



# BEAUMONT CARE

*Warm-Hearted Care, Your Way*

## Newsletter CLONTARF



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### January 2026

*HAPPY  
New Year*

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### BEAUMONT CARE CLONTARF

Service Manager:

Katie Morgan

(07) 3284 6638

39 Baringa Street,

Clontarf Qld 4019

[www.beaumontcare.com.au/clontarf](http://www.beaumontcare.com.au/clontarf)

## FROM OUR SERVICE MANAGER

**Happy New Year!**

Our Service Manager Katie is on a well-deserved break until the 12th of January. Crystal will be sitting in the chair on Tuesdays, Wednesdays and Fridays (excluding Public Holidays) whilst she is away.

If you have any concerns, queries, compliments etc please direct these to Crystal or Monique our Clinical Nurse.

Thank you,

*Crystal and Monique*

## FROM OUR CLINICAL NURSE

Hello everyone!

I would like to take a moment to introduce myself and share how grateful I am to be joining the Beaumont Care Clontarf family as the Clinical Nurse.

My name is Monique, I have been working with Beaumont care for 11 years now, starting as an AIN at Beaumont Care Kippa Ring. There I continue to grow within the nursing field becoming an Enrolled Nurse and few years later a Registered Nurse.

I am looking forward to getting to know each resident, understanding their stories, and supporting their wellbeing in every way I can. To the families, I value the trust you place in us, and I am committed to open communication, respect, and partnership as we work together to support your loved ones.

Please feel free to reach out at any time if you have any questions and concerns.

*Monique*

## FROM OUR LIFESTYLE TEAM

Well December was another busy month and the weather is certainly heating up so we all need to remember to stay hydrated and sun safe.

We have been very busy doing craft, cooking and decorating getting ready for the festive season, where has the year gone! Our residents have continued to enjoy the bus outings, with a wonderful day at the Bribie Island surf club recently. Residents also enjoyed the bus outing for dinner at the Boat Club and a tour to see all the Christmas lights around Deception Bay, Kippa Ring and Redcliffe.

The Christmas Party on Wednesday 17th December was a great success, with a festive atmosphere, wonderful meal, entertainment, and a very special visit from Santa himself with goodies for all. We drew our Christmas raffle and our lucky winners were:

Pat, Morann and Ian - all residents at Beaumont Care. Congratulations to all.

Wishing all a very happy start to 2026!

*Louise, Rach and Katrina*

## STAFF PROFILE - MACY

Hi, my name is Macy, and I have been a staff member here at Beaumont Care for about 5 weeks now. I like working in aged care and especially Beaumont because I find it very rewarding, and I can give back to the residents and make them smile.

I would one day love to take a holiday to the coast somewhere as I love the beach.

My favourite colour is pink. I love sport especially Netball, AFL and track.

I have many pets; 20 fish, a cat and two huskies.

I enjoy eating Anzac cookies.



# Welcome...

On behalf of all the  
Beaumont Care family,  
we warmly welcome

**our new CN - Monique**

# January

## BIRTHDAYS

**Widad Zeghen - 11th**

**Vicki Murray - 15th**

**Robert Boyne (Bob) - 27th**

**Halina Panchenko - 31st**

*Happy  
Birthday!*



## GETTING TO KNOW OUR RESIDENTS

### Narelle

Narelle has been at Beaumont Care for just over 2 years. Before this she was in Stars Rehab recovering from a stroke. Narelle lived in Caboolture for many years before coming to Beaumont.

Her favourite colour is violet, favourite food is seafood (especially prawns) and her preferred drink is Coke Zero.

Narelle has visited a lot of places on my holidays over the years, and enjoys any place where there are ocean/sea views. She has been on 9 cruises including to the Pacific Islands visiting Mystery Island, Noumea and the Isle of Pines. Narelle likes visiting the Sunny Coast & Carins too. Narelle enjoys a lot of sport especially if Australia is participating - cricket, ruby league, Olympics and Commonwealth Games.

Some interesting facts about Narelle: she can float in the water by standing up with her arms by herself and she believes in ghosts and enjoys talking to her mum every day.



Management and staff offer our deepest sympathy and condolences to the family and friends of:

**Steve Fleming and Clifford Beevers**

# LIFE AT BEAUMONT CARE

## Residents Christmas Party

Delicious food, entertainment and a visit from Santa made for a wonderful afternoon



# LIFE AT BEAUMONT CARE



# LIFE AT BEAUMONT CARE



# LIFE AT BEAUMONT CARE



# LIFE AT BEAUMONT CARE



# LIFE AT BEAUMONT CARE

## Christmas Cooking



# LIFE AT BEAUMONT CARE

Residents enjoyed a trip to The Surf Club at Bribie Island



Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?

Please forward to  
**[clontarf@beaumontcare.com.au](mailto:clontarf@beaumontcare.com.au)**

Updated or changed your email address, phone number or postal address recently?

Please forward to  
**[clontarf@beaumontcare.com.au](mailto:clontarf@beaumontcare.com.au)**

## GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.

Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

## A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

## CHURCH SERVICES

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

# HAVE YOUR SAY

We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

## EMAIL

Service Manager:

[genevieveverhoeff@beaumontcare.com.au](mailto:genevieveverhoeff@beaumontcare.com.au)

Clinical Nurse: [cnroslyn@beaumontcare.com.au](mailto:cnroslyn@beaumontcare.com.au)

Executive Team: [exec@beaumontcare.com.au](mailto:exec@beaumontcare.com.au)

## PHONE

Facility: (07) 5545 7822

Service Manager: 0409 572 138

## SURVEYS

Residents and their representatives are also encouraged to participate in satisfaction surveys released bi-annually.

## FEEDBACK FORMS

There are suggestion boxes located at the facility.

Feedback forms can be found alongside.



## QR CODE

Scan the QR code to share what is important to you

**NEW CARD?** A friendly reminder to residents and family members to bring all new Medicare cards, Pension cards etc to the Administration office when you receive them so they can be photocopied and records updated accordingly on your file.

**UNNAMED & LOST CLOTHING?** We seem to be continuing to have a large amount of unlabeled clothing. Residents and Families please ensure all clothing items are labelled and if you are missing any clothing items could you please ask staff for assistance who would be more than happy to help.

## HELPFUL LINKS & RESOURCES

**Aged and Disability Advocacy Australia** 1800 818 338

**Aged Care Complaints Commission** 1800 550 552

**Cultural Diversity in Australia** [www.culturaldiversity.net.au](http://www.culturaldiversity.net.au)

**Older Persons Advocacy Network** 1800 700 660 [www.opan.com.au](http://www.opan.com.au)

**Palliative Care** 08) 7221 8233 [www.eldac.com.au](http://www.eldac.com.au)

**Human Rights Commission Queensland** 1300 130 670 [www.qhrc.qld.gov.au](http://www.qhrc.qld.gov.au)

**Dementia Support Australia** 02) 8437 7355 [www.dementiacentre.com](http://www.dementiacentre.com)

**Aged Care Quality & Safety Commission** 1800 951 822 [www.agedcarequality.gov.au](http://www.agedcarequality.gov.au)

**Advanced Care Planning** 1300 007 227 [www.advancecareplanning.org.au](http://www.advancecareplanning.org.au)

**Charter of Aged Care Rights** [www.agedcarequality.gov.au/resources/charter-aged-care-rights](http://www.agedcarequality.gov.au/resources/charter-aged-care-rights)

# CLONTARF Activity Program ~ JANURARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1st	2nd	3rd	4th
				<p>Morning chats 9.30am Exercises 10.30am Golf putting Midday - Lunch 2.30pm Bingo 4pm The Chase - News</p>	<p>No Planned Activities Rest Day</p> 	<p>No Planned Activities Rest Day</p> 
5th	6th	7th	8th	9th	10th	11th
<p>9am 1-1 visits 9.30am Exercises 10.30am Celebrity heads 1pm Documentary 2.30pm HOY 4pm The Chase - News</p>	<p>Morning chats 9am 1-1 visits 9.30am Exercises 10.30am Harpist music 13.00pm Movie 2.30pm Cooking</p>	<p>Morning chats 9am 1-1 visits 9.30am Chair yoga 10.30am Quiz Midday - Lunch 1.30 - 3.30pm Carpet bowls</p>	<p>Morning chats 9am 1-1 room visits 9.30am Exercises 10.30am Word Building Midday - Lunch 1.30 Pamper/ Nails or foot spa 4pm Ch 7 News</p>	<p>Morning chats 9am Walking Group 9.30am Exercises 10.30am Golf putting Midday - Lunch 2.30pm HAPPY HOUR 4pm The Chase - News</p>	<p>No Planned Activities Rest Day</p> 	<p>No Planned Activities Rest Day</p> 
12th	13th	14th	15th Bus Trip	16th	17th	18th
<p>Morning chats 9am 1-1 visits 9.30am Exercises 10.30am Residents Meeting Midday - Lunch 1.00pm Documentary 2.30pm HOY</p>	<p>9am morning chats. 9.30am Exercises 11.00am New games Midday - Lunch 2pm Ariana roving 2.30pm</p>	<p>Morning Chats 9.30 Chair yoga 10.30 Floor Darts 12.00 Lunch time 1.30 pm Carpet bowls 4.00pm Tipping point chn.9</p>	<p>Morning Chats 9am Walking Group 9.30am Exercises 10.30am Who am I? Midday - Lunch 1.00 Nails/Pampering 2.30pm Word Building</p>	<p>Morning chats 9am Walking Group 9.30am Exercises 10.30am Skittles 1.00pm 1 to 1 visits 2.30pm Bingo</p>	<p>No Planned Activities Rest Day</p> 	<p>No Planned Activities Rest Day</p> 
19th	20th	21st	22nd Bus Trip	23rd	24th	25th
<p>Morning chats 9am 1-1 visits 9.30am Exercises 10.30am Floor Darts 1.00pm Documentary 2.00pm Hoy 4pm - News</p>	<p>Morning chats 9am 1-1 room visits 9.30am Exercises 10.30am Golf Putting 1.00pm Documentary 2.30pm</p>	<p>HAIRDRESSER 9am Chair yoga 9.30am Exercises 10.30am Sharing Caring at St Peters 1.30 carpet bowls 3.00 the chase</p>	<p>Morning chats. 9.00 1-1 room visits 9.30 exercises 10.30. Quilts Midday lunch 1.00pm word building 2.30pm Movie and ice creams</p>	<p>Morning Chats 9.00 1-1 room visits 9.30 exercise 10.30. Balloon Tennis 2pm Stephen to entertain and Happy hour</p>	<p>No Planned Activities Rest Day</p> 	<p>No Planned Activities Rest Day</p> 
26th	27th	28th	29th Bus trip	30th	31st	
<p>Morning Chats 9a 1-1 visits Australia day Activities</p> 	<p>Morning Chats 9am 1-1 room visits 9.30am Exercises 10.30am Floor Darts Midday - Lunch 1.30pm Hangman 2.30pm craft</p>	<p>Morning Chats 9am 1-1 room visits 9.30am Exercises 10.30am Parachute Midday - Lunch 1.30pm Carpet Bowls 3.00pm Tipping point</p>	<p>Morning Chats 9.00 1-1 room visits 9.30 exercise 10.30 Table top games or scenic drive Midday lunch 1.30 Shopping bus/ movie and Ice Cream 3.30pm Tipping point</p>	<p>Morning chats 9am Walking Group 9.30am Exercises 10.30am Karaoke 1.00pm 1 to 1 visits 2.30pm Bingo</p>	<p>No Planned Activities Rest Day</p> 	