



# BEAUMONT CARE

*Warm-Hearted Care, Your Way*

Newsletter  
**CLONTARF**



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**November 2025**

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## **BEAUMONT CARE CLONTARF**

Service Manager:

Katie Morgan

(07) 3284 6638

39 Baringa Street,

Clontarf Qld 4019



[www.beaumontcare.com.au/clontarf](http://www.beaumontcare.com.au/clontarf)

## FROM OUR SERVICE MANAGER

Hello everyone, and welcome to November!

The month of the Melbourne Cup, Remembrance Day, and Guy Fawkes Day. Do you remember Bonfire Night and the fun we had setting off fireworks at home? It's a shame kids today miss out on those simple joys!

This month, we're excited to welcome Clifford and Margaret to Clontarf. Welcome to our little family I hope you're settling in well and getting to know all the other fabulous residents we have on site.

Towards the end of the month, we'll be saying goodbye to our wonderful Clinical Nurse, Marnie. Marnie began her journey with us in 2014 as an AIN, then became a Medication Competent AIN, and after completing her Registered Nursing degree, stepped into the Clinical Nurse role. Make sure to get your hugs in! We'll be celebrating Marnie with a special farewell day filled with yummy food and chocolates (she's quite partial to them!). The good news is Marnie isn't going far. She'll still be with us as one of our amazing Registered Nurses, so you'll see her around from time to time.

We're also thrilled to welcome our new Clinical Nurse, Monique, who will be joining us in early December. Monique has been with Beaumont Care for over 10 years, progressing from AIN to Medication Competent AIN, then Enrolled Nurse, and now Registered Nurse. She's kind, caring, and an exceptional nurse with a wicked sense of humour! So, get your best jokes ready. Monique will introduce herself to everyone when she starts and will be reaching out to family members for a chat.

Please join me in celebrating both Marnie and Monique as they begin new chapters in their careers, while continuing to uphold our commitment to providing excellent resident care and communication.

As always, if you have feedback, on anything at all, please don't hesitate to let me know.

Resident and representative input is vital to the running of any facility, and I welcome your thoughts, suggestions, and feedback at any time the good, the bad, and the ugly.

My door is always open.

Warm regards,

*Katie*

# FROM THE CLINICAL NURSE

Hello all,

We are officially heading into the last part of 2025 – this year has flown!

I have had a couple of residents talking to me about weight loss recently and querying why we weigh everybody regularly. The answer is it is important to track any fast weight gain or any gradual unintentional weight loss. A fast weight gain or loss can be a sign of an underlying health problem which we would raise in conjunction with your GP.

Unintentional weight loss means losing weight without dieting or trying. This can at times go hand-in-hand with malnourishment. It's important therefore to monitor weight loss as it can not only cause your immune system to weaken but could be caused by an underlying health issue or issues with your teeth or swallowing - all of which can be diagnosed and managed.

Ways you can boost your calorie intake if your appetite is poor include: -

- Have your regular meals (even if you can't finish them) and snack in between
- Enjoy cheeses, meats and nuts
- Ask for finger food if you find this easier to manage instead of utensils
- If you can't face bigger meals just snack regularly throughout the day
- Accept milkshakes/ice-creams from staff

Please call on staff to assist you with whatever you need to support your weight management. We can also call in Dieticians, Speech Pathologists and GP to assist as needed. As always, the clinical team and I are here to provide you with assistance, support and comfort.

Please don't hesitate to call on me at any time. Lest we forget.

Best wishes,

*Marnie*



# BEAUMONT CARE NOW OFFERING SUPPORT AT HOME

Do you or another family member or friend over 65 need some assistance to remain independent at home? Beaumont Care may be able to help!

As well as our residential aged care communities, Beaumont Care is an approved provider of the Support at Home Program.

Support at Home replaces the former Home Care Packages Program, assisting eligible, assessed older people to access subsidised support services at home and in the community.

The Support at Home program offers three main service categories:

- **Clinical Care:** Includes nursing, allied health, and medication management.
- **Independence Support:** Assistance with personal care like showering or dressing, transport, and social activities.
- **Everyday Living Support:** Help with household tasks like cleaning, meal preparation, and home or garden maintenance.

The aged care system can be daunting to navigate. For more information or to see how we may be able to assist you or someone you know, give our lovely team a call on 0475 075 686. You will also find some more information on our website - <https://www.beaumontcare.com.au/support-at-home/>

## EXCITING NEWS

Beaumont Care are now an official provider of  
**Support at Home** aged care services!



Access our trusted support,  
in the comfort of your own home

Call today on 0475 075 686 to learn more



BEAUMONT CARE

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# NEW AGED CARE ACT UPDATE

## Upcoming changes to support roles and relationships

From 1 November 2025, there will be changes to how an older person receiving aged care can be supported to make their own decisions.

### New Role: Registered Supporters

Regular and authorised representatives active in My Aged Care on 31 October will automatically become 'registered supporters' from 1 November 2025 unless they opt out.

Registered supporters are individuals who help older people make and communicate their decisions about aged care. They can be trusted family members or friends and do not have decision-making authority for the older person. Registered supporters can assist in decision-making, share information, and help the older person understand their options. They can also be appointed decision-makers under state or territory arrangements, but they must act within the older person's active legal authority.

There is no requirement to have a 'registered supporter' so if you have a family member or friend who assists you but neither of you want to register the relationship, that is okay.

### Key differences between a regular representative and a registered supporter

- **More support:** A registered supporter can help you make decisions across aged care and interact with a range of various organisations on your behalf, including aged care providers. A regular representative can only talk to My Aged Care.
- **Legal responsibilities:** A registered supporter has legal duties to uphold, with consequences if they don't. There are set processes to suspend or cancel a registered supporter's registration and offences for abusing their position. Under the new Act, they must:
  - Act honestly, diligently, and in good faith.
  - Declare, and avoid or manage, conflicts of interest.

### What You Can Do

Have a discussion with the person who supports you (or the person you support) about whether you want to update your support relationship in My Aged Care or not. You can do so through your online My Aged Care account or call **My Aged Care** on **1800 200 422** for further information and assistance.

## FROM OUR LIFESTYLE TEAM

We had a very busy month in October, with loads happening in the courtyard and in the Lifestyle lounge. This month we celebrated our Queensland wins in the AFL and NRL. We also had a wonderful week celebrating Oktober Festival. The staff got involved and dressed up and we had games and beer was consumed. Entertainment is always very popular...Back by popular demand we had the Supers here, singing and dancing up a storm with their Ukeleles. We also welcomed a new Hairdresser. She will be onsite fortnightly. If you need a haircut or trim, please let us know and we will place it in the book.

In November we will be celebrating Melbourne Cup, and Remembrance Day with John in the dining room. We also have Ariana with a concert and roving later in the month, Colin back too and loads more.

Lifestyle will keep you all informed about these special days and also keep an eye on the calendar and on the white board in front of lounge which will be updated daily. If any questions, please ask.

Till next month, take care of yourselves and look out for each other. As the hotter months approach don't forget to stay hydrated and if in the courtyard wear hats and sunscreen. Lifestyle has a big box of hats and we can help if you need sunscreen to be applied.

*Lifestyle and Leisure Department*

## STAFF PROFILE - MEL

Mel has been working with us at Beaumont Care Clontarf for the past 15 months in the kitchen and dining room.

What Mel likes best about working in aged care is the residents, who have been so lovely and welcoming. She enjoys learning more about them and hearing their stories and thinks the whole staff are awesome.

Mel's dream holiday would be to Norway's Artic region, to stay in an igloo and see the Northern Lights. Her favourite colour is green and her interests include painting, drawing and stitching art. Mel's favourite drink is red wine and she loves Indian cuisine.

Mel has a Maltese shihtzu named 'Yuki' meaning 'snow' in Japanese. She feels very lucky to live next door to her son and family. Her grandkids can come over through a hole in our fence, and she loves it!



# Welcome...

On behalf of all the  
Beaumont Care family,  
we warmly welcome

**Clifford Beevers (Cliff)**

along with their family  
and friends.

# November

## BIRTHDAYS

**Yvonne Jacobsen - 1st**

**Stevie Craig - 7th**

**Thelma Agnew - 20th**

**Beverley Gray - 27th**

*Happy  
Birthday!*



## GETTING TO KNOW OUR RESIDENTS

### **Morann**

Morann has been living at Beaumont for approximately 8 years.

She loves being around other people and staff. Morann comes to daily activities and always participates with a smile and brings plenty of enthusiasm.

Her favourite colour is green, and she loves Peter Brock. Morann's favourite food is fish and chips on a Friday in the dining room.

Morann loves the resident cat (Bailey) and calls him 'Miss Kitty.'



Management and staff offer our deepest sympathy and condolences to the  
family and friends of

**Ronald Fraser (Ron)**



# LIFE AT BEAUMONT CARE

## Oktoberfest

Clontarf residents got into the spirit of Oktoberfest with Bavarian costumes, pretzels and other German beers and snacks! A fun afternoon had by all celebrating this fun cultural tradition.





# LIFE AT BEAUMONT CARE





# LIFE AT BEAUMONT CARE



Supers Ukelele Group





# LIFE AT BEAUMONT CARE

Talk Like a Pirate Day





# LIFE AT BEAUMONT CARE



Helping with the hedges and enjoying the outdoors



Cooking Jam Drops





# LIFE AT BEAUMONT CARE



Concert with Colin



Out and about





Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?

Please forward to  
**[clontarf@beaumontcare.com.au](mailto:clontarf@beaumontcare.com.au)**

Updated or changed your email address, phone number or postal address recently?

Please forward to  
**[clontarf@beaumontcare.com.au](mailto:clontarf@beaumontcare.com.au)**

## **GENERAL HOUSEKEEPING**

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.

Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

## **A REMINDER FOR OUR RESIDENTS**

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

## **CHURCH SERVICES**

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

# HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services. We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

## EMAIL

Service Manager, Katie Morgan:  
[katiemorgan@beaumontcare.com.au](mailto:katiemorgan@beaumontcare.com.au)

Clinical Nurse, Marnie Ward:  
[cn-clontarf@beaumontcare.com.au](mailto:cn-clontarf@beaumontcare.com.au)

Executive Team: [exec@beaumontcare.com.au](mailto:exec@beaumontcare.com.au)

## PHONE

Clontarf Facility: (07) 3284 6638  
Service Manager: 0412 839 440

## FEEDBACK FORMS

There are suggestion boxes located at the facility.  
Feedback forms can be found alongside.

## SURVEYS

Residents and their representatives are also encouraged to participate in satisfaction surveys released bi-annually.

## QR CODE

Scan the QR code to  
share what is important  
to you

## GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges, these items need to be labelled with the resident's name. Please ask staff who can assist you in completing the required form to document expiry date etc. Please remember to let Admin office know if any of your details have changed so we have current information. Lost and found will be held monthly in the tv lounge, if you have lost any items of clothing please come along.

## HELPFUL LINKS & RESOURCES

**Aged and Disability Advocacy Australia** 1800 818 338

**Aged Care Complaints Commission** 1800 550 552

**Cultural Diversity in Australia** [www.culteraldiversity.net.au](http://www.culteraldiversity.net.au)

**Older Persons Advocacy Network** 1800 700 660 [www.opan.com.au](http://www.opan.com.au)

**Palliative Care** (08) 7221 8233 [www.eldac.com.au](http://www.eldac.com.au)

**Human Rights Commission Queensland** 1300 130 670 [www.qhrc.qld.gov.au](http://www.qhrc.qld.gov.au)

**Dementia Support Australia** (02) 8437 7355 [www.dementiacentre.com](http://www.dementiacentre.com)

**Aged Care Quality & Safety Commission** 1800 951 822 [www.agedcarequality.gov.au](http://www.agedcarequality.gov.au)

**Advanced Care Planning** 1300 007 227 [www.advancecareplanning.org.au](http://www.advancecareplanning.org.au)

**Charter of Aged Care Rights** [www.agedcarequality.gov.au/resources/charter-aged-care-rights](http://www.agedcarequality.gov.au/resources/charter-aged-care-rights)

# HAVE YOUR SAY

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## EMAIL

Service Manager:

[genevieveverhoeff@beaumontcare.com.au](mailto:genevieveverhoeff@beaumontcare.com.au)

Clinical Nurse: [cnroslyn@beaumontcare.com.au](mailto:cnroslyn@beaumontcare.com.au)

Executive Team: [exec@beaumontcare.com.au](mailto:exec@beaumontcare.com.au)

## PHONE

Facility: (07) 5545 7822

Service Manager: 0409 572 138

## SURVEYS

Residents and their representatives are also encouraged to participate in satisfaction surveys released bi-annually.

## FEEDBACK FORMS

There are suggestion boxes located at the facility.

Feedback forms can be found alongside.



## QR CODE

Scan the QR code to share what is important to you

**NEW CARD?** A friendly reminder to residents and family members to bring all new Medicare cards, Pension cards etc to the Administration office when you receive them so they can be photocopied and records updated accordingly on your file.

**UNNAMED & LOST CLOTHING?** We seem to be continuing to have a large amount of unlabeled clothing. Residents and Families please ensure all clothing items are labelled and if you are missing any clothing items could you please ask staff for assistance who would be more than happy to help.

## HELPFUL LINKS & RESOURCES

**Aged and Disability Advocacy Australia** 1800 818 338

**Aged Care Complaints Commission** 1800 550 552

**Cultural Diversity in Australia** [www.culturaldiversity.net.au](http://www.culturaldiversity.net.au)

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**Dementia Support Australia** 02) 8437 7355 [www.dementiacentre.com](http://www.dementiacentre.com)

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**Advanced Care Planning** 1300 007 227 [www.advancecareplanning.org.au](http://www.advancecareplanning.org.au)

**Charter of Aged Care Rights** [www.agedcarequality.gov.au/resources/charter-aged-care-rights](http://www.agedcarequality.gov.au/resources/charter-aged-care-rights)



# CLONTARF Activity Program ~ NOVEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					<b>1st</b> No Planned Activities Rest Day 	<b>2nd</b> No Planned Activities Rest Day 
<b>3rd</b>  Morning chats 9am Walking Group 9.30am Exercises 10.30am Craft 1pm Documentary <b>2.30pm Melbourne Cup prep</b> 4pm The Chase – News	<b>4th MELBOURNE CUP</b>  Melbourne Cup Fun & games <b>2.00pm Fashion parade</b> <b>2.00pm Roving with Ariana</b> <b>3.00pm Race that stops the nation and Happy Hour</b>	<b>5th HAIRDRESSER</b>  Morning chats 9am Walking group 9.30am Exercises <b>10.30 Christine prayer group</b> <b>11.00am Quiz</b> Midday - Lunch <b>1.30 - 3.30pm Carpet bowls</b>	<b>6th Bus Trip</b>  Morning chats 9am Walking group 9.30am Exercises 10.30am Word Building Midday - Lunch <b>1.30pm Residents 1 to 1</b> 4pm Ch 7 News	<b>7th</b>  Morning chats 9am Walking Group 9.30am Exercises 10.30am Golf putting Midday - Lunch <b>2.30pm Bingo</b> 4pm The Chase – News	<b>8th</b>  No Planned Activities Rest Day 	<b>9th</b>  No Planned Activities Rest Day 
<b>10th</b>  Morning chats 9am Walking Group 9.30am Exercises <b>10.30am Quiz</b> Midday - Lunch 1.00pm Documentary <b>2.30pm HOY</b>	<b>11th Library Day</b> <b>REMEMBERANCE DAY</b> 9am Walking Group 9.30am Exercises 11.00am Remembrance Service with John Midday - Lunch <b>1.30pm Craft</b> <b>2.30pm Movie Time &amp; ice cream trolley</b>	<b>12th</b>  Morning chats 9am Chair yoga 9.30am Exercises 10.30am Quizzes and bean bag toss <b>1.30pm Cooking</b> <b>4pm The News</b>	<b>13th Bus Trip</b>  World Kindness Day 9am Walking Group 9.30am Exercises 10.30am Who am I? Midday - Lunch <b>1.30pm Word Building</b> 4pm Ch 7 News	<b>14th</b>  Morning chats 9am Walking Group 9.30am Exercises 10.30am Skittles 1.00pm 1 to 1 visits <b>2.30pm Happy Hour!</b> <b>And Reminiscing amongst friends.</b>	<b>15th</b>  No Planned Activities Rest Day 	<b>16th</b>  No Planned Activities Rest Day 
<b>17th</b>  Morning chats 9am Walking Group 9.30am Exercises <b>10.30am Residents Meeting</b> 1.00pm Documentary <b>2.30pm HOY SESSION</b> 4pm – News	<b>18th ICE CREAM TROLLEY</b>  Morning chats 9am Walking Group 9.30am Exercises <b>10.30am Golf Putting</b> 1.00pm Documentary <b>2.30pm Word Game</b>	<b>19th Int Men's DAY</b> <b>HAIRDRESSER</b> 9am Chair yoga 9.30am Exercises 10.30am Sharing Caring at St Peters (Anglican Church) <b>1.30pm 1-1s Residents</b> 2.30pm Crosswords	<b>20th Bus Trip</b>  Morning chats 9am Walking Group 9.30am Exercises <b>10.30am Documentary</b> 1.30pm Trivia 4pm Ch 7 News	<b>21st</b>  Morning chats 9am Walking Group 9.30am Exercise 10.30am Manicures and pampering Midday Lunch <b>2.30pm Bingo</b>	<b>22nd</b>  No Planned Activities Rest Day 	<b>23rd</b>  No Planned Activities Rest Day 
<b>24th Fairy Bread Day</b>  Morning Chats 9am Walking group 9.30 Exercises <b>10.30am Concert with Colin</b> Midday - Lunch 2.30pm Hoy Session 4.00pm TV chase quiz	<b>25th</b>  Morning Chats 9am Walking Group 9.30am Exercises <b>10.30am Floor Darts</b> Midday - Lunch 1.30pm Hangman	<b>26th</b>  Morning Chats 9am Walking Group 9.30am Exercises <b>10.30am Christmas Craft</b> Midday - Lunch <b>1.30pm Carpet Bowls</b> <b>2.00pm Roving with Ariana</b>	<b>27th Bus Trip</b>  Morning Chats 9am Walking Group 9.30am Exercises 10.30 Puzzles & boardgames Midday – <b>BBQ Lunch</b> 2.30pm <b>Word Building</b> 4pm Ch 7 News	<b>29th</b>  Morning chats 9am Walking Group 9.30am Exercises 10.30am Sing a long -Karaoke Midday – Lunch <b>2.30pm Bingo</b> 4pm The Chase – News	<b>30th</b>  No Planned Activities Rest Day 	