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BEAUMONT CARE CLONTARF

Service Manager:
Katie Morgan
(07) 3284 6638
39 Baringa Street,
Clontarf Qld 4019

FROM OUR SERVICE MANAGER

Hello everyone, and welcome to October!

This month brings us plenty to celebrate. International Coffee Day, Oktoberfest, Halloween, and even Boss's Day (I'll have to remind my team about that one! 😊). With the warmer weather finally here, we'll be making the most of it together.

I'm still looking for volunteers to join our Consumer Advisory Body Committee. Both residents and family members are welcome. The commitment is just one hour each month to share ideas, raise concerns, and celebrate what's working well in our home. Your feedback goes directly to our Board of Directors, and from there, action plans are created. It's a great way to make your voice heard and to help shape meaningful changes around the facility.

We're also excited to welcome some new faces: Eddie, Harvey, and Clifford. I look forward to getting to know them, and I hope they feel at home here quickly. If you see them around, please stop for a chat and help make them feel part of the Clontarf family.

Finally, a reminder that your input is always valued. Residents and their representatives are an essential part of how we grow and improve. Whether it's good, bad, or somewhere in between, your feedback makes a real difference. My door is always open.

Thanks,

Katie

FROM THE CLINICAL NURSE

Hello all,

It's hard to believe how quickly this year is flying by as we welcome the month of October. The days are getting longer, the sun is shining, and there's a real sense of spring in the air. The beautiful weather offers the perfect opportunity to spend some time outdoors, and we encourage residents, families, and staff to enjoy the fresh air in our courtyards and garden spaces. Just a gentle reminder to be sun safe. Wear a hat, apply sunscreen, and try to avoid the hottest part of the day where possible.

With the warmer weather upon us, it's also important to stay well hydrated. As we age, the sensation of thirst may decrease, so even if you don't feel thirsty, please remember to drink water regularly. Staff will continue to offer drinks throughout the day, and we're always happy to provide cool refreshments to help everyone stay comfortable.

As always if you would like to speak to me about anything please come and see me or ask staff to come and get me so I can come and spend time with you. The clinical team and I are here to provide you with assistance, support and comfort.

Please don't hesitate to call on me at any time.

Best wishes,

Marnie

STRENGTHENED QUALITY STANDARDS

From 1 November 2025, the Quality Standards will be strengthened under the new Aged Care Act.

The Aged Care Quality Standards define what quality care in aged care services looks like and set clear expectations for aged care providers to:

- respect your rights
- treat you with dignity and respect
- value your identity, culture and diversity
- give you choices and involve you in decision-making
- give you understandable information
- help you to connect with your community.
- Involve you in your care



Strengthened Quality Standards mean your provider must involve you in your care and should:

- listen to your feedback and concerns
- give you choice in the way your care is delivered to meet all your needs, goals and preferences
- give you information about your funded aged care services
- make sure the people involved in your care are the right people to provide your care
- maintain clean, safe and comfortable environments
- make sure your food is tasty and nutritious, and give you choice about what and how much you eat and drink
- plan for emergencies to keep you safe
- keep your information safe and private.

For more information about the strengthened Quality Standards, go to www.health.gov.au/resources/videos/aged-care-quality-standards

FROM OUR LIFESTYLE TEAM

October here we come... and only 85 more days to Christmas!

September was a great month full of festivities. We celebrated Father's Day on the 7th September and the residents spent time in the courtyard having a BBQ lunch. We had a couple of concerts, and we have been starting to enjoy the warmer weather with more activities in the courtyard.

We have loads of fun planned for October starting the month off with Octoberfest, the Kings Birthday and back by popular demand The Supers - Ukelele concert mid-month.

Please keep an eye on the monthly calendar for the events and check the whiteboard for any changes to activities.

We thank all the residents for informing staff and staying away from other residents when feeling unwell. We do not want to spread our germs through the facility. Till next Month, take care of yourselves and look out for each other.

Lifestyle and Leisure Department

STAFF PROFILE - ANN

Ann recently started here at Beaumont Care Clontarf as the Head Chef.

What she likes most about working in aged care is hearing the residents' feedback about her dishes and seeing the residents' smile. For Ann food is more than just nutrition – it can spark memories, creates comfort, and brings people together. Ann feels proud to be able to offer this experience to our residents.

Ann's dream holiday would be to go to Europe and see many countries as possible – from Italy to France, Spain, to Greece and beyond to experience culture, history and the food.

Ann's favourite colour is red. Her interests include singing, dancing, exploring the shops and keeping in touch with family, friends and trends on social media. She has 3 dogs Maxene (6 year old, Bull Arab), Charlie (4 year, Siberian Husky) and Casey (4 year old, Siberian Husky). She loves staying in with her fur babies and watching her movies and series as well as Philippine TV.



Lastly, she is her husband's number 1 fan and supporter. He loves playing basketball and she enjoys cheering him on

Welcome...

On behalf of all the
Beaumont Care family,
we warmly welcome

Edward (Eddie) Stafford

along with their family
and friends.

October

BIRTHDAYS

Barbara Gardner - 6th
Wilfred (Bill) Gatehouse - 8th
Clarence Verrall - 17th
Leslie Hunter - 19th

*Happy
Birthday!*



GETTING TO KNOW OUR RESIDENTS

Welcome Eddy!



Resident Eddy moved here early this month.

Eddy is a Redcliffe local who is very friendly and settling in at Clontarf well. He tells us he is enjoying the food and thinks the staff are lovely too.

Eddy's dream holiday would be a trip around the world. His favourite colour is black. Eddy's interests are puzzles/word searches, watching TV and listening to music.

Eddy's favourite drink is beer and enjoys take away.

Management and staff offer our deepest sympathy and condolences to the
family and friends of

Valerie Hobdell and Michelle Mansell

LIFE AT BEAUMONT CARE

Dementia Action Week

Clontarf residents and staff took time out with a delicious high tea to acknowledge and celebrate this year's theme "Nobody can do it alone."



LIFE AT BEAUMONT CARE



Residents were busy crafting beautiful handmade flowers to celebrate the new season. You can see the vibrant display on the wall.



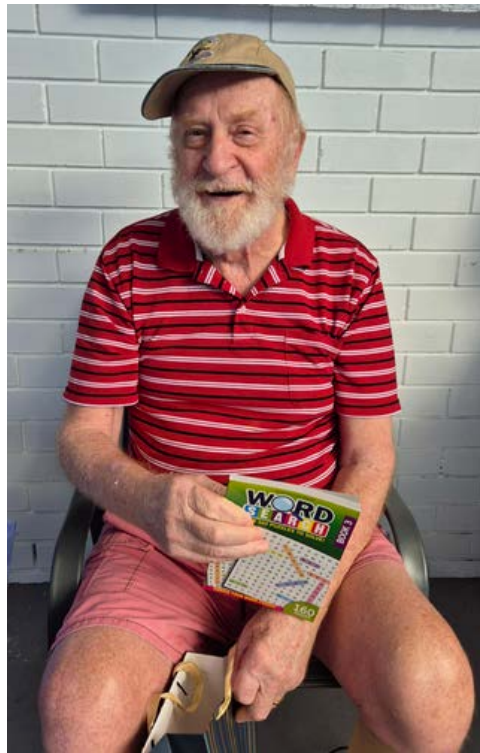
Walking group enjoying the sunshine and courtyard soccer!



LIFE AT BEAUMONT CARE

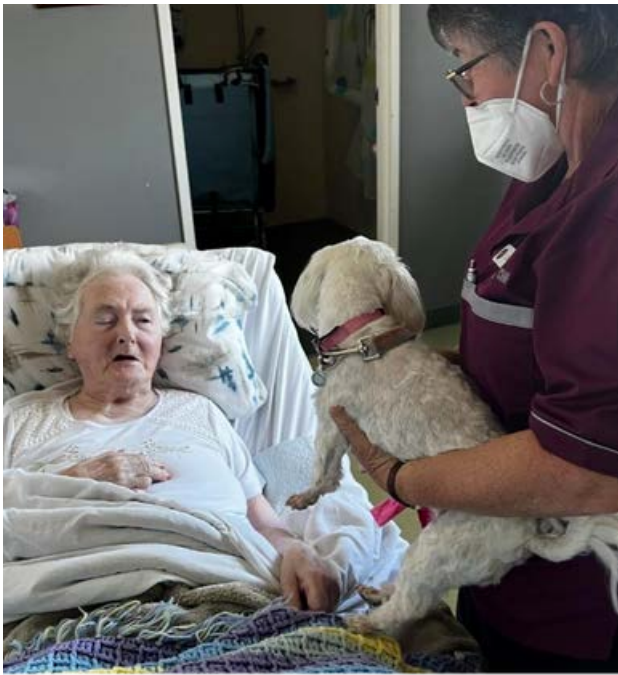
Father's Day

Father's Day saw our resident dads celebrated with a delicious BBQ lunch enjoyed outdoors in the sunshine with friends. Some very well received gifts were also handed out, making Father's Day a special day for those who celebrated.



LIFE AT BEAUMONT CARE

Pet therapy with Snowy



Quoits



LIFE AT BEAUMONT CARE

Out and about



Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?

Please forward to
clontarf@beaumontcare.com.au

Updated or changed your email address, phone number or postal address recently?

Please forward to
clontarf@beaumontcare.com.au

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.

Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

CHURCH SERVICES

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services. We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

EMAIL

Service Manager, Katie Morgan:
katiemorgan@beaumontcare.com.au

Clinical Nurse, Marnie Ward:
cn-clontarf@beaumontcare.com.au

Executive Team: exec@beaumontcare.com.au

PHONE

Clontarf Facility: (07) 3284 6638
Service Manager: 0412 839 440

FEEDBACK FORMS

There are suggestion boxes located at the facility.
Feedback forms can be found alongside.

SURVEYS

Residents and their representatives are also encouraged to participate in satisfaction surveys released bi-annually.



QR CODE

Scan the QR code to
share what is important
to you

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges, these items need to be labelled with the resident's name. Please ask staff who can assist you in completing the required form to document expiry date etc. Please remember to let Admin office know if any of your details have changed so we have current information. Lost and found will be held monthly in the tv lounge, if you have lost any items of clothing please come along.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culturaldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care (08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au

Dementia Support Australia (02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

CLONTARF Activity Program ~ October 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1st Coffee Day Morning chats 9am Walking Group 9.30am Exercise 10.30am International Coffee Day – Lets Chat! 1.30- 330pm Carpet bowls	2nd Bus Trip 9am Walking Group 9.30am Exercises 10.30am Craft Oktober Fest 1.00pm Documentary 2.30 – Word building	3rd-Oktober Festival Morning chats 9am Walking Group 9.30am Exercises 10.30am Oktober fest Celebrations 1.30pm Happy hour and beer	4th No Planned Activities Rest Day 	5th  NRL GRAND FINAL 2025 LIVE AND LOUD ON THE BIG SCREEN
						
6th	7th Ariana – Roving	8th	9th Bus Trip	10th	11th	12th
	Morning Chats 9am Walking Group 9.30am Exercises 10.30 High Tea for King Charles Birthday Midday - Lunch 1.00pm Documentary on Parks/Gardens 2pm Word Game 2.00pm Ariana – Roving	Morning chats 9am Chair yoga 9.30am Exercises 10.30 Christine – Nondenominational Service Midday - Lunch 1.30 -330pm Carpet bowls	Morning chats 9am Walking group 9.30am Exercises 10.30am Word Building Midday - Lunch 1.30pm Craft 4pm Ch 7 News	Morning chats 9am Walking Group 9.30am Exercises 10.30 Golf putting Midday - Lunch 2.30pm Bingo 4pm The Chase – News	No Planned Activities Rest Day 	No Planned Activities Rest Day 
13th Ukelele Concert Morning chats 9am Walking Group 9.30am Exercises 10.30am Residents Meeting Midday - Lunch 1.30pm Ukelele Concert	14th LIBRARY VISIT Morning chats 9am Walking Group 9.30am Exercises 10.30am Music Trivia Midday - Lunch 1pm Cooking 2.30pm HOY	15th Morning chats 9am Chair yoga 9.30am Exercises 10.30am Quilts and bean bag toss 2.30pm Word building 4pm The News	16th Bus Trip Morning chats 9am Walking Group 9.30am Exercises 10.30am Who am I? 1.30pm Word Building 4pm Ch 7 News	17th Morning chats 9am Walking Group 9.30am Exercises 10.30am Skittles 1.00pm 1 to 1 visits 2.30pm Happy Hour! And Reminiscing amongst friends.	18th No Planned Activities Rest Day 	19th No Planned Activities Rest Day 
20th Morning chats 9am Walking Group 9.30am Exercises 10.30am Outdoor games 1pm Documentary 2.30pm HOY SESSION 4pm – News	21st Morning chats 9am Walking Group 9.30am Exercises 10.30am Golf Putting 1.00 Documentary 2.30pm Word Game	22nd Morning chats 9am Chair yoga 9.30am Exercises 10.30am Sharing Caring at St Peters (Anglican Church) 1.30 -1.15 Residents 2.30pm Crosswords	23rd Bus Trip Morning chats 9am Walking Group 9.30am Exercises 10.30am Documentary 1.30pm Trivia 4pm Ch 7 News	24th Morning chats 9am Walking Group 9.30am Exercise 10.30am Manicures and pampering 2.30pm Bingo	25th No Planned Activities Rest Day 	26th No Planned Activities Rest Day 
27th Morning Chats 9am Walking group 930 Exercises 10.30 Games 2.30 Hoy Session 4.00pm TV chase quiz	28th Hairdresser onsite Morning Chats 9am Walking Group 9.30am Exercises 10.30am Documentary 13.00 Trivia 2.30pm Resident Choice	29th Grandparents Day and Choir Morning Chats 9am Walking Group 9.30am Exercises 10.30am Concert Choir Midday – Lunch 2.30pm Floor Darts	30th Bus Trip Morning Chats 9am Walking Group 9.30am Exercises 10.30 Puzzles & boardgames Midday – BBQ Lunch 2.30pm Word Building 4pm Ch 7 News	31st Day for Daniel		No Planned Activities Rest Day 