BEAUMONT CARE Clontarf

September 2023

THE Beaumont BULLETIN

INSIDE THIS ISSUE:

- A Word From Our CEO
- From the Service Manager
- From the Lifestyle Team
- Staff Member Profile
- Welcomes, Birthdays and Condolences
- Life at Beaumont Care
- This Month in History
- Helpful Links and Resources
- Calendar

BEAUMONT CARE

Warm-Hearted Care, Your Way

BEAUMONT CARE CLONTARF

Service Manager: Katie Morgan
(07) 3284 6638
39 Baringa Street,
Clontarf Qld 4019

BEAUMONT CARE KIPPA-RING

Service Manager: Suhki Bajwa
(07) 3883 2475
111 George Street,
Kippa-Ring Qld 4021

BEAUMONT CARE MT. TAMBORINE

Service Manager: Genevieve Verhoeff
(07) 5545 7822
24 Main Western Road,
North Tamborine Qld 4272

BEAUMONT CARE WAMURAN

Service Manager: Karen Wockner
(07) 5328 1299
60 Ziviani Road,
Wamuran Qld 4512

A MESSAGE FROM ELISE WARDELL

It is with sadness I share with you the following update from, Michael Goss, Director at Beaumont Care.

Linda June Beaumont

I am so very sorry to share the news with you that Linda Beaumont, our courageous owner and tireless spiritual cheerleader, died early Wednesday evening, ending a tremendously brave and typically good-humoured battle with cancer.

Within her final hours Linda shared time talking and laughing with her beautiful sister and brother – Robyn and John, with her unfailing gratitude and characteristic optimism for all things intact to the end.

It would be natural that you will be asking – "What about Beaumont Care?" I can assure you, that Beaumont Care and Linda's legacy are stronger today than at any time in recent years. In common with much of the aged care sector, Beaumont Care has experienced challenges before and during Covid. But Linda was thrilled to hear the details of a report I received just on Monday, which tells a positive and improving story which will underpin a strengthening business into the future.

I join with Linda's siblings, Robyn and John and our CEO Elise in assuring you all that Beaumont Care is shaping up with only good news – a positive, forward-looking position and a refreshed and energised leadership team to continue to enhance the services and continue the development of Linda's legacy.

Linda passed away knowing that arrangements she recently put in place have assured Beaumont Care's future is secure – carried on now by all of us, including members of her family, for the protection and care of our residents and care recipients.

Look after yourselves and each other, – and please honour Linda by sharing your stories about the special place she has in all our memories and hearts.

Michael Goss
Director

Linda's family will celebrate a Memorial Service for her at the Bribie Island Uniting Church at 10.00 am on Friday, 15 September. In lieu of flowers, Linda expressed a preference to donate to your favourite charity or the Bribie Island Uniting Church.

Michael and I look forward to speaking with you over the coming weeks and welcome your stories and any questions you may have.In this time of sadness, we remain heartened by and thank Linda for her vision and commitment to the communities served by Beaumont Care.

Elise Wardell
CEO

FROM OUR SERVICE MANAGER

Welcome to September – named after the Roman word for “seventh” Septimus, as it was the seventh month in the Roman year. It is also the first month of Spring and it sure feels magical in the air.

Our hearts are heavy as we say goodbye to the wonderful Linda Beaumont. Our thoughts are with Linda's family in this very difficult time, but as I'm sure all that knew Linda would agree, she'd like us to celebrate her life, and not mourn her passing.

Now is the time to let us know if you need any new spring clothing and start preparing for the warmer months it won’t be too long before the hot weather is upon us again.

As you may have noticed….. We have had organised chaos at Clontarf of late. The completion of our main refurbishment, the removal of the carpet around the facility has been in full swing and the installation of the new lino really looks amazing. I know there has been many topsy turvy days of movement restrictions and having to go the long way round to get to the dining room etc and I wish to thank each and every one of you for your patience and understanding during this time. I think you must agree with me, it looks fabulous.

Many changes around the facility are underway right now. Some obvious such as walls being repainted, and flooring changed and some not so obvious but all very exciting non the less with the ultimate outcome of a beautiful site with exemplary care needs continuing.

Residents - just a reminder that Katrina does fortnightly shopping for you all. If you need anything purchased, please see her at reception.

Please, if you have feedback on anything at all, do not hesitate to let me know.

Residents and their representative’s input are a vital part of the running of any facility, please feel welcome to provide your thoughts, suggestions, and feedback at any time. My door is always open.

Katie

FROM OUR LIFESTYLE TEAM

Hello one and all. As we head into Spring, may you all be feeling on top of the world and ready to "Spring" into every step, so to speak. Leisure and Lifestyle hope all residents, staff, and visitors alike are all spending their days doing what they love best. The Lifestyle team welcome you all to come along and enjoy any chosen activities you may wish to join in on.

Our popular days would be HOY, BINGO, WORD BUILDING AND QUIZZES. We have a bus outing each week. Thursday is when we venture out to either scenic drives, shopping, the movies, beach visits (picnics), or various chosen cafes, or restaurants...just to name a few!

Jaz holds her wellness classes, and also group walks and exercise groups each morning. We have some music days coming up and will let everyone know further details when they are available.

Lifestyle welcome all our new residents and hope they are settling in well in their new home.

Residents meet on a Monthly basis and we would encourage you all to attend these to have an input in what happens within your home. Relatives and friends are always welcome.

Should anyone like to contribute towards our newsletter, please feel free to do so. This may be your favourite poem, or even a fond family recipe, or perhaps a special occasion you would like to share with others. Each month a profile is included of a resident and of a staff member – as a way of "Getting to know you."

August saw us celebrating a special event which is the EKKA. Lots of fun and laughter was had by all. Residents, staff, and visitors alike enjoyed the day together. Some of us were fortunate enough to visit some farm animals which was an added plus .A BIG THANKYOU TO ALL STAFF for making the residents day a joyful one.

Until next time, please take care of yourselves and look out for each other.

Lifestyle and Leisure Department

STAFF MEMBER PROFILE

Beaumont Care Staff Member, Jarrod, shares some insight about themselves and their role at Beaumont Care Clontarf.

Hello Everyone, My name is Jarrod.

I have worked at Beaumont Care long enough to forget when I started, but I guess I estimate about 4 months.

I am a Med-Com AIN . I do the Medication Run and assist the Registered Nurse (RN) , as well as looking after the residents, with whatever they need I love helping people and all of the lovely residents.

I like working at Beaumont Care as It's like a big family. There's always ups and downs but everything comes with love.

My dream holiday would be - I have too many and they all involve travelling the world.

My favorite food would be bangers and mash.

My favorite color would be yellow. It signifies happiness and it is my Grandma's favourite color.

My special interests - I'm a musician and I also love climbing.

Welcome...

On behalf of all the Beaumont Care family, we warmly welcome

James Cook, and Walter O'Driscoll

along with their family and friends.

September BIRTHDAYS

Colin Chandler - 18th

Lorraine Holland - 27th

Happy Birthday!

GETTING TO KNOW OUR RESIDENTS

Walter O'Driscoll

Hi my name is Wally.

I grew up in a town named Griffin, in New South Wales and I was a presser by trade.

I had a family of two sons.

I played Rugby when I was young and was a Boxer in my younger days also.

I love being around people a lot and any animals. I also like to sketch.

I love living here at the Beaumont Facility and have made many new friends.

LIFE AT BEAUMONT CARE

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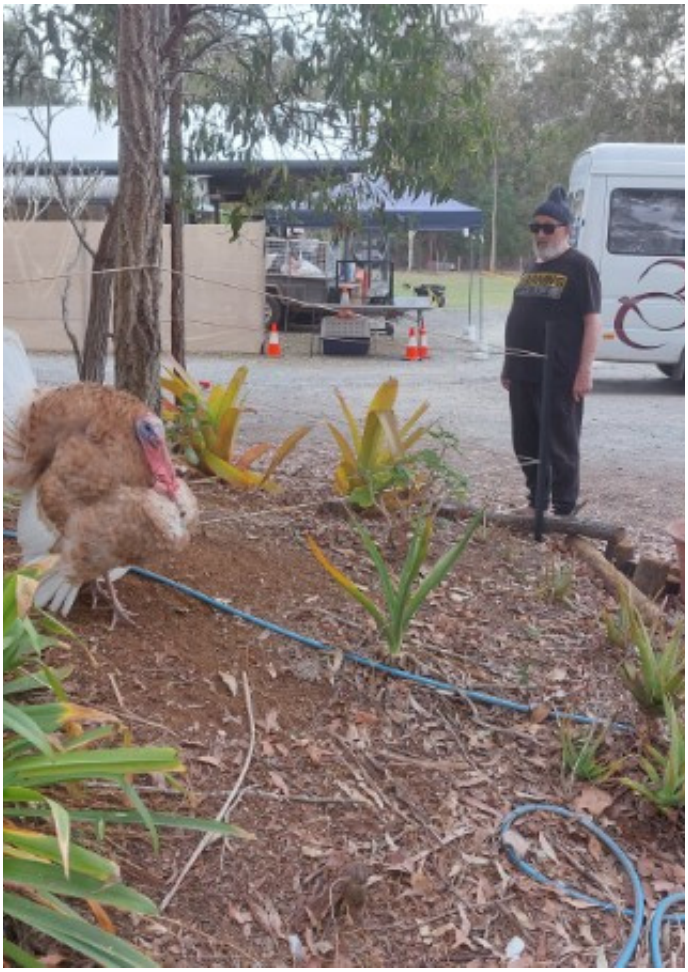

LIFE AT BEAUMONT CARE

THIS MONTH IN HISTORY

September

SYMBOLS OF SEPTEMBER

September's birthstone is the sapphire. The birth flowers for September are the forget-me-not, morning glory and aster. The zodiac signs for the month of September are Virgo (until September 22) and Libra (September 23 onwards).

September is the ninth month of the year in the Julian and Gregorian calendars, and the fourth of five months to have a length of fewer than 31 days. September (from Latin septem, "seven") was originally the seventh of ten months in the oldest known Roman calendar, the calendar of Romulus c. 750 BC. After the calendar reform that added January and February to the beginning of the year, September became the ninth month but retained its name.

September 1, 1939 - At 5.30 a.m., Hitler's armies invaded Poland starting World War II in Europe.

September 2, 1666 - The Great Fire of London began in a bakery in Pudding Lane near the Tower. Over the next three days more than 13,000 houses were destroyed, although only six lives were believed lost.

September 2, 1870 - Napoleon III surrendered to the Prussians during the Battle of Sedan, resulting in the fall of the Second French Empire.

September 5-6, 1972 - Eleven members of the Israeli Olympic Team were killed during an attack on the Olympic Village in Munich by members of the Black September faction of the Palestinian Liberation Army. Israeli jets then bombed Palestinian positions in Lebanon and Syria in retaliation on September 8, 1972.

September 5, 1997 - Mother Teresa died in Calcutta at age 87, after a life of good works spent aiding the sick and poor in India through her Missionaries of Charity order.

September 7, 1986 - Bishop Desmond Tutu became Archbishop of Cape Town, South Africa, the first black head of South Africa's Anglicans.

September 9, 1948 - Following the withdrawal of Soviet forces from North Korea, the Democratic People's Republic of Korea was proclaimed with Pyongyang as its capital.

September 11, 2001 - The worst terrorist attack in U.S. history occurred as four large passenger jets were hijacked then crashed, killing nearly 3,000 persons.

September 15, 1789 - Birthday - American novelist, historian and social critic, James Fenimore Cooper (1789-1851) was born in Burlington, New Jersey. Best known for The Last of the Mohicans.

September 15, 1890 - Birthday - British mystery author Agatha Christie (1890-1976) was born in Torquay, England. She wrote nearly a hundred books including mysteries, dramas, poetry and nonfiction.

September 16, 1620 - The Mayflower ship departed from England, bound for America with 102 passengers and a small crew. The ship weathered dangerous Atlantic storms and reached Provincetown, Massachusetts on November 21st. The Pilgrims disembarked at Plymouth on December 26th.

September 18, 1810 - Chile declared its independence from Spain after 269 years as a colony.

September 18, 1905 - Birthday - Movie actress Greta Garbo (1905-1990) was born in Stockholm, Sweden (as Greta Lovisa Gustafsson). She retired and became a recluse after making 27 films, spanning the silent era through the beginning of sound movies.

September 19, 1893 - New Zealand became the first country to grant women the right to vote.

September 20, 1973 - The much-hyped "Battle of the Sexes" took place in the Houston Astrodome as tennis player and women's rights activist, Billie Jean King, defeated self-styled male chauvinist Bobby Riggs in three straight sets. Riggs, a retired tennis champion, had been critical of the quality of women's tennis.

September 28, 1978 - Pope John Paul I died after only 33 days in office. He was succeeded by John Paul II.

September 30, 1955 - Actor James Dean was killed in a car crash in California at age 24. He made just three major films: Rebel Without a Cause, East of Eden and Giant.

Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?
Please forward to
clontarf@beaumontcare.com.au

Updated or changed your email address, phone number or postal address recently?
Please forward to
clontarf@beaumontcare.com.au

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.
Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

CHURCH SERVICES

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services.
We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

EMAIL

Service Manager: katiemorgan@beaumontcare.com.au
Clinical Nurse: cn-clontarf@beaumontcare.com.au
Executive Team: exec@beaumontcare.com.au

PHONE

Clontarf Facility: (07) 3284 6638
Service Manager: 0412 839 440

FEEDBACK FORMS

There are suggestion boxes located at the facility. Feedback forms can be found alongside.

ONLINE ELECTRONICALLY

Beaumont Care has an online 'feedback form accessible at www.beaumontcare.com.au

NEWSLETTER / SURVEYS / GROUP EMAIL

Residents and their representatives are encouraged to participate in satisfaction surveys released bi-annually. Newsletter format has been updated to be more informative to enhance transparency with the changes expected within the aged care sector. Group emails are utilised on an as needed basis to disseminate information quickly to resident representatives.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care (08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au

Dementia Support Australia (02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

Clontarf Activity Program – September 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BEAUMONT CARE *Warm-Hearted Care, Your Way*				**1st** Morning chats **9am** Walking Group followed by exercises **10.30am** Sing-along **2.30pm Bingo** **4pm** The Chase – News	**2nd** No Planned Activities *Rest Day* 	**3rd**
4th Morning chats **9am** Walking Group followed by exercises **10.30am** Cards, games etc **1pm Exercises - Jazz** **2.30pm** Game of Hoy **3pm** The Chase & News	**5th** Morning chats **9am** Walking Group followed by exercises **9.30am Pet Therapy** **10.30am** Craft **1pm** Afternoon Movie **2pm Word Building**	**6th Catholic Church** Morning chats **9am** Walking Group followed by exercises **10am** Cooking **1pm** Exercises – Jazz **1.30pm Resident's Meeting** **2pm Advocacy Talk**	**7th Bus Trip - Lunch** Morning chats **9am** Walking Group followed by exercises **10.30am Art** **1.30pm** Word Building **4pm** Ch 7 News	**8th** Morning chats **9am** Walking Group followed by exercises **10.30am** Sing-along **2.30pm Happy Hour** **4pm** The Chase – News	**9th** No Planned Activities *Rest Day* 	**10th** No planned Activities Rest Day
11th Morning chats **9am** Walking Group followed by exercises **10.30am** Cards, games etc **1pm Exercises - Jazz** **2.30pm** Game of Hoy **3pm** The Chase – News	**12th Library** Morning chats **9am** Walking Group followed by exercises **1pm Cupcake Baking** **2pm** Games **2.30pm** 1-1 Residents Rooms	**13th Catholic Church** Morning chats **9am** Walking Group followed by exercises **10.30am** Games **1pm** Exercises – Jazz **2.30pm** I Have, I Never Have **3pm** The Chase	**14th Bus Trip** Morning chats **9am** Walking Group followed by exercises **10am Craft / Games** **10.30am** Art **1.30pm** Word Building **4pm** Ch 7 News	**15th** Morning chats **9am** Walking Group followed by exercises **10.30am** Sing-a-long **2.30pm Bingo** **4pm** The Chase – News	**16th** No Planned Activities *Rest Day* 	**17th** No planned Activities Rest Day
18th Morning chats **9am** Walking Group followed by exercises **10.30am** Cards, games etc **1pm** Exercises - Jazz **2.30pm Game of Hoy** **3pm** The Chase – News	**19th** Morning chats **9am** Walking Group followed by exercises **9.30am Pet Therapy** **10.30am** Art **1pm** Afternoon Movie **2.15pm** Word Game	**20th Catholic Church** Morning chats **9am** Walking Group followed by exercises **10.30am** Movie **1pm** Exercises – Jazz **2pm Residents Meeting** **3pm** The Chase	**21st Bus Trip - Lunch** Morning chats **9am** Walking Group followed by exercises **10.30am** Craft **12pm BBQ LUNCH** **1.30pm** Word Building	**22nd** Morning chats **9am** Walking Group followed by exercises **10.30am** Sing-along **2.30pm Happy Hour!** **4pm** The Chase – News	**23rd** No Planned Activities *Rest Day* 	**24th** No planned Activities Rest Day
25th Morning chats **9am** Walking Group followed by exercises **10.30am** Cards, games etc **1pm Exercises - Jazz** **2.30pm** Game of Hoy **3pm** The Chase – News	**26th** Morning chats **9am** Walking Group followed by exercises **1pm Movie** **2pm** Games **2.30pm** 1-1 Residents Rooms	**27th Catholic Church** Morning chats **9am** Walking Group followed by exercises **10.30am** Craft **1pm** Exercises - Jazz **1.30pm Movie** **3pm** The Chase	**28th Bus Trip** Morning chats **9am** Walking Group followed by exercises **10am Craft / Games** **10.30am** Art **1.30pm** Word Building **4pm** Ch 7 News	**29th** Morning chats **9am** Walking Group followed by exercises **10.30am** Sing-a-long **2.30pm Bingo** **4pm** The Chase – News	**30th** No Planned Activities *Rest Day* 	

Please be advised that daily activities are subject to change due to resident preferences and choices, activities yet to be confirmed.