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BEAUMONT CARE
CLONTARF

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(07) 3284 6638
39 Baringa Street,
Clontarf Qld 4019

BEAUMONT CARE KIPPA-RING

Service Manager: Suhki Bajwa
(07) 3883 2475
111 George Street,
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BEAUMONT CARE MT. TAMBORINE

Service Manager: Genevieve Verhoeff
(07) 5545 7822
24 Main Western Road,
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BEAUMONT CARE WAMURAN

Service Manager: Karen Wockner
(07) 5328 1299
60 Ziviani Road,
Wamuran Qld 4512



BEAUMONT CARE

Warm-Hearted Care, Your Way

FROM OUR CHIEF OPERATING OFFICER

Colleen Noble

Hello everyone and a Happy New Year!

I hope you all enjoyed Christmas and had the chance to meet up with those who mean the most to you.

Of course, travel plans, work, and the escalation of COVID has proven challenging for us all.

The last five weeks have seen COVID make it's way into some of the homes. I would like to thank everyone for the way in which you have worked to help keep all of us safe. We note the spread is indiscriminate, fast at times, and not showing itself in symptoms in all cases.

Please take care of yourselves during this time. As soon as the peak of the virus has moved on, things will normalise and we will start bus trips again and residents will be out and about.

Colleen

FROM THE SERVICE MANAGER

Hi all and welcome to February. What a way to start the new year by the intrusion of COVID at our site. Firstly, I wish to thank you all for your support and understanding over the past month whilst we have been in and out of isolation with positive cases being present. We are all working very hard to maintain all the resident's safety and health during this time and hopefully soon we will begin to see the light at the end of the tunnel.

I wish to take this time to remind you all that visitors are still permitted on site. There are just a few things you will be required to do before you can come in:

- One visitor at a time for a maximum of one hour.
- Visitors to go directly to residents' room and remain in the room or an area designated by staff if the resident is in a shared room.
- Not visiting when unwell or displaying any signs of a cold / flu, respiratory or COVID-19 symptoms.
- Following infection prevention and control directions such as washing hands, wearing N95 or P2 mask.
- Responding truthfully to COVID-19 screening and vaccination questions.
- Treating all workers with respect and courtesy and following their directions.

If you have any questions or concerns, please don't hesitate to contact me. Residents and their representatives' input are a vital part of the running of any facility, please feel welcome to provide your thoughts, suggestions, and feedback at any time. My door is always open.

THANKS,

Katie

FROM OUR CLINICAL NURSE

Hello all,

In the last newsletter, I made a comment suggesting that by the next month we should have more information on how opening the borders had affected our state and facility. Well... we certainly now are all aware, both here and throughout the community, of the effect of the COVID Omicron variant. We will continue to closely monitor the situation here – please call for an update whenever you would like. As we're all thoroughly saturated with hearing about COVID, and with Valentine's Day around the corner, I'd like to chat about LOVE.

Showing love, especially to seniors, is as simple as taking the time for someone else. When your loved one's home is an aged care facility, they will enjoy cards and notes being sent, or a frequent phone call, but it's the face-to-face visits that count the most. We all live busy lives, and our schedules can get jam packed with work and kids but adding time to be visiting a loved one should be of high importance.

Here are five important reasons why frequent visits are the best way to show love to someone living in an aged care setting:

- Reminisce memories – but also create new ones
- An opportunity for genuine quality time together
- It reminds your family/friend that they are loved
- Fosters younger generation/older generation interaction
- If you're loved one has memory loss – going for a walk, looking at photos, a visit with a pet, arts and crafts, and other positive activities are a great way to have an enjoyable time with your loved one in a way that is fun for the two of you.

If you would like to speak to me about anything, please come and see me or ask staff to come and get me so I can come and spend time with you. As always, the clinical team and I are here to provide you with assistance, support, and comfort.

Please don't hesitate to call on me at any time. Happy Valentine's Day and love to you all!!

Marnie

STAFF MEMBER PROFILE

Beaumont Care Clontarf staff member, LeaAnn, shares some insight about herself and her role at Beaumont Care.

For those of you that don't know her, this is LeaAnn. LeaAnn has been at Beaumont Care 9 years this coming February.

She started as an AIN and now does both Lifestyle and AIN work. LeaAnn describes her role as having fun with the residents, doing activities, and making them laugh (her favourite part of the job). LeaAnn really enjoys working at Beaumont and feels she gets the opportunity to thank our residents for their contribution in making Australia an awesome place to live.

Luckily, her favourite colour is blue, as we are seeing a lot of it lately.

LeaAnn loves chicken, especially chicken thighs, chips, and salad.

LeaAnn was supposed to be having her dream holiday in Las Vegas this year and was due to be married there. Unfortunately, COVID has stopped that, and she is hoping to get there next year, "Oh well, gives me more time to save" she stated.

LeaAnn loves her family and has 3 gorgeous grandbabies - she enjoys watching them learn and grow.

They have a dog Freckles, who is 12. A rat, Ratilda. Felix the cat, Fairy the Cockatiel, and tropical fish.

"When I am not taking care of my family and watching the grandkids learn new ways to entertain me, I enjoy motor bike rides through the mountains" LeaAnn told us.



Welcome...

On behalf of all the
Beaumont Care family,
we warmly welcome

*Patricia and
Raymond Polwart*

and their family and friends.

February BIRTHDAYS

Bryan Fleming - 2nd

Ian Underhill - 3rd

James Churchill - 5th

Wayne Hillier - 17th

Fred Mason - 20th

*Happy
Birthday!*



GETTING TO KNOW OUR RESIDENTS



Margaret Richards

Margaret has been at Beaumont Care for 13 years. She loves to sit near the front foyer and chat to people as they go past. Margaret loves to collect the mail for the office staff and takes this job very seriously - she will even go out in the rain.

Margaret has a daughter Meg and her face lights up when she talks about her. She is very proud to be Meg's Mum. Before COVID and when Margaret's health was better, she enjoyed going shopping with Meg.

Margaret loves her jewellery and remembers where most of it comes from. She enjoys joining in to activities when she isn't tired and likes to attend concerts and special event activities.



LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE



FROM OUR LIFESTYLE TEAM

Hello to everyone from the Lifestyle Team. We hope this month finds everyone well and is the start of life becoming more normal.

Unfortunately, we couldn't do a lot in January due to keeping resident and staff safe from sickness. We thank everyone for your patience and understanding. We had some donations of word searches, crossword books and magazines and would like to express our thanks to those people for assisting with relieving some of the boredom. At present, we have a dining come lounge area on both wings so feel free to utilise these rooms for your entertainment.

Hopefully, we can get back on the bus again soon, please let us know if you have any ideas for bus trips and we will try and accommodate them. Also, keep in mind we have limited seating on the bus so we do need to take turns and we can't take the same people every week. I know it seems a long time in between trips but we have a lot of people to get through.

We didn't get our Xmas party photos through in time for the last newsletter due to having the party late, so we hope you enjoy seeing the delight on your loved ones faces as they received their gifts from Santa (the IT Branch of QLD Education), we also had some donations of presents from the Margate Centrelink staff. Our residents were very spoilt over the Xmas period, which was lovely for us all to see, and very much deserved.

We would like to take this opportunity to say farewell to one of our team – Belinda is moving on. Thank you, Belinda, for being part of the team and for your willingness to assist the residents with whatever they were doing. You will be missed.

February is the month for love. So, if we have any budding poets, we would love to hear your writings. We also enjoy all the individual styles of artwork which can be displayed for a month on the notice board.

We are still doing resident shopping, so if you need anything (within reason) please let someone from Lifestyle know and Katrina will get it. Shopping is done on Thursday once a fortnight, with the next shopping days being the 3rd and 17th of February.

The Lifestyle Team hopes we can all get together very soon and start running our regular program, until then please take care.

UNTIL NEXT TIME, PLEASE TAKE CARE...

Mary, Lea-Ann and Katrina

THIS MONTH IN HISTORY

February

SYMBOLS OF FEBRUARY

- Birth flowers are the violet, the common primrose, and the Iris
- February's birthstone is the amethyst.
- The zodiac signs for the month of February are Aquarius (until February 20) and Pisces (February 20 onwards).

HISTORY

February is the second month of the year in the Julian and Gregorian calendars. The month has 28 days in common years or 29 in leap years, with the 29th day being called the leap day. It is the first of five months to have fewer than 31 days (the other four being April, June, September, and November) and the only one to have fewer than 30 days.

February 1, 2003 - Sixteen minutes before it was scheduled to land, the Space Shuttle Columbia broke apart in flight over west Texas, killing all seven crew members. The accident may have resulted from damage caused during liftoff when a piece of insulating foam from the external fuel tank broke off, piercing a hole in the shuttle's left wing that allowed hot gases to penetrate the wing upon re-entry into the Earth's atmosphere. This was the second space shuttle lost in flight. In January 1986, Challenger exploded during liftoff.

February 4 - Birthday - Aviation pioneer Charles Lindbergh (1902-1974) was born in Detroit, Michigan. He made the first non-stop solo flight from New York to Paris, May 20-21, 1927.

February 6, 1952 - King George VI of England died. Upon his death, his daughter Princess Elizabeth became Queen Elizabeth II, Queen of the United Kingdom of Great Britain and Northern Ireland. Her actual coronation took place on June 2, 1953.

February 7 - Birthday - British novelist Charles Dickens (1812-1870) was born in Portsmouth, England. He examined social inequalities through his works including; David Copperfield, Oliver Twist, and Nicholas Nickleby. In 1843, he wrote A Christmas Carol in just a few weeks, an enormously popular work even today.

February 11, 1929 - Italian dictator Benito Mussolini granted political independence to Vatican City and recognized the sovereignty of the Pope (Holy See) over the area, measuring about 110 acres.

February 14 - Celebrated as (Saint) Valentine's Day around the world, now one of the most widely observed unofficial holidays in which romantic greeting cards and gifts are exchanged.

February 14, 1929 - The St. Valentine's Day massacre occurred in Chicago as seven members of the Bugs Moran gang were gunned down by five of Al Capone's mobsters posing as police.

February 15 - Birthday - Astronomer and physicist Galileo Galilei (1564-1642) was born in Pisa, Italy. He was the first astronomer to use a telescope and advanced the theory that the sun, not the earth, was the center of the solar system.

February 21, 1965 - Former Black Muslim leader Malcolm X (1925-1965) was shot and killed while delivering a speech in a ballroom in New York City.

February 22 - Birthday - George Washington (1732-1799) was born in Westmoreland County, Virginia. He served as commander of the Continental Army during the American Revolution and became the first U.S. President.

February 24, 1582 - Pope Gregory XIII corrected mistakes on the Julian calendar by dropping 10 days and directing that the day after October 4, 1582 would be October 15th. The Gregorian, or New Style calendar, was then adopted by Catholic countries, followed gradually by Protestant and other nations.

February 27, 1991 - In Desert Storm, the 100-hour ground war ended as Allied troops entered Kuwait just four days after launching their offensive against Saddam Hussein's Iraqi forces.

February 28, 1994 - NATO conducted its first combat action in its 45 year history as four Bosnian Serb jets were shot down by American fighters in a no-fly zone.

Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?

Please forward to
clontarf@beaumontcare.com.au

Updated or changed your email address, phone number or postal address recently?

Please forward to
clontarf@beaumontcare.com.au

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.

Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

CHURCH SERVICES

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services. We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

EMAIL

Service Manager: katiemorgan@beaumontcare.com.au

Clinical Nurse: cn-clontarf@beaumontcare.com.au

Executive Team: exec@beaumontcare.com.au

PHONE

Clontarf Facility: (07) 3284 6638

Service Manager: 0499 166 698

FEEDBACK FORMS

There are suggestion boxes located at the facility.

Feedback forms can be found alongside.

ONLINE ELECTRONICALLY

Beaumont Care has an online 'feedback form accessible at www.beaumontcare.com.au

NEWSLETTER / SURVEYS / GROUP EMAIL

Residents and their representatives are encouraged to participate in satisfaction surveys released bi-annually. Newsletter format has been updated to be more informative to enhance transparency with the changes expected within the aged care sector. Group emails are utilised on an as needed basis to disseminate information quickly to resident representatives.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care (08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au








Dementia Support Australia (02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

Clontarf Activity Program – February 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 st	2 nd	3 rd	4 th	5 th	6 th
	<p>Coffee Club Morning Chats 9am Walking Group 10.30am Movie 1pm Exercises 3pm The Chase</p>	<p>Morning Chats 9am Walking Group 10.30am Movie 1pm Lets get physical 3pm The Chase</p>	<p>Coffee Club Morning Chats 9am Walking Group 10am Katrina's Shopping 10.30am Craft 1.30pm Word Building 4pm Ch 7 News</p>	<p>Morning Chats 9am Walking Group 10am Catholic Church 10.30am Happy Hour! 2.30pm The Chase – News</p>	<p>No Planned Activities Rest Day</p> 	<p>No Planned Activities Rest Day</p> 
7 th	8 th	9 th	10 th	11 th	12 th	13 th
<p>Morning Chats 9am Walking Group 10.30am Craft with Mark 1pm Lets get Physical 2.30pm Game of Hoy 3pm The Chase – News</p>	<p>Coffee Club Morning Chats 9am Walking Group 10.30am Garden Guru Group 1pm Afternoon Movie 2.30pm 1-1s Residents Rooms 2.30pm Word Game</p>	<p>Morning Chats 8.45am Pet Therapy 9am Walking Group 1pm Exercises 2.30pm I Have, I Never Have 3pm The Chase</p>	<p>Coffee Club Morning Chats 9am Walking Group 10.30am Craft 2.30pm Word Building 4pm Ch 7 News</p>	<p>Morning Chats 9am Walking Group 10am Catholic Church 10.30am Sing Along 2.30pm Bingo 4pm The Chase – News</p>	<p>No Planned Activities Rest Day</p> 	<p>No Planned Activities Rest Day</p> 
14 th	15 th	16 th	17 th	18 th	19 th	20 th
<p>Morning Chats 9am Walking Group 10.30am Hand and Nail Care 1pm Exercises 2.30pm Game of Hoy 3pm The Chase – News</p>	<p>Coffee Club Morning Chats 9am Walking Group 10.30am Word 1pm Afternoon Movie 2.30pm Games 2.30pm 1-1s Residents Rooms</p>	<p>Morning Chats 9am Walking Group 10.30am Craft 1pm Exercises 1.30pm Resident's Meeting 2pm Advocacy Talk 3pm The Chase</p>	<p>Coffee Club Morning Chats 9am Walking Group 10.30am Katrina's Shopping 10.30am Art 2.30pm Word Building 4pm Ch 7 News</p>	<p>Morning Chats 9am Walking Group 10am Catholic Church 10.30am Piano with Margaret 2.30pm Happy Hour! 4pm The Chase – News</p>	<p>No Planned Activities Rest Day</p> 	<p>No Planned Activities Rest Day</p> 
21 st	22 nd	23 rd	24 th	25 th	26 th	27 th
<p>Morning Chats 9am Walking Group 10.30am Cards and Games 1pm Exercises 2.30pm Game of Hoy 3pm The Chase – News</p>	<p>Coffee Club Morning Chats 9am Walking Group 10.30am Music Trivia & Games 1pm Cupcake Baking 2.30pm 1-1s Residents Rooms 2.30pm Word Game</p>	<p>Morning Chats 8.45am Pet Therapy 9am Walking Group 10.30am Movie 1pm Exercises 3pm The Chase</p>	<p>Coffee Club Morning Chats 9am Walking Group 10.30am Craft 2.30pm Word Building 4pm Ch 7 News</p>	<p>Morning Chats 9am Walking Group 10am Catholic Church 10.30am Sing Along 2.30pm Bingo 4pm The Chase – News</p>	<p>No Planned Activities Rest Day</p> 	<p>No Planned Activities Rest Day</p> 