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**BEAUMONT
CARE CLONTARF**

Service Manager:
Katie Morgan
(07) 3284 6638
39 Baringa Street,
Clontarf Qld 4019

FROM OUR SERVICE MANAGER

Hi all, and welcome to March the month of St Patrick's Day, International Women's Day, and World Book Day. I'd love to hear what special book you've enjoyed recently.

February was an incredibly busy month, and I want to thank you all for your patience and understanding during the many changes and the occasional power outages. The good news is that all electrical replacements are now complete, with new wiring installed throughout the facility. Renovations are progressing beautifully, and I've had a few sneak peeks at the rooms currently being finished. They look amazing.

This month also marks the completion of our Maggie Beer Mentorship Program in the kitchen. It will be sad to say goodbye to Ryan and the Maggie Beer team. This experience has been extraordinary, and the growth within our kitchen staff has been wonderful to see. The meals being produced now are truly outstanding, and your feedback about the flavours has been so positive.

Sadly, February also brought a difficult farewell. We said goodbye to our most beloved resident, Bailey. Bailey had been part of Clontarf for eight wonderful years, arriving as an eight month old kitten with his sister. He made himself at home from the very beginning and adored snuggling with residents. I always enjoyed wandering the facility to see whose bed he had chosen for his nap that day. Affectionate, attentive, and endlessly loving, Bailey touched all of our hearts.

I often joked that he was the one really in charge — he sat in on many staff interviews and important meetings, always offering his silent input. Bailey became suddenly unwell halfway through February, and the kindest decision was to let him rest. I was with him when he passed peacefully and without pain. Bailey crossed the rainbow bridge on Monday, 16 February at 10 a.m. He has since been cremated and has returned to us. We will discuss his final resting place at the next residents' meeting. His memory will stay with us always.

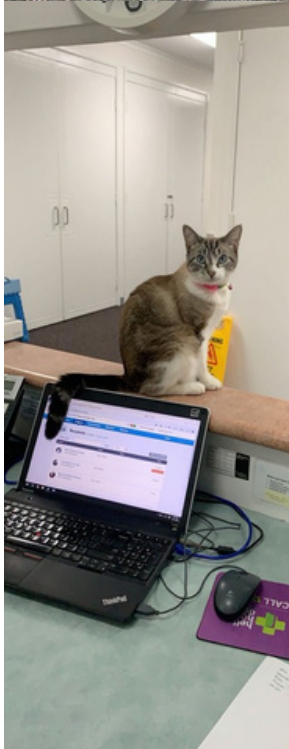
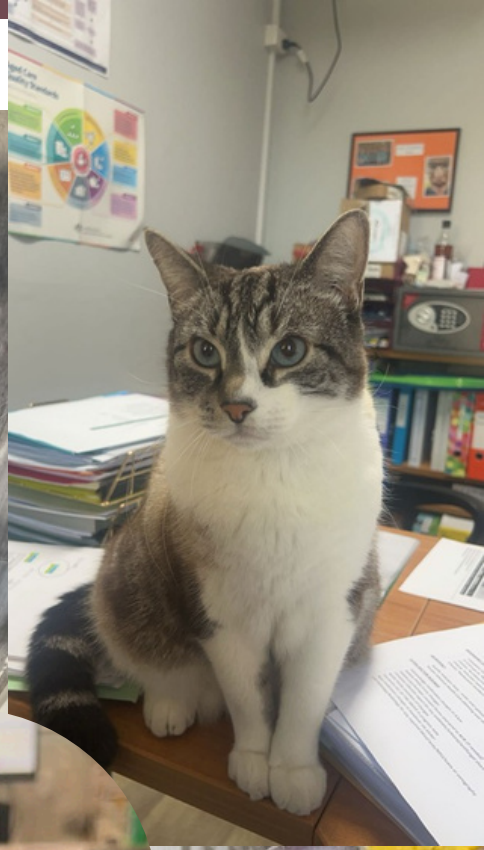
Rest in peace, Bailey. 🐾

Katie



REST IN PEACE - BAILEY

A tribute to our beautiful Bailey



FROM THE CLINICAL NURSE

Hello everyone,

Welcome to March! As we move into the start of autumn, we notice the change in weather and cooler mornings. This is a timely reminder to ensure wardrobes are updated with warmer clothing and that we continue to stay well hydrated throughout the day.

With the change in season, we also focus closely on respiratory health. Hand hygiene remains one of the most important ways we can protect ourselves and each other, we kindly remind all visitors to please stay home if feeling unwell and to continue using the hand sanitizer provided throughout the facility. RAT testing continues when visiting.

March is also National nutrition month; we'll be focusing on empowering our residents to make informed food choices. If there are any foods that your loved ones enjoyed throughout their lives, feel free to share, we'll see if the kitchen can make or our lifestyle team.

Our clinical team continues to review care plans, medications and overall health assessments to ensure every resident's needs are met. We work closely with the GPs, allied health and families to support the best possible outcome. If you have any questions about your loved one's care, please don't hesitate to reach out – open communication is always welcomed.

Warm regards,

Monique CN



FROM OUR LIFESTYLE TEAM

Beaumont Care Clontarf is taking part in the
World's Greatest Shave on
Tuesday 24th of March 2026.

We are starting a team to shave or colour your hair on this day.
We are hoping to raise \$1000.



Right now, over 170,000 Australians are facing the devastating impact of blood cancer, and 17 lose their life every single day.

That's why we are taking on the Leukaemia Foundation's World's Greatest Shave. By donating to our page, you'll help us raise funds and awareness for blood cancer, and fuel life-changing research projects and support services for patients and their families.

Any amount - big or small - will make a real, tangible difference.

Thank you for your support,

Louise and the Beaumont Babes

STAFF MEMBER PROFILE - SIU



With 2½ years at Beaumont Care, Siu has become a valued member of the team. He finds purpose in contributing to the lives of our residents, creating meaningful connections and bringing calm, warmth, and positivity to those in his care.

Siu is a proud dad of five - three boys and two girls. As the oldest of seven children, he grew up with responsibility, leadership, and strong family values, all of which continue to shape the compassionate way he cares for others.

Siu is proudly Samoan. He moved to Australia in 1995 after his father, who came earlier to work as a boat builder. Siu carries his culture with pride, his humour, humility, and kindness enrich the Beaumont Care community every day.

Siu once played rugby and still loves the sport, now enjoying:

- watching his kids play, or
- supporting from his lounge chair on game days!

His current passion project is getting his motorbike ready for its first ride in June, something he's counting down to!

- **Favourite colours:** Green & Pink
- **Favourite food:** Mum's Sapasui (the unbeatable classic!)
- **Favourite music:** 80s/90s soft rock
- **Animal preference:** A cat man at heart — once had a beloved cat named Archie
- **Dream holiday if money were no barrier:** Scotland and Europe



RESIDENT PROFILE - DANIEL

Getting to Know Daniel

A Little About My Life

- I'm originally from South Africa and have always loved travelling.
- I've enjoyed many holidays, and my dream destination is Russia – it's still on my bucket list.
- I worked as a Mechanical/Electrical Engineering Manager, a role I'm proud of.

My Family

- I've been married twice.
- I have two adult sons (ages 40 and 38).
- I'm a proud grandparent to a grandson and a granddaughter.
- I once had a beloved dog named Tess.
-

My Interests

- Fishing – I'm a keen fisherman and love talking about it.
- Photography – especially wedding photography; I used to photograph weddings professionally.
- I enjoy chatting about travel and stories from my years in South Africa.

My Preferences

- Favourite colour: Blue / Navy
- Foods I enjoy: Meat
- Favourite drink: Rum

How I'm Going

- I've been in care for 4 weeks and am settling in very well.
- I feel I'm being looked after better than I was at home, and I'm enjoying the environment.



Welcome...

On behalf of all the
Beaumont Care family,
we warmly welcome

Renie

March

BIRTHDAYS

Evelyn Harding 3rd

Karen Carlish 4th

Irene Fleming 8th

*Happy
Birthday!*



SUPPORT AT HOME PROGRAM

Do you or another family member or friend over 65 need some assistance to remain independent at home? Beaumont Care may be able to help!

As well as our residential aged care communities, Beaumont Care is an approved provider of the Support at Home Program, assisting eligible, assessed older people to access subsidised support services at home and in the community.

For more information or to see how we may be able to assist you or someone you know, give our lovely team a call on **0475 075 686**.



LIFE AT BEAUMONT CARE

VALENTINES DAY



LIFE AT BEAUMONT CARE

Scarborough Ukelele Band



LIFE AT BEAUMONT CARE

Maggie Beer Program

The Clontarf team are proud to celebrate our recent collaboration with the Maggie Beer Foundation through the Trainer Mentor Program.

Over the past year, this partnership has strengthened our culinary practices, supported our catering team, and helped elevate the dining experience for our residents.

A heartfelt thank you to Ryan, Chef Trainer Mentor, for your passion, guidance, and dedication. Your support has inspired confidence, encouraged growth, and helped our teams embrace new techniques and approaches in the kitchen.



LIFE AT BEAUMONT CARE

Celebrating our new resident Daniel's Birthday



Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?

Please forward to
clontarf@beaumontcare.com.au

Updated or changed your email address, phone number or postal address recently?

Please forward to
clontarf@beaumontcare.com.au

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.

Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

CHURCH SERVICES

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

HAVE YOUR SAY

We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

EMAIL

Service Manager: katiemorgan@beaumontcare.com.au
Clinical Nurse: cn-clontarf@beaumontcare.com.au
Executive Team: exec@beaumontcare.com.au

PHONE

Facility: (07) 3284 6638
Service Manager: 0412 839 440

FEEDBACK FORMS

There are suggestion boxes located at the facility.
Feedback forms can be found alongside.

SURVEYS

Residents and their representatives are also encouraged to participate in satisfaction surveys released bi-annually.



QR CODE

Scan the QR code to share what is important to you

NEW CARD? A friendly reminder to residents and family members to bring all new Medicare cards, Pension cards etc to the Administration office when you receive them so they can be photocopied and records updated accordingly on your file.

UNNAMED & LOST CLOTHING? We seem to be continuing to have a large amount of unlabeled clothing. Residents and Families please ensure all clothing items are labelled and if you are missing any clothing items could you please ask staff for assistance who would be more than happy to help.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care 08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au

Dementia Support Australia 02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancedcareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

CLONTARF Activity Program ~ March 2026

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|---|---|
| 30th 9am Walking group 9.30am Exercises 10.30am Trivia MIDDAY - LUNCH 1pm Movie 2.30pm HOY | 31st 9am walking group 9.30am exercises 10.30am slip and paint MIDDAY - LUNCH 1.30pm Card Games 2.30pm Quoits |  4th 9am Walking Group 9.30am Chair yoga 10.30am Quiz MIDDAY - LUNCH 1.30 - 3.30pm Carpet bowls |  5th - BUS TRIP 9am Walking Group 9.30am Exercises 10.30am Word Building MIDDAY - LUNCH 1.30 Pamper/ Nails or foot spa 3.30 Footy tipping |  6th 9am Walking Group 9.30am Exercises 10.30am Golf putting MIDDAY - LUNCH 2.30pm HAPPY HOUR with Our Tender Stephen | No Planned Activities Rest Day  | 1st No Planned Activities Rest Day  |
| 2nd 9am Walking Group 9.30am Exercises 10.30am Celebrity heads MIDDAY - LUNCH 1pm Documentary 2.30pm HOY 4pm The Chase - News | 3rd 9am Walking group 9.30am Exercises 10.30am Ten pin Bowls MIDDAY - LUNCH 13.00pm Movie 2.30pm St Patricks Day Craft | 4th 9am Walking Group 9.30am Chair yoga 10.30am Quiz MIDDAY - LUNCH 1.30 - 3.30pm Carpet bowls | 5th - BUS TRIP 9am Walking Group 9.30am Exercises 10.30am Word Building MIDDAY - LUNCH 1.30 Pamper/ Nails or foot spa 3.30 Footy tipping | 6th 9am Walking Group 9.30am Exercises 10.30am Golf putting MIDDAY - LUNCH 2.30pm HAPPY HOUR with Our Tender Stephen | 7th No Planned Activities Rest Day  | 8th International Women's Day  |
| 9th - HAIRDRESSER 9am Walking group 9.30am Exercises 10.30am Residents Meeting/ Ann MIDDAY - LUNCH 1.00pm Documentary 2.30pm HOY | 10th 9am Walking group. 9.30am Exercises 11.00am New games MIDDAY - LUNCH 2pm Aniana rowing 2.30pm Word building | 11th 9.00 Walking group 9.30 Chair yoga 10.30 Prayer service with Chris MIDDAY - LUNCH 1.30 pm Carpet bowls 4.00pm Tipping point chn 9 | 12th - BUS TRIP 9am Walking Group 9.30am Exercises 10.30am Who am I? MIDDAY - LUNCH 1.00 1-1 Room Visits 2.30pm Word Building 3.30pm Footy tipping | 13th 9am Walking Group 9.30am Exercises 10.30am Skittles MIDDAY - LUNCH 1.00pm Footy Tipping 2.00pm Happy Hour with Ken | 14th No Planned Activities Rest Day  | 15th No Planned Activities Rest Day  |
| 16th 9am Walking group 9.30am Exercises 10.30am Floor Darts MIDDAY - LUNCH 1.00pm Documentary 2.00pm Hoy 4pm - News | 17th St Pats Day Olive Express 9am Walking group. 9.30am Exercises 10.30am Olive Express Train MIDDAY - LUNCH 1.30pm Fun afternoon with the Irish.  | 18th Olive Express HAIRDRESSER 9.00 Walking group 9.30 Chair yoga 10.30am Olive Express Train /Care chairs MIDDAY - LUNCH 1.30pm carpet bowls 3.00pm the chase | 19th - BUS TRIP 9am Walking Group 9.30am Exercises 10.30. Quoits MIDDAY - LUNCH 1.00pm word building 2.30pm Movie and ice cream 3.30pm Footy Tipping | 20th International Day of Happiness 9.00 walking group 9.30am Exercises 10.30 Dave Robby singing MIDDAY - LUNCH 1.00 Olive express 2.00pm Bingo  | 21st No Planned Activities Rest Day  | 22nd No Planned Activities Rest Day  |
| 23rd - HAIRDRESSER 09.00 walking group 09.30 Exercises 10.30 olive express/ table games MIDDAY - LUNCH 1.00 1-1 room visits 2.00 Hoy 3.30 Chn 9 Tipping point | 24th SHAVE FOR A CURE 9am walking group 9.30am Exercises 10.30am Table tennis MIDDAY - LUNCH 1.00pm World's greatest Shave! 3.00pm Documentary | 25th 9am walking group 9.30am TAI CHI 10.30am Hooky MIDDAY - LUNCH 1.30pm Carpet Bowls 3.00pm Tipping point | 26th - BUS TRIP 9.00 walking group 9.30 exercise 10.30 Bus to Greenleaves Pre school MIDDAY - LUNCH 1.30 Shopping bus/ movie and ice cream 3.30pm Tipping point/Footy Tipping | 27th 9am Walking Group 9.30am Exercises 10.30am Golf putting MIDDAY - LUNCH 1.00pm 1 to 1 visits 2.30pm Bingo | 28th No Planned Activities Rest Day  | 29th No Planned Activities Rest Day  |