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BEAUMONT CARE CLONTARF

Service Manager:

Katie Morgan

(07) 3284 6638

39 Baringa Street,

Clontarf Qld 4019

FROM OUR SERVICE MANAGER

Hi all and welcome to September.

The month of Spring. World Chocolate Day, RUOK Day, World Beard Day, Talk like a Pirate Day and most importantly, Father's Day. I warmly wish all our amazing fathers on site a truly wonderful Father's Day. Our Lifestyle and kitchen team have a wonderful day planned for you all.

As the months warm up, can I please ask if you require new summer clothes, please let Katrina know, she completes resident shopping every fortnight and will purchase anything that you may need.

We still have quite a few respiratory viruses in the community at the moment. Please let the staff know if you are not feeling well. We also remind family and visitors to please hold off on your visits if you are not well to protect our residents.

You may have noticed we have a new face in the kitchen. I am happy to welcome and introduce our new Head Chef Ann to the Beaumont Care family. Ann comes to us with many years of experience in the industry and we are all looking forward to enjoying the beautiful food she is producing. If she has not already done so, she will be coming and speaking with you soon to find out your likes and dislikes and to gather feedback.

Please, if you have feedback on anything at all, do not hesitate to let me know. Residents and their representatives' input are a vital part of the running of any facility, please feel welcome to provide your thoughts, suggestions, and feedback at any time, the good, the bad and the ugly. My door is always open.

Thanks

Katie

FROM THE CLINICAL NURSE

Hi all,

Oral health matters

Maintaining good oral health is an important part of overall wellbeing, particularly as we age. Healthy teeth and gums not only support eating and nutrition, but also contribute to comfort, confidence and quality of life. Regular dental care can help prevent issues such as pain, infection and difficulties with chewing.



We are pleased to share that our visiting dentist Moviliti™ Dental Care will be attending the home in October. This visit provides residents with the opportunity to have their oral health assessed.

If you would like to be seen or have your family members seen for an initial examination, please complete a consent form from the front desk and return it to the office.

A note of thanks

I would also like to take this opportunity to thank everyone for your support while Marnie, our Clinical Nurse is away. I have been stepping into her role during the time, and your patience, understanding, and encouragement has meant a great deal.

Crystal

STAFF APPRECIATION BBQ



A NEW RIGHTS BASED AGED CARE ACT

Your rights and protections under Australia's aged care laws are changing from 1 November 2025. Under the new Aged Care Act 2024, your rights are at the centre of your aged care service.



About the Statement of Rights

The new Act includes a Statement of Rights. This explains what rights older people have when accessing aged care services funded by the Australian Government. The Statement of Rights will replace the current Charter of Aged Care Rights on 1 November 2025 and is also enshrined within the new strengthened Aged Care Quality Standards which service providers must comply with.

What the Statement of Rights means for you

The Statement of Rights will help make sure you are at the centre of your aged care. It asserts your right to:

- make your own decisions about your own life
- have your decisions not just accepted, but respected
- get information and support to help you make decisions
- communicate your wishes, needs and preferences
- feel safe and respected
- have your culture and identity respected
- stay connected with your community.

In the next few months, Beaumont Care will make sure residents/their representatives receive a copy of the Statement of Rights and understand its contents.

More information and queries

We will also provide further information on the new Aged Care Act accessible in the facility. In the meanwhile, if you have any questions, please speak to the Service Manager.

To view the full Charter of Rights, go to:

www.health.gov.au/sites/default/files/2025-08/a-new-aged-care-act-for-the-rights-of-older-people.pdf

FROM OUR LIFESTYLE TEAM

August was a busy month!

We celebrated Beaumont Care Clontarf Ekka Show Day with activities galore as well as the ABC Petting Zoo onsite. The residents were elated to be able to cuddle, pat and feed the animals. Once the residents had a cuddle, they visited show alley. We had the photo booth, followed the face painting, spot ACE, all whilst immersed in bubbles. Other games included knock on down, shoot the target and archery. Residents were able to enjoy the sweet treats at the end, with Katrina on the snow-cone and the fairy-floss machines. To finish off the day, we had a concert in the dining room.

We were also lucky enough to have the Olive Express here onsite. Residents enjoyed a virtual train travel experience. They chose their destination to travel to and enjoyed some morning tea.

September marks the first day of Spring and will hopefully bring some warmer weather and more fun outside. We have more concerts planned, a Father's Day BBQ on Sunday 7th September and much more. Please keep an eye on the monthly calendar for the events.

We thank all the residents for informing staff and staying away from other residents when feeling unwell. We do not want to spread our germs through the facility. Till next Month, take care of yourselves and look out for each other.

Lifestyle and Leisure Department

STAFF PROFILE - SARAH H

Sarah has worked here at Beaumont Care for the past 13, almost 14 years. What Sarah enjoys about working in aged care is the wisdom she receives from the older generations. For Sarah she feels as though she gets back just as much as she gives.

Sarah's dream holiday would be to Ancient Egypt; however, she is happy to stay and holiday in our own island paradise. Her favourite colour is blue and her interests include fostering dogs, she is an animal lover! Sarah has a home full of kids and pets, including 2 dogs, 2 cats, 2 rats and 4 kids.

Sarah's favourite food is coffee, coffee coffee and she also has a sweet tooth for carrot cake. S She is currently studying a Diploma in Nursing.



September

BIRTHDAYS

Colin Chandler- 18th
Lorraine Holland - 27th

*Happy
Birthday!*



GETTING TO KNOW OUR RESIDENTS



John S

John has lived here at Beaumont care Clontarf for the past two years.

John is most happy to sit and relax with his dog, Simba, a Pomeraniam. He loves to walk his dog around the block on a nice sunny day.

John enjoys having meals in the dining room and occasionally heading out on the bus trips. He also enjoys poetry and has spent a lot of time writing beautiful poems, some of which he shared with residents in the past. John has recently started joining in more of the lifestyle activities, including morning exercise and carpet bowls.

John's favourite colour is royal blue and his dream holiday would be to go to Adelaide.

Management and staff offer our deepest sympathy and condolences to the family and friends of

Lydia Nicolls

LIFE AT BEAUMONT CARE

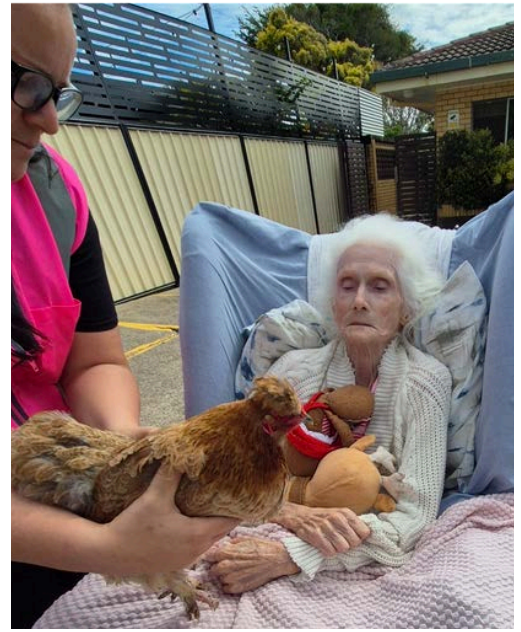
Beaumont Care Ekka Show Day!



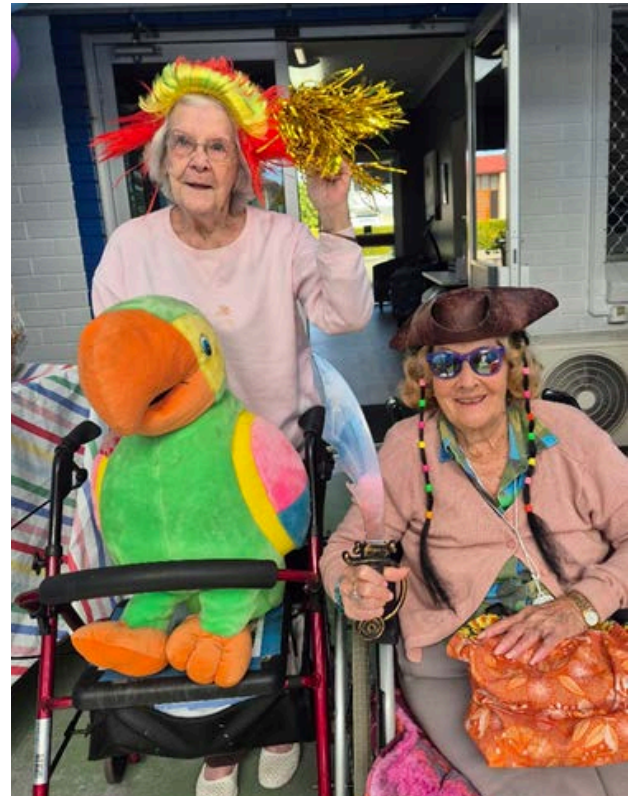
LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE

Journeys on the Olive Express



LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE



Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?

Please forward to
clontarf@beaumontcare.com.au

Updated or changed your email address, phone number or postal address recently?

Please forward to
clontarf@beaumontcare.com.au

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.

Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

CHURCH SERVICES

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services. We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

EMAIL

Service Manager, Katie Morgan:
katiemorgan@beaumontcare.com.au

Clinical Nurse, Marnie Ward:
cn-clontarf@beaumontcare.com.au

Executive Team: exec@beaumontcare.com.au

PHONE

Clontarf Facility: (07) 3284 6638
Service Manager: 0412 839 440

FEEDBACK FORMS

There are suggestion boxes located at the facility.
Feedback forms can be found alongside.

SURVEYS

Residents and their representatives are also encouraged to participate in satisfaction surveys released bi-annually.



QR CODE

Scan the QR code to
share what is important
to you

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges, these items need to be labelled with the resident's name. Please ask staff who can assist you in completing the required form to document expiry date etc. Please remember to let Admin office know if any of your details have changed so we have current information. Lost and found will be held monthly in the tv lounge, if you have lost any items of clothing please come along.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care (08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au

Dementia Support Australia (02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

CLONTARF Activity Program ~ September 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1st	2nd	3rd	4th Bus Trip KimLee/Louise	5th	6th	7th FATHERS' DAY BBQ
Morning Chats 9am Walking Group 9.30am Exercises 10.30am Bowling 1pm Hang Man 2.30pm Game of Hoy 3pm The Chase – News	Morning Chats 9am Walking Group 9.30am Exercises 10.30 Welcome to Spring Making flowers and garden chats 12 Lunch 1pm Documentary on Parks/Gardens 2.30pm Word Game	Morning chats 9am Walking Group 9.30am Exercise 10.30am Sensory Lunch 1.30 Carpet Bowls 3.00pm Chill out with favourite music	Morning chats 9am Walking Group 9.30am Exercises 10.30am Big Skittles 1.30pm Word Building 4pm Ch 7 News	Morning chats 9am Walking Group 9.30am Exercises 10.30am Quizzes 2.30pm Happy Hour! Let's Remember Days gone by Reminiscing ... Neil Diamond concert	No Planned Activities Rest Day 	
8th	9th Non Dom Church/Concert /Library	10th	11th Bus Trip Katrina	12th Chocolate Milkshake day	13th	14th
Morning Chats 9am Walking group 9.30 Exercises 10.30 Floor Darts 1pm Movie 2.30 Hoy Session	Morning Chats 9am Walking Group 9.30am Exercises 10.30 Christine – Church Service 1pm 1-1 with Residents 2.30pm Concert with Darrin	Morning chats 9am Walking Group 9.30am Exercises 10.30am Trivia 1.30 Carpet Bowls	Morning chats 9am Walking group 9.30am Exercises 10.30am ARE YOU OK DAY- Courtyard cuppa 1.30pm Word Building Ice Cream Trolley	Morning chats 9am Walking Group 9.30am Exercises 10.30 Sing a long/Drummers/Karaoke 1PM Documentary 2.30pm Bingo	No Planned Activities Rest Day 	No Planned Activities Rest Day 
15th	16th Dementia Awareness Week	17th	18th Bus Trip KimLee/Louise	19th Talk like a Pirate Day	20th	21st
9am Walking Group 9.30am Exercises 10.30 Bean Bag Toss 1pm Music trivia 2.30pm Game of Hoy	Morning chats 9am Walking Group 9.30am Exercises 10.30am Documentary Dementia awareness 1.30pm Knit wits	9am Walking Group 9.30 Exercises 10.30am Golf Putting 1.30pm Residents Meeting -all welcome 1500 Quiz	9am Walking Group 9.30am Exercises 10.30am Hooky/Quoits 1.30pm Word Building 4pm Ch 7 News	Morning chats 9am Walking Group 9.30am Exercises 10.30 Talk like a Pirate Day 1.00pm Movie 2.30pm Happy Hour! And Reminiscing amongst friends.	No Planned Activities Rest Day 	No Planned Activities Rest Day 
22nd	23rd Ariana - Roving	24th	25th BUS TRIP Katrina	26th	27th	28th
Morning chats 9am Walking Group 9.30am Exercises 10.30am Outdoor games 2.30pm HOY SESSION 4pm – News	Morning chats 9am Walking Group 9.30am Exercises 10.30am Soccer 1.00 Documentary 2.00pm Ariana – Roving 2.00pm Coffee club 30th 1.30pm Ice Cream	Morning chats 9am Walking Group 9.30am Exercises 10.30am Caring and Sharing at local church 1.30 Carpet Bowls	9am Walking Group 9.30am Exercises 10.30am Craft – Hearts Midday – BBQ Lunch 2.30 – Word Building	Morning chats 9am Walking Group 9.30am Exercises 10.30 Whom am I 1.00 1-1s Residents Rooms 2.30pm Bingo 4pm The Chase – News	No Planned Activities Rest Day 	No Planned Activities Rest Day 
29th World Heart Day	30th					
Morning Chats 9am Walking Group 9.30am Exercises 10.30am Poetry 2.30pm Game of Hoy 3pm The Chase – News	Morning chats 9am Walking Group 9.30am Exercises 10.30am Music trivia 2.30pm 1-1s Residents Rooms					