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BEAUMONT CARE
CLONTARF

Service Manager: Katie Morgan
(07) 3284 6638
39 Baringa Street,
Clontarf Qld 4019

BEAUMONT CARE KIPPA-RING

Service Manager: Suhki Bajwa
(07) 3883 2475
111 George Street,
Kippa-Ring Qld 4021

BEAUMONT CARE MT. TAMBORINE

Service Manager: Genevieve Verhoeff
(07) 5545 7822
24 Main Western Road,
North Tamborine Qld 4272

BEAUMONT CARE WAMURAN

Service Manager: Karen Wockner
(07) 5328 1299
60 Ziviani Road,
Wamuran Qld 4512



BEAUMONT CARE

Warm-Hearted Care, Your Way

A MESSAGE FROM LINDA BEAUMONT

Hi everyone,

We have a newly elected Labor government, and some big policy statements on support for aged care. Beaumont Care will always try to be part of the conversation to promote forward thinking and improved outcomes for the care sector. It was a pleasure to see large numbers of residents vote in the federal election.

There are many celebratory occasions such as Employee of the Year and Service Awards and the photos on our Facebook and website tell a story of community in your home. www.beaumontcare.com.au

Wamuran Park Home at Wamuran, the older-style home which has been servicing needs for 45 years, has finally closed its doors due largely to the critical flood event back in February. All residents have identified new homes, and this transition has been smooth with anticipation and excitement by residents. Beaumont Care is proud to have been such a large part of the lives of residents, and staff for 15 of those years. I congratulate the team and manager, Kathy Bryant, for such devoted commitment during this big change.

Chief Commercial Officer, Travis Rogers, and I have been to all homes more than once over the past month, so thank you for your hospitality, keep those cakes and home-made biscuits on the menu in your food focus and resident meetings - they're so hard to resist! Continue to have input into your home's care and services, your messages and suggestions are important to us.

Until next time,

Linda

FROM THE SERVICE MANAGER

Welcome to June, half the year has gone already, wow. Before we know it, the year-end will be upon us again.

Firstly, I wish to thank you all for your patience and understanding while we have been waiting for the repairs to start on A Wing, the side that was affected during the flooding. I am pleased to announce that the repairs have started, and we have that light at the end of the tunnel for completion. Over the next couple of weeks and months there will be a lot happening on that side and we may become affected by the noise and vibrations whilst they demolish and repair. We are endeavoring to keep the impact to a minimum however there will be days where increased noise cannot be helped, and we will give you as much notice as possible. I do not know about you, but I am looking forward to the end date and seeing how amazing it is going to look all fresh and new.

You may have noticed a few new faces around lately assisting you with your cares and needs. Please help me with welcoming AIN's Gloria and Brooke, they are with you through the night. Karen occasionally pops her head out from the kitchen and is going brilliantly with providing your cares. Sarah our MedComp has left us to provide all of our facilities their education requirements and I couldn't think of a better person for the role. We all wish her heaps of luck. We have also said goodbye to Kate the RN to another site and Ima the AIN will now be sharing her time with here and Redcliffe Hospital she will be missed.

Staff and visitors are still asked to continue wearing the P2/N95 masks whilst on site and follow Public Health Directions to maintain the resident's safety to the highest standard. Staff are continuing to be tested every 72 hours for surveillance. Any person who has returned a positive RAT are asked to immediately leave the facility to maintain resident safety. Residents are completing RAT's if they display any signs of symptoms of cough, cold or flu with no negative results within the past month.

Please, if you have feedback on anything do not hesitate to let us know. Residents and their representatives' input are a vital part of the running of any facility, please feel welcome to provide your thoughts, suggestions, and feedback at any time, the good, the bad and the ugly. My door is always open.

THANKS,

Katie

FROM OUR CLINICAL NURSE

Hello everyone,

I found this article which resonated with me, so I thought I'd share its message with you. Even though it was targeted at people of an older age I think the messages are important for all ages.

Some theorise that there are things associated with older age that contribute to a better sense of well-being such as:

An increase in Self-Acceptance - the older we are, the less worried we are about perfecting ourselves. We have a tendency to hold a realistic view of our strengths and weaknesses and an attitude of acceptance toward any flaws. Instead of constant "self-improvement," there is a tendency to relax into who we are.

Understanding We Cannot Please Everyone - many of us strive to please spouses, bosses, our parents, our friends, etc. As we age, we realise the futility of pleasing everyone. I love the quote "I can't give you a sure-fire formula for success, but I can give you a formula for failure: try to please everybody all the time" (~Herbert Bayard Swope).

Ability to Live in the Present - it seems we spend much of our adulthood either getting over a terrible childhood or worrying about the future. For older adults, living in the present is often easier. Things of the past have often been accepted and resolved and the future is no longer a far-off thing to ponder, look forward to, prepare for, or fear. Research is clear that those who live in the present are far happier than those who dwell in the past or the future.

Not Taking Life for Granted - in our youth, it is so easy to make other things more important than our basic happiness and joy. We easily push aside our own joy for work, status, pleasing others, financial striving, etc. In older age, there is a tendency to recognise how short life really is and to not only be grateful for each day, but also for whatever current health we have.

Wisdom - after many trials and life experiences, many older people have a view of life that includes the wisdom to know how to handle many obstacles. Lessons learned offer older adults more ease when faced with challenges - they have acquired some mastery and skill at coping.

Even though it is now getting very chilly please don't forget to keep up your fluids and keep as active as you can. We are lucky here in Qld to be able to enjoy the beautiful sunshine in our winter months.

As always, the clinical team and I are here to provide you with assistance, support and comfort. Please don't hesitate to call on me at any time.

Best wishes,

Marnie

FROM OUR LIFESTYLE TEAM

We hope everyone is keeping warm, didn't the weather change quickly?

Last month saw us celebrate International Nurses' Day, we hope all our wonderful nurses had a great day and feel appreciated not only on this day, but every day. We are very thankful for all the help you give to ensure our residents are getting the most out of their days.

The Church groups have started coming back to visit, it is so nice to see them again. Please let the Lifestyle team know if you would like to be added for a visit from your chosen denomination.

We are very pleased to see the builders in starting the repairs on A wing, hopefully it won't be too long before our friends can come back from Kippa Ring. If anyone would like to write a letter, send a picture, or get a message to someone staying at Kippa Ring please ask the Lifestyle team for assistance with this. We would love you to keep in contact with your friends.

We will be receiving some letters soon from the Library for our Pen pal program which will be running for a couple of months. Please see Mary or LeaAnn if you would like to be involved with this.

We would like to take this opportunity to Thank all the residents for their patience with all the disruptions to their program over the last few weeks. We are hoping to get back to some sort of normal very soon.

The Lifestyle Team is putting crosswords, pictures etc on the board for residents who wish to utilize these over the weekends, these will be on the notice board just outside the lounge.

If you are feeling the cold and need some woolen socks, gloves, or a shawl, please ask the Lifestyle team as we have a lovely knitting group who donates these items to us. If we don't have what you need, we can ask them to make some for us.

Please feel free to come into the lounge and watch movies, join in the activities, or attend our monthly meetings. We love to hear suggestions on activities you would be keen to try or bus trips you would like to go on, so don't hesitate to give us feedback.

Hoping we all stay warm and well over the coming colder months,

UNTIL NEXT TIME, PLEASE TAKE CARE...

Mary, Lea-Ann and Katrina

Welcome...

On behalf of all the
Beaumont Care family,
we warmly welcome all of
our new residents along
with their family and
friends.

June BIRTHDAYS

Kai Skindbjerg - 9th

Valerie Hobdell - 12th

Daphne Pukallus - 13th

Esme Petersen - 27th

Louise Beibly - 29th

*Happy
Birthday!*



GETTING TO KNOW OUR RESIDENTS



Joan Bennett

Hi, my name is Joan Bennett and I have lived at
Beaumont Care for the last 4 years.

One of my interests is singing, I have done this since I was a small child,
I love all types of music.

I also enjoy playing the piano and the drums. My mother taught me
how to play the piano, I practiced every day.

I have a big family, lots of children and grandchildren, I love my family
and have missed them during the lockdowns.

I enjoy making friends and love to have a laugh with staff at the
nursing home. I love to see others happy and smiling.

I love animals and enjoy snuggling up to the facility cat on my bed.

Management and staff offer our deepest sympathy and
condolences to the family and friends of

William Bulloch

LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE



Every second Friday when Margaret comes to play the piano the residents request “If you knew Suzy” and wherever she is in the building, Sue will go and dance for them.

The residents clap and sing along, it is nice to watch them brighten up when Sue enters to dance.

Beaumont Care Wamuran employee, Zayd, shares some insight about himself and his role at Beaumont Care.

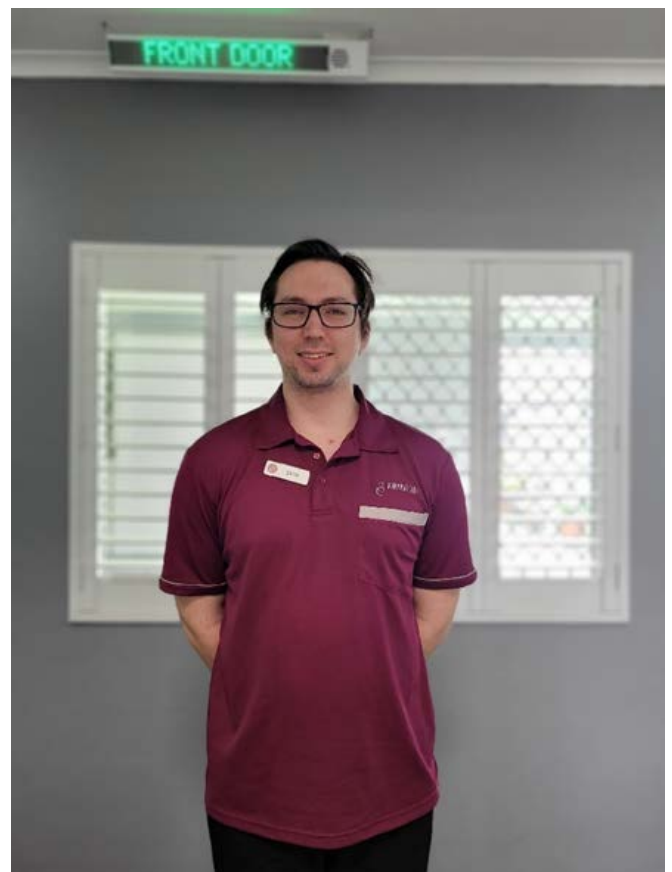
Hi, my name is Zayd and I started at Beaumont Care in February this year.

I enjoy playing games, board games, going to the movies and computer games.

I was home schooled and have studied Theology and Paramedics.

I am currently studying Nursing and I have previously worked with animals as well as people.

I have recently purchased my 1st home and am enjoying the freedom that comes with being a homeowner.



THIS MONTH IN HISTORY

June

SYMBOLS OF JUNE

Birthstones are pearl, alexandrite and moonstone.

The birth flowers are rose and honeysuckle.

The zodiac signs for the month of June are Gemini (until June 20) and Cancer (from June 21 onwards).

HISTORY

June is the sixth month of the year in the Julian and Gregorian calendars, June contains the summer solstice in the Northern Hemisphere, the day with the most daylight hours, and the winter solstice in the Southern Hemisphere, the day with the fewest daylight hours. June in the Northern Hemisphere is the seasonal equivalent to December in the Southern Hemisphere and vice versa.

June 1st - Birthday - Marilyn Monroe (1926-1962) was born in Los Angeles (as Norma Jean Mortensen). Following an unstable childhood spent in foster homes and orphanages, she landed a job as a photographer's model which led to a movie career. She later married baseball legend Joe DiMaggio. Beneath her glamorous movie star looks she was fragile and insecure and eventually succumbed to the pressures of Hollywood life. She died in Los Angeles from an overdose of sleeping pills on August 5, 1962. Best known for *Gentlemen Prefer Blondes* (1953), *The Seven Year Itch* (1955), *Some Like It Hot* (1959).

June 4, 1944 - During World War II in Europe, Rome was liberated by the U.S. 5th Army, led by General Mark Clark. Rome had been declared an open city by German Field Marshal Albert Kesselring amid Allied concerns the Germans might stage a Stalingrad-style defence that would devastate the historic 'Eternal' city.

June 5, 1783 - The first sustained flight occurred as a hot-air balloon was launched at Annonay, France, by brothers Joseph and Jacques Montgolfier. Their 33-foot-diameter globe aerostatique ascended about 6,000 feet. In September, they repeated the experiment for King Louis XVI, using a sheep, rooster and duck as the balloon's passengers.

June 9, 1898 - The British signed a 99-year lease for Hong Kong, located on the southeastern coast of China. Hong Kong, consisting of an area measuring 400 square miles, was administered as a British Crown Colony until July 1, 1997, when its sovereignty reverted to the People's Republic of China.

June 10th - Birthday - Judy Garland (1922-1969) was born in Grand Rapids, Minnesota (as Frances Gumm). She is best remembered for her portrayal of Dorothy Gale in *The Wizard of Oz* (1939) and other films including *Meet Me in St. Louis* (1944) and *Easter Parade* (1948). She became one of the most popular concert performers of the 1950s and '60s and broke box-office records in New York City and London. She was found dead of an overdose of sleeping pills in London on June 22, 1969.

June 16, 1963 - Valentina Tereshkova, 26, became the first woman in space as her Soviet spacecraft, Vostok 6, took off from the Tyuratam launch site. She manually controlled the spacecraft completing 48 orbits in 71 hours before landing safely.

June 18, 1815 - On the fields near Waterloo in central Belgium, 72,000 French troops, led by Napoleon, suffered a crushing military defeat from a combined Allied army of 113,000 British, Dutch, Belgian, and Prussian troops. Thus ended 23 years of warfare between France and the other powers of Europe. Napoleon was then sent into exile on the island of St. Helena off the coast of Africa. On May 5, 1821, the former vain-glorious Emperor died alone on the tiny island, abandoned by everyone.

June 24, 2010 - Labor Party deputy Julia Gillard became Australia's first female Prime Minister. She was born in Wales and had moved to Australia as a child. She worked as a lawyer before entering politics.

June 28, 1914 - Archduke Francis Ferdinand, Crown Prince of Austria and his wife were assassinated at Sarajevo, touching off a conflict between the Austro-Hungarian government and Serbia that escalated into World War I.

June 28, 1919 - The signing of the Treaty of Versailles formally ended World War I. According to the terms, Germany was assessed sole blame for the war, forced give up Alsace-Lorraine and overseas colonies, and pay reparations of \$15 Billion. The treaty also prohibited German rearmament.

Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?

Please forward to
clontarf@beaumontcare.com.au

Updated or changed your email address, phone number or postal address recently?

Please forward to
clontarf@beaumontcare.com.au

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.

Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

CHURCH SERVICES

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services. We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

EMAIL

Service Manager: katiemorgan@beaumontcare.com.au

Clinical Nurse: cn-clontarf@beaumontcare.com.au

Executive Team: exec@beaumontcare.com.au

PHONE

Clontarf Facility: (07) 3284 6638

Service Manager: 0412 839 440

FEEDBACK FORMS

There are suggestion boxes located at the facility.

Feedback forms can be found alongside.

ONLINE ELECTRONICALLY

Beaumont Care has an online 'feedback form accessible at www.beaumontcare.com.au

NEWSLETTER / SURVEYS / GROUP EMAIL

Residents and their representatives are encouraged to participate in satisfaction surveys released bi-annually. Newsletter format has been updated to be more informative to enhance transparency with the changes expected within the aged care sector. Group emails are utilised on an as needed basis to disseminate information quickly to resident representatives.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care (08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au











Dementia Support Australia (02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

Clontarf Activity Program – June 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		4th	2nd Bus Trip	3rd	4th	5th
	 <p>BEAUMONT CARE <i>Warm-Hearted Care, Your Way</i></p>	<p>Morning Chats 9am Walking Group 10.30am Movie 1pm Exercises 2.30pm I Have, I Never Have 3pm The Chase</p>	<p>Coffee Club Morning Chats 9am Walking Group 10am Katrina's Shopping 10.30am Art 1.30pm Word Building 4pm Ch 7 News</p>	<p>Morning Chats 9am Walking Group 10am Catholic Church 10.30 Piano with Margaret 2.30pm Happy Hour! 4pm The Chase – News</p>	<p>No Planned Activities <i>Rest Day</i></p> 	<p>No Planned Activities <i>Rest Day</i></p> 
		8th	9th Bus Trip	10th	11th	12th
	<p>Coffee Club Morning Chats 9am Walking Group 9.30am Exercises 10.30am Gardening Guru Club 1pm Afternoon Movie 2pm Word Game</p>	<p>Morning Chats 9am Walking Group 10.30am Movie 1pm Exercises 2.30pm I Have, I Never Have 3pm The Chase</p>	<p>Coffee Club Morning Chats 9am Walking Group 10am Craft 1.30pm Word Building 4pm Ch 7 News</p>	<p>Morning Chats 9am Morning News 10am Catholic Church 10.30am Sing-along 2.30pm Bingo! 4pm The Chase – News</p>	<p>No Planned Activities <i>Rest Day</i></p> 	<p>No Planned Activities <i>Rest Day</i></p> 
		15th	16th Bus Trip	17th	18th	19th
	<p>Coffee Club Pet Therapy Morning Chats 9am Walking Group 10.30am Music Trivia 1pm Cupcake Baking 2.30pm Games</p>	<p>Morning Chats 9am Walking Group 10.30am Craft 1pm Exercises 1.30pm Resident's Meeting 2pm Advocacy Talk</p>	<p>Coffee Club Morning Chats 9am Walking Group 10am Katrina's Shopping 10.30am Art 1.30pm Word Building</p>	<p>Morning Chats 9am Walking Group 10am Catholic Church 10.30am Piano with Margaret 2.30pm Happy Hour! 4pm The Chase – News</p>	<p>No Planned Activities <i>Rest Day</i></p> 	<p>No Planned Activities <i>Rest Day</i></p> 
		22nd	23rd Bus Trip	24th	25th	26th
	<p>Coffee Club Morning Chats 8.30am Walking Group 10.30am Movie 1pm Exercises 2pm Resident's Choice 3pm The Chase</p>	<p>Morning Chats 8.30am Walking Group 10.30am Movie 1pm Exercises 2pm Resident's Choice 3pm The Chase</p>	<p>Coffee Club Morning Chats 9am Walking Group 10.30am Craft 1.30pm Word Building 4pm News</p>	<p>Morning Chats 9am Walking Group 10am Catholic Church 10.30am Sing-along 2.30pm Bingo! 4pm The Chase – News</p>	<p>No Planned Activities <i>Rest Day</i></p> 	<p>No Planned Activities <i>Rest Day</i></p> 
		29th	30th Bus Trip			
	<p>Coffee Club Pet Therapy Morning Chats 9am Walking Group 10.30am Music Trivia 1pm Cupcake Baking 2.30pm Games</p>	<p>Morning Chats 8.30am Walking Group 10.30am Movie 1pm Exercises 2.30pm I Have, I Never Have 3pm The Chase</p>	<p>Coffee Club Morning Chats 9am Walking Group 10am Katrina's Shopping 10.30am Craft 1.30pm Word Building 4pm News</p>			