

# Newsletter



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May 2025

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# BEAUMONT CARE CLONTARF

Service Manager: Katie Morgan (07) 3284 6638 39 Baringa Street, Clontarf Qld 4019

### FROM OUR SERVICE MANAGER

Welcome to the month of May!

May is the month of Mother's Day, International Laughter Day, World Hand Hygiene Day, May Day and International Nurses Day.

Our Registered Nursing staff Sue, Nick, Colleen, Skye, Crystal, Anuja, Maxine, Lauren, June, Mariam and Shan, all led by our Clinical Nurse Marnie, work tirelessly every day to ensure your health and wellbeing is maintained. They are vital at ensuring that the delivery of your care is exceptional and guide all staff in creating a safe and supportive environment for everyone. Please help me with celebrating our amazing Registered Staff this month.

You may have noticed a few new faces over the past few weeks as we are now at 100% capacity (yay!). I have been able to welcome a few more staff to our Beaumont family. Please help me in welcoming AINs Rachael, Sarah and Nola as well as RN Shan. We have also welcomed back Sarah who returned to us from our Kippa Ring facility after a small hiatus.

Please, if you have feedback on anything at all, do not hesitate to let me know. Residents and their representatives' input are a vital part of the running of any facility.

I encourage you to provide your thoughts, suggestions, and feedback at any time, the good, the bad and the ugly.

My door is always open.

**Latie** 

#### FROM OUR LIFESTYLE TEAM

Another month has flown by, with May just around the corner.

This month we have welcomed some new residents. We have also had shared lots of fun Easter activities including making cookies, decorating Easter eggs and a visit from the Easter bunny. He managed to leave us some yummy chocolates! We also had some residents take part in an Easter egg hunt around the facility, and others joined a special service for Easter with our local Rev. Howard.

Back by popular demand, ukulele group The Supers, treated residents to a concert. They were loads of fun with some great tunes to sing along to.

To mark Anzac Day, we had John come in and do a special service. Thank you everyone who paid their respects to all our returned service men and women.

May brings us more fun and entertainment. We have Mother's Day and a high tea as well as some concerts planned.

With the cooler months approaching we are look forward to more walks in the community and courtyard activities.

# Lifestyle and Leisure Department

#### **STAFF PROFILE - MARYANN**

Maryann has worked with us at Beaumont Care for 4 years. What she enjoys most about working here is helping the residents and her workmates, in any way she can.

Maryann's favourite place to be is home, however her dream holiday would be to travel around Australia. Her favourite colour is blue and Maryann's interests include footy (Broncos and Dolphins are her teams) and making beaded curtains.

Maryann does not have any pets after losing her 17 year old Pomchi last year.

Her favourite meal is a roast dinner and a coke.

"Nothing makes me happier than making over people happy," says Maryann. She loves the riddle which asks: What can you wear that never goes out of style? Answer: A smile.



# Welcome...

On behalf of all the Beaumont Care family we warmly welcome

Widad Zeghen

along with their friends and families



Paul Wegner - 1st Graydon Murdoch - 7th Morann McGuire -10th





## **GETTING TO KNOW OUR RESIDENTS**



# Morann

Those who know Morann knows she will always be up for a chat!

Morann loves heading down to the lounge to participate in games, trivia and singalongs. She especially enjoys listening to Neil Diamond and Elvis.

Occasionally Morann also enjoys coming out on the bus and having a change of scenery.

Morann's favourite colour is green, her favourite food is a stew and she loves Australian race car driver Peter Brock.





### Easter at Clontarf



Residents enjoyed many Easterthemed activities including decorating delicious easter biscuits







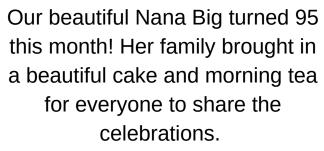
Reverend Howard led a special Easter service for residents





Congratulations to Kay, our first lucky Easter Egg Hunt winner!!

















Residents enjoying toasted sandwich day with some music







After a busy morning of chocolate making and biscuit decorating, residents enjoyed a game of floor darts. Easter gift donations also brought smiles.





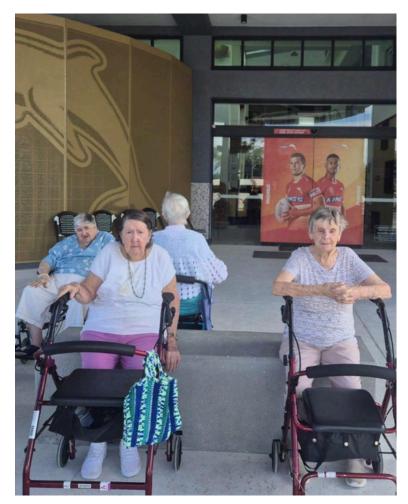




Residents recently enjoyed sunshine, a drink and lovely water views with an outing to the Moreton Bay Marina



# Lunch and entertainment at Dolphins









Keeping active and healthy with exercise and stretches

Best friends, enjoying each other's company and a laugh





Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office? Please forward to clontarf@beaumontcare.com.au Updated or changed your email address, phone number or postal address recently?

Please forward to

clontarf@beaumontcare.com.au

# GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.

Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

# A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

### **CHURCH SERVICES**

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

## **HAVE YOUR SAY**

Beaumont Care is committed to providing high quality care and services.

We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

#### **EMAIL**

Service Manager, Katie Morgan:
katiemorgan@beaumontcare.com.au
Clinical Nurse, Marnie Ward:
cn-clontarf@beaumontcare.com.au

Executive Team: exec@beaumontcare.com.au

#### **PHONE**

#### **FEEDBACK FORMS**

Clontarf Facility: (07) 3284 6638 There are suggestion boxes located at the facility. Service Manager: 0412 839 440 Feedback forms can be found alongside.

#### **ONLINE ELECTRONICALLY**

Beaumont Care has an online 'feedback form accessible at www.beaumontcare.com.au

#### **NEWSLETTER / SURVEYS / GROUP EMAIL**

Residents and their representatives are encouraged to participate in satisfaction surveys released bi-annually. Newsletter format has been updated to be more informative to enhance transparency with the changes expected within the aged care sector. Group emails are utilised on an as needed basis to disseminate information quickly to resident representatives.

## **HELPFUL LINKS & RESOURCES**

**Aged and Disability Advocacy Australia** 1800 818 338

**Aged Care Complaints Commission** 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care (08) 7221 8233 www.eldac.com.au

**Human Rights Commission Queensland** 1300 130 670 www.qhrc.qld.gov.au

**Dementia Support Australia** (02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

	Saturday Sunday	3rd 4th		Rest Day	Rest Day	No Planned Activities Rest Day	No Planned Activities Rest Day	No Planned Activities Rest Day Rest Day Thin	No Planned Activities Rest Day Rest Day Rest Day Rest Day Activities Rest Day Rest Day	No Planned Activities Rest Day Rest Day Rest Day April 17th  17th  24th	Rest Day Rest Day Rest Day Rest Day Rest Day Activities Rest Day Rest Day 31st
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	Inursday	1st Bus Kim Lee – Mary Cain Cross	9am Walking Group 9.30am Exercises with Mary 10.30am Jokes and story telling 1.30pm Word Building 2pm Documentary 4pm Ch 7 News		8th Bus Trip Katrina	8th Bus Trip Katrina 9am Walking Group 9.30am Exercises with Mary 10.30am Documentary 1.30 Hand and Nails 2pm Word Games 4pm Ch 7 News	8th Bus Trip Katrina 9am Walking Group 9.30am Exercises with Mary 10.30am Documentary 1.30 Hand and Nails 2pm Word Games 4pm Ch 7 News 4pm Ch 7 News day Bus- Kim Lee	9am Walking Group 9.30am Exercises with Mary 10.30am Documentary 1.30 Hand and Nails 2pm Word Games 4pm Ch 7 News 4pm Ch 7 News Bus- Kim Lee 9am Walking Group 9.30am Exercises with Mary 10.30am Cooking cookies 1.30pm Word Building 2pm Coffee club day and chats in courtyard	9am Walking Group 9.30am Exercises with Mary 10.30am Documentary 1.30 Hand and Nails 2pm Word Games 4pm Ch 7 News 4pm Ch 7 News Bus- Kim Lee Bus- Kim Lee 9.30am Exercises with Mary 10.30am Cooking cookies 1.30pm Word Building 2pm Coffee club day and chats in courtyard		
Wednesday				- +-	7 <sup>th</sup> Concert Day	9am Walking Group 9.30am Exercises 10.30am HOY Lunch outside 1.30pm Concert with Ben	9am Walking Group 9.30am Exercises 10.30am HOY Lunch outside 1.30pm Concert with Ben				
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Monday				5 <sup>th</sup> Labour Day - Public	Holiday	Holiday HAPPY LABOR DAY	Holiday  LABOR  LABOR  DAY  DAY  ONURSES DAY	Holiday  12 <sup>th</sup> International Nurses Day  Worning Chats 930 Exercises 10.30am HOY 2.30pm Concert Jack the music man	Holiday  12 <sup>th</sup> International  Nurses Day  Morning Chats 930 Exercises 10.30am HOY 2.30pm Concert Jack the music man	Holiday  12th International Nurses Day  Morning Chats 930 Exercises 10.30am HOY 2.30pm Concert Jack the music man  19th  19th  19th  10.30am 2.30pm Game of Hoy	Holiday  12 <sup>th</sup> International Nurses Day  Morning Chats 930 Exercises 10.30am HOY 2.30pm Concert Jack the music man  19th  19th  10.30am 2.30pm Game of Hoy