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BEAUMONT CARE CLONTARF

Service Manager:
Katie Morgan
(07) 3284 6638
39 Baringa Street,
Clontarf Qld 4019

FROM OUR SERVICE MANAGER

Hi all and welcome to April. The month of Easter and ANZAC Day.

Thank you all for your understanding and assistance during our visit from Cyclone Alfred. Wow, was that a ride! Thankfully we came out completely unscathed with no damage, injuries or water penetration to the facility. The residents all slept merrily on whilst the gales were blowing outside.

We would like to welcome Shane to Clontarf Kitchen! Shane is a qualified Chef with 18 years of service behind him, in everything from silver service dining to mass production kitchens. We can't wait to see what amazing flavours he produces for you all! Shane is really looking forward to working with Ryan, who is our Maggie Beer Foundation Mentor Chef, to see what other improvements we can deliver in the kitchen. The Maggie Beer Program is going well with positive feedback provided. If you taste anything you love on days when Ryan is here, please do let us know so we can include these menu options going forward. Even if it was something as simple of a new sauce or a different way the vegetables were presented, all feedback helps.

Please make feel at home our new Assistant in Nursing (AIN) Tia, who started with us in late March, along with Registered Nurse (RN) Miriam. I am sure you will all roll out the red carpet for them. Clontarf has also recently had to say goodbye to AINs Cairney and Casey. Cairney has relocated to Perth WA and Casey has also moved away from the area. We all wish them both all the best.

Residents and their representatives' input are a vital part of the running of any facility. Please feel welcome to provide your thoughts, suggestions, and feedback at any time - the good, the bad and the ugly. My door is always open.

Katie

FROM OUR CLINICAL MANAGER

Hello everyone,

Colds and flu are very contagious viral infections and you can catch a cold or flu at any time of the year, not just in winter — however they are more common during the winter months. This may be because people are more likely to stay indoors and be in close contact with each other.

As we want to keep all our lovely residents healthy and well, we ask that where possible you limit exposure to cold and flu infections by:

- Washing your hands regularly or use hand sanitizer
- Cover your mouth when coughing or sneezing
- Put used tissues in the bin immediately
- Stay warm and dry
- Please alert staff immediately if you have any cold symptoms such as runny nose, cough, sore throat etc and remain in your room until tested
- Get a flu vaccine (I am arranging these at the moment)

If you have any questions or feedback, please come and see me. As always, the clinical team and I are here to provide you with assistance, support and comfort. Please don't hesitate to call on me at any time.

Marns

FROM OUR LIFESTYLE TEAM

Hello and welcome to April, the Leisure and Lifestyle team wish everyone well.

Last month saw us celebrating St. Patrick's Day – the wearing of the green. Thank you to all who joined in with dress-ups, the Irish singalongs, and Happy Hour. All in attendance had a good day – “to be sure, to be sure”.

During March, we had a concert from Ariana, marked Shrove Tuesday, and had a visit from a cyclone! While the cyclone was unexpected, we were all well prepared and things were back to normal in no time. We ended the month celebrating Harmony Day, with residents and staff encouraged to wear orange. We celebrated inclusivity and all cultures. Everyone belongs!

Many birthdays were celebrated during March including a special 80th. Should anyone wish to celebrate their day in a special way, please don't hesitate to let us know.

Heading into April we will have Father Howard come to Clontarf to host a special Easter Service. Please note this will be open to all denominations and we welcome you all. Anzac Day we will also have a special service on the morning of the 25th.

Until next Month, take care of yourselves and look out for each other. We look forward to the cooler months ahead.

Lifestyle and Leisure Department

STAFF PROFILE - SKYE

Skye has worked at Beaumont Care for 10 years.

She enjoys working as a Registered Nurse in aged care and building new relationships with residents and colleagues.

Outside of work, Skye is a mother to two beautiful children, one boy and a little girl.

Skye and her family do not currently have pets, however she has fond memories of growing up with horses and birds.

Her favourite colour is blue, as she says it reminds her of the sea and the sky - both of which she finds calming.

Skye's favourite foods are desserts, and she also loves mangos.



Welcome...

On behalf of all the
Beaumont Care family,
we warmly welcome

**Leslie Hunter,
And
Rex Marshall**

along with their friends
and families

April BIRTHDAYS

John Schuttloffel - 8th

Elizabeth Symons - 11th

Corinne Underwood- 13th

Ronald Fraser - 19th

Ian Gray - 21st

Elaine Marshall - 21st

*Happy
Birthday!*



GETTING TO KNOW OUR RESIDENTS



Dan Bushnell

Dan is one of our new residents and has settled in nicely here at Beaumont Clontarf. He enjoys the social setting and heading to the lounge to join in the trivia, quizzes, games and music.

Dan has a dog, a beautiful golden retriever who stays with his granddaughter.

His dream holiday would be heading to England. His favourite colours are black and blue, and Dan's interests include trivia, horse racing and athletics. He has had a few family members in athletics represent the state.

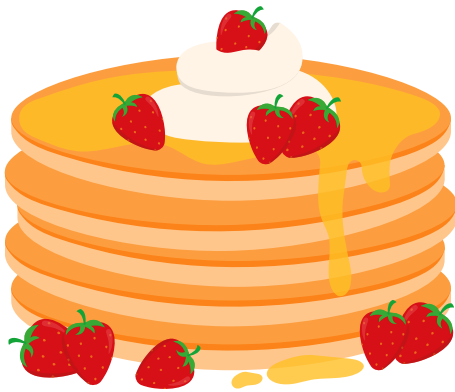
Dan's favourite food is a roast lamb with all the trimmings and mint sauce. He also enjoys a lobster with loads of lemon and his favourite drink is a cold iced coffee.

Dan is sharp and witty and is always keen for a joke and a laugh.

LIFE AT BEAUMONT CARE



Shrove Tuesday saw residents and staff enjoy cooking and eating pancakes. This is originally a Christian tradition on the day before Lent begins.



LIFE AT BEAUMONT CARE



St. Patrick's Day celebrations included decorations, singalongs, Happy Hour and a lot of green!



LIFE AT BEAUMONT CARE



The theme for Harmony Day this year was 'Everyone belongs'. The residents and staff wore orange to acknowledge the day and celebrate diverse cultures.



LIFE AT BEAUMONT CARE



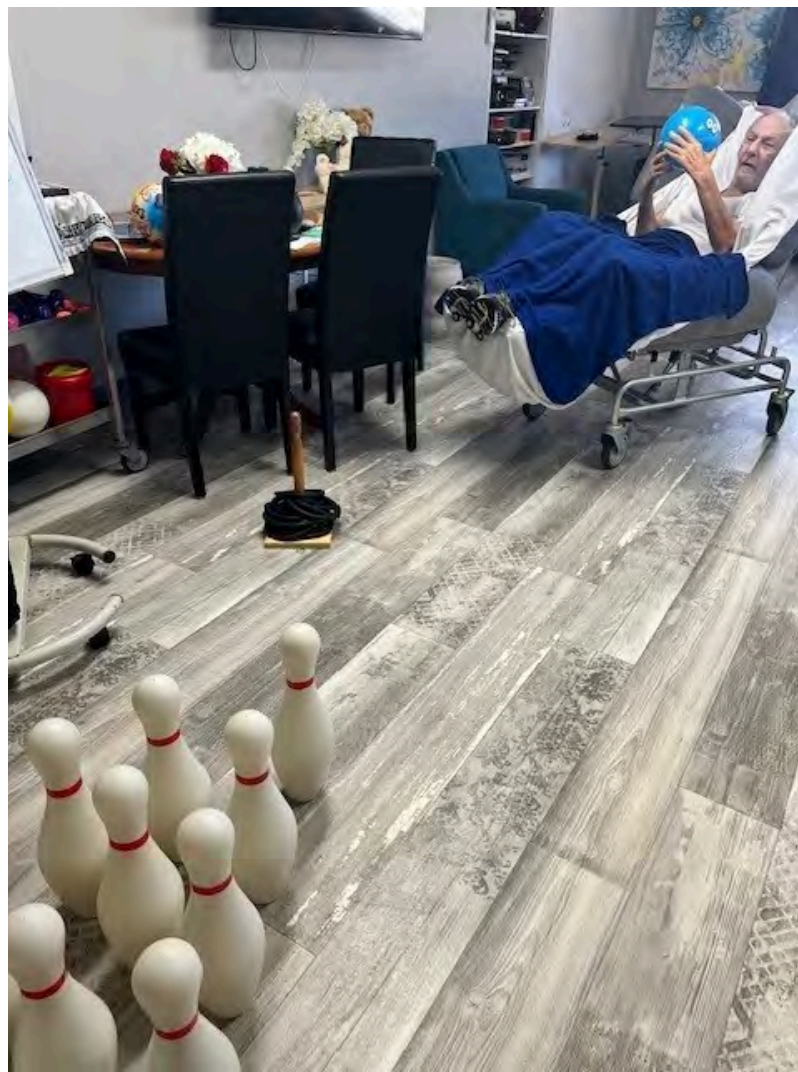
Outings this month included bus trips to North Pine Dam and Dolphin's Club



LIFE AT BEAUMONT CARE



Residents were treated to a special concert by Ariana and also enjoyed some bowling this month



LIFE AT BEAUMONT CARE



Lot's of birthdays were celebrated in March, including Lyn's 80th!



LIFE AT BEAUMONT CARE



Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?

Please forward to
clontarf@beaumontcare.com.au

Updated or changed your email address, phone number or postal address recently?

Please forward to
clontarf@beaumontcare.com.au

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.

Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

CHURCH SERVICES

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services. We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

EMAIL

Service Manager, Katie Morgan:
katiemorgan@beaumontcare.com.au

Clinical Nurse, Marnie Ward:
cn-clontarf@beaumontcare.com.au

Executive Team: exec@beaumontcare.com.au

PHONE

Clontarf Facility: (07) 3284 6638
Service Manager: 0412 839 440

FEEDBACK FORMS

There are suggestion boxes located at the facility.
Feedback forms can be found alongside.

ONLINE ELECTRONICALLY

Beaumont Care has an online 'feedback form accessible at www.beaumontcare.com.au

NEWSLETTER / SURVEYS / GROUP EMAIL

Residents and their representatives are encouraged to participate in satisfaction surveys released bi-annually. Newsletter format has been updated to be more informative to enhance transparency with the changes expected within the aged care sector. Group emails are utilised on an as needed basis to disseminate information quickly to resident representatives.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care (08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au


Dementia Support Australia (02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

CLONTARF Activity Program ~ APRIL 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1st APRIL FOOLS	2nd Children's Book Day	3rd Bus- Kim Lee- Mary Cain Cross	4th	5th	6th
	Morning chals 9am Walking Group Exercises with Jas 10.30am Trivia 2.30pm Games	9am Walking Group 9.30 Exercises with Kim Lee 10.30am Reminiscing and nostalgia 1.30pm Documentary 2.30 Word building 3pm The Chase	9am Walking Group 9.30am Exercises with Mary 10.30am Jokes and story telling 1.30pm Word Building 4pm Ch 7 News	Morning chals 9am Walking Group 9.30 Exercises with Jas 10.30am Drum exercise and Karaoke. 1.00pm Say a Prayer 2.30pm Bingo And Reminiscing amongst friends.	No Planned Activities Rest Day	No Planned Activities Rest Day
7th	8th LIBRARY SERVICE	9th	10th Bus- Katrina - TBA	11th	12th	13th
Morning chals 9am Walking Group 9.30am Exercises with Jas 10.30am Games 1.00pm Documentary 2.30pm Game of Hoy	Morning chals 9am Walking Group 9.30am Exercises 10.30am Easter Cards and craft 1.00 Documentary 2.30pm Word Game	9am Walking Group 9.30am Exercises 10.30am Whom am I and hangman 1.30pm Courtyard chals 2.30pm 1 to 1's with residents	9am Walking Group 9.30am Exercises with Mary 10.30am Poetry 1.30 Hand and Nails 2pm Word Games 4pm Ch 7 News	9am Walking Group 9.30am Exercises 10.30am Music and sing a longs 2.30pm Happy Hour	No Planned Activities Rest Day	No Planned Activities Rest Day
14th	15th World ART DAY	16th Ice Cream Trolley	17th Bus- Kim Lee - Boat Club	18th	19th	20th
Morning Chats 9am Walking group 9.30 Exercises 10.30 EGG DECORATING 2.00pm Game of HOY	9am Walking Group 9.30am Exercises 10.30 Lets work on some art pieces 13.00 Trivia 14.30 Resident Choice	9am Walking Group 9.30am Exercises 10.30am Mugs Morning Tea and Chat in Lounge 2 Manicures for the Ladies in Lounge 1 13.00 Residents Meeting - Dining Room. 2.30pm Ice Cream Trolley	9am Walking Group 9.30am Easter Service Rev Howard 1030am Exercises with Mary 1.30pm Word Building 2pm Documentary	FRIDAY ++	Happy Easter	Easter Sunday
21st	22nd	23rd	24th Bus- Katrina -Shopping/ scenic	25th ANZAC DAY	26th	27th
	Morning chals 9am Walking Group 9.30am Exercises 10.30am Music trivia 1pm Movie of the day 2.30 Game of HOY	9am Walking Group 9.30am Exercises 10.30am Baking- ANZAC Biscuits 2.30pm Games, Puzzles	9am Walking Group 9.30am Exercises with Mary 10.30am Games BBQ DAY 1pm Movie of the day 2.30 Word Building	ANZAC DAY 9.30am ANZAC DAY SERVICE WITH JOHN	No Planned Activities Rest Day	No Planned Activities Rest Day
28th Concert - Supers Ukulele	29th International Dance Day	30th International Guide Dog Day				
Morning chals 9am Walking Group 9.30am Exercises 10.30am Puzzles 1.30pm Supers Concert	Morning chals 9am Walking Group 9.30am Exercises 10.30am Sing a long 2.00pm HOY	9am Walking Group 9.30am Exercise 10.00am Craft for Mothers Day 2.30pm Quizzes	9am Walking Group 9.30am Exercise 10.00am Craft for Mothers Day 2.30pm Quizzes			