



## INSIDE THIS ISSUE:

- From the Service Manager
- Birthdays, Welcomes and Condolences
- Life at Beaumont Care Wamuran
- This Month In History
- Helpful Links and Resources
- Calendar

### BEAUMONT CARE WAMURAN

Service Manager:  
Karen Wockner  
(07) 5328 1299  
60 Ziviani Road,  
Wamuran Qld 4512

### BEAUMONT CARE CLONTARF

Service Manager: Katie Morgan  
(07) 3284 6638  
39 Baringa Street,  
Clontarf Qld 4019

### BEAUMONT CARE KIPPA-RING

Service Manager: Suhki Bajwa  
(07) 3883 2475  
111 George Street,  
Kippa-Ring Qld 4021  
BEAUMONT CARE MT.

### TAMBORINE

Service Manager: Genevieve Verhoeff  
(07) 5545 7822  
24 Main Western Road,  
North Tamborine Qld 4272



**BEAUMONT CARE**

*Warm-Hearted Care, Your Way*

# FROM THE SERVICE MANAGER

Happy New Year and a big welcome to 2024.

Wamuran site was abundant with Christmas spirit and festivities on Christmas day. The month of December wasn't so lucky for us, a COVID outbreak and loss of power proved to be stressful for Residents and staff. A huge thank you to all the staff, volunteers, and families for sharing in the festivities and ensuring our residents had a wonderful and safe Christmas.

2024 promises to be a year of lifestyle improvements, continued care delivery and more empowerment to our residents for all their care needs. We will be keeping up with our commitment to education and the development of skills for our staff – including toolbox sessions in line with the standards set out by the Aged Care Quality and Safety Commission. This will further enhance the quality of services and care that staff will deliver to our residents.

Our clinical team continues to work hard to provide optimum healthcare to our residents. If you have any feedback or would like to discuss anything to do with your loved one please do not hesitate to call me.

Residents and their representatives' input are an integral part of the running of the facility. Please feel welcome to provide your thoughts, suggestions or feedback at any time as my door is always open.

From the management team and all the staff we want to wish all of our residents, family and friends a wonderful, safe and happy New Year.

*Karen*

# FROM THE CLINICAL TEAM

Happy New Year!

I hope you and your families are well and enjoyed the festive season.

We are still in this crazy storm season and as the temperature skyrockets during the day, we are continuing to increase fluid intake for everyone and encouraging them to stay nice and cool in air conditioning or in shaded areas outside.

Did you know – the skin is the largest organ of the body and undergoes significant changes during the ageing process? As the layers of the skin change, its normal function as a barrier to infection, protection, temperature and water regulation are affected, making older adults more susceptible to damage from moisture, friction or trauma. Ways that you can maintain good skin integrity is by:

- Eating a nutritious diet
- Drink plenty of water
- Moisturising your skin twice a day
- Pat your skin dry – don't rub
- Repositioning yourself regularly when sitting or lying on the bed
- Keep your skin clean and dry
- Check your skin every day, especially for any new redness, swelling or pain

If you are concerned or notice any changes in your skin, please speak to one of your lovely nurses – we are always here to help you!

We wish to make 2024 a fantastic year, so please don't hesitate to contact us if you have any concerns or want to know how your loved one is.

*Jess and Molly*

## STAFF MEMBER PROFILE

**Beaumont Care Wamuran employee, Jessica, shares some insight about themselves and their role at Beaumont Care.**

**How long have you worked at Beaumont Care?**

7 1/2 years.

**What does your role entail?**

Caring for residents and ensuring they live in a safe and happy environment.

**What do you enjoy most about your role?**

Making people happy and comfortable each day.

**What do you enjoy most about working at Beaumont Care?**

Working in a comfortable and stable environment.

**What is your dream holiday?**

Travelling Australia.

**What is your favourite food?**

A nice piece of steak.

**What is your favourite colour?**

Dark turquoise.

**What are your special interests?**

Horse riding and having a few drinks with friends and family.

**Do you have any pets? If so, then tell us a bit about them.**

I have an American Blue Staffy, his name is Tank and he looks scary, but he is really a big baby. He's loving, and very smart.

**Is there anything else interesting about you that you would like to share?**

When I retire, I want to go gold hunting.



# Welcome...

On behalf of all the Beaumont Care family, we warmly welcome all new residents, and their family and friends, to our facilities.

## January BIRTHDAYS

**Maureen Hassall - 2nd**

**Donald Straney - 16th**

**Janet Ferling - 31st**

**Joanna May - 31st**

**HAPPY  
BIRTHDAY!**



## GETTING TO KNOW OUR RESIDENTS



### Zev Ben-Avi

Zev has led an amazingly colourful life both with his career and his personal adventures in life. Zev was a high-ranking officer in the Army and served in Vietnam. Zev's many interests in life include travelling and exploring in his Land Rover, photography, bushwalking and nature, canoeing, sailing and parachuting.

Zev also enjoyed cycling and is the holder of the current Townsville to Cairns time record. Zev has a fondness for Huskies – he had Volki and Chuck and says they were the best Huskies ever!

Zev has many interesting stories to tell and is always up for a good conversation. Zev's "bucket list" includes living long enough to get a telegram from the Queen!

Management and staff offer our deepest sympathy and condolences  
to the family and friends of

**Dorothy Lloyd, Janice Shield, and Joanna May**

# LIFE AT BEAUMONT CARE



Last tree done...  
Ready for the big day!



Cappuccino  
in the cafe



# LIFE AT BEAUMONT CARE



# LIFE AT BEAUMONT CARE



# LIFE AT BEAUMONT CARE



# LIFE AT BEAUMONT CARE



# LIFE AT BEAUMONT CARE



# THIS MONTH IN HISTORY

# January

## SYMBOLS OF JANUARY

- January's birth flower is the Snowdrop and Carnation.
- January's birthstones are the Garnet.
- The zodiac signs for the month of January were Capricorn (until January 19, 2020) and Aquarius (January 20, 2020 onwards). From 2021 onwards, the dates shifted to 18-19, due to the leap day in 2020.

January is the first month of the year, has 31 days, and is named after the two-faced Roman god Janus. In our modern-day Gregorian calendar, and its predecessor, the Julian calendar, January is the first month of the year.

January 1, 1863 - The Emancipation Proclamation by President Abraham Lincoln freed the slaves in the states rebelling against the union.

January 1, 1901 - The Commonwealth of Australia was founded as six former British colonies became six states with Edmund Barton as the first Prime Minister.

January 2, 1942 - During World War II in the Pacific, the Japanese captured the Philippines capital of Manila and the nearby air base at Cavite.

January 3, 1924 - British Egyptologist Howard Carter found the sarcophagus of Tutankhamen in the Valley of the Kings near Luxor after several years of searching.

January 4, - Birthday - Louis Braille (1809-1852) was born in France. Blinded as a boy, he later invented a reading system for the blind using punch marks in paper.

January 5, 1925 - Nellie Tayloe Ross of Wyoming became the first female governor inaugurated in the U.S.

January 6, Birthday - Joan of Arc (1412-1431) was born in France. After a series of mystic visitations by saints, she inspired French troops to break the British siege at Orleans and win several important victories during the Hundred Years' War (1337-1453) between France and Britain. She was eventually captured and sold to the British who tried her for heresy and burned her at the stake. In 1920, Joan of Arc was canonized a saint by the Roman Catholic Church.

January 8, Birthday - Elvis Presley (1935-1977) was born in Tupelo, Mississippi.

January 19, Birthday - Edgar Allan Poe (1809-1849) poet and writer of mystery and suspense tales, was born in Boston, Massachusetts. His works include; The Fall of the House of Usher, Tales of the Grotesque and Arabesque, The Murders in the Rue Morgue and his famous poem The Raven.

January 26, 1788 - The British established a settlement at Sydney Harbor in Australia as 11 ships with 778 convicts arrived, setting up a penal colony to relieve overcrowded prisons in England.

January 27, Birthday - Wolfgang Amadeus Mozart (1756-1791) was born in Salzburg, Austria. From the age of five, through his untimely death at age 35, this musical genius created over 600 compositions including 16 operas, 41 symphonies, 27 piano and five violin concerti, 25 string quartets, 19 masses, and many other works.

January 30, 1948 - Mahatma Gandhi was assassinated in New Delhi, India, by a religious fanatic. Gandhi had ended British rule in India through nonviolent resistance. "Non-violence is not a garment to be put on and off at will. Its seat is in the heart, and it must be an inseparable part of our very being," he had stated in 1926.

January 30, 1972 - In Londonderry, Northern Ireland, 13 Roman Catholics were killed by British troops during a banned civil rights march. The event became known as Bloody Sunday.

January 31, 1943 - German troops surrendered at Stalingrad, marking the first big defeat of Hitler's armies in World War II. During the Battle of Stalingrad, 160,000 Germans were killed and 90,000 taken prisoner, including the commander, Friedrich von Paulus, the first German field marshal ever to surrender. The captured Germans were forced to march to Siberia, with few ever returning to Germany.

# HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services. We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

## EMAIL

Service Manager: karenwockner@beaumontcare.com.au  
Clinical Nurse: cn-wamuran@beaumontcare.com.au  
Executive Team: exec@beaumontcare.com.au

## FEEDBACK FORMS

There are suggestion boxes located at the facility.  
Feedback forms can be found alongside.

## PHONE

Wamuran Facility: (07) 5328 1299

## ONLINE ELECTRONICALLY

Beaumont Care has an online feedback form accessible at [www.beaumontcare.com.au](http://www.beaumontcare.com.au)

## NEWSLETTER / SURVEYS / GROUP EMAIL

Residents and their representatives are encouraged to participate in satisfaction surveys released bi-annually. Newsletter format has been updated to be more informative to enhance transparency with the changes expected within the aged care sector. Group emails are utilised on an as needed basis to disseminate information quickly to resident representatives.

## GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges, these items need to be labelled with the resident's name. Please ask staff who can assist you in completing the required form to document expiry date etc. Please remember to let Admin office know if any of your details have changed so we have current information. Lost and found will be held monthly in the tv lounge, if you have lost any items of clothing please come along.

## HELPFUL LINKS & RESOURCES

**Aged and Disability Advocacy Australia** 1800 818 338

**Aged Care Complaints Commission** 1800 550 552

**Cultural Diversity in Australia** [www.culteraldiversity.net.au](http://www.culteraldiversity.net.au)

**Older Persons Advocacy Network** 1800 700 660 [www.opan.com.au](http://www.opan.com.au)

**Palliative Care** 08) 7221 8233 [www.eldac.com.au](http://www.eldac.com.au)

**Human Rights Commission Queensland** 1300 130 670 [www.qhrc.qld.gov.au](http://www.qhrc.qld.gov.au)

**Dementia Support Australia** 02) 8437 7355 [www.dementiacentre.com](http://www.dementiacentre.com)

**Aged Care Quality & Safety Commission** 1800 951 822 [www.agedcarequality.gov.au](http://www.agedcarequality.gov.au)

**Advanced Care Planning** 1300 007 227 [www.advancecareplanning.org.au](http://www.advancecareplanning.org.au)

**Charter of Aged Care Rights** [www.agedcarequality.gov.au/resources/charter-aged-care-rights](http://www.agedcarequality.gov.au/resources/charter-aged-care-rights)

# Wamuran Activity Program – January 2024

| Monday                                                                                                                                                          | Tuesday                                                                                                                | Wednesday                                                                                                                                                                           | Thursday                                                                                                                                                                        | Friday                                                                                                | Saturday / Sunday                                                                                     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| 1 <sup>st</sup>                                                                                                                                                 | 2 <sup>nd</sup>                                                                                                        | 3 <sup>rd</sup>                                                                                                                                                                     | 4 <sup>th</sup>                                                                                                                                                                 | 5 <sup>th</sup> Hairdresser                                                                           | 6 <sup>th</sup> / 7 <sup>th</sup>                                                                     |
| <br>9am Exercise Group<br>10.30am Mini Carpet Bowls<br>2pm <b>Poker Game</b> | 9am Walk with Wendy<br>10.30am <b>BUNGO</b><br>2pm <b>Coffee Club and Conversation in the cafe</b>                     | 9am Morning Exercise Group<br>10.30am Card Making<br>2pm <b>Knit, Crochet, &amp; Natter Group</b>                                                                                   | 9am Morning Exercise Group<br>10.30am Themed Art & Crafts<br>2pm <b>Concert with Di</b><br>   | 9am Bird Walk with Wendy<br>10.30am Hoy!<br>2pm <b>Cooking in Glasshouse Room</b>                     | <b>Saturday</b><br>1.30pm Movie in the Theatre<br><b>Sunday</b><br>9am Songs of Praise in the Theatre |
| 8 <sup>th</sup>                                                                                                                                                 | 9 <sup>th</sup>                                                                                                        | 10 <sup>th</sup>                                                                                                                                                                    | 11 <sup>th</sup>                                                                                                                                                                | 12 <sup>th</sup>                                                                                      | 13 <sup>th</sup> / 14 <sup>th</sup>                                                                   |
| 9am Beaumont Bocce<br>10.30am <b>Scenic Bus Trip (MSU)</b><br>10.30am Word Game<br>1.30pm Picnic Bus Trip<br>2pm Elvis Themed Quiz                              | 9am Walk with Wendy<br>10.30am <b>BUNGO</b><br>2pm <b>Documentary in the Theatre</b><br>1-1 Social Visits              | 9am Morning Exercise Group<br>10.30am Themed Art & Craft<br>2pm <b>Happy Hour &amp; Music</b><br> | 9am Bird Walk with Wendy<br>10.30am Hoy!<br>11am <b>Lunch Bus Trip</b><br>2pm Painting in Glasshouse Room                                                                       | <b>Saturday</b><br>1.30pm Movie in the Theatre<br><b>Sunday</b><br>9am Songs of Praise in the Theatre | <b>Saturday</b><br>1.30pm Movie in the Theatre<br><b>Sunday</b><br>9am Songs of Praise in the Theatre |
| 15 <sup>th</sup>                                                                                                                                                | 16 <sup>th</sup>                                                                                                       | 17 <sup>th</sup>                                                                                                                                                                    | 18 <sup>th</sup>                                                                                                                                                                | 19 <sup>th</sup> Hairdresser                                                                          | 20 <sup>th</sup> / 21 <sup>st</sup>                                                                   |
| 9am Beaumont Bocce<br>10.30am <b>Scenic Bus Trip (MSU)</b><br>10.30am Word Game<br>1.30pm Picnic Bus Trip<br>2pm Ten Pin Bowls                                  | 9am Walk with Wendy<br>10.30am <b>BUNGO</b><br>2pm <b>Coffee Club and Conversation in the cafe</b>                     | 9am Morning Exercise Group<br>10.30am <b>Concert with Judy &amp; Owen</b><br>                     | 9am Bird Walk with Wendy<br>10.30am Hoy!<br>2pm Cooking in Glasshouse Room                                                                                                      | <b>Saturday</b><br>1.30pm Movie in the Theatre<br><b>Sunday</b><br>9am Songs of Praise in the Theatre | <b>Saturday</b><br>1.30pm Movie in the Theatre<br><b>Sunday</b><br>9am Songs of Praise in the Theatre |
| 22 <sup>nd</sup>                                                                                                                                                | 23 <sup>rd</sup>                                                                                                       | 24 <sup>th</sup>                                                                                                                                                                    | 25 <sup>th</sup>                                                                                                                                                                | 26 <sup>th</sup>                                                                                      | 27 <sup>th</sup> / 28 <sup>th</sup>                                                                   |
| 9am Beaumont Bocce<br>10.30am <b>Scenic Bus Trip (MSU)</b><br>10.30am Word Game<br>1.30pm Picnic Bus Trip<br>2pm Themed Quiz                                    | 9am Morning Exercise Group<br>10.30am Card Making<br>2pm <b>Knit, Crochet, &amp; Natter Group</b>                      | 9am Walk with Wendy<br>10.30am <b>BUNGO</b><br>2pm <b>Documentary in the Theatre</b><br>1-1 Social Visits                                                                           | 9am Morning Exercise Group<br>10.30am Themed Art & Crafts<br>2pm <b>Concert with Di</b><br> |                    | <b>Saturday</b><br>1.30pm Movie in the Theatre<br><b>Sunday</b><br>9am Songs of Praise in the Theatre |
| 29 <sup>th</sup>                                                                                                                                                | 30 <sup>th</sup>                                                                                                       | 31 <sup>st</sup>                                                                                                                                                                    |  <b>BEAUMONT CARE</b><br><i>Warm-Hearted Care, Your Way</i>                                 |                                                                                                       |                                                                                                       |
| 9am Beaumont Bocce<br>10.30am <b>Scenic Bus Trip (MSU)</b><br>10.30am Word Game<br>1.30pm Picnic Bus Trip<br>2pm Ten Pin Bowls                                  | 9am Morning Exercise Group<br>10am <b>Food Focus followed by Resident Meeting in the Dining Room</b><br>2pm Poker Game | 9am Walk with Wendy<br>10.30am <b>BUNGO</b><br>2pm <b>Coffee Club in the Café</b>                                                                                                   |                                                                                              |                                                                                                       |                                                                                                       |

Please be advised that daily activities are subject to change due to resident preferences and choices, activities yet to be confirmed.