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December 2025



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BEAUMONT CARE CLONTARF

Service Manager:

Katie Morgan

(07) 3284 6638

39 Baringa Street,

Clontarf Qld 4019

FROM OUR SERVICE MANAGER

Hi everyone, and welcome to December!

We have an exciting month ahead. Renovations on B Side will begin soon, with three rooms being converted into temporary bedrooms so residents can be relocated while their own rooms are upgraded. Work will start in earnest the first week of January, and we can't wait to see the finished result! There may be a little extra noise during this time, but I've spoken with the construction team, and they've assured us they'll keep disruptions to a minimum.

I'm also thrilled about this year's Christmas Party! The Lifestyle Team has been working hard to plan a fantastic day for you all. Make sure you're on your best behaviour. Santa is always watching!

I'll be on leave from **19 December to 12 January**, spending Christmas with my family on the beautiful Turquoise Coast in Western Australia. Crystal and Monique will be holding down the fort while I'm away, so please reach out to them if you need anything.

I do wish you all a fabulous Christmas and New Year period full of lovely times with your friends and family and here's to another amazing year when 2026 hits.

Your feedback is always welcome good, bad, or otherwise. Residents and their representatives play a vital role in how we run the facility, so please feel free to share your thoughts and suggestions anytime. My door is always open.

Thanks,

Katie



SUPPORT AT HOME PROGRAM

Do you or another family member or friend over 65 need some assistance to remain independent at home? Beaumont Care may be able to help!

As well as our residential aged care communities, Beaumont Care is an approved provider of the Support at Home Program.

Support at Home replaces the former Home Care Packages Program, assisting eligible, assessed older people to access subsidised support services at home and in the community.

The Support at Home program offers three main service categories:

- **Clinical Care:** Includes nursing, allied health, and medication management.
- **Independence Support:** Assistance with personal care like showering or dressing, transport, and social activities.
- **Everyday Living Support:** Help with household tasks like cleaning, meal preparation, and home or garden maintenance.

The aged care system can be daunting to navigate. For more information or to see how we may be able to assist you or someone you know, give our lovely team a call on 0475 075 686. You will also find some more information on our website - <https://www.beaumontcare.com.au/support-at-home/>

EXCITING NEWS

Beaumont Care are now an official provider of
Support at Home aged care services!



Access our trusted support,
in the comfort of your own home

Call today on 0475 075 686 to learn more



BEAUMONT CARE

Warm-Hearted Care, Your Way



FROM OUR LIFESTYLE TEAM

Wow, December already.

November saw us celebrating Melbourne Cup, enjoying the warmer weather and adding some more activities to our program. We farewelled Kim Lee from Lifestyle and wish her all the best with her move. We welcomed Rach and hope she enjoys being part of our team.

We have started the Christmas decorating and have a raffle for sale for anyone wishing to purchase a ticket. \$2 each or 3 for \$5, there are 3 prizes. Congratulations to Narelle who won the Christmas Candy cane advent calendar and Linda from QLD ED Dept who won the Over 18's advent calendar. We hope you both enjoy them.

Looking forward to our bus trips this month, The Lord Mayors Christmas party, lunch bus and Christmas lights. Ho Ho Ho!

We hope you all bring your Christmas spirit on the 17th when the Jolly man in the red suit and his helpers come to our Christmas Party. Families are reminded that if you would like to join your loved ones on Christmas Day for lunch there is a \$25 cost, please let the office know before the 17th of December.

Looking forward to a great month ahead, stay cool and hydrated.

Lifestyle and Leisure Department

STAFF PROFILE - SARAH P

Sarah has worked with us at Clontarf for 7 months.

What Sarah enjoys most about working in aged care is being able to care for each and every resident.

Sarah's dream holiday would be to go to Disneyland and her interests include theatre, camping, fishing, and singing. Her favourite colour is pink.

Sarah has four cats named Bink, Zrats, Mr Splinter and Scavers. Her favourite drink is Pina Colada while her meal of choice would be pasta and pizza.

One thing you may not know about Sarah is that she is a proud mum of two boys.



Welcome...

On behalf of all the
Beaumont Care family,
we warmly welcomed and
farewelled

Margaret McPherson

who came to stay with us for
respite for 3 weeks. We hope
to see her again soon.

December

BIRTHDAYS

Roweland Chamberlain - 5th

Mavis (Pat) Shelton - 20th

Wayne Blanch - 22nd

Narelle Roebig - 24th

Kay Oldfield - 30th

*Happy
Birthday!*



GETTING TO KNOW OUR RESIDENTS

Bob

Bob is 78-year-and grew up in Goondiwindi QLD. He has had many adventures and tragic events throughout his life.

Bob has survived numerous accidents, starting from age 7, when an accident in the paddock left him with a head injury and Doctors thought he would not survive. At 8 years old, he fell down a large drain and nearly drowned and had to be pulled out by his collar shirt by his friend. He was a witness to a train accident, whilst working in Gladstone, and has been involved in three car accidents. Most amazing of all, when Bob was in his 30s he was struck by lightening while watching TV in lounge room!

A hard worker his whole life, Bob has had jobs including milk run, paper chase, clothing shop, shoe factory, 23 years in the Army reserve and 33 years in the SES Queensland. Bob's nickname whilst working in the Army reserves was 'Blowfly.'

Bob decided to participate in Movember to help create awareness of men's mental health within his community at Clontarf and remember the friends he has lost. He will be doing a complete head, beard and moustache shave at the end of the month. Please scan the QR code to donate.



LIFE AT BEAUMONT CARE

Melbourne Cup celebrations at Clontarf

Residents enjoyed a 3 course lunch, games and quizzes as part of annual Melbourne Cup Day celebrations, followed by 'Fashions on the Field'!



LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE

Remembrance Day



LIFE AT BEAUMONT CARE

'Sophisticated Folk' choir



Jaz's baby shower



LIFE AT BEAUMONT CARE



Games time!



**Bus trip and
lunch at the
Belvedere
Hotel**



LIFE AT BEAUMONT CARE



Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?

Please forward to
clontarf@beaumontcare.com.au

Updated or changed your email address, phone number or postal address recently?

Please forward to
clontarf@beaumontcare.com.au

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.

Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

CHURCH SERVICES

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

HAVE YOUR SAY

We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

EMAIL

Service Manager:

genevieveverhoeff@beaumontcare.com.au

Clinical Nurse: cnroslyn@beaumontcare.com.au

Executive Team: exec@beaumontcare.com.au

PHONE

Facility: (07) 5545 7822

Service Manager: 0409 572 138

SURVEYS

Residents and their representatives are also encouraged to participate in satisfaction surveys released bi-annually.

FEEDBACK FORMS

There are suggestion boxes located at the facility.

Feedback forms can be found alongside.



QR CODE

Scan the QR code to share what is important to you

NEW CARD? A friendly reminder to residents and family members to bring all new Medicare cards, Pension cards etc to the Administration office when you receive them so they can be photocopied and records updated accordingly on your file.

UNNAMED & LOST CLOTHING? We seem to be continuing to have a large amount of unlabeled clothing. Residents and Families please ensure all clothing items are labelled and if you are missing any clothing items could you please ask staff for assistance who would be more than happy to help.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culturaldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care 08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au

Dementia Support Australia 02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

CLONTARF Activity Program ~ DECEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1st Morning chats 9am Walking Group 9.30am Exercises 10.30am Quiz Midday - Lunch 1.00pm Documentary 2.30pm HOY	2nd Morning chats 9am Walking Group 9.30am Exercises 10.30am Bean Bag toss Midday - Lunch 1.30pm Christmas Cooking 3.30pm Tipping point	3rd HAIRDRESSER 9am Walking Group 9.30am Exercises 10.30am Christmas - Xmas Service Midday - Lunch 1.30pm - 3.30pm Carpet bowls	4th Mayor's Xmas Morning chats 9am Walking Group 9.30am Exercises 10.30am Christmas Cards 13.00pm Movie 2.30pm Word Building	5th Morning chats 9am Walking Group 9.30am Exercises 10.30am Sing a long - Karaoke Midday - Lunch 2.30pm Bingo 4pm The Chase - News	6th No Planned Activities Rest Day 	7th No Planned Activities Rest Day 
8th Ukulele Concert Morning chats 9am Walking Group 9.30am Exercises 10.30am The Supers 1pm Documentary 2.30pm HOY 4pm The Chase - News	9th Library Day Morning chats 9am Walking Group 9.30am Exercises 10.30am Word Building 13.00pm Movie 2.30pm Cooking	10th Morning chats 9am Walking Group 9.30am Exercises 10.30am Quiz Midday - Lunch 1.30 - 3.30pm Carpet bowls	11th Bus Trip Morning chats 9am Walking Group 9.30am Exercises 10.30am Word Building Midday - Lunch 1.30pm Residents 1 to 1 4pm Ch 7 News	12th Morning chats 9am Walking Group 9.30am Exercises 10.30am Golf putting Midday - Lunch 2.30pm HAPPY HOUR 4pm The Chase - News	13th No Planned Activities Rest Day 	14th No Planned Activities Rest Day 
15th Morning chats 9am Walking Group 9.30am Exercises 10.30am Residents Meeting Midday - Lunch 1.00pm Documentary 2.30pm HOY	16th 9am Walking Group 9.30am Exercises 11.00am Xmas activities Midday - Lunch 1.30pm Xmas Craft 2.30pm Prep for Xmas party	17th XMAS PARTY 	18th Bus Trip Christmas lights Bus 9am Walking Group 9.30am Exercises 10.30am Who am I? Midday - Lunch 1.00 Nails/Pampering 2.30pm Word Building	19th Morning chats 9am Walking Group 9.30am Exercises 10.30am Skittles 1.00pm 1 to 1 visits 2.30pm Bingo	20th No Planned Activities Rest Day 	21st No Planned Activities Rest Day 
22nd Xmas Concert Morning chats 9am Walking Group 9.30am Exercises 10.30am HOY SESSION 1.00pm Documentary 1.30pm Xmas Concert - Ariana 4pm - News	23rd ICE CREAM TROLLEY Morning chats 9am Walking Group 9.30am Exercises 10.30am Golf Putting 1.00pm Documentary 2.30pm Cooking	24th HAIRDRESSER 9am Chair yoga 9.30am Exercises 10.30am Sharing Caring at St Peters (Anglican Church) 1.30pm 1-1s Residents 2.00pm Carols and happy hour	25th 	26th 	27th No Planned Activities Rest Day 	28th No Planned Activities Rest Day 
29th Morning Chats 9am Walking Group 9.30 Exercises 10.30am Concert with Colin Midday - Lunch 2.30pm Hoy Session 4.00pm TV chase quiz	30th Morning Chats 9am Walking Group 9.30am Exercises 10.30am Floor Darts Midday - Lunch 1.30pm Hangman	31st NEW YEARS EVE Morning Chats 9am Walking Group 9.30am Exercises 10.30am New Years craft Midday - Lunch 1.30pm Carpet Bowls 2.00pm HAPPY HOURS				