



# BEAUMONT CARE

*Warm-Hearted Care, Your Way*

## Newsletter WAMURAN



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May 2025

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### BEAUMONT CARE WAMURAN

Service Manager:  
Jessie Wockner  
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[www.beaumontcare.com.au/wamuran](http://www.beaumontcare.com.au/wamuran)

# FROM THE SERVICE MANAGER

Hello everyone,

Thank you for your congratulations and luck as I step into the role of Clinical Manager/Service Manager. Your support and kind words are most appreciated! I'm excited to embark on this new adventure with the opportunity to embrace new challenges and develop new skills while our team works hard to find a candidate for the role, who shares the same passion and values as we do at Beaumont Care. I would like to share three topics with you all.

## **Preparing for Winter: Keeping Warm and Cozy**

As the cooler months approach, it's important to ensure that our loved ones stay warm and comfortable. Here are some tips to help us prepare:

- **Layer Up:** We encourage residents to wear multiple layers of clothing. Layers trap heat more effectively and can be adjusted as needed.
- **Warm Bedding:** Make sure that beds are equipped with warm blankets and comforters.
- **Heaters and Warm Spaces:** We ensure that living spaces are adequately heated.
- **Hot Meals and Drinks:** We serve warm meals and beverages to help maintain body temperature. Soups, stews, and hot teas are excellent choices.
- **Winter Clothing:** Make sure residents have access to warm clothing such as jumpers, jackets, long sleeve shirts, long pants, and socks. If you need assistance in acquiring these items, please reach out to our staff. Please ensure you provide new clothing items to staff so we can label the clothing before residents are able to wear them.

## **Influenza vaccination reminder**

As we approach the flu season, it's crucial to protect ourselves and our loved ones. We strongly encourage all residents, staff, and visitors to get their influenza vaccinations. If you haven't already, please collect a consent form for completion from reception and return as soon as possible. Let's work together to keep our community healthy and safe!

## **Welcome to Our New Clinical Nurse**

We are delighted to announce our Registered Nurse, Denai Janissen, will be standing in as Clinical Nurse. Denai brings a wealth of experience and a compassionate approach to care. We are confident that she will be a wonderful addition to our team at Wamuran within the new role. Please join us in giving Denai our congratulations and support as she transitions in this role. All families are welcome to stop by and say hello!

Warm regards,

A handwritten signature in black ink that reads "Jess". The script is cursive and fluid, with the first letter 'J' being particularly large and stylized.

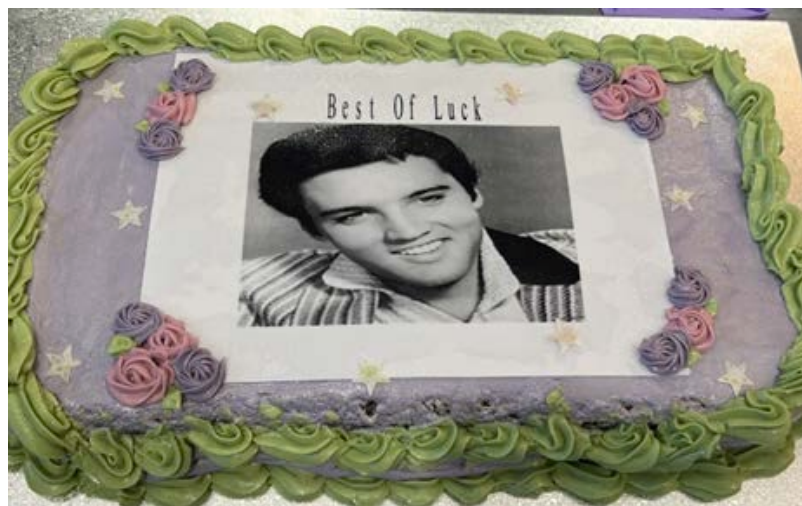


# FAREWELL AND GOOD LUCK KAREN

Karen Wockner, our beloved Service Manager for over 5 years has been promoted within Beaumont Care and has left Wamuran this month.

We held a morning tea for her on Thursday 17th April where we showered her with gifts, food and an Elvis cake! Our wonderful kitchen staff made all of the food, with Tahliesha Dickson making and decorating the cake.

We wish her all the best with the new position, and she will be dearly missed by Wamuran staff, residents and families.



## FROM OUR LIFESTYLE TEAM

Hello everyone,

Join us for a special Mother's Day High Tea on Monday 12th May to celebrate all who are mothers and have mothers. Everyone is welcome! Please let the Lifestyle Team know if you would like to join us, for catering and dietary requirements.

We are excited to announce a special visit from the Christian Motorcycle Club! Come and meet the members of the Christian Motorcycle Club, hear about their journeys, and enjoy a delightful morning tea in the Cafe from 10.30am on Wednesday 28th.

We were lucky to have the Easter Bunny visit us on the same day we had a visit from the Kids Caper Children. The children decorated biscuits to make bunny faces to share with the residents for morning tea. They also did some easter colouring and made easter headbands to wear. Lots of smiles and chocolates given out to the children, and the big children as well!

The Easter Bunny returned for Happy Hour with the residents, to give out early gifts and take photos with the residents. The winners from our Easter Raffle are Karen G., Judith W., Vicki K. and Maree H. Thank you to everyone for your support in purchasing a ticket, with all proceeds going towards activity resources for our residents.

We were fortunate to have the rain stop just in time for our Facility ANZAC Service on Thursday 24th. Thank you to everyone who attended and supported our service.

Take care and stay safe.

*Lifestyle and Leisure Team*

## STAFF PROFILE - SHELLEY



Shelley has been with the Beaumont Care team since August 2024. She says you'll sometimes find her in the kitchen cooking or serving meals, or in the laundry or cleaning rooms. Shelley loves talking to the residents and being part of a team.

Outside of work, Shelley loves seeing her grandchildren and holidaying in her caravan. Her dream holiday would be somewhere in the rainforest with running water.

Her favourite colour is purple and she loves Indian and Thai food and a nice salad. Shelley also enjoys gardening, listening to music and watching a movie on a rainy day!



# May

## BIRTHDAYS

Anne Merton - 1st  
Diane Gregory - 13th  
Yvonne Rousell - 24th  
Holger Wiechmann - 26th  
Mary Kuhl - 27th  
Valma Waterman - 31st

HAPPY  
BIRTHDAY!



## GETTING TO KNOW OUR RESIDENTS

### Margaret

Margaret was born and grew up in Melbourne, living there all her life before moving here to Beaumont Care Wamuran.

Margaret and her husband had four children; one son and three daughters. After the children had grown, she worked as a telephonist for 21 years for S.S. Transport Company. Margaret had two pet Corgis, she adored.

Margaret loved to dance. It started with tap dancing when she was young. She has also enjoyed doing ballet, ballroom, square and line dancing, along with Clogging (a flat shoe dancing where there is two pieces of metal joined loosely together so that the metal makes a clapping sound). Margaret has fond memories of going to America with her sister, clog dancing.

At Beaumont Care, Margaret likes to start her day with the morning exercise group. She also enjoys doing dot art and has a large collection in her room, from wall hangings, carry bags, windchimes and trivets.

Management & staff offer our deepest sympathy and condolences to the family & friends of

**Nellie Paez**



# LIFE AT BEAUMONT CARE

## Easter at Wamuran!

Easter celebrations this year included an Easter-themed Wednesday afternoon coffee in the cafe, with residents and family enjoying hot cross buns and an easter slice the residents had made in the morning cooking activity. Easter baskets and table centre piece were also made by the residents. A lovely afternoon enjoyed by all!





# LIFE AT BEAUMONT CARE

A visit from the children of Kids Caper, and the Ester Bunny, put a smile on the residents' faces.



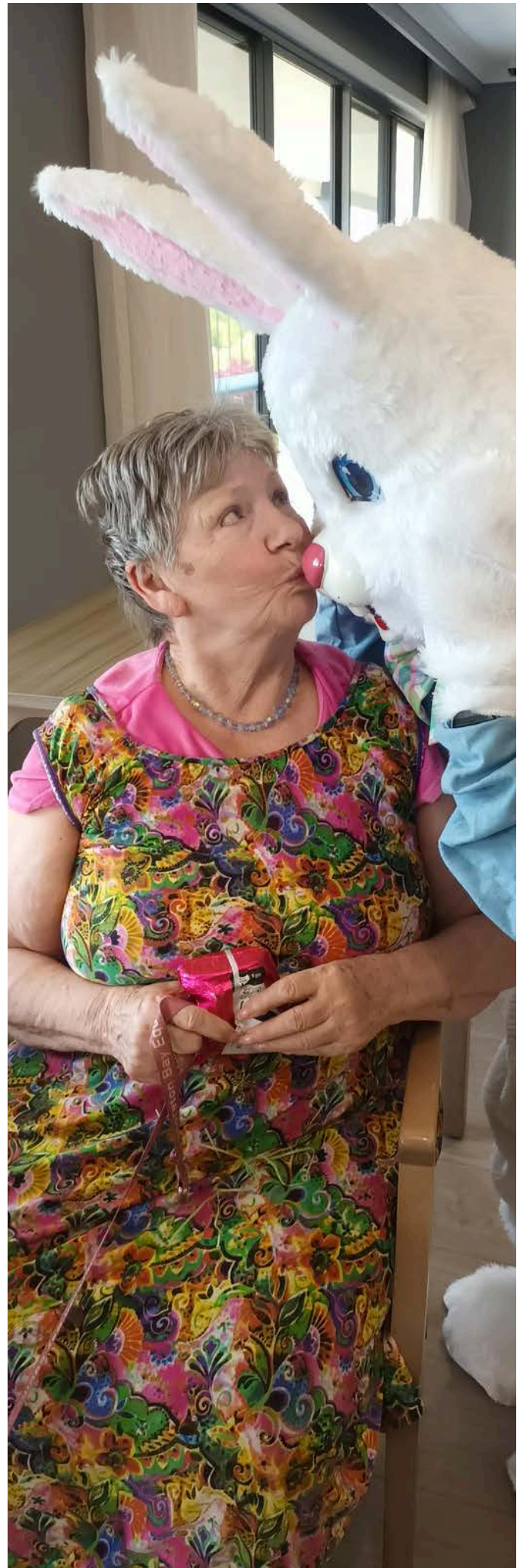


# LIFE AT BEAUMONT CARE





# LIFE AT BEAUMONT CARE



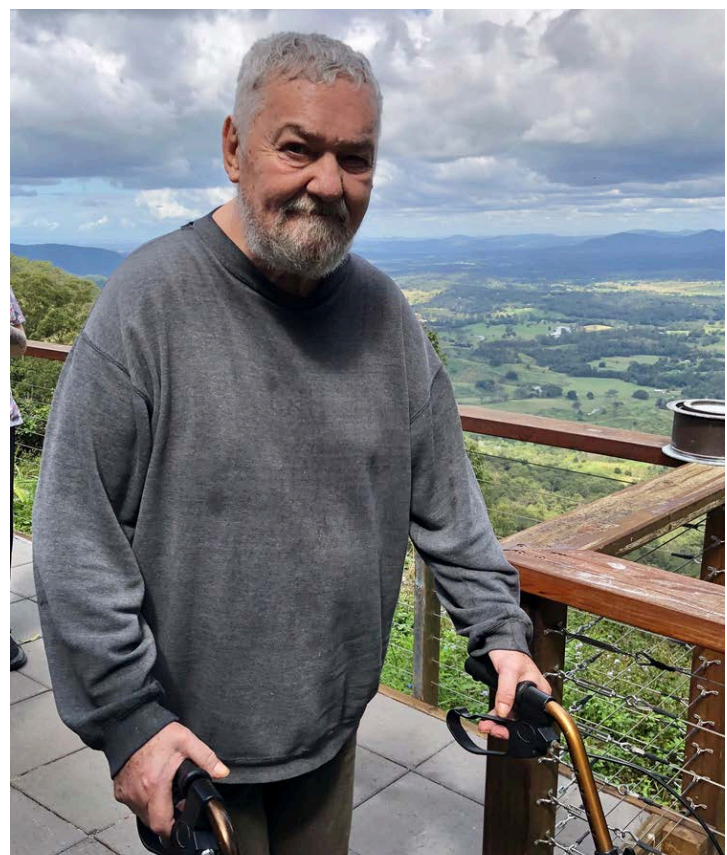


# LIFE AT BEAUMONT CARE



Residents recently enjoyed a bus outing to Centenary Lakes for afternoon tea. What a beautiful day for fresh air, sunshine and to watch the birds!

A bus trip to Pit Stop Cafe for a lovely lunch and then a quick stop at the lookout for a short walk and to take in the view was another highlight this month.





# LIFE AT BEAUMONT CARE



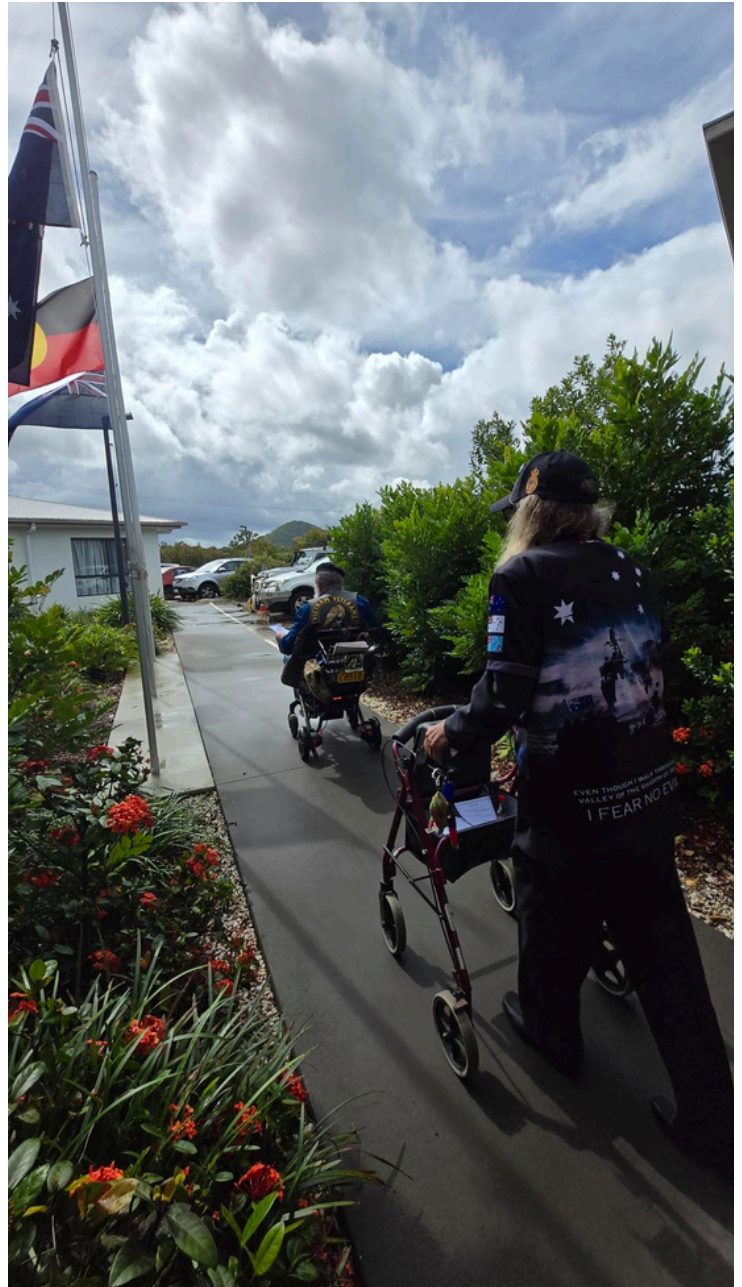
## ANZAC Day at Wamuran

A special ANZAC Day service was held at Wamuran to mark this significant day. Thank you to those who supported this event.  
Lest We Forget.





# LIFE AT BEAUMONT CARE





## The Origins of Mother's Day

**Ancient Celebrations:** The earliest celebrations of motherhood can be traced back to ancient Greece and Rome, where festivals were held in honor of the mother goddesses Rhea and Cybele.

**Global Celebrations:** Today, Mother's Day is celebrated in various forms around the world. While the dates and traditions may vary, the essence of honoring mothers remains the same. In many countries, it involves giving gifts, flowers, and cards to mothers and maternal figures.

In Australia, Mother's Day is celebrated on the **second Sunday of May**. This year, it falls on **Sunday, May 11, 2025**.



MOTHER'S DAY

### Fun Facts

An old tradition in Australia is to wear white flowers to honour one's mother on Mother's Day.

Did you know that more phone calls are made on Mother's Day than any other day of the year? These calls often cause phone traffic to spike by as much as 37%.

## History of Mother's Day in Australia

Mother's Day in Australia shares its origins with the United States, where it was established by Anna Jarvis in the early 20th century. The tradition was adopted in Australia in the mid-1920s. A notable early advocate in Australia was Mrs. Heyden of Sydney, who began the practice of giving gifts to mothers at the Home for Destitute Women and Children.

Australians celebrate Mother's Day by giving gifts, flowers, and cards to their mothers and maternal figures. Common activities include:

- Breakfast in bed or a special meal at home.
- Dining out at a nice café or restaurant.
- Quality time spent together, such as going for a nature walk, visiting an art exhibition, or enjoying a picnic in the park.





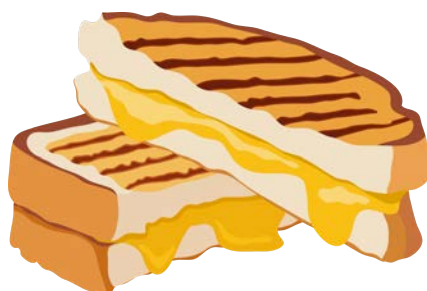


## The cafe is open

Monday and Thursdays 10am to 2pm  
and  
Sundays 9am to 12.30pm

### Booking the Café for special occasions

Our café can be booked for birthday celebrations and family gatherings. Please email administration with group numbers, dietary requirements and types of foods *e.g. desserts, platters, hot food* and dates so we can give you a quote. Only day that cannot be booked is Saturdays.





# HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services. We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

## EMAIL

Service Manager: karenwockner@beaumontcare.com.au  
Clinical Nurse: cn-wamuran@beaumontcare.com.au  
Executive Team: exec@beaumontcare.com.au

## FEEDBACK FORMS

There are suggestion boxes located at the facility.  
Feedback forms can be found alongside.

## PHONE

Wamuran Facility: (07) 5328 1299

## ONLINE ELECTRONICALLY

Beaumont Care has an online feedback form accessible at [www.beaumontcare.com.au](http://www.beaumontcare.com.au)

## NEWSLETTER / SURVEYS / GROUP EMAIL

Residents and their representatives are encouraged to participate in satisfaction surveys released bi-annually. Newsletter format has been updated to be more informative to enhance transparency with the changes expected within the aged care sector. Group emails are utilised on an as needed basis to disseminate information quickly to resident representatives.

## GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges, these items need to be labelled with the resident's name. Please ask staff who can assist you in completing the required form to document expiry date etc.

Please remember to let Admin office know if any of your details have changed so we have current information.

## HELPFUL LINKS & RESOURCES

**Aged and Disability Advocacy Australia** 1800 818 338

**Aged Care Complaints Commission** 1800 550 552

**Cultural Diversity in Australia** [www.culteraldiversity.net.au](http://www.culteraldiversity.net.au)

**Older Persons Advocacy Network** 1800 700 660 [www.opan.com.au](http://www.opan.com.au)

**Palliative Care** 08) 7221 8233 [www.eldac.com.au](http://www.eldac.com.au)

**Human Rights Commission Queensland** 1300 130 670 [www.qhrc.qld.gov.au](http://www.qhrc.qld.gov.au)

**Dementia Support Australia** 02) 8437 7355 [www.dementiacentre.com](http://www.dementiacentre.com)

**Aged Care Quality & Safety Commission** 1800 951 822 [www.agedcarequality.gov.au](http://www.agedcarequality.gov.au)

**Advanced Care Planning** 1300 007 227 [www.advancecareplanning.org.au](http://www.advancecareplanning.org.au)

**Charter of Aged Care Rights** [www.agedcarequality.gov.au/resources/charter-aged-care-rights](http://www.agedcarequality.gov.au/resources/charter-aged-care-rights)



## Wamuran Activity Program – May 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
<b>5<sup>th</sup></b> 			<b>1<sup>st</sup></b> 9.00am Balance Exercise Group 10.30am Christian Prayer Group 10.30am Art & Craft 2.00pm Happy Hour with "Di"	<b>2<sup>nd</sup></b> 9.00am Morning Movement/Reminiscence 10.30am Hoy 10.30am 1-1 Social Visits 2.00pm Paint & Sip 2.00pm Movie in Theatre	<b>3<sup>rd</sup> /4<sup>th</sup></b> <b>Saturday</b> 10.30am Bingo  <b>Sunday</b> Café Open 9.00am – 12.00pm
<b>6<sup>th</sup></b> 9.00am Chair Yoga/Strength Group 10.00am Personal Shopping 10.30am Bingo 2.00pm Game of Poker 2.00pm Pool comp	<b>7<sup>th</sup></b> 9.00am Sensory/Grey Matter Stimulation 10.30am Scrabble/Card Group 10.30am 1-1 Social Visits 2.00pm Coffee Club in the Café 		<b>8<sup>th</sup></b> 9.00am Balance Exercise Group 10.30am Entertainers Judy & Owen 2.00pm Happy Hour with Hangman	<b>9<sup>th</sup></b> 9.00am Morning Movement/Reminiscence 10.30am Hoy 11.00am Strawberry Café Lunch Bus 2.00pm Armchair Travel to Greece 3.30pm Sensory Activity	<b>10<sup>th</sup>/11<sup>th</sup> Mothers Day</b> <b>Saturday</b> 10.30am Bingo  <b>Sunday</b> Café Open 9.00am – 12.00pm
<b>12<sup>th</sup></b> 9.00am Bocce 10.30am Scenic Bus Trip (MSU) 10.30am Word Game 1.30pm Picnic Bus Trip 2.00pm Mother's Day High Tea	<b>13<sup>th</sup></b> 9.00am Chair Yoga/Strength Group 10.30am Bingo 2.00pm Knit/Natter Group	<b>14<sup>th</sup></b> 9.00am Sensory/Grey Matter Stimulation 10.30am Cooking with Lea 10.30am 1-1 Social Visits 2.00pm Coffee Club in the Café 	<b>15<sup>th</sup></b> 9.00am Balance Exercise Group 10.30am Christian Prayer Group 10.30am Art & Craft 2.00pm Happy Hour with "Di"	<b>16<sup>th</sup></b> 9.00am Morning Movement/Reminiscence 10.30am Hoy 10.30am 1-1 Social Visits 2.00pm Table Bowls 2.00pm Movie in Theatre	<b>17<sup>th</sup> /18<sup>th</sup></b> <b>Saturday</b> 10.30am Bingo  <b>Sunday</b> Café Open 9.00am – 12.00pm
<b>19<sup>th</sup></b> 9.00am Bocce 10.30am Scenic Bus Trip (MSU) 10.30am Word Game 1.30pm Picnic Bus Trip 2.00pm Virtual Quiz	<b>20<sup>th</sup></b> 9.00am Chair Yoga/Strength Group 10.00am Personal Shopping 10.30am Bingo 2.00pm Game of Poker 2.00pm Darts Comp	<b>21<sup>st</sup> Kim Nail Technician</b> 9.00am Sensory/Grey Matter Stimulation 10.30am Board & Dice Games 2.00pm Coffee Club in the Café 	<b>22<sup>nd</sup></b> 9.00am Balance Exercise Group 10.00am Shopping Trip 10.30am Gardening Group 2.00pm Happy Hour with Rob Stevenson	<b>23<sup>rd</sup></b> 9.00am Morning Movement/Reminiscence 10.30am Hoy 11.00am Lookout Café Lunch Bus 2.00pm Craft/Art 3.30pm Sensory Activity	<b>24<sup>th</sup> /25<sup>th</sup></b> <b>Saturday</b> 10.30am Bingo  <b>Sunday</b> Café Open 9.00am – 12.00pm
<b>26<sup>th</sup></b> 9.00am Bocce 10.30am Scenic Bus Trip (MSU) 10.30am Word Game 1.30pm Picnic Bus Trip 2.00pm Bonus Quiz	<b>27<sup>th</sup></b> 9.00am Chair Yoga/Strength Group 10.00am Residents Meeting in Dining Room 10.30am Bingo 2.00pm Bead Jewellery Making	<b>28<sup>th</sup></b> 9.00am Sensory/Grey Matter Stimulation 10.30am Christian Motorcycle Club Visit & Coffee Club 2.00pm Documentary in Theatre 	<b>29<sup>th</sup></b> 9.00am Balance Exercise Group 10.30am Christian Prayer Group 10.30am Art & Craft 2.00pm Happy Hour with "Di"	<b>30<sup>th</sup></b> 9.00am Morning Movement/Reminiscence 10.30am Hoy 10.30am 1-1 Social Visits 2.00pm Ten Pin Bowls 2.00pm Movie in Theatre	<b>31<sup>st</sup></b> <b>Saturday</b> 10.30am Bingo  <b>Sunday</b> Café Open 9.00am – 12.00pm

Activity Program subject to change due to resident's needs.