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BEAUMONT CARE
CLONTARF

Service Manager: Katie Morgan
(07) 3284 6638
39 Baringa Street,
Clontarf Qld 4019

BEAUMONT CARE KIPPA-RING

Service Manager: Suhki Bajwa
(07) 3883 2475
111 George Street,
Kippa-Ring Qld 4021

BEAUMONT CARE MT. TAMBORINE

Service Manager: Genevieve Verhoeff
(07) 5545 7822
24 Main Western Road,
North Tamborine Qld 4272

BEAUMONT CARE WAMURAN

Service Manager: Karen Wockner
(07) 5328 1299
60 Ziviani Road,
Wamuran Qld 4512



BEAUMONT CARE

Warm-Hearted Care, Your Way

A MESSAGE FROM LINDA BEAUMONT

Hi everyone,

I love relaying the very good work I see in the services as I move through the many projects we have underway.

The Concierge Team is excited to introduce new marketing materials at all the homes, the My Aged Care website and our own Beaumont Care website as we reconfigure suites and maximise single suites.

Clontarf works are well underway, the team delivering a fresh modern look. Tamborine Mountain, Kippa-Ring and Wamuran are in demand all with improvements.

Our Independent Living Homes are also at record numbers.

I try to make sure I attend your Resident meetings as often as possible, hopefully I see you on my next visit.

Until next time,

Linda

FROM THE SERVICE MANAGER

Welcome to August!

Not long now and spring will be upon us, and the days will start to warm up. Time to dust out the spring clothing and think about bringing any in if you are storing them at home.

As you all are aware, COVID has reared its ugly head again and unfortunately, we have had resident and staff cases on site which has forced us to close all common areas to residents to reduce the flow of infection. Residents continue to have exercise time and boredom busters with our lifestyle staff and on-site physiotherapist as well as sunshine, fresh air, and vitamin D in our courtyard, taking advantage of the socially distanced individual alcoves.

What we have seen is the BA.4 and BA.5 Omicron variants are highly contagious, and it is these variants which are impacting QLD right now. Public Health believe we should see the peak of infection rate across the state within the next few weeks, so it is not over yet. All positive residents have been commenced on the antiviral treatment medication Molnupiravir, and what we have noticed is a drastic reduction in symptoms and a decrease in illness time. This is fabulous news for our most vulnerable residents, reducing the severity of the virus's side effects allowing them to return to normal much faster.

I wish to thank you all for your wonderful support and understanding during this difficult time. All your kind words are passed onto staff. Please be reminded we are not in lockdown, residents can still have visitors to the site if they follow the increased requirements and have completed the required partnership in care documentation. This may change at any time under the direction of Public Health and if that is the case, we will let you know immediately.

If you have any feedback on the current outbreak, or anything else you wish to raise, please let either Marnie or myself know. We always welcome constructive feedback, suggestions, or comments. These only help to improve everything from communication, resident care, and satisfaction. Residents and their representative's input is a vital part of running a facility to ensure residents wants and needs are always being met.

THANKS,
Katie

FROM OUR CLINICAL NURSE

Hello all,

It is hard to believe but we are already over halfway through the year. And we can tell as the August winds blow through – it is very chilly!

Whilst we are all getting used to the feeling of Covid outbreaks and restrictions it doesn't make it any easier that you can't see your loved ones and friends. Some ideas to assist during this time include:

- Ask staff any time you want to use the phone to call your family or friends
- Likewise, family members, please call at any stage you would like to speak to your loved ones or get an update from me
- Family members can enter into a Partnership in Care agreement
- Reach out to staff if you want to have a chat and a hug
- Spend time out in the courtyard getting some fresh air and sunshine
- Take part in exercise group and walking group (if able)
- Grab a book from our library or ask a DT to read to you
- Take part in games and activities to lift your spirits

If you are feeling a little blue or would like an update on the most recent outbreak, please ask staff to come and get me so I can come and spend time with you. As always, the clinical team and I are here to provide you with assistance, support and comfort.

Please don't hesitate to call on me at any time.

Best wishes,

Marnie

FROM OUR LIFESTYLE TEAM

Hello from the Lifestyle Department,

This month has been sadly affected by the dreaded Corona Virus for some of our staff and residents. Unfortunately, due to this, we haven't had a great deal of group activities.

Before the virus found its way into our facility, the residents did enjoy some football fever with the State of Origin being a big part of our activities. Converting a hoola hoop into a goal and having residents try and get the footy through the hoop was a lot of fun, not sure we would ever win a game of footy though! Some of our very talented ladies got that ball through the hoop... years of landing the washing in the clothes basket comes in handy!

Before the virus came in the residents did get to go out to the club and enjoy a beautiful Xmas in July luncheon. The residents mingled among each other and thoroughly enjoyed the festivities on offer. Sadly, all bus trips will be postponed until we get this virus under control and our residents back to some kind of normality.

Refurbishment of our facility is in full swing, and we can slowly see the finish line. Hopefully with these beautiful sunny days our September dead line may just happen and we can swing the doors open and get our residents and families back.

Residents have been enjoying receiving, reading, and responding to letters from the local library pen pal group.

Katrina will continue to go and do the residents shopping (within reason), so if anything is needed please don't hesitate to see one of the friendly lifestyle team members. Shopping is done on Thursday, once a fortnight.

The Lifestyle Department would like to take this opportunity to say Thank you for your understanding and patience during this difficult time, and are looking forward to the day when we can hold our regular programming again without barriers.

UNTIL NEXT TIME, PLEASE TAKE CARE...

Mary, Lea-Ann and Katrina

Welcome...

On behalf of all the
Beaumont Care family,
we warmly welcome all of
our new residents along
with their family and
friends.

August BIRTHDAYS

Edward Scott - 9th

Dawn Richardson - 20th

*Happy
Birthday!*



GETTING TO KNOW OUR RESIDENTS



Paul Wegner

Hi, my name is Paul and I have lived at Beaumont Care Clontarf
for nearly 3 years.

I like to get up early and join my fellow resident friends for breakfast.

I am a smoker and love to socialise with other smokers in the courtyard,
we have a nice area to smoke in.

I like to be in my room a lot, I enjoy listening to my music. I have a big
selection of music in my room to choose from. I like when they have concerts
here and we get to be involved with the singing, especially the piano.

I love to have a joke with the staff and really enjoy when they get us coffee
from the shop across the road. I look forward to Tuesday and Thursday for
my Iced Coffee, they are good.

I enjoy living at Beaumont Care and am very happy.



STAFF MEMBER PROFILE

Beaumont Care Staff Member, Kylie Brown, shares some insight about herself and her role at Beaumont Care.

Good day, my name is Kylie Brown I have been working for Beaumont Care for almost 1 ½ years. From the very first day I was made to feel like a part of the Beaumont family. My role as an A.I.N involves caring for the residents - this doesn't just mean getting them ready for the day, it also entails attending to all residents needs. The best thing I enjoy about my role is the smiles and listening to the stories that they enjoy sharing with me.

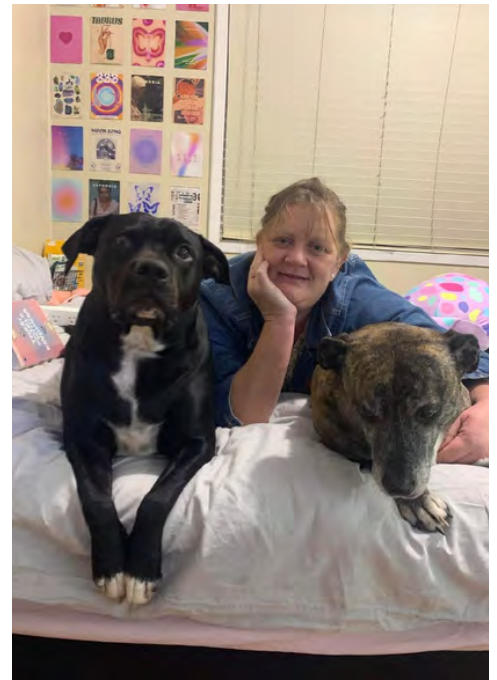
The thing I enjoy the most is knowing that I'm helping the residents with their day to day living and helping them to prepare for the day's activities. The staff are always so helpful, and you really do get the sense of being in a little family community with a lot of respect and kindness towards staff and resident.

My dream holiday would be to travel to Greece and visit the Greek islands looking at those beautiful blue oceans and magnificent old buildings and the cobble streets. I must admit that I do have an addiction to chocolate and my happy place is when I'm sitting and relaxing with some nice yummy gooey chocolate.

My favourite colour is red...not that I have a red car that drives fast or anything...I just like the colour red. On the weekends I like to be pottering in the garden or making jewelry. I like spending time with my grandbabies and making things with art and craft supplies that I have around the house.

I have two staffy dogs. Kirra, I adopted her from the pound when she was about two years old and Poppy, whom I have had her since she was an 8 week old pup. Poppy was the smallest out of the 12-pup litter, but she just seemed to have a biggest personality.

Feeling that I am needed makes me feel very important and being a mum and grandmother is my whole world. I've always been about looking after people and caring for their needs makes me feel happy. My job is also a big part of my world and something as simple as a smile can really change a person's day.



Christmas in July

On the 7th of July we took a group of residents from Clontarf and invited Wayne, one of our residents that has been relocated to Kippa Ring while the building repairs are happening, to the RSL at Redcliffe for their Xmas in July party. The residents enjoyed the delicious meal, entertainment, and drinks.



LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE



THIS MONTH IN HISTORY

August

SYMBOLS OF AUGUST

August's birthstones are the peridot, sardonyx, and spinel. Its birth flower is the gladiolus or poppy, meaning beauty, strength of character, love, marriage and family. The Western zodiac signs for the month of August are Leo (until August 22) and Virgo (from August 23 onwards).

August is the eighth month of the year in the Julian and Gregorian calendars, and the fifth of seven months to have a length of 31 days. It was originally named Sextilis in Latin because it was the sixth month in the original ten-month Roman calendar under Romulus in 753 BC, with March being the first month of the year. In 8 BC, it was renamed in honour of the Roman Emperor Augustus.

August 1, 1838 - Slavery was abolished in Jamaica. It had been introduced by Spanish settlers 300 years earlier in 1509.

August 5, 1962 - Film star Marilyn Monroe died at age 36 from an overdose of sleeping pills. She made 29 films during her career and came to symbolize Hollywood glamour.

August 6, 1945 - The first Atomic Bomb was dropped over the center of Hiroshima at 8:15 a.m., by the American B-29 bomber Enola Gay. The bomb detonated about 1,800 ft. above ground, killing over 105,000 persons and destroying the city. Another estimated 100,000 persons later died as a result of radiation effects.

August 6, 1809 - Birthday - British poet Alfred Lord Tennyson (1809-1892) was born in Somersby, Lincolnshire, England. He was appointed Poet Laureate in succession to William Wordsworth. Memorable poems by Tennyson include Ode on the Death of the Duke of Wellington and The Charge of the Light Brigade.

August 6, 1881 - Birthday - Penicillin discoverer Alexander Fleming (1881-1955) was born in Lochfield, Scotland. By accident, he found that mold from soil killed deadly bacteria without injuring human tissue. He received the Nobel Prize in 1954.

August 16, 1977 - Elvis Presley was pronounced dead at the Memphis Baptist Hospital at 3:30 p.m., at age 42.

August 17, 1978 - The first transatlantic balloon trip was completed by three Americans; Max Anderson, Ben Abruzzo, and Larry Newman, all from Albuquerque, New Mexico. Starting from Maine on August 11th, they traveled in Double Eagle II over 3,000 miles in 137 hours, landing about 60 miles west of Paris.

August 18, 1920 - The 19th Amendment to the U.S. Constitution was ratified, granting women the right to vote.

August 19, 1871 - Birthday - Aviation pioneer Orville Wright (1871-1948) was born in Dayton, Ohio. In 1903, Orville and his brother Wilbur achieved the world's first successful sustained and controlled flight of a motor-driven aircraft, following years of experimentation with kites and gliders.

August 24, 79 A.D. - Vesuvius, an active volcano in southern Italy, erupted and destroyed the cities of Pompeii, Stabiae and Herculaneum.

August 27, 1910 - Birthday - Mother Teresa (1910-1997) was born (as Agnes Gonxha Bojaxhiu) in Skopje, Yugoslavia. She founded a religious order of nuns in Calcutta, India, called the Missionaries of Charity and spent her life working to help the poor and sick of India.

August 28, 1963 - The March on Washington occurred as over 250,000 persons attended a Civil Rights rally in Washington, D.C., at which Rev. Dr. Martin Luther King, Jr. made his now-famous I Have a Dream speech.

August 30, 1797 - Birthday - Frankenstein author Mary Shelley (1797-1851) was born in London.

August 31, 1997 - Britain's Princess Diana died at age 36 from massive internal injuries suffered in a high-speed car crash, reportedly after being pursued by photographers. The crash occurred shortly after midnight in Paris inside a tunnel along the Seine River at the Pont de l'Alma bridge, less than a half mile north of the Eiffel Tower. Also killed in the crash were Diana's companion, Dodi Fayed, 42, and chauffeur Henri Paul. A fourth person in the car, bodyguard Trevor Rees-Jones, was seriously injured.

Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?

Please forward to
clontarf@beaumontcare.com.au

Updated or changed your email address, phone number or postal address recently?

Please forward to
clontarf@beaumontcare.com.au

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.

Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

CHURCH SERVICES

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services. We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

EMAIL

Service Manager: katiemorgan@beaumontcare.com.au

Clinical Nurse: cn-clontarf@beaumontcare.com.au

Executive Team: exec@beaumontcare.com.au

PHONE

Clontarf Facility: (07) 3284 6638

Service Manager: 0412 839 440

FEEDBACK FORMS

There are suggestion boxes located at the facility.

Feedback forms can be found alongside.

ONLINE ELECTRONICALLY

Beaumont Care has an online 'feedback form accessible at www.beaumontcare.com.au

NEWSLETTER / SURVEYS / GROUP EMAIL

Residents and their representatives are encouraged to participate in satisfaction surveys released bi-annually. Newsletter format has been updated to be more informative to enhance transparency with the changes expected within the aged care sector. Group emails are utilised on an as needed basis to disseminate information quickly to resident representatives.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care (08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au

Dementia Support Australia (02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

Clontarf Activity Program – August 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1st	2nd	3rd	4th Bus Trip	5th	6th	7th
<p>Morning Chats 8.30am Walking Group 10.30am Hand and Nail Care 1pm Exercises 2.30pm Game of Hoy 3pm The Chase / News</p>	<p>Morning Chats Coffee Club 9am Walking Group 10.30am Garden Guru Club 1pm Afternoon Movie 2.30pm 1-1s Residents Rooms 2.30pm Games</p>	<p>Morning Chats 9am Walking Group 10.30am Movie 1pm Exercises 2pm Resident's Choice 3pm The Chase</p>	<p>Coffee Club Morning Chats 9am Walking Group 10am Katrina's Shopping 10.30am Craft 2.30pm Word Building 4pm Ch 7 News</p>	<p>Morning Chats 9am Walking Group 10.30am Catholic Church 10.30am Piano Margaret 2.30pm Happy Hour! 4pm The Chase – News</p>	<p>No Planned Activities Rest Day</p>	<p>No Planned Activities Rest Day</p>
8th	9th	10th	11th Bus Trip	12th	13th	14th
<p>EKKA PUBLIC HOLIDAY</p>	<p>Morning chats Pet Therapy 9am Walking Group 9.30am Exercises 10.30am Garden Guru Club 1pm Afternoon Movie 2pm Word Games</p>	<p>Morning Chats 9am Walking Group 10.30am Movie 1pm Exercises 2.30pm I Have, I Never! Have 3pm The Chase</p>	<p>Morning Chats Coffee Club 9am Walking Group 10.30am Craft 1.30pm Word Building 4pm Ch 7 News</p>	<p>Morning Chats 9am Walking Group 10.30am Sing-along 2.30pm Bingo 4pm Ch 7 News</p>	<p>No Planned Activities Rest Day</p>	<p>No Planned Activities Rest Day</p>
15th	16th	17th	18th Bus Trip	19th	20th	21st
<p>Morning Chats 8.30am Walking Group 10.30am Hand and Nail Care 1pm Exercises 2.30pm Game of Hoy 3pm The Chase</p>	<p>Morning Chats Coffee Club 9am Walking Group 10.30am Music Trivia & Games 1pm Baking - Cupcakes 2.30pm Games 2.30pm 1-1s Residents Rooms</p>	<p>Morning Chats 9am Walking Group 10.30am Craft 1pm Exercises 1.30pm Resident's Meeting 2pm Advocacy Talk 3pm The Chase</p>	<p>Coffee Club Morning Chats 9am Walking Group 10am Katrina's Shopping 10.30am Art 2.30pm Word Building 4pm Ch 7 News</p>	<p>Morning chats 9am Walking Group 10.30am Catholic Church 10.30am Piano Margaret 2.30pm Happy Hour! 4pm The Chase – News</p>	<p>No Planned Activities Rest Day</p>	<p>No Planned Activities Rest Day</p>
22nd	23rd	24th	25th Bus Trip	26th	27th	28th
<p>Morning Chats 8.30am Walking Group 10.30am Cards, Games etc 1pm Exercises with Fiona 2.30pm Game of Hoy 3pm The Chase</p>	<p>Coffee Club Morning Chats Pet Therapy 9am Walking Group 10.30am Garden Guru Club 1pm Afternoon Movie 2.30pm 1-1s Residents Rooms 2.30pm Word Games</p>	<p>Morning Chats 8.30am Walking Group 10.30am Movie 1pm Exercises 2pm Resident's Choice 3pm The Chase</p>	<p>Coffee Club Morning Chats 9am Walking Group 10am Katrina's Shopping 10.30am Word Buildings 4pm Ch 7 News</p>	<p>Morning Chats 9am Walking Group 10am Catholic Church 10.30am Sing-along 2.30pm Bingo 3pm The Chase – News</p>	<p>No Planned Activities Rest Day</p>	<p>No Planned Activities Rest Day</p>
29th	30th	31st	 <p>BEAUMONT CARE Warm-Hearted Care, Your Way</p>			
<p>Morning Chats 8.30am Walking Group 10.30am Craft with Mark 1pm Exercises with Fiona 2.30pm Game of Hoy 3pm The Chase - News</p>	<p>Morning Chats Coffee Club 9am Walking Group 10.30am Music Trivia & Games 1pm Baking - Cupcakes 2.30pm Games 2.30pm 1-1s Residents Rooms</p>	<p>Morning Chats 9am Walking Group 10.30am Movie 1pm Exercises 2.30pm I Have, I Never! Have 3pm The Chase</p>				