BEAUMONT CARE Wamuran

March 2022

THE Beaumont BULLETIN



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BEAUMONT CARE

Warm-Hearted Care, Your Way

BEAUMONT CARE WAMURAN
Service Manager:
Karen Wockner
(07) 5328 1299
60 Ziviani Road,
Wamuran Qld 4512

BEAUMONT CARE CLONTARF
Service Manager: Katie Morgan
(07) 3284 6638
39 Baringa Street,
Clontarf Qld 4019

BEAUMONT CARE KIPPA-RING
Service Manager: Suhki Bajwa
(07) 3883 2475
111 George Street,
Kippa-Ring Qld 4021

BEAUMONT CARE MT. TAMBORINE
Service Manager: Genevieve Verhoeff
(07) 5545 7822
24 Main Western Road,
North Tamborine Qld 4272

FROM OUR CHIEF OPERATING OFFICER

Colleen was on a well deserved holiday for part of February, and returned to the unimaginable weather event that faced our region. She's been busy helping with the clean up and ensuring our residents and staff are well looked after.

Colleen will be back with in next month's newsletter.

STAFF MEMBER PROFILE

**Beaumont Care Wamuran employee, Riley Currie,
shares some insight about himself and his role at Beaumont Care.**

How long have you worked at Beaumont Care?
I've been working at Beaumont Care for almost a year.



What does your role entail?
Kitchen assistant. I help prepare meals and serve meals to residents.

What do you enjoy most about your role?
Getting to know the residents and staff and building relationships with them.

What do you enjoy most about working at Beaumont Care?
The ability to learn new skills to further my career at Beaumont Care.

What is your dream holiday?
To travel to New Zealand in winter so I can go snow boarding.

What is your favourite food?
Pizza...especially Hawaiian.

What is your favourite colour?
Blue.

What are your special interests?
Sport and snow boarding.

Do you have any pets? If so, then tell us a bit about them.
I have a dog called Honey, she is 1 year old. She is a long-haired Chihuahua. Honey is full of energy and loves playing with her ball.

Is there anything else interesting about you that you would like to share?
In my free time I like to socialise with my mates.

FROM THE SERVICE MANAGER

Hello again from Beaumont Care Wamuran,

We are now approaching Autumn season, and with this in mind - flu season is also just around the corner. Therefore, it is advised to all the residents, visitors and staff to protect themselves against the flu. As per Queensland Health and current legislation, it is now mandatory to get a flu vaccination to gain access to any residential aged care facility.

Don't forget to cover your nose and mouth with a tissue when you cough or sneeze - or cough into your elbow - wash your hands often, stay home/ in your room if you get sick, ensure that you all are keeping your fluid intake up and families are kindly requested to call the facility to give consent for flu vaccinations to registered staff/ admin.

We remain COVID-19 free at this time - we have been, where possible, maintaining the social distancing considerations including encouraging staff to practice social distancing in the community. We have implemented extra cleaning shifts to maintain a high standard of infection control standards, ensuring the cleanliness of high touch point areas within our home and continuing with non-touch temperature checking for all staff, visitors and residents. All staff on site will be continuing to wear the N95/P2 masks and all visitors to site are highly encouraged to wear the same.

Remembering that the virus can spread from person to person through:

- Close contact with an infectious person (including 24 hours before they started showing symptoms)
- Contact with droplets from an infected person coughing or sneezing.
- Touching objects or surfaces (like doorknobs or tables) that have droplets on them from an infected person, and then touching your mouth or face.
-

To protect our Residents and those with compromised immune systems, we all need to work together to help stop the spread of COVID-19 and I personally would like to thank you all for your continued support as we endeavour to protect your loved ones and ourselves from COVID-19.
If you have any questions or concerns, please do not hesitate to contact me - I wish you all happiness and safety.

Please take care,

Karen

A MESSAGE FROM OUR CLINICAL NURSE

Welcome again to another month,

As the months are starting to cool down, skin care is one of our major priories. Skin tears are one of the leading causes of wounds in aged care. Here at Beaumont Care we have interventions that can help to reduce the risk of skin tears to your loved ones.

Prevention strategies should include:

- Assessment of the skin on admission and routinely throughout the patient's stay
- Optimisation of nutrition status (which may require dietary/nutrition support)
- Increasing moisture content of the skin with regular use of emollients/moisturisers
- Protection of the skin using clothing (i.e., long sleeves, knee-high socks, and pants)
- Education regarding safe patient handling techniques for caregivers, including family members
- Safeguarding the patient's environment (i.e., adequate lighting, removal of rugs or other tripping hazards, use of appropriate aids to move patients).
-

If your loved one does obtain a skin tear, please be assured that our staff are well equipped to to manage and treat the wound to ensure healing is optimal.

Until next month,

Denai

Welcome...

On behalf of all the Beaumont Care family, we warmly welcome

Ruth English, Colin Thompson and Kenneth & Valda Yates

and their family and friends.

March BIRTHDAYS

Michael Barnes - 3rd
Jim Hapgood - 8th
Erik Lardal - 14th
Mary-Rose Pryor - 17th
Arthur Westerman - 21st
Ken Yates - 23rd
Anne Barthel - 30th
Brett Thompson - 31st

HAPPY BIRTHDAY!



GETTING TO KNOW OUR RESIDENTS



Ruth Sampson

Ruth grew up in Paddington, Brisbane and spent her working years as a secretary in Special Education schools.
Ruth has a passion for orchids and used to love attending orchid shows, also judging the exhibits.
Ruth is a very talented artist in the fields of painting and sketching. She loved all craft activities including card making.
Ruth was an avid reader, a good cook and enjoys all types of music. She is a cat lover and had a Burmese cat named "Toffy".
Ruth has a good sense of humour and loves to have a bit of fun and a laugh. She likes to go on bus outings, play bingo and hoy and join in Happy Hour and concerts.

Management and staff offer our deepest sympathy and condolences to the family and friends of

Barbara Burles and Robert Powell

LIFE AT BEAUMONT CARE













LIFE AT BEAUMONT CARE







THIS MONTH IN HISTORY

March

SYMBOLS OF MARCH

- March's birthstones are aquamarine and bloodstone. These stones symbolise courage.
- Its birth flower is the daffodil.
- The zodiac signs for the month of March were Pisces (until March 19, 2020) and Aries (March 20, 2020 onward)

HISTORY

March is the third month of the year in both the Julian and Gregorian calendars. In the Northern Hemisphere, the meteorological beginning of spring occurs on the first day of March. The March equinox on the 20 or 21 marks the astronomical beginning of spring in the Northern Hemisphere and the beginning of autumn in the Southern Hemisphere, where September is the seasonal equivalent of the Northern Hemisphere's March.

March 2, 1943 - During World War II in the Pacific, a Japanese convoy was attacked by 137 American bombers as the Battle of Bismarck Sea began. The convoy included eight destroyers and eight transports carrying 7,000 Japanese soldiers heading toward New Guinea. Four destroyers and all eight transports were sunk, resulting in 3,500 Japanese drowned, ending Japanese efforts to send reinforcements to New Guinea.

March 3, 1847 - Birthday - Telephone inventor Alexander Graham Bell (1847-1922) was born in Edinburgh, Scotland. Bell and his father were involved in teaching deaf persons to speak. Bell developed an interest in the vibrating membrane as a method of electrically transmitting sounds. His very first sentence spoken on the newly invented telephone on March 10, 1876, was to his assistant, "Mister Watson, come here, I want you."

March 5, 1946 - The "Iron Curtain" speech was delivered by Winston Churchill at Westminster College in Fulton, Missouri. Churchill used the term to describe the boundary in Europe between free countries of the West and nations of Eastern Europe under Soviet Russia's control.

March 10, 1880 - The Salvation Army was founded in the United States. The social service organisation was first founded in England by William Booth and operates today in 90 countries.

March 12, 1994 - The Church of England ordained 32 women as its first female priests. In protest, 700 male clergy members and thousands of church members left the church and joined the Roman Catholic Church which does not allow women priests.

March 14, 1879 - Birthday - Albert Einstein (1879-1955) was born in Ulm, Germany. His theory of relativity led to new ways of thinking about time, space, matter and energy. He received a Nobel Prize in 1921 and emigrated to the U.S. in 1933 where he was an outspoken critic of Nazi Germany. Believing the Nazis might develop an atomic bomb, he warned President Roosevelt and urged the development of the U.S. Atomic bomb.

March 17th - Celebrated as Saint Patrick's Day commemorating the patron saint of Ireland.

March 19, 1848 - Birthday - Wyatt Earp (1848-1929) was born in Monmouth, Illinois. He became a legendary figure in the Wild West as a lawman and gunfighter, best known for the shootout at the O.K. Corral in 1881, in which the Earp brothers (Wyatt, Virgil and Morgan) fought and defeated the Ike Clanton gang.

March 24,1874 - Birthday - Harry Houdini (1874-1926) was born (as Erik Weisz) in Budapest, Hungary. He came to the U.S. with his family as an infant and lived in New York City. He began as a Coney Island magician, then became a world famous escape artist, known for escaping from chains, handcuffs, straightjackets, locked boxes and milk cans filled with water. He died on Halloween 1926 from a burst appendix and was buried in Queens, NY.

March 27, 1977 - The worst accident in the history of civil aviation occurred as two Boeing 747 jets collided on the ground in the Canary Islands, resulting in 570 deaths.

March 30, 1853 - Birthday - Vincent Van Gogh (1853-1890) was born in Groot Zundert, Holland. He was a Postimpressionist painter, generally considered the greatest Dutch painter after Rembrandt. During his short (10-year) painting career he produced over 800 oil paintings and 700 drawings, but sold only one during his lifetime. In 1987, the sale of his painting Irises brought $53.9 million, the highest price ever paid for a work of art up to that time. During his life, Van Gogh suffered from despair and bouts of mental illness, at one point cutting off part of his own left ear. He committed suicide in 1890 by gunshot.

HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services.
We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

EMAIL

Service Manager: karenwockner@beaumontcare.com.au
Clinical Nurse: cn-wamuran@beaumontcare.com.au
Executive Team: exec@beaumontcare.com.au

FEEDBACK FORMS

There are suggestion boxes located at the facility. Feedback forms can be found alongside.

PHONE

Wamuran Facility: (07) 5328 1299

ONLINE ELECTRONICALLY

Beaumont Care has an online feedback form accessible at www.beaumontcare.com.au

NEWSLETTER / SURVEYS / GROUP EMAIL

Residents and their representatives are encouraged to participate in satisfaction surveys released bi-annually. Newsletter format has been updated to be more informative to enhance transparency with the changes expected within the aged care sector. Group emails are utilised on an as needed basis to disseminate information quickly to resident representatives.

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges, these items need to be labelled with the resident's name. Please ask staff who can assist you in completing the required form to document expiry date etc. Please remember to let Admin office know if any of your details have changed so we have current information. Lost and found will be held monthly in the tv lounge, if you have lost any items of clothing please come along.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care 08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au

Dementia Support Australia 02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

Wamuran Activity Program - March 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Warm-Hearted Care, Your Way	1st	2nd	3rd	4th	5th	6th
	8.30am Good Morning Visit **10.30am** Exercise Group **12pm Men's Lunch & Chat (Creekside Courtyard)** **2.00pm** Pancake Making	**8.30am** Good Morning Visit **10.30am Scenic Bus Trip** **1.30pm** Movie Time **1.30pm Scenic Bus Trip**	**8.30am** Good Morning Visit **10.30am** Exercise Group **1.30pm** Movie Time **2pm Classical Piano Concert with Isabel**	**8.30am** Good Morning Visit **10.30am Hoy!** **Concert with Di 2.00pm** Happy Hour	MOVIE DAY IN CINEMA 	**11.30am** Songs of Praise Songs of Praise **1.30pm** Movie of choice
7th	8th	9th	10th	11th	12th	13th
8.30am Good Morning Visit **10.30am BINGO** **1.30pm** Movie Time **2pm** Massage & Manicures	**8.30am** Good Morning Visit **10.30am** Exercise Group **12pm** Men's Lunch & Chat (Creekside Courtyard) **1.30pm** Movie Time **2pm Table Bowls**	**8.30am** Good Morning Visit **10.30am Day Trip out on Bus** **1.30pm** Movie Time	**8.30am** Good Morning Visit **10.30am** Exercise Group **12pm B-B-Q Lunch** **1.30pm** Movie Time **2pm** Craft	**8.30am** Good Morning Visit **10.30am** Hoy! **2pm** Happy Hour	MOVIE DAY IN CINEMA 	**11.30am** Songs of Praise Songs of Praise **1.30pm** Movie of choice
14th	15th	16th	17th	18th	19th	20th
8.30am Good Morning Visit **10.30am** BINGO **1.30pm** Movie Time **2pm Massage & Manicures**	**8.30am** Good Morning Visit **10.30am** Exercise Group **12pm** Men's Lunch & Chat (Creekside Courtyard) **1.30pm Movie Time** **2pm** Ten Pin Bowls	**8.30am** Good Morning Visit **10.30am Scenic Bus Trip** **1.30pm** Movie Time **1.30pm Scenic Bus Trip**	**8.30am** Good Morning Visit **10.30am St. Patrick's Day Games** **1.30pm** Art Group **3pm** Movie Time	**8.30am** Good Morning Visit **10.30am Hoy!** **Concert with Di 2.00pm** Happy Hour	MOVIE DAY IN CINEMA 	**11.30am** Songs of Praise Songs of Praise **1.30pm** Movie of choice
21st	22nd	23rd	24th	25th	26th	27th
8.30am Good Morning Visit **10.30am BINGO** **1.30pm** Movie Time **2pm** Massage & Manicures	**8.30am** Good Morning Visit **10.30am** Exercise Group **12pm** Men's Lunch & Chat (Creekside Courtyard) **1.30pm** Movie Time **2pm Resident & Family Meeting**	**8.30am** Good Morning Visit **10.30am Day Trip out on Bus** **1.30pm** Movie Time	**8.30am** Good Morning Visit **10.30am** Exercise Group **12pm B-B-Q Lunch** **1.30pm** Movie Time **2pm** Quizzes	**8.30am** Good Morning Visit **10.30am Hoy!** **2pm** Happy Hour	MOVIE DAY IN CINEMA 	**11.30am** Songs of Praise Songs of Praise **1.30pm** Movie of choice
28th	29th	30th	31st			
8.30am Good Morning Visit **10.30am** BINGO **1.30pm** Movie Time **2pm Massage & Manicures**	**8.30am** Good Morning Visit **10.30am** Exercise Group **12pm** Men's Lunch & Chat (Creekside Courtyard) **1.30pm** Movie Time **2pm Carpet Bowls**	**8.30am** Good Morning Visit **10.30am Scenic Bus Trip** **1.30pm** Movie Time **1.30pm Scenic Bus Trip**	**8.30am** Good Morning Visit **10.30am** Exercise Group **1.30pm** Movie Time **2pm Coffee in the Courtyard**			