to learn more



BEAUMONT CARE

Warm-Hearted Care, Your Way

LIFE AT BEAUMONT CARE

Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?

Please forward to

clontarf@beaumontcare.com.au

Updated or changed your email address, phone number or postal address recently?

Please forward to

clontarf@beaumontcare.com.au

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.

Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

CHURCH SERVICES

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

HAVE YOUR SAY

We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

FEEDBACK FORMS

There are suggestion boxes located at the facility.
Feedback forms can be found alongside.



QR CODE

Scan the QR code to
share what is important
to you

SURVEYS

Residents and their representatives are also encouraged to participate in satisfaction surveys released bi-annually.

EMAIL

Service Manager: katiemorgan@beaumontcare.com.au
Clinical Nurse: cn-clontarf@beaumontcare.com.au
Executive Team: exec@beaumontcare.com.au

PHONE

Facility: (07) 3284 6638
Service Manager: 0412 839 440

WEBSITE

www.beaumontcare.com.au

OR CONNECT WITH US ONLINE



NEW CARD? A friendly reminder to residents and family members to bring all new Medicare cards, Pension cards etc to the Administration office when you receive them so they can be photocopied and records updated accordingly on your file.

UNNAMED & LOST CLOTHING? We seem to be continuing to have a large amount of unlabeled clothing. Residents and Families please ensure all clothing items are labelled and if you are missing any clothing items could you please ask staff for assistance who would be more than happy to help.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care 08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au

Dementia Support Australia 02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

CLONTARF Activity Program ~ April 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>BEAUMONT CARE <i>Warm-Hearted Care. Your Way</i></p>	<p>9am walking group 9.30am Exercises 10.30am Ten pin Bowls Midday - Lunch 13.00pm Paint and sip 2.00pm Hoy</p>	<p>9am walking group 9.30 Exercises 10.30 Church service with Chris Midday - Lunch 1.30 Easter bunny visits 3.30 1-1 time</p>	<p>2nd - BUS TRIP</p> <p>9am walking group 9.30 exercises 10.30 Easter quiz Midday - Lunch 1.00 Pamper/relaxation 2.30 Easter craft</p>	<p>3rd - GOOD FRIDAY</p> <p>HAPPY EASTER!! </p>	<p>4th Easter Saturday</p> <p>HAPPY EASTER!! </p>	<p>5th Easter Sunday</p> <p>HAPPY EASTER!! </p>
<p>6th Easter Monday</p> <p>HAPPY EASTER </p>	<p>9am Walking group 9.30am Exercises 10.30am Ten pin Bowls Midday - Lunch 13.00pm Paint and sip 2.00pm Hoy</p>	<p>8th</p> <p>9am Walking Group 9.30am Chair yoga/Tia Chi 10.30am Quiz Midday - Lunch 1.30 Carpet bow 3.30 1-1 room visits</p>	<p>9th - BUS TRIP</p> <p>9am Walking Group 9.30am Exercises 10.30am Floor darts Midday - Lunch 1.30 Movie and ice-creams 3.30 Footy tipping</p>	<p>10th</p> <p>9am Walking Group 9.30am Exercises 10.30am Golf putting Midday - Lunch 2.30pm Bingo 4. pm 1-1 room visits</p>	<p>11th</p> <p>No Planned Activities Rest Day </p>	<p>12th</p> <p>No Planned Activities Rest Day </p>
<p>13 - HAIRDRESSER</p> <p>9am Walking group 9.30am Exercises 10.30am Hoy Midday - Lunch 1.00pm Residents meeting/Ann 2.30pm HOY</p>	<p>14th</p> <p>9am Walking group. 9.30am Exercises 11.00am New games Midday - Lunch 2pm Ariana Concert/ Happy hour 3.30 tipping point</p>	<p>15th</p> <p>9.00 Walking group 9.30 Chair yoga 10.30 Songs of Praise Midday - Lunch 1.30 pm Carpet bowls 4.00pm Tipping point chn 9</p>	<p>16h - BUS TRIP</p> <p>9am Walking Group 9.30am Exercises 10.30am Who am I? Midday - Lunch 1.00 Documentary 2.30pm quilts 3.30 Footy tipping</p>	<p>17th</p> <p>9am Walking Group 9.30am Exercises 10.30am Skittles Midday - Lunch 1.00pm Find a word 2.00 Bingo</p>	<p>18th</p> <p>No Planned Activities Rest Day </p>	<p>19th</p> <p>No Planned Activities Rest Day </p>
<p>20th</p> <p>9am Walking group 9.30am Exercises 10.30am Floor Darts Midday - Lunch 1.30 0pm Ukulele 4pm - Tipping point</p>	<p>21st</p> <p>9am Walking group. 9.30am Exercises 10.30am Hoy Midday - Lunch 1.00 1-1 room visits 200 Mother's Day craft 4.00 quiz show Ch 9</p>	<p>22nd</p> <p>9am Walking group 9.30am Exercises 10.30am Table games Midday - Lunch 1.30 carpet bowls 3.00 the chase</p>	<p>23rd - BUS TRIP</p> <p>9am Walking Group 9.30 exercises 10.30. Hooky Midday - Lunch 1.00pm word building 2.30pm Movie and ice cream 3.30 Footy Tipping</p>	<p>24th</p> <p>9.00 walking group 9.30 exercise 10.15 Harpist Midday - Lunch 1.00 Documentary 2.00 Bingo</p>	<p>25th</p> <p>No Planned Activities Rest Day </p> <p>Anzac Day</p>	<p>26th</p> <p>No Planned Activities Rest Day </p>
<p>27th- HAIRDRESSER</p> <p>09.00 walking group 09.30 Exercises 10.30 Mother's day craft Midday - Lunch 1.00 1-1 room visits 2.00 Hoy 3.30 Chn 9 Tipping point</p>	<p>28th</p> <p>9am walking group 9.30am Exercises 10.30am Golf Putting Midday - Lunch 1.30pm Men's club 2.30 Table games 4.00 tipping point</p>	<p>29th</p> <p>9am walking group 9.30am TAI CHI 10.30am Hooky Midday - Lunch 1.30pm Carpet Bowls 3.00pm Tipping point</p>	<p>30th - BUS TRIP</p> <p>9.00 walking group 9.30 exercise 10.30 Scenic drive Midday - Lunch 1.30 Shopping bus/ movie and ice Cream 3.30pm Tipping point/Footy Tipping</p>		<p>No Planned Activities Rest Day </p>	<p>No Planned Activities Rest Day </p>