



# BEAUMONT CARE

*Warm-Hearted Care, Your Way*

Newsletter  
**WAMURAN**



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**March 2026**

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## **BEAUMONT CARE WAMURAN**

Service Manager:  
Teresa Turner  
(07) 5328 1299  
60 Ziviani Road,  
Wamuran Qld 4512



## FROM THE CLINICAL NURSE

As we move further into 2026, our focus continues to be the health and wellbeing of your loved ones. With the cooler months approaching, preparation for this year's COVID-19 and Influenza vaccination programs is now underway.

Consent forms for both the COVID-19 and Influenza vaccinations have been emailed to primary representatives. If you have not received these documents or require another copy, printed consent forms are also available at Reception for your convenience.

We are currently planning to hold our on-site vaccination clinics from the end of March onwards. Confirmed dates will be communicated once we have an idea of expected vaccination numbers and final scheduling from our vaccination providers.

Your timely completion and return of consent forms greatly assists us in ensuring smooth coordination and timely protection for all residents. Completed forms can be returned in person or emailed to [cn-wamuran@beaumontcare.com.au](mailto:cn-wamuran@beaumontcare.com.au)

Thank you for your ongoing support in helping us keep our community safe and well.

Warm regards,

*Denai*



# STAFF PROFILE - ALEXANDRA

## Meet Alexandra

- Alexandra has been with us for 5 weeks so far and is completing her school based traineeship.
- She enjoys engaging with the residents and having one on one chats.
- Alexandra loves her role, especially providing care and support for the residents in all areas of needs.
- Dream holiday would be Europe or the Bahamas
- She loves the colours blue or pink, netball, basketball and loves Italian and spicy food
- Alexandra has a beloved fox terrier named Emma.



## FROM THE LIFESTYLE TEAM

Valentine's Day was celebrated in style, with the dining room beautifully decorated for a festive lunchtime gathering enjoyed by residents and good friends. Everyone tucked into a delicious roast chicken lunch served with a hearty selection of baked vegetables, filling the room with warm, comforting aromas. To finish, residents were treated to a beautifully presented pavlova topped with a sweet berry coulis — a light and festive dessert perfect for the occasion

### Valentine's Raffle Winners

**Congratulations** to our lucky winners – Sarah, Gina, Alison, Doreen, Sharon, and Josh!

It was wonderful to see the Valentines' cheer shared so beautifully among both residents and staff. Thank you to everyone for your support in purchasing tickets.

*Lifestyle Team*



# FROM THE LIFESTYLE TEAM

## What's coming in March?

Great news!

The **Olive Express will be back at Wamuran from the 24th–30th of March**, bringing a fresh lineup of exciting destinations from around the world. Residents will be able to enjoy an enhanced virtual travel experience complete with a builtin multilingual travel guide, offering fun facts, local insights, and commentary in different languages. Pack your imagination and join us for a week of worldwide adventure—no passport required!

**Guide Dogs Association Visit – Thursday 19th March, 10:30am** We are excited to announce that the Guide Dogs Association will be visiting us on Thursday, 19th March at 10:30am. They will be bringing along one of their lovely Ambassador Dogs, giving us a wonderful chance to meet a trained guide dog up close. During the visit, the team will explain the fascinating journey from puppy to fully trained guide dog—including how they are raised, trained, and prepared to support people with vision loss.

Join us as we celebrate St Patrick's Day with a fun and festive lineup of activities!

We'll be enjoying:

A lively game of Irish Bowls on **Tuesday 17th**

Happy Hour with plenty of cheer on **Thursday 19th**

An Irish themed High Tea, beautifully catered by Lagoon Café

Come along and share in the spirit with good laughs, good food, and good company!

*Lifestyle Team*

## **New clothing item Reminder.**

Just a quick reminder to help us keep things organised and ensure residents' belongings stay safe. Please make sure all new clothing is clearly labelled with the resident's name and room number before giving it to them. Or you can simply pop them into a bag with the resident's name and room number and hand them to Administration. Thank you so much for your support in reducing lost property. Every little effort makes a big difference for our residents.

# Welcome...

On behalf of all the  
Beaumont Care family,  
we warmly welcome

**Helen Haumann**  
**Mary-Anne Young**

along with their family  
and friends.

# March

## BIRTHDAYS

Erik Lardal 14th  
Mary-Anne Young 17th  
Ken Zahnow 22nd  
Stan Isaacs 23rd  
Evelyn Martin 29th

HAPPY  
BIRTHDAY!



## GETTING TO KNOW OUR RESIDENTS

Known fondly as 'Betty', Elizabeth she was born in Langley, England and spent her childhood in Blackheath. At the age of 35, she made the life changing journey to Australia with her husband and their three children, all of whom were born in England.

After settling in Australia, Betty worked as a typist for the Australian Army, a role she remembers with pride.

Family has always been at the heart of Betty's life. She is blessed with 6 grandchildren, 7 great-grandchildren, and an incredible 11 great-great-grandchildren!

Betty has enjoyed many hobbies over the years, especially reading and craftwork. She has lovingly created countless handmade items, including beautifully knitted garments often decorated with cartoon characters. She has also always enjoyed a good walk outdoors.

Since moving to Beaumont Care, Betty has embraced community life wholeheartedly. She especially enjoys bus outings for lunch or shopping, Happy Hour, and concerts. She shares that she loves living here, praising the staff for being friendly and helpful, and appreciating the warm companionship of her fellow residents.

## Betty D



# LIFE AT BEAUMONT CARE

Residents enjoyed a lovely lunch outing to the Moreton Bay Boat Club, dining out on the deck while taking in the beautiful marina views. The relaxed atmosphere and scenic surroundings made it a delightful day for everyone.



Residents enjoyed a beautiful morning tea outing to Bellmere Café, taking in the relaxed atmosphere, friendly service, and delicious treats. It was a lovely way to spend the morning together.



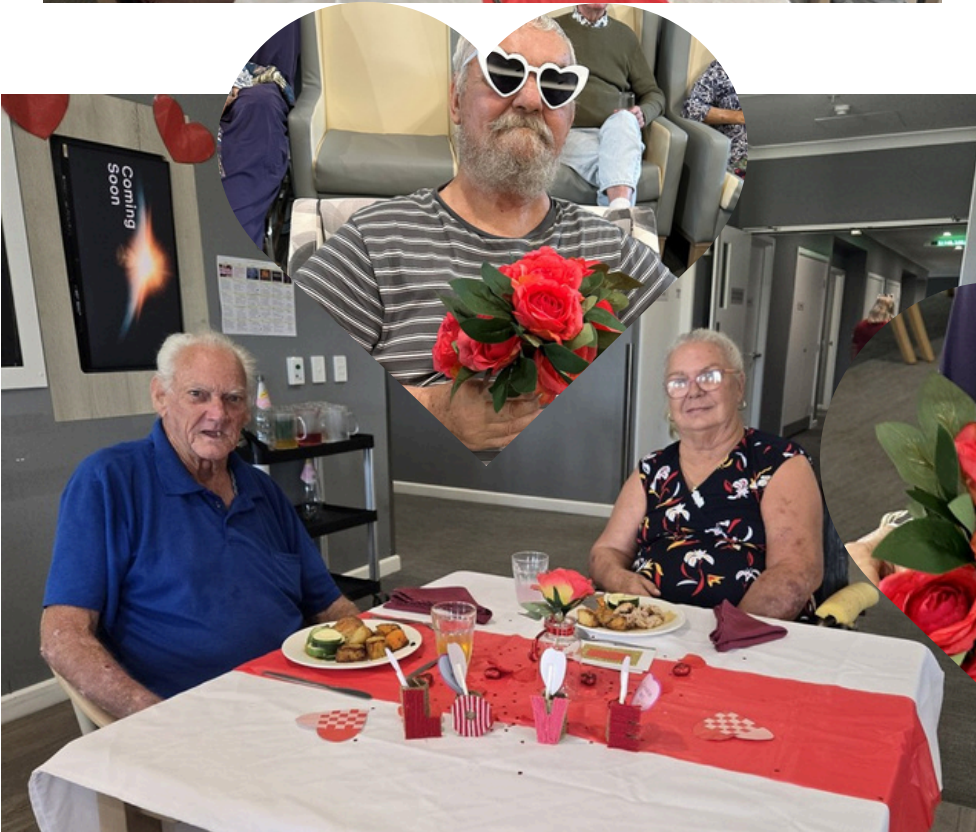
# LIFE AT BEAUMONT CARE

**Morning Movement Fun** was filled with plenty of laughter as residents worked together to get the colourful parachute moving up and down. Their coordination, teamwork, and shared enjoyment made the session lively, social, and full of smiles.



# LIFE AT BEAUMONT CARE

## VALENTINE'S DAY



# HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services. We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

## EMAIL

Service Manager: [teresaturner@beaumontcare.com.au](mailto:teresaturner@beaumontcare.com.au)  
Clinical Nurse: [cn-wamuran@beaumontcare.com.au](mailto:cn-wamuran@beaumontcare.com.au)  
Executive Team: [exec@beaumontcare.com.au](mailto:exec@beaumontcare.com.au)

## FEEDBACK FORMS

There are suggestion boxes located at the facility. Feedback forms can be found alongside.

## PHONE

Wamuran Facility: (07) 5328 1299

## SURVEYS

Residents and their representatives are encouraged to participate in satisfaction surveys released bi-annually.



## QR CODE

Scan the QR code to share what is important to you

## GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges, these items need to be labelled with the resident's name. Please ask staff who can assist you in completing the required form to document expiry date etc.

Please remember to let Admin office know if any of your details have changed so we have current information.

## HELPFUL LINKS & RESOURCES

**Aged and Disability Advocacy Australia** 1800 818 338

**Aged Care Complaints Commission** 1800 550 552

**Cultural Diversity in Australia** [www.culteraldiversity.net.au](http://www.culteraldiversity.net.au)

**Older Persons Advocacy Network** 1800 700 660 [www.opan.com.au](http://www.opan.com.au)

**Palliative Care** 08) 7221 8233 [www.eldac.com.au](http://www.eldac.com.au)

**Human Rights Commission Queensland** 1300 130 670 [www.qhrc.qld.gov.au](http://www.qhrc.qld.gov.au)

**Dementia Support Australia** 02) 8437 7355 [www.dementiacentre.com](http://www.dementiacentre.com)

**Aged Care Quality & Safety Commission** 1800 951 822 [www.agedcarequality.gov.au](http://www.agedcarequality.gov.au)

**Advanced Care Planning** 1300 007 227 [www.advancecareplanning.org.au](http://www.advancecareplanning.org.au)

**Charter of Aged Care Rights** [www.agedcarequality.gov.au/resources/charter-aged-care-rights](http://www.agedcarequality.gov.au/resources/charter-aged-care-rights)

## Wamuran Activity Program – March 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
<b>2<sup>nd</sup></b> 9.15am Bocce 9.30am Scenic Bus Trip 10.30am Word Game 10.30am Game of Pool 1.30pm Picnic Bus Trip 2.00pm Table Bowls 3.30pm Sensory Group	<b>3<sup>rd</sup></b> 9.15am Chair Yoga/ Strength Group 10.30am Bingo 10.30am Walking Group 2.00pm Ten Pin 2.00pm Choir Group 3.30pm 1-1 Social Visits	<b>4<sup>th</sup></b> 9.15am Sensory/Grey Matter Stimulation 10.30am Cooking with Lea 10.30am Noodle Fishing 2.00pm Coffee Club  in the Café 3.30pm Sensory Group	<b>5<sup>th</sup></b> 9.15am Balance Exercise Group 10.30am Easter Theme Art & Craft 10.30am Newspaper Headline Catch up <b>2.00pm Happy Hour with "Stephen"</b> 3.30pm 1-1 Social visits	<b>6<sup>th</sup></b> 9.15am Morning Movement/ Reminiscence 10.30am Hoy 10.30am Bead Craft 2.00pm Sewing/Mending Group 2.00pm Armchair Travel to Wales 3.30pm 1-1 Social visits	<b>7<sup>th</sup>/8<sup>th</sup></b> <b>Saturday</b> 10.30am Hoy  <b>Sunday</b> 10.30am Bingo 2.00pm Craft with Michelle
<b>9<sup>th</sup></b> 9.15am Bocce 9.30am Scenic Bus Trip 10.30am Word Game 10.30am Floor Dart Game 1.30pm Picnic Bus Trip <b>2.00pm Virtual Quiz</b> 4.00pm Sensory Group	<b>10<sup>th</sup></b> 9.15am Chair Yoga/ Strength Group <b>10.30am Personal Shopping</b> 10.30am Bingo 2.00pm Sensory Quiz Activity 2.00pm Audio Book Club 4.00pm 1-1 Social Visits	<b>11<sup>th</sup></b> 9.15am Sensory/Grey Matter Stimulation 10.30am Cooking Group 10.30am Floor Snakes & Ladders 2.00pm Coffee Club  in the Café 4.00pm Sensory Group	<b>12<sup>th</sup></b> 9.15am Balance Exercise Group 10.30am Entertainers Judy & Owen <b>2.00pm Happy Hour and Hangman</b> 4.00pm 1-1 Social Visits	<b>13<sup>th</sup></b> 9.15am Morning Movement/ Reminiscence 10.30am Hoy 10.30am Easter Theme Art <b>11.30am Bus Lunch Pit Stop Cafe</b> 2.00pm Paint and Sip 4.00pm 1-1 Social visits	<b>14<sup>th</sup>/15<sup>th</sup></b> <b>Saturday</b> 10.30am Hoy  <b>Sunday</b> 10.30am Bingo 2.00pm Outdoor Bowls George
<b>16<sup>th</sup></b> 9.15am Bocce 9.00am Bus Pool Trip 10.00am DSU Music with "Caleb" 10.30am Word Game 1.30pm Picnic Bus Trip 2.00pm Table Bowls 4.00pm Sensory Group	<b>17<sup>th</sup> St Patrick's Day</b> 9.15am Chair Yoga/ Strength Group 10.30am Bingo 10.30am Walking group 2.00pm Choir Group <b>2.00pm Irish Theme Bowls</b> 3.30pm 1-1 Social Visits	<b>18<sup>th</sup></b> 9.15am Sensory/Grey Matter Stimulation 10.30am Cooking with Lea 10.30am Courtyard Conversations 2.00pm Coffee Club  in the Café 3.30pm Sensory Group	<b>19<sup>th</sup></b> 9.15am Balance Exercise Group 10.30am Church Group <b>10.30am Guide Dog Visit and Talk.</b> <b>2.00pm Happy Hour with "Di"</b> 3.30pm 1-1 Social Visits	<b>20<sup>th</sup></b> 9.15am Morning Movement/ Reminiscence 10.30am Hoy 10.30am Bead Craft <b>2.00pm Irish Themed High Tea</b> 3.30pm Armchair Travel to Ireland	<b>21<sup>st</sup> /22<sup>nd</sup></b> <b>Saturday</b> 10.30am Hoy  <b>Sunday</b> 10.30am Bingo 2.00pm Monthly Movie Matinee
<b>23<sup>rd</sup></b> 9.15am Bocce 9.00am Bus Shopping Trip 10.30am Word Game 1.30pm Picnic Bus Trip <b>2.00pm Bonus Virtual Quiz</b> 4.00pm Sensory Group	<b>24<sup>th</sup> Olive Express</b> 9.15am Chair Yoga <b>10.30am Personal Shopping</b> 10.30am Bingo 2.00pm Sensory Quiz Activity 2.00pm Olive Express 4.00pm 1-1 Social Visits	<b>25<sup>th</sup> Olive Express</b> 9.15am Sensory/Grey Matter Stimulation 10.30am Cooking Group 10.30am Board Games 2.00pm Coffee Club  in the Café 4.00pm Olive Express	<b>26<sup>th</sup> Olive Express</b> 9.15am Balance Exercise Group 10.30am Garden Group 10.30am Morning Meditation <b>2.00pm Happy Hour with "No Alibi"</b> 4.00pm Olive Express	<b>27<sup>th</sup> Olive Express</b> 9.15am Morning Movement 10.30am Hoy 10.30am Easter Theme Craft <b>11.30am Bus Lunch Lagoon Cafe</b> 2.00pm Gardening Group 4.00pm Olive Express	<b>28<sup>th</sup> / 29<sup>th</sup> Olive Express</b> <b>Saturday</b> 10.30am Hoy  <b>Sunday</b> 10.30am Bingo 2.00pm Olive Express
<b>30<sup>th</sup> Olive Express</b> 9.15am Bocce 9.00am Bus Shopping Trip 10.30am Word Game 1.30pm Picnic Bus Trip 2.00pm Table Bowls 2.00pm Olive Express	<b>31<sup>st</sup></b> 9.15am Chair Yoga <b>10.00am Capers Childcare Visit</b> <b>11.00am Residents Meeting in Dining Room</b> 2.00pm Bingo 3.30pm 1-1 Social Visits				