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BEAUMONT CARE
CLONTARF

Service Manager: Katie Morgan
(07) 3284 6638
39 Baringa Street,
Clontarf Qld 4019

BEAUMONT CARE KIPPA-RING

Service Manager: Suhki Bajwa
(07) 3883 2475
111 George Street,
Kippa-Ring Qld 4021

BEAUMONT CARE MT. TAMBORINE

Acting Service Manager: Genevieve Verhoeff
(07) 5545 7822
24 Main Western Road,
North Tamborine Qld 4272

BEAUMONT CARE WAMURAN

Service Manager: Karen Wockner
(07) 5328 1299
60 Ziviani Road,
Wamuran Qld 4512



BEAUMONT CARE

Warm-Hearted Care, Your Way

FROM OUR CHIEF OPERATING OFFICER

Colleen Noble

Firstly, I would like to congratulate the Clontarf team with an extremely complimentary visit for their full reaccreditation. Katie and Marnie, you have an amazing team that have supported you and ensured a true picture of the home for the residents that live at Clontarf. Well done to you all, and thank you for the great way you personalise and embrace the care the residents receive in their home.

Katie, Marnie, Krystell and Vanessa led the visit very well and were highly complimented by the accreditation team. Beaumont Care Board and management look forward to sharing the outcome with residents, families and staff.

Wamuran home is welcoming more new residents every week. Karen and Cheryl have been very busy assisting with families and residents choosing rooms and introducing them to residents and staff.

Kippa-Ring is well on the way to completing the upgrade of rooms. Linda is enjoying working with residents, Terry, Gary and Sukhji in finalising the new and more spacious areas.

As many of you know, Jason has been off and unwell for quite some time. Jason and his wife Kate came and had a visit with us a week or so ago. It was wonderful to see Jason on the mend and looking forward to coming back to work. Jason is keen to catch up with residents and staff on his return. Sadly, Gary Cooke will be leaving us this week to take up a new opportunity. Thank you, Gary, for the amazing way in which you stepped up in Jason's absence and good luck with your new venture.

Tamborine Mountain residents have welcomed Edina (CN) to the team and will be meeting Melisha (L&L) this week. Tash has moved on to new ventures spending time with her family.

Colleen

FROM THE SERVICE MANAGER

Hi all and welcome to October!

As you may be aware, we have had the pleasure of Mark and Lulu on-site from the Aged Care Quality and Safety Commission this month from Tuesday 21st for three days until the end of Thursday 23rd. They came to complete a full review of the facility to ensure we are providing the best care for all the residents here and achieving benchmark certification in all of the 8 Aged Care Standards. This provides us with our certification of accreditation to run as a nursing home.

The feedback was phenomenal and they loved all the residents. They were given very positive feedback by yourselves regarding the staff, food, cares and activities. They told me that it was a pleasure to be at a facility that genuinely love and care for all their residents and really enjoyed their time with us. All exceptionally positive feedback.

I want to take this opportunity to thank you all for your wonderful comments. I know quite a few of you spoke to Lulu and she enjoyed chatting with you all. I want to thank each and every one of my staff who daily go above and beyond whilst attending to the cares of all the residents here. And most importantly, I wish to thank every single resident here. You all are absolute treasures and make coming to work everyday a pleasure. Without your support and feedback, last week wouldn't have been the success it was. Thankyou.

If you have any questions or concerns regarding the accreditation process or anything at all, please don't hesitate to contact me. Residents and their representatives' input are a vital part of the running of any facility. Please feel welcome to provide your thoughts, suggestions, and feedback at any time. My door is always open.

THANKS,

Katie

FROM OUR CLINICAL NURSE

It is scary how quickly this year is flying by as we head into October. The weather is beautiful, and we encourage you all to spend sun-safe time in the courtyard. As it continues to heat up though don't forget to keep up your fluid intake.

The issue of mental health has been front and centre in recent times. Mental health disorders are very common in the aged care sector with one in four older adults experiencing some form of mental disorder such as depression, anxiety, or dementia.

If you are feeling sad, anxious, or not yourself, please let us know and we will refer you to your GP. If you are one of the many people who have a mental health diagnosis, following the plan that your GP has provided is crucial. Also try the following tips:

- Engage in activities such as group classes, exercise group or walking group
- Draw, write, paint or colour-in
- Listen to music
- Reach out to the people around you to chat
- Slowly count to 10 when anxious
- Reduce caffeine intake before bedtime to improve sleep quality
- Give someone a hug

Please call on staff to assist you with whatever you need to support your mental health.

If you would like to speak to me about anything, please come and see me or ask staff to come and get me so I can come and spend time with you. As always, the clinical team and I are here to provide you with assistance, support, and comfort.

Please don't hesitate to call on me at any time.

THANK YOU AND STAY SAFE,

Marnie

STAFF MEMBER PROFILE

Beaumont Care Clontarf Service Manager, Katie Morgan, shares some insight about herself and her role at Beaumont Care.

How long have you worked at Beaumont Care?

16 months

What does your role entail?

Service Manager of Clontarf facility.

What do you enjoy most about your role?

Interacting with all the residents, their families and staff.

I love problem solving and making people happy.

Not having to try and sleep during the day post nightshift.

What do you enjoy most about working at Beaumont Care?

I love how all the staff genuinely care and love the residents.

Having worked for large corporations before, the care, attention and love the residents get with Beaumont Care is unparalleled.

What is your dream holiday?

To take my daughter to visit our family in Western Australia and Tasmania. Due to Covid, we have not seen them for over 2 years.

What is your favourite food?

Seafood and shellfish

What is your favourite colour?

Teal

What are your special interests?

Upcycling antique furniture, op shopping and beach fossicking

Do you have any pets? If so, then tell us a bit about them.

I have 3 cats. Fluffy, a crazy brain damaged cross eyed Russian Blue girl who is 7 years old and as mad as a cut snake. Ginger, my daughters cuddly ginger big boy. He is also 7 years old and a brother to Fluffy. Then finally there is Winslow our 4-year-old Tabby who will always be a kitten. He is a snuggler, mischief maker and gets into everything he shouldn't who always wants affection and to be carried everywhere.

Is there anything else interesting about you that you would like to share?

I worked on cruise boats as a Deckhand and Cruise Director for 10 years previously to commencing my nursing career. 11 years ago I became an AIN working in the hospital system before starting my RN's. I have a pathological fear of birds and spiders and my brother and I are on the endless hunt for the best parmy in QLD.



Welcome...

On behalf of all the
Beaumont Care family,
we warmly welcome all of
our new residents along
with their family and
friends.

October BIRTHDAYS

Barbara Gardner - 6th
Clarence Verrall - 17th
Kingsford Arrowsmith - 25th

*Happy
Birthday!*



GETTING TO KNOW OUR RESIDENTS

Corinne Underwood

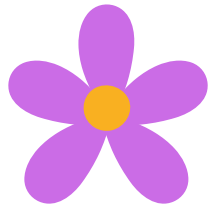
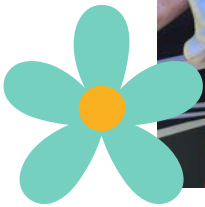
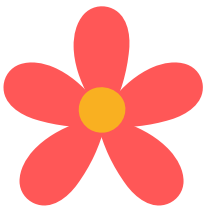
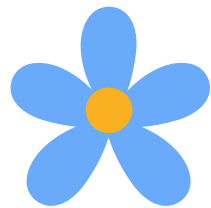
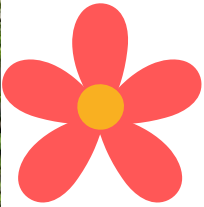
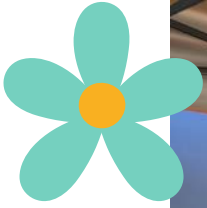


Hi my name is Corinne and I am a vibrant 88 years young lady who loves a good laugh - sometimes at other people's expense! I have a warm, caring, lovable personality. I have been living at the Beaumont Care home for the last 3 years and have made some wonderful friends. I enjoy spending my days sitting in the sun and chatting with my friends and I especially enjoy our happy hours and BBQ days when we are all outside and enjoying each other's company. Since loosing my beloved dog Gypsy a few months ago, I have found my days becoming a little lonelier, but the staff and friends I have made here have started to fill that void. I have a fish now named after my darling Gypsy, which I find quite amusing considering Gypsy was always on my bed - a fish out of water doesn't sleep that well. I enjoy a wine on occasions and when my daughter visits, she will often sit outside and have a wine with me and some nibbles. I do enjoy my chocolate, and mint ice cream. Thank you for taking the time to get to know me and anytime you would love to sit and have a chat just call on in and I will chew your ear off.

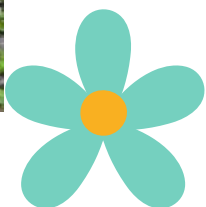
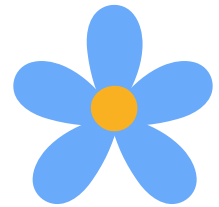
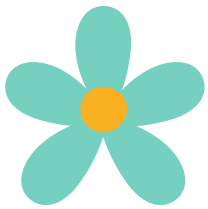
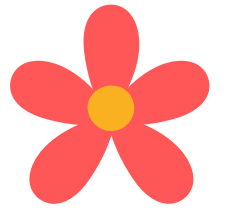
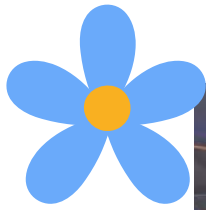
Management and staff offer our deepest sympathy and
condolences to the family and friends of

Coralie Pearce

Celebrating the Beginning of Spring



LIFE AT BEAUMONT CARE



LIFE AT BEAUMONT CARE



Art With Mark



FROM OUR LIFESTYLE TEAM

Wow, where is the year going? We only have about four months until the silly season! Luckily, we have a few things planned before then.

We have been very lucky with the weather lately and have taken the opportunity to have our BBQ's outside in the courtyard. We also went to the beach for a BBQ/picnic which all residents thoroughly enjoyed. We couldn't have done this without our fantastic volunteers, Arthur, Gillian, and Paul.

Next month sees us celebrating Octoberfest so would love you to join us for a beer and some music. Closely following this we have Melbourne Cup, so it's time to dust off your fascinators and tiaras and pick a winner.

Lucy, our Pet Therapy Dog, is now visiting us on a Tuesday morning and loves receiving pats and cuddles. She loves people noticing her nails and hairdo, as all girls do.

If you have any suggestions or ideas for activities/ bus trips please see the Lifestyle staff. We are hoping to go out more as the weather gets better and the restrictions ease.

UNTIL NEXT TIME, PLEASE TAKE CARE...

Mary, Lea-Ann and Katrina

October

WACKY HOLIDAYS

- 1st - International Coffee Day
- 5th - Do Something Nice Day
- 6th - Mad Hatter Day
- 7th - Bald and Free Day
- 9th - Curious Events Day
- 13th - International Skeptics Day
- 17th - Wear Something Gaudy Day
- 21st - International Nacho Day
- 24th - Mother In Law Day
- 25th - World Pasta Day
- 27th - Black Cat Day
- 30th - Mischief Night

THIS MONTH IN HISTORY

October

SYMBOLS OF OCTOBER

October's birthstone are tourmaline and opal and its birth flower is the calendula. The zodiac signs for this month are Libra (until October 22) and Scorpio (from October 23 onwards).

October is the tenth month of the year in the Julian and Gregorian calendars and the sixth of seven months to have a length of 31 days. The eighth month in the old calendar of Romulus c. 750 BC, October retained its name (from the Latin and Greek *ὀκτώ* meaning "eight") after January and February were inserted into the calendar that had originally been created by the Romans.

October 1, 1908 - Henry Ford's Model T, a "universal car" designed for the masses, went on sale for the first time.

October 3, 1929 - Yugoslavia became the official name of the Kingdom of Serbs, Croats and Slovenes.

October 6, 1846 - Birthday - Engineer and inventor George Westinghouse (1846-1914) was born in Central Bridge, New York. He developed air brakes for trains and was later responsible for the adoption of alternating current (AC) systems for electric power transmission in the U.S. He was also the first employer to give his employees paid vacations.

October 8, 1871 - The Great Fire of Chicago erupted. According to legend, it started when Mrs. O'Leary's cow kicked over a lantern in her barn on DeKoven Street. Over 300 persons were killed and 90,000 were left homeless as the fire levelled 3.5 square miles, destroying 17,450 buildings. Financial losses totalled over \$200 million.

October 9, 1940 - Birthday - John Lennon (1940-1980) was born in Liverpool, England. He was a member of The Beatles, an influential rock group which captivated audiences first in England and Germany, and later in America and throughout the world. He was murdered in New York City on December 8, 1980.

October 12, 1492 - After a 33-day voyage, Christopher Columbus made his first landfall in the New World in the Bahamas. He named the first land sighted as El Salvador, claiming it in the name of the Spanish Crown. Columbus was seeking a western sea route from Europe to Asia and believed he had found an island of the Indies.

October 13, 1884 - Greenwich was established as the universal time from which standard times throughout the world are calculated.

October 15, 1815 - Napoleon Bonaparte arrived on the Island of St. Helena beginning a British-imposed exile following his defeat at the Battle of Waterloo.

October 16, 1793 - Queen Marie Antoinette was beheaded during the Reign of Terror following the French Revolution. She was the wife of King Louis XVI and had become the symbol of the people's hatred for the old regime due to her extravagance and frivolity. According to legend, she responded, "Let them eat cake," when told poor people had no bread.

October 16, 1854 - Birthday - Irish poet and playwright Oscar Wilde (1854-1900) was born in Dublin, Ireland. Best known for his comedies including; *The Importance of Being Earnest*. And his novel *The Picture of Dorian Gray* in which he wrote, "There is only one thing in the world worse than being talked about and that is not being talked about."

October 21, 1879 - Thomas Edison successfully tested an electric incandescent lamp with a carbonized filament at his laboratory in Menlo Park, New Jersey, keeping it lit for over 13 hours.

October 24, 1931 - Chicago gangster "Scarface" Al Capone was sentenced to 11 years in jail for Federal income tax evasion. In 1934, he was transferred to Alcatraz prison near San Francisco. He was paroled in 1939, suffering from syphilis. He retired to his mansion in Miami Beach where he died in 1947.

October 25, 1881 - Birthday - Artist Pablo Picasso (1881-1973) was born in Malaga, Spain. He was an experimental painter and also became a fine sculptor, engraver and ceramist.

October 31st - Halloween or All Hallows' Eve, an ancient celebration combining the Christian festival of All Saints with Pagan autumn festivals.

Have you got Enduring Power of Attorney or Advanced Health Directive paperwork that you haven't supplied to the office?

Please forward to Katrina
redcliffe@beaumontcare.com.au

Updated or changed your email address, phone number or postal address recently?

Please forward to Katrina
redcliffe@beaumontcare.com.au

GENERAL HOUSEKEEPING

Resident/family members bringing in food to place in fridges - these items need to be labelled with the resident's name.

Please ask staff who can assist you in completing the required form to document expiry date etc.

Lost and found will be held monthly in the tv lounge. If you have lost any items of clothing please come along.

Do you enjoy reading? Redcliffe Library attends our facility every month.

Just a gentle reminder that the Admin Office is closed over the weekend. Any residents who are requiring any money, please see Katrina on Friday.

A REMINDER FOR OUR RESIDENTS

Please ensure you are keeping your fluid intake up, especially in warmer weather.

Remember that there are always alternative meal options if you do not like what is offered.

Remember to put sunscreen on when going outside.

Please tell a nurse if you would like to see a doctor.

Please make sure you have correctly fitting footwear, this prevents shoes from rubbing on skin and falls.

CHURCH SERVICES

Catholic services are held every Friday at 10am

Anglican services are held the fourth Thursday of each month at 10am

Non-denominational services are held monthly at 2.30pm

HAVE YOUR SAY

Beaumont Care is committed to providing high quality care and services. We invite you to assist us by letting us know what we do well and what we need to adjust so that we can improve our performance. We respect the opinions of our clients and those who visit our residential services. Speak to us today or alternatively leave feedback in the comments, concerns and suggestions box. See below the following avenues that are available to provide feedback, ideas, opinions, comments and advice.

EMAIL

Service Manager: katiemorgan@beaumontcare.com.au

Clinical Nurse: cn-redcliffe@beaumontcare.com.au

Executive Team: exec@beaumontcare.com.au

PHONE

Clontarf Facility: (07) 3284 6638

Service Manager: 0499 166 698

FEEDBACK FORMS

There are suggestion boxes located at the facility.

Feedback forms can be found alongside.

ONLINE ELECTRONICALLY

Beaumont Care has an online 'feedback form accessible at www.beaumontcare.com.au

NEWSLETTER / SURVEYS / GROUP EMAIL

Residents and their representatives are encouraged to participate in satisfaction surveys released bi-annually. Newsletter format has been updated to be more informative to enhance transparency with the changes expected within the aged care sector. Group emails are utilised on an as needed basis to disseminate information quickly to resident representatives.

HELPFUL LINKS & RESOURCES

Aged and Disability Advocacy Australia 1800 818 338

Aged Care Complaints Commission 1800 550 552

Cultural Diversity in Australia www.culteraldiversity.net.au

Older Persons Advocacy Network 1800 700 660 www.opan.com.au

Palliative Care (08) 7221 8233 www.eldac.com.au

Human Rights Commission Queensland 1300 130 670 www.qhrc.qld.gov.au











Dementia Support Australia (02) 8437 7355 www.dementiacentre.com

Aged Care Quality & Safety Commission 1800 951 822 www.agedcarequality.gov.au

Advanced Care Planning 1300 007 227 www.advancecareplanning.org.au

Charter of Aged Care Rights www.agedcarequality.gov.au/resources/charter-aged-care-rights

Contary Activity Program ~ October 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<div style="display: flex; justify-content: center; align-items: center;">  </div>						
4 th	5 th	6 th	7 th	8 th	9 th	10 th
Queen's Birthday Public Holiday No Planned Activities 	8.45am Pet Therapy 9am Walking Group 10.30am Music Therapy 1pm Afternoon Movie 2.30pm Games 2.30pm 1-1s Residents Rooms 3pm The Chase	Morning chats 9am Walking Group 10.30am Movie 1pm Exercises with Fiona 2.30pm I Have I Never Have 3pm The Chase	Coffee Club Morning chats 9am Walking Group 10.30am Art 1.30pm Word Building 4pm Ch 7 News	Morning chats 9am Walking Group 10am Catholic Church 10.30 Sing along 2.30pm Bingo 4pm The Chase – News	No Planned Activities Rest Day 	No Planned Activities Rest Day 
11 th	12 th	13 th	14 th	15 th	16 th	17 th
Morning chats 9am Walking Group 10.30am Cards & Games 1pm Exercises with Fiona 2.30pm Game of Hoy 3pm The Chase – News	Coffee Club Morning chats 9am Walking Group 10.30am Garden Guru 1pm Afternoon Movie 2.30pm 1-1s Residents Rooms 2.30pm Word Game	Morning chats 9am Walking Group 10.30am Craft 1pm Exercises with Fiona 3pm The Chase	Coffee Club Morning chats Katrina's Shopping 9am Walking Group 10.30am Art 2.30pm Word Building 4pm Ch 7 News	Morning chats 9am Walking Group 10am Catholic Church 10.30am Piao with Margret 2.30pm Happy Hour! 4pm The Chase – News	No Planned Activities Rest Day 	No Planned Activities Rest Day 
18 th	19 th	20 th	21 st	22 nd	23 rd	24 th
Morning chats 9am Walking Group 10.30am Cards, games etc 1pm Exercises with Fiona 2.30pm Game of Hoy 3pm The Chase – News	Octoberfest No Planned Activities Rest Day 	Morning chats 9am Walking Group 10.30am Movie 1pm Exercises with Fiona 3pm The Chase	Coffee Club Morning chats 9am Walking Group 10.30am Craft 2.30pm Word Building 4pm Ch 7 News	Morning chats 9am Walking Group 10am Catholic Church 10.30 Sing along 2.30pm Bingo 4pm The Chase – News	No Planned Activities Rest Day 	No Planned Activities Rest Day 
25 th	26 th	27 th	28 th	29 th	30 th	31 st HALLOWEEN
Morning chats 9am Walking Group 10.30am Craft with Mark 1pm Exercises with Fiona 2.30pm Game of Hoy 3pm The Chase – News	Coffee Club Morning chats 9am Walking Group 10.30am Music Therapy 1pm Afternoon Movie 2.30pm 1-1s Residents Rooms 2.30pm Word Game	Morning chats 9am Walking Group 10.30am Craft 1pm Exercises with Fiona 3pm Wheel of Fortune 3pm The Chase	Coffee Club Morning chats Katrina's Shopping 9am Walking Group 10.30am Art 2.30pm Word Building 4pm Ch 7 News	Postponed Ekka Public Holiday No Planned Activities Rest Day 	No Planned Activities Rest Day 