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BEAUMONT CARE **CLONTARF**

Service Manager: Katie Morgan
(07) 3284 6638
39 Baringa Street,
Clontarf Qld 4019

BEAUMONT CARE KIPPA-RING

Service Manager: Suhki Bajwa
(07) 3883 2475
111 George Street,
Kippa-Ring Qld 4021

BEAUMONT CARE MT. TAMBORINE

Service Manager: Genevieve Verhoeff
(07) 5545 7822
24 Main Western Road,
North Tamborine Qld 4272

BEAUMONT CARE WAMURAN

Service Manager: Karen Wockner
(07) 5328 1299
60 Ziviani Road,
Wamuran Qld 4512



BEAUMONT CARE

Warm-Hearted Care, Your Way

A WORD FROM THE GENERAL MANAGER

Dear Residents and Families,

I am honoured to have been appointed as the new CEO of Beaumont Care. I have been with the organisation for just over six months and have been inspired by the fantastic work of our staff. I have learned of their resilience during COVID and how they work together to manage outbreaks while providing a nurturing home environment.

I have seen photos and shared memories of how they banded together during the floods in Queensland not so long ago. I have witnessed firsthand how our Service Managers and Clinical Nurses, with their teams, create a sense of family.

I am committed to continuing the great work of our staff to support them as we move into a new and exciting phase of Beaumont Care, focusing on renewal, continuous improvement and growth. We can continue to provide high-quality care while creating a supportive and nurturing environment.

As we move forward, I would like to take this opportunity to thank our staff for their hard work and dedication. Without them, we would not be able to provide the level of care and services we do.

Over the coming months, we will continue working on our Leisure & Lifestyle program and other service improvement initiatives. I am also excited to learn more about our residents' remarkable stories and lives. Getting to know our residents personally is essential to nurturing our shared family environment.

I look forward to learning more about our residents and the many pets as I spend more time at each location.

With warmest regards,

Elise

FROM OUR SERVICE MANAGER

Welcome to the winter wonderland that is July. Hope you are all staying warm enough.

Influenza A has come to visit us this past month, which is very unfortunate, but we have managed to get through it unscathed. Thank you all for going the extra mile at ensuring we do not pass it on to each other and keeping ourselves safe.

Unfortunately, as we know there are many viruses that are out there in our winter months and I ask all of you to let us know if you have any symptoms at all, regardless of how mild, so we can assess you and get the increased care you need. I also implore family and visitors to please stay away if you have any cold, flu, or gastro like symptoms. We are happy to facilitate phone calls, but this is the best way to safeguard our residents from viruses. Covid, Influenza and Gastro numbers are on the increase in the community and recording high numbers. So please be careful.

Here at Clontarf, we have some beautiful new residents that have come to join us. Please help me to make welcome Narelle, Michelle, Wally, Barbara, Maxine, Edna, Clive, and Hugh. We sure are filling up and it is wonderful. Please take a moment to sit and have a chat with them. There sure are some fun stories they are happy to share. We also have a few new residents lined up to join us over the next month so keep an eye out for the new faces and make them feel at home.

We also have quite a few new staff around that you may have noticed. Please welcome AIN's Sujan, Sandhya, Mennina, and Carlee as well as Donna who will be working in the kitchen and cleaning area. They are all doing an amazing job.

Please, if you have feedback on anything at all, do not hesitate to let us know. Residents and their representative's input are a vital part of the running of any facility, please feel welcome to provide your thoughts, suggestions, and feedback at any time. My door is always open.

Katie

Hello all,

We are well and truly feeling the chill of winter now! We are at least blessed to have beautifully sunny winter days living in Queensland.

There are several things we can do to stay warm, and help our loved ones stay warm, this winter. Here are some ideas:

- Do not forget the air-conditioners are for warming too – ask a staff member to bump up the heat to make it cosy!
- Provide warm beverages such as soup, tea, coffee or hot chocolate – warmth for the hands and the tummy
- Ensure there are enough doonas/blankets on the bed
- Dress in layers, rather than heavy clothing, such as singlets, skivvies and vests
- Ask staff members to get you a beanie and scarf – we have heaps!
- If you can, get up and move around rather than sitting in one spot all day
- Ask the nurses for a heat pack if you are chilly
- Keep hydrated – keep up your water intake in between warm drinks
- Keep skin well moisturised over your whole body

For all our lovely residents please ensure you let a staff member know the minute you feel you are getting unwell and have any symptoms such as a runny nose, cough, sore throat etc.

Being able to test for respiratory illness and isolating yourself in your room, and away from common areas, can reduce the risk of outbreaks. For all visitors, if you are feeling unwell, please help our residents by staying at home and looking after yourself so we can look after them.

As always, the clinical team and I are here to provide you with assistance, support and comfort. Please don't hesitate to call on me at any time.

BEST WISHES

Marnie

FROM OUR LIFESTYLE TEAM

As we head into some Wintry days , our residents have been donning on their beanies, mittens, and scarves along with their colourful shawls and knee rugs. All hand made and donated to us from the lovely ladies from Crafty Clickers. We are heartedly grateful and it is well appreciated. THANKYOU.

During June, we managed to avoid serious illness spreading by going into voluntary lockdown. Thankyou for your understanding and patience in realizing it is in everyone's best interest. We're hoping it won't be long till we get back into our usual routine of group activities, bus outings, and welcoming visiting artists back to entertain you all.

Please feel free to express any concerns and ideas to the Lifestyle Department and at our Monthly Residents Meeting held on the third Wednesday of each month at 1pm in Lounge 1. It is a good opportunity to toss around our thoughts and ideas.

A special event was held at our Local Anglican Church at St. Peter the Fisherman. Each resident that was lucky enough to attend this Art/Floral festival felt very privileged, and enjoyed the outing immensely. This is an annual event .Thankyou to Reverend Howard Smith and his church members for welcoming us.

Thankyou to all those who supported us with our Winter Raffle.

Till Next Month, Take good care of yourselves and look out for each other.

Mary, Katrina, and Nikki

STAFF MEMBER PROFILE

Beaumont Care Staff Member, Carol, shares some insight about themselves and their role at Beaumont Care Clontarf.

Hi, for those that don't know me, my name is Carol. I have been at Beaumont Care for nearly 14 years.

I love that no day is ever the same and of course I love all our residents and fellow work mates. I have made some good friends in my time here.

I have never been overseas but would love to go to Ireland.

I have 2 favourite colours, purple and green. I like dark green more than light green.

When I am not working, I like to garden, read, cook and sew. I have also recently taken up painting furniture.

I have 2 birds, a cockatiel named Boo and a quaker parrot named Archie.

My favourite savoury food is Mexican or Chinese and my favourite cake is Carrot.

I love op shopping and going to flea markets. I collect teapots, teacups and saucers and antique powder compacts and I love antique jewellery.



Welcome...

On behalf of all the
Beaumont Care family,
we warmly welcome

**Barbara Miley,
Steven Craig,
Halina Panchenko,
Walter O'Driscoll,
and Mavis Shelton**

along with their family
and friends.

July BIRTHDAYS

Marjorie Hayes - 17th

Giwi Payne - 17th

Michelle Mansell - 24th

Lillian Zammit- 24th

*Happy
Birthday!*



GETTING TO KNOW OUR RESIDENTS



Barbara Miley

Hi, My name is Barbara. I arrived here at Beaumont Care Clontarf on the 13th of June this year and have found it to be very friendly. Previous to here, I used to live at Kallangur.

I came from England originally but grew up in Sydney from the age of seven. I do not have any siblings.

My favourite pet was a stray dog called Lassie. We used to live in a dead-end street and the dog would not go away so I kept her.

I worked in laundry, cleaning, and factory work throughout my life and really enjoyed it.

I have 3 children and 4 grandchildren.

I enjoy reading and relaxing with friends and love listening to music with no preference to type and really enjoy watching a movie.

I am also really looking forward to getting to know you all.

Management and staff offer our deepest sympathy and
condolences to the family and friends of

Kingsford 'Kingy' Arrowsmith

LIFE AT BEAUMONT CARE



FISH AND CHIPS AT WELLINGTON POINT



LIFE AT BEAUMONT CARE



FISH AND CHIPS AT WELLINGTON POINT



LIFE AT BEAUMONT CARE



FISH AND CHIPS AT WELLINGTON POINT



LIFE AT BEAUMONT CARE



FISH AND CHIPS AT WELLINGTON POINT



THIS MONTH IN HISTORY

July

SYMBOLS OF JULY

July's birthstone is the ruby, which symbolizes contentment.

Its birth flowers are the Larkspur or the Water Lily.

The zodiac signs for the month of July are Cancer (until July 22) and Leo (July 23 onwards)

HISTORY

July is the seventh month of the year (between June and August) in the Julian and Gregorian calendars and the fourth of seven months to have a length of 31 days. It was named by the Roman Senate in honour of Roman general Julius Caesar, it being the month of his birth. Prior to that, it was called Quintilis, being the fifth month of the 10-month calendar.

July 1, 1863 - Beginning of the Battle of Gettysburg during the American Civil War.

July 6, 1885 - Louis Pasteur gave the first successful anti-rabies inoculation to a boy who had been bitten by an infected dog.

July 10, 1973 - The Bahamas gained their independence after 250 years as a British Crown Colony.

July 10, 1991 - Boris Yeltsin took the oath of office, becoming the first popularly elected president in Russia's thousand-year history.

July 14, 1789 - The fall of the Bastille occurred at the beginning of the French Revolution.

July 15, 1606 - Birthday - Dutch painter Rembrandt van Rijn (1606-1669) was born in Leiden, Holland. Best known for *The Night Watch* and many portraits and self portraits.

July 16, 1969 - The Apollo 11 Lunar landing mission began with a liftoff from Kennedy Space Center at 9:37 a.m.

July 20, 1954 - An agreement was signed in Geneva, Switzerland, ending hostilities between French forces in Vietnam and the People's Army of Vietnam.

July 20, 1969 - A global audience watched on television as Apollo 11 Astronaut Neil Armstrong took his first step onto the moon. As he stepped onto the moon's surface he proclaimed, "That's one small step for man, one giant leap for mankind" - inadvertently omitting an "a" before "man" and slightly changing the meaning.

July 20, 1919 - Birthday - Explorer Edmund Hillary was born in Auckland, New Zealand, July 20, 1919. In 1953, he became first to ascend Mount Everest, the highest mountain in the world at 29,023 ft.

July 21, 1899 - Birthday - Ernest Hemingway (1899-1961) was born in Oak Park, Illinois. His works included; *The Sun Also Rises* (1926), *A Farewell to Arms* (1929), *For Whom the Bell Tolls* (1940) and *The Old Man and the Sea* (1952). Awarded the Nobel Prize in 1954, he wrote little afterward, became ill and shot himself to death on July 2, 1961.

July 24, 1943 - During World War II in Europe, the Royal Air Force conducted Operation Gomorrah, raiding Hamburg, while tossing bales of aluminum foil strips overboard to cause German radar screens to see a blizzard of false echoes. As a result, only twelve of 791 Allied bombers involved were shot down.

July 28, 1929 - Birthday - Jackie Kennedy (1929-1994) was born in Southampton, New York (as Jacqueline Lee Bouvier). She was married to John Fitzgerald Kennedy and after his death later married Greek shipping magnate Aristotle Onassis.

July 29, 1883 - Birthday - Benito Mussolini (1883-1945) was born in Dovia, Italy. He ruled Italy from 1922-1943, first as prime minister and then as "Il Duce," the absolute dictator.

July 30, 1863 - Birthday - Automotive pioneer Henry Ford (1863-1947) was born in Dearborn Township, Michigan. He developed an assembly-line production system and introduced a \$5-a-day wage for automotive workers.

Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?

Please forward to
clontarf@beaumontcare.com.au

Updated or changed your email address, phone number or postal address recently?

Please forward to
clontarf@beaumontcare.com.au

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.

Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

CHURCH SERVICES

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services. We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

EMAIL

Service Manager: katiemorgan@beaumontcare.com.au

Clinical Nurse: cn-clontarf@beaumontcare.com.au

Executive Team: exec@beaumontcare.com.au

PHONE

Clontarf Facility: (07) 3284 6638

Service Manager: 0412 839 440

FEEDBACK FORMS

There are suggestion boxes located at the facility.

Feedback forms can be found alongside.

ONLINE ELECTRONICALLY

Beaumont Care has an online 'feedback form accessible at www.beaumontcare.com.au

NEWSLETTER / SURVEYS / GROUP EMAIL

Residents and their representatives are encouraged to participate in satisfaction surveys released bi-annually. Newsletter format has been updated to be more informative to enhance transparency with the changes expected within the aged care sector. Group emails are utilised on an as needed basis to disseminate information quickly to resident representatives.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care (08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au




















Dementia Support Australia (02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

Clontarf Activity Program – July 2023

Monday		Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31st						1st	2nd
Morning chats 9am Walking Group followed by exercises 10.30am Cards, games etc 1pm Exercises - Jazz 2.30pm Game of Hoy 3pm The Chase & News							
3rd	4th	5th Catholic Church	6th Bus Trip	7th	8th	9th	16th
Morning chats 9am Walking Group followed by exercises 10.30am Cards, games etc 1pm Exercises - Jazz 2.30pm Game of Hoy 3pm The Chase & News	Morning chats 9am Walking Group followed by exercises 10.30am Craft 1pm Afternoon Movie 2pm Word Building 2.30pm 1-1 Residents Rooms	Morning chats 9am Walking Group followed by exercises 10am Cooking 1pm Exercises - Jazz 2pm I Have, I Never Have 3pm The Chase & News	Morning chats 9am Walking Group followed by exercises 10am Katrina's shopping 10.30am Art 1.30pm Word Building 4pm Ch 7 News	Morning chats 9am Walking Group followed by exercises 10.30am Sing-along 2.30pm Happy Hour 4pm The Chase – News	No Planned Activities Rest Day 	No Planned Activities Rest Day 	No planned Activities Rest Day 
10th	11th Library	12th Catholic Church	13th Bus Trip	14th	15th	15th	16th
Morning chats 9am Walking Group followed by exercises 10.30am Cards, games etc 1pm Exercises - Jazz 2.30pm Jack The Music Man 3pm The Chase – News	Morning chats 9am Walking Group followed by exercises 9.30am Pet Therapy 1pm Cupcake Baking 2pm Games 2.30pm 1-1 Residents Rooms	Morning chats 9am Walking Group followed by exercises 10.30am Craft 1pm Exercises – jazz 1.30pm Resident's Meeting 2pm Advocacy Talk	Morning chats 9am Walking Group followed by exercises 10am Craft / Games 10.30am Art 1.30pm Word Building 4pm Ch 7 News	Morning chats 9am Walking Group followed by exercises 10.30am Piano with Margaret 2.30pm Bingo 4pm The Chase – News	No Planned Activities Rest Day 	No Planned Activities Rest Day 	No planned Activities Rest Day 
17th	18th	19th Catholic Church	20th Bus Trip	21st	22nd	22nd	23rd
Morning chats 9am Walking Group followed by exercises 10.30am Cards, games etc 1pm Exercises - Jazz 2.30pm Game of Hoy 3pm The Chase – News	Morning chats 9am Walking Group followed by exercises 10.30am Art 1pm Afternoon Movie 2.15pm Word Game 2.30pm 1-1 Residents Rooms	Morning chats 9am Walking Group followed by exercises 10.30am Movie 1pm Exercises – jazz 2pm Residents Choice 3pm The Chase	Morning chats 9am Walking Group followed by exercises 10am Katrina's Shopping 10.30am Craft 12pm BBQ LUNCH 1.30pm Word Building	Morning chats 9am Walking Group followed by exercises 10.30am Sing-along 2.30pm Happy Hour! 4pm The Chase – News	No Planned Activities Rest Day 	No Planned Activities Rest Day 	No planned Activities Rest Day 
24th	25th	26th Catholic Church	27th Bus Trip	28th	29th	29th	30th
Morning chats 9am Walking Group followed by exercises 10.30am Cards, games etc 1pm Exercises - Jazz 2.30pm Game of Hoy 3pm The Chase – News	Morning chats 9am Walking Group followed by exercises 9.30am Pet Therapy 1pm Cupcake Baking 2pm Games 2.30pm 1-1 Residents Rooms	Morning chats 9am Walking Group followed by exercises 10.30am Craft 1pm Exercises - jazz 1.30pm Movie 3pm The Chase	Morning chats 9am Walking Group followed by exercises 10am Craft / Games 10.30am Art 1.30pm Word Building 4pm Ch 7 News	Morning chats 9am Walking Group followed by exercises 10.30am Sing-along 10.30am Sing-along 2.30pm Bingo 4pm The Chase – News	No Planned Activities Rest Day 	No Planned Activities Rest Day 	No planned Activities Rest Day 

Please be advised that daily activities are subject to change due to resident preferences and choices, activities yet to be confirmed.