



INSIDE THIS ISSUE:

- A Word From Linda Beaumont
- From the Service Manager
- A Message from the Clinical Manager
- From the Lifestyle Team
- Staff Member Profile
- Welcomes, Birthdays and Condolences
- Life at Beaumont Care
- This Month in History
- Helpful Links and Resources
- Calendar

BEAUMONT CARE **CLONTARF**

Service Manager: Katie Morgan
(07) 3284 6638
39 Baringa Street,
Clontarf Qld 4019

BEAUMONT CARE KIPPA-RING

Service Manager: Suhki Bajwa
(07) 3883 2475
111 George Street,
Kippa-Ring Qld 4021

BEAUMONT CARE MT. TAMBORINE

Service Manager: Genevieve Verhoeff
(07) 5545 7822
24 Main Western Road,
North Tamborine Qld 4272

BEAUMONT CARE WAMURAN

Service Manager: Karen Wockner
(07) 5328 1299
60 Ziviani Road,
Wamuran Qld 4512



BEAUMONT CARE

Warm-Hearted Care, Your Way

A MESSAGE FROM LINDA BEAUMONT

Surprisingly, only 18% of aged care homes in Australia consider pets to reside with their owners (Source: HelloCare). Beaumont Care is in that 18%, as we have always known the benefit of pets, feathered, with fins, or fur! I had the good fortune recently to assist as a volunteer guest at the Victorian Cat Protection Society in Greensborough. Speaking to the CEO Ian Crook, he was thrilled to hear that Beaumont Care is one of a small number of care homes who do welcome pets. The Cat Protection Society facility is extremely busy with 1600 stray and surrendered cats seeking shelter annually. Owners and their older pets are often separated as they enter care. Of course, most want to adopt kittens, - and cute doesn't describe - leaving older cats to be fostered until a new home can be found.

I am pleased that Beaumont Care's policy on pets entering our services is inclusive, forward thinking, and so very important as a source of well-being and contentment to residents and staff across all facilities, Mt Tamborine, Wamuran, Clontarf and Kippa-Ring, as well as our Independent Supported Living homes. A winning formula. And speaking of...

Congratulations from the Board and Management to staff who have reached a milestone in years of service, along with Employees of the Year for recognition across Beaumont Care.

Until next time, *Linda*

FROM OUR SERVICE MANAGER

Welcome to March and welcome to Autumn all.

It is crazy how fast the year is going by, not long now and it will begin to get cooler. If any family members have warmer clothes at home that they wish to bring in for residents, please do not hesitate to do so. We can have them labeled and ready to go when it is finally not as hot as it is right now.

Please help me in extending a very warm welcome to our new resident's Geoffrey, and John with his beautiful puppy Simba. We are really enjoying getting to know them and hope they are feeling comfortable and welcomed in their new home. I highly recommend taking 5 minutes and sitting down with them, get to know them as I can guarantee a fun conversation will be had. Who knows, you may have similar interests that you can discuss.

We have a new Assistant in Nursing who has started with us, Taylor, and we have a returning staff member RN Denai who you will see around the facility. Please join me in welcoming them. I also wish to congratulate our Employee of the Year RN Colleen. She has been with Beaumont Care for 25 years this year and it has been a well-deserved win.

Please, if you have feedback on anything at all, do not hesitate to let us know. Residents and their representatives' input are a vital part of the running of any facility, please feel welcome to provide your thoughts, suggestions, and feedback at any time. My door is always open.

THANKS,
Katie

FROM OUR CLINICAL NURSE

Hello everyone,

You may have heard a lot of talk about the aged care quality standards and wondered what they meant. The Aged Care Quality Standards are in place to ensure that all residents in aged care homes are provided a specific level of care and service. These standards are assessed and monitored by the Aged Care Quality and Safety Commission.



The eight Standards are:

1. Consumer dignity and choice

What this means for you: I am treated with dignity and respect, and can maintain my identity. I can make informed choices about my care and services, and live the life I choose.

2. Ongoing assessment and planning

What this means for you: I am a partner in ongoing assessment and planning that helps me get the care and services I need for my health and well-being.

3. Personal care and clinical care

What this means for you: I get personal care, clinical care, or both personal care and clinical care, that is safe and right for me.

4. Services and supports for daily living

What this means for you: I get the services and supports for daily living that are important for my health and well-being and that enable me to do the things I want to do.

5. Organisation's service environment

What this means for you: I feel I belong and I am safe and comfortable in the organisation's service environment.

6. Feedback and complaints

What this means for you: I feel safe and am encouraged and supported to give feedback and make complaints. I am engaged in processes to address my feedback and complaints, and appropriate action is taken.

7. Human resources

What this means for you: I get quality care and services when I need them from people who are knowledgeable, capable and caring.

8. Organisational governance

What this means for you: I am confident the organisation is well run. I am a partner in improving the delivery of care and services.

If you have any questions or feedback, please come and see me. As always the clinical team and I are here to provide you with assistance, support and comfort.

Please do not hesitate to call on me at any time.

BEST WISHES,
Marns

FROM OUR LIFESTYLE TEAM

Hard to believe we are already through another month of the year. We have some exciting activities planned for March, St Patricks Day for one, hopefully we will see lots of green on the 17th.

Our bus trips are going well, we are venturing a bit further afield this year which seems to be favourable from the comments. If you have any suggestions that might be good for our residents, please don't hesitate to see Lifestyle staff. We have been fishing, swimming and had a bit of a drive to Cleveland, all well received.

Our Easter raffle will be getting sold this month and we would like to Thank all those who donate and also purchase tickets. All proceeds help with resident activities.

Our local coffee shop Luv My Coffee has unfortunately shut, but on a happy note we have been able to purchase our own coffee machine so will continue with Coffee Club on Monday's and Wednesday's, the price list is in the lounge.

If anyone is keen to join the library delivery, please see the Lifestyle staff and we will arrange for you to be added to the next delivery.

We are looking forward to it being a little bit cooler so we can hopefully take some of activities outdoors, being mindful to still put sunscreen on.

UNTIL NEXT TIME, PLEASE TAKE CARE...

Mary, Lea-Ann and Katrina

STAFF MEMBER PROFILE

Beaumont Care Staff Member, Amanda, shares some insight about themselves and their role at Beaumont Care Clontarf.

My name is Sonya.

Since the beginning of 2022, I've had the privilege of working as an AIN at Beaumont Care. My job is filled with doing all the things I love, but what brings the most joy to my day is spending time with the residents. My passion began as a student, studying to become registered nurse and this is when I did my first placement at Beaumont Care.

Since then, I couldn't leave! Once I witnessed the passion, love, and wholehearted dedication both the staff and residents have for each other, I am always reminded why I wanted to become a nurse. Hearing about the different walks of life the residents come from.

I grew up in the small town of Bundaberg with my best friend, Honey, a tiny toy poodle who came to every netball game. My biggest supporter! I love playing sports like netball, basketball and volleyball. Now my favourite hobby is playing music. I'm learning guitar (pretty terrible so far) and have been playing piano since I was little! I find playing and listening to music soothing and relaxing but also a time to dance and have fun!

My favourite food is pizza and ice-cream, not at the same time, but hey you just never know. One day when I find Mr Right and have children those funny little cravings could kick in and I'm sitting, reading a book in Canada eating Ice-cream pizza!

In the future, I would love to travel overseas to somewhere I can explore during the day and sit and watch the snow while drinking a cup of tea at night! Only, of course, with one of my favourite books. The first places that come to mind are France, Italy and Canada.

Thank you for takin the time to get to know me today, til we catch up next take care and look after yourselves.



Welcome...

On behalf of all the
Beaumont Care family,
we warmly welcome

**Geoffrey Hollis
and Rita Millin**

along with their family
and friends.

March BIRTHDAYS

Evelyn Harding - 3rd

Karen Carlish - 4th

Irene Fleming - 8th

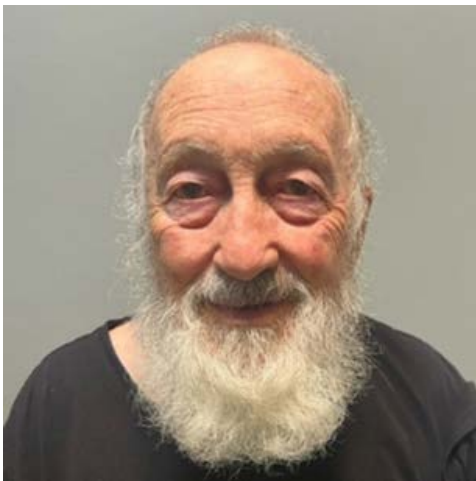
David Johnson - 17th

Delma Conley - 30th

*Happy
Birthday!*



GETTING TO KNOW OUR RESIDENTS



John Schuttkloffel

Hello everyone my name is John. I guess you could say I'm the newest member of the Beaumont family as I only just moved in in January. Before coming into care, I lived at home with my little companion Simba. Simba has been an integral part of my life since we met 18 months ago. He sadly had to be put into care himself and I was feeling a little lonely so decided to go and see what kind of dogs they had on offer at the shelter. Low and behold little Simba came in the day I went looking and for some reason he chose me to be his new forever home. He is 11 and a half years old but age didn't deter me from giving him the best opportunity to live his life being loved and adored. I was so appreciative that we found a care home that let me bring him in with me, we have both settled in nicely and I have noticed that Simba gets a lot more female attention than I do. I don't know why...we are both good looking!!! Before I aged gracefully, I was a major in the army reserves. I took this role very seriously because I love this beautiful country and I wanted the men who came through the ranks to know what this country means to everyone living in it and what we must do to protect what we all love about the place. I have three amazing children, one of my sons became one of Australia's great helicopter pilots before his untimely death at a young age. I think he may have got that trait of wanting to help people in dire situations from me. My 4 beautiful grandchildren became a breath of fresh air in my life...the innocence of children make you stop and look at the world differently.

I hope that when you see myself or Simba you stop for a chat and a pat.

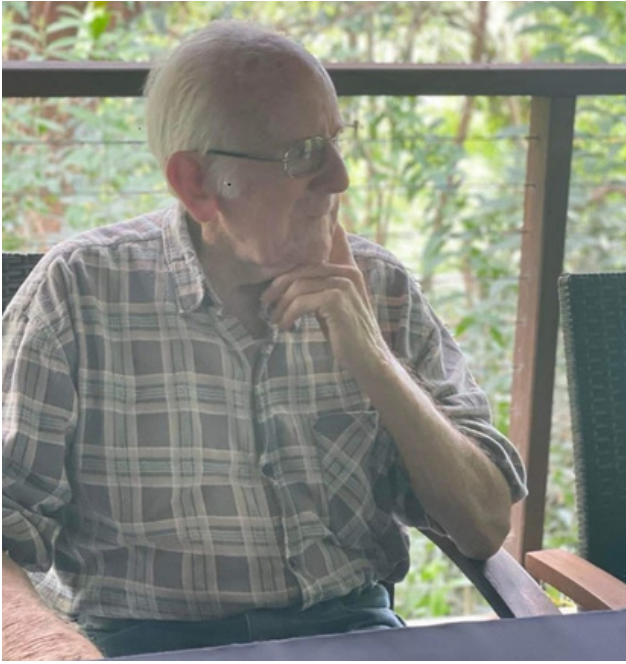
Thank you for taking the time to get to know me

Management and staff offer our deepest sympathy and
condolences to the family and friends of

Betsy Ashdown

LIFE AT BEAUMONT CARE

Mt. Mee Trip



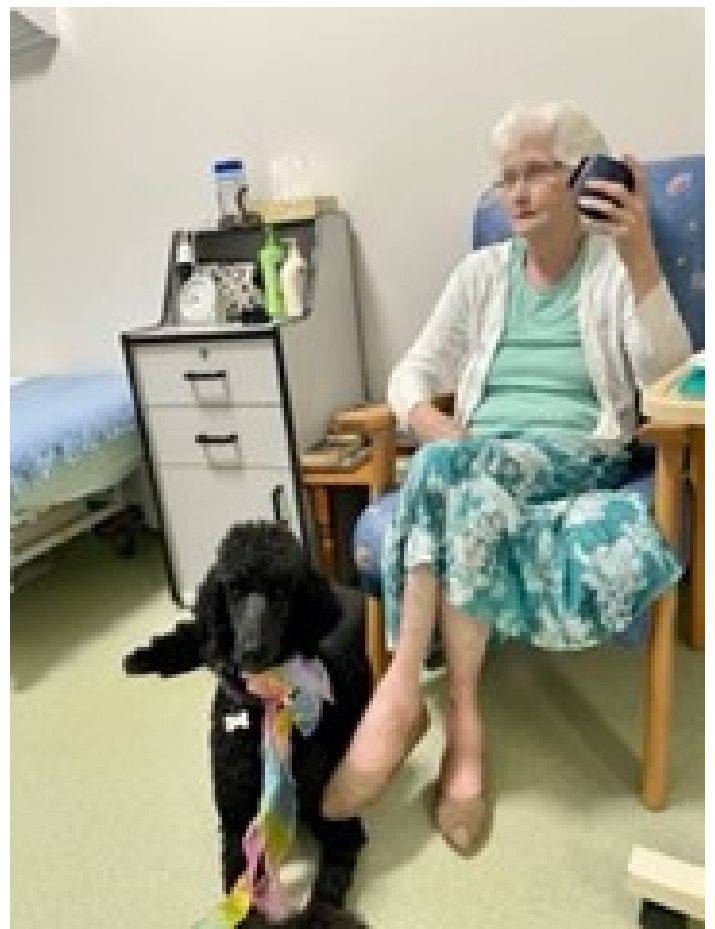
LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE



THIS MONTH IN HISTORY

March

SYMBOLS OF MARCH

- March's birthstones are aquamarine and bloodstone. These stones symbolise courage.
- Its birth flower is the daffodil.
- The zodiac signs for the month of March were Pisces (until March 19, 2020) and Aries (March 20, 2020 onward)

HISTORY

March is the third month of the year in both the Julian and Gregorian calendars. In the Northern Hemisphere, the meteorological beginning of spring occurs on the first day of March. The March equinox on the 20 or 21 marks the astronomical beginning of spring in the Northern Hemisphere and the beginning of autumn in the Southern Hemisphere, where September is the seasonal equivalent of the Northern Hemisphere's March.

March 2, 1943 - During World War II in the Pacific, a Japanese convoy was attacked by 137 American bombers as the Battle of Bismarck Sea began. The convoy included eight destroyers and eight transports carrying 7,000 Japanese soldiers heading toward New Guinea. Four destroyers and all eight transports were sunk, resulting in 3,500 Japanese drowned, ending Japanese efforts to send reinforcements to New Guinea.

March 3, 1847 - Birthday - Telephone inventor Alexander Graham Bell (1847-1922) was born in Edinburgh, Scotland. Bell and his father were involved in teaching deaf persons to speak. Bell developed an interest in the vibrating membrane as a method of electrically transmitting sounds. His very first sentence spoken on the newly invented telephone on March 10, 1876, was to his assistant, "Mister Watson, come here, I want you."

March 5, 1946 - The "Iron Curtain" speech was delivered by Winston Churchill at Westminster College in Fulton, Missouri. Churchill used the term to describe the boundary in Europe between free countries of the West and nations of Eastern Europe under Soviet Russia's control.

March 10, 1880 - The Salvation Army was founded in the United States. The social service organisation was first founded in England by William Booth and operates today in 90 countries.

March 12, 1994 - The Church of England ordained 32 women as its first female priests. In protest, 700 male clergy members and thousands of church members left the church and joined the Roman Catholic Church which does not allow women priests.

March 14, 1879 - Birthday - Albert Einstein (1879-1955) was born in Ulm, Germany. His theory of relativity led to new ways of thinking about time, space, matter and energy. He received a Nobel Prize in 1921 and emigrated to the U.S. in 1933 where he was an outspoken critic of Nazi Germany. Believing the Nazis might develop an atomic bomb, he warned President Roosevelt and urged the development of the U.S. Atomic bomb.

March 17th - Celebrated as Saint Patrick's Day commemorating the patron saint of Ireland.

March 19, 1848 - Birthday - Wyatt Earp (1848-1929) was born in Monmouth, Illinois. He became a legendary figure in the Wild West as a lawman and gunfighter, best known for the shootout at the O.K. Corral in 1881, in which the Earp brothers (Wyatt, Virgil and Morgan) fought and defeated the Ike Clanton gang.

March 24, 1874 - Birthday - Harry Houdini (1874-1926) was born (as Erik Weisz) in Budapest, Hungary. He came to the U.S. with his family as an infant and lived in New York City. He began as a Coney Island magician, then became a world famous escape artist, known for escaping from chains, handcuffs, straightjackets, locked boxes and milk cans filled with water. He died on Halloween 1926 from a burst appendix and was buried in Queens, NY.

March 27, 1977 - The worst accident in the history of civil aviation occurred as two Boeing 747 jets collided on the ground in the Canary Islands, resulting in 570 deaths.

March 30, 1853 - Birthday - Vincent Van Gogh (1853-1890) was born in Groot Zundert, Holland. He was a Postimpressionist painter, generally considered the greatest Dutch painter after Rembrandt. During his short (10-year) painting career he produced over 800 oil paintings and 700 drawings, but sold only one during his lifetime. In 1987, the sale of his painting *Irises* brought \$53.9 million, the highest price ever paid for a work of art up to that time. During his life, Van Gogh suffered from despair and bouts of mental illness, at one point cutting off part of his own left ear. He committed suicide in 1890 by gunshot.

Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?

Please forward to
clontarf@beaumontcare.com.au

Updated or changed your email address, phone number or postal address recently?

Please forward to
clontarf@beaumontcare.com.au

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.

Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

CHURCH SERVICES

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services. We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

EMAIL

Service Manager: katiemorgan@beaumontcare.com.au

Clinical Nurse: cn-clontarf@beaumontcare.com.au

Executive Team: exec@beaumontcare.com.au

PHONE

Clontarf Facility: (07) 3284 6638

Service Manager: 0412 839 440

FEEDBACK FORMS

There are suggestion boxes located at the facility.

Feedback forms can be found alongside.

ONLINE ELECTRONICALLY

Beaumont Care has an online 'feedback form accessible at www.beaumontcare.com.au

NEWSLETTER / SURVEYS / GROUP EMAIL

Residents and their representatives are encouraged to participate in satisfaction surveys released bi-annually. Newsletter format has been updated to be more informative to enhance transparency with the changes expected within the aged care sector. Group emails are utilised on an as needed basis to disseminate information quickly to resident representatives.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care (08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au

Dementia Support Australia (02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

Clontarf Activity Program – March 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>6th COFFEE CLUB</p> <p>Morning chats 9am Walking Group followed by exercises 10.30am Cards, games etc 1pm Exercises - Jazz 2.30pm Game of Hoy 3pm The Chase – News</p>	<p>7th</p> <p>Morning chats 9am Walking Group followed by exercises 9.30am Pet Therapy 10.30am Garden Guru Group 1pm Afternoon Movie 2pm Word Game</p>	<p>1st COFFEE CLUB</p> <p>Morning chats 9am Walking Group followed by exercises 10.30am Craft 1pm Exercises - Jazz 1.30pm - Movie 3pm The Chase</p>	<p>2nd BUS TRIP</p> <p>Morning chats 9am Walking Group followed by exercises 10am Katrina's Shopping 10.30am Art 1.30pm Word Building 4pm Ch 7 News</p>	<p>3rd</p> <p>Morning chats 9am Walking Group followed by exercises 10am Catholic Church 10.30am Piano with Margaret 2.30pm Happy Hour! 4pm The Chase – News</p>	<p>4th</p> <p>No Planned Activities <i>Rest Day</i></p>	<p>5th</p> <p>No Planned Activities <i>Rest Day</i></p>
<p>13th COFFEE CLUB</p> <p>Morning chats 9am Walking Group followed by exercises 10.30am Hand & Nail Care 1pm Exercises - Jaz 2.30pm Game of Hoy 3pm The Chase – News</p>	<p>14th</p> <p>Morning chats 9am Walking Group followed by exercises 10.30am Concert 1pm Cupcake baking 2.30pm Games 2.30pm 1-1s Residents Rooms</p>	<p>15th COFFEE CLUB</p> <p>Morning chats 9am Walking Group followed by exercises 10.30am Movie 1pm Exercises - Jazz 2.30pm I Have I Never Have 3pm The Chase</p>	<p>16th BUS TRIP</p> <p>Morning chats 9am Walking Group followed by exercises 10.30am Craft 1.30pm Word Building 4pm Ch 7 News</p>	<p>17th</p> <p>Morning chats 9am Walking Group followed by exercises 10am Catholic Church 10.30am Piano Margaret 2.30pm Happy Hour! 4pm The Chase – News</p>	<p>18th</p> <p>No Planned Activities <i>Rest Day</i></p>	<p>19th</p> <p>No Planned Activities <i>Rest Day</i></p>
<p>20th COFFEE CLUB</p> <p>Morning chats 9am Walking Group followed by exercises 10.30am Cards, games etc 1pm Exercises - Jazz 2.30pm Game of Hoy 3pm The Chase – News</p>	<p>21st</p> <p>Pet Therapy Morning chats 9am Walking Group followed by exercises 10.30am Art 1pm Afternoon Movie 2.30pm 1-1s Residents Rooms 2.30pm Word Game</p>	<p>22nd COFFEE CLUB</p> <p>Morning chats 9am Walking Group followed by exercises 10.30am Movie 1pm Exercises - Jazz 2pm Residents Choice 3pm The Chase</p>	<p>23rd BUS TRIP</p> <p>Morning chats 9am Walking Group followed by exercises 10am Katrina's Shopping 10.30am Art 1.30pm Word Building 4pm Ch 7 News</p>	<p>24th</p> <p>Morning chats 9am Walking Group followed by exercises 10am Catholic Church 10.30am Piano Margaret 2.30pm Happy Hour! 4pm The Chase – News</p>	<p>25th</p> <p>No Planned Activities <i>Rest Day</i></p>	<p>26th</p> <p>No Planned Activities <i>Rest Day</i></p>
<p>27th COFFEE CLUB</p> <p>Morning chats 9am Walking Group followed by exercises 10.30am Craft 1pm Exercises -Jazz 2.30pm Game of Hoy 3pm The Chase – News</p>	<p>28th</p> <p>Morning chats 9am Walking Group followed by exercises 10.30am Word Games 1pm Movie 2.30pm Games</p>	<p>29th COFFEE CLUB</p> <p>Morning chats 9am Walking Group followed by exercises 10.30am Craft 1pm Exercises - Jazz 1.30pm Movie</p>	<p>30th BUS TRIP</p> <p>Morning chats 9am Walking Group followed by exercises 10am Katrina's Shopping 10.30am Art 12pm BBQ LUNCH 1.30pm Word Building</p>	<p>31st</p> <p>Morning chats 9am Walking Group followed by exercises 10am Catholic Church 10.30am Piano Margaret 2.30pm Happy Hour! 4pm The Chase – News</p>	